

## **FEBRUARY 3 & 4, 2024**

### **FIFTH SUNDAY IN ORDINARY TIME**



The Gospel today (cf. Mk 1: 29-39) in close continuity with last Sunday's presents to us Jesus who, after preaching on the Sabbath in the synagogue of Capernaum, heals many sick people, beginning with Simon's mother-in-law. Upon entering Simon's house, he finds her lying in bed with a fever and, by taking her hand, immediately heals her and has her get up. After sunset, he heals a multitude of people afflicted with ailments of every kind. The experience of healing the sick occupied a large part of Christ's public mission and invites us once again to reflect on the meaning and value of illness, in every human situation.

Despite the fact that illness is part of human experience, we do not succeed in becoming accustomed to it, not only because it is sometimes truly burdensome and grave, but also essentially because we are made for life, for a full life. Our "internal instinct" rightly makes us think of God as fullness of life indeed, as eternal and perfect Life. When we are tried by evil and our prayers seem to be in vain, then doubt besets us and we ask ourselves in anguish: what is God's will? We find the answer to this very question in the Gospel. For example, in today's passage we read that Jesus "healed many who were sick with various diseases, and cast out many demons" (Mk 1: 34); in another passage from St Matthew it says that Jesus "went about all Galilee, teaching in their synagogues and preaching the Gospel of the Kingdom and healing every disease and every infirmity among the people" (Mt 4: 23). Jesus leaves no room for doubt: God whose Face he himself revealed is the God of life, who frees us from every evil. The signs of his power of love are the healings he performed. He thus shows that the Kingdom of God is close at hand by restoring men and women to their full spiritual and physical integrity. I maintain that these cures are signs: they are not complete in themselves but guide us towards Christ's message, they guide us towards God and make us understand that man's truest and deepest illness is the absence of God, who is the source of truth and love. Only reconciliation with God can give us true healing, true life, because a life without love and without truth would not be life. The Kingdom of God is precisely the presence of truth and love and thus is healing in the depths of our being. One therefore understands why his preaching and the cures he works always go together: in fact, they form one message of hope and salvation.

Thanks to the action of the Holy Spirit, Jesus' work is extended in the Church's mission. Through the sacraments it is Christ who communicates his life to multitudes of brothers and sisters, while he heals and comforts innumerable sick people through the many activities of health-care assistance that Christian communities

promote with fraternal charity. Thus, they reveal the true Face of God, his love. It is true: very many Christians around the world priests, religious and lay people - have lent and continue to lend their hands, eyes and hearts to Christ, true physician of bodies and souls! Let us pray for all sick people, especially those who are most seriously ill, who can in no way provide for themselves but depend entirely on the care of others. May each one of them experience, in the solicitude of those who are beside them, the power and love of God and the richness of his saving grace. Mary, health of the sick, pray for us! - **Benedict XVI**

### **2024 Lenten Regulations for the Diocese of Santa Rosa**

*"The Lenten Season has a double character, namely to prepare both catechumens and faithful to celebrate the paschal mystery. The **catechumens**, both with the Rite of Election and Scrutinies, and by catechesis, are prepared for the celebration of the sacraments of Christian initiation; the **faithful**, ever more attentive to the Word of God and prayer, prepare themselves by penance for the renewal of their baptismal promises" (The Order of Prayer in the Liturgy of the Hours and the Celebration of the Eucharist).*

The current discipline is as follows:

- Ash Wednesday and Good Friday are days of **fast and abstinence**, that is, limited to a single, full meal and abstinence from meat.
- The other Fridays of Lent are days of **abstinence** from meat.
- The law of **fasting** permits only one full meal a day, but it does allow the taking of some food in the morning and a second light meal at noon or in the evening, as you prefer. Persons who have completed their eighteenth year to the beginning of their sixtieth (60) year are obligated to fast.
- The law of **abstinence** from meat applies to all persons who have completed their fourteenth year of age. However, it is highly recommended that children from ages seven to fourteen years also follow the law of **abstinence**.
- All Catholics are encouraged to receive Holy Eucharist frequently during Lent and to receive the Sacrament of Penance so that all may be prepared to celebrate more fully the paschal mystery. Those who have received their first Holy Communion are to receive Holy Communion during the Easter season.
- The determination of these days of obligatory penance, as listed above, should not be understood as limiting the occasions for Christian penance. This penance is to help us see and shorten the distance between our present lives and the life God wants for each of us. "Penance should not be only internal and individual but external and social" (Constitution on the Sacred Liturgy, 110).
- **Marriages** may be celebrated with Mass and the nuptial blessing should always be given. It is, however, contrary to the spirit of penance during Lent to plan an elaborate wedding with lavish decorations.

**Confirmation at the Easter Vigil:** Canon Law grants to pastors and parochial vicars the faculty to administer the Sacrament of Confirmation, within their proper parish, to any adult or child over the age of seven years on the occasion of his/her baptism or received into full communion with the Church.



**ST. VINCENT DE PAUL SOCIETY OF OLGC PARISH  
WOULD LIKE TO INVITE THE COMMUNITY  
TO A DAY OF ORIENTATION**

**“HOW CAN WE ANSWER THE CALL TO SEE THE FACE OF CHRIST  
IN ALL PEOPLE?”**

**SATURDAY, FEBRUARY 17, 2024  
MASS AT 8:00AM**

**9:00AM- 3:30PM**

**CONTINENTAL BREAKFAST & LUNCH PROVIDED**

**BILINGUAL INFORMATION AVAILABLE**

**RSVP TO EMMET O’CONNELL BY FEBRUARY 10<sup>TH</sup>,  
PH: 707-367-0690; EMAIL: [coko@mcn.org](mailto:coko@mcn.org) .**



**PALM BURNING FOR ASH WEDNESDAY**

OLD PALMS WILL BE COLLECTED FROM  
JANUARY 29<sup>TH</sup> – FEBRUARY 12<sup>TH</sup>.

THESE OLD PALMS WILL BE BURNED BEFORE ASH WEDNESDAY,  
FEBRUARY 14<sup>TH</sup>, 2024.

PLACE THEM IN THE BASKET THAT IS IN THE VESTIBULE OF THE  
CHURCH OR BRING THEM TO THE OFFICE.

IT IS AN OLD CATHOLIC CUSTOM FOR THE PRIEST TO COLLECT AND  
BURN THE PREVIOUS YEAR’S PALMS FOR USE ON ASH WEDNESDAY.  
PALMS SHOULD NOT BE DISPOSED OF AS WASTE MATERIAL.

**NEW TO THE PARISH?**

If you are new to Our Lady of Good Counsel’s Church,  
Welcome! We hope you find a spiritual home here. Please  
formally register in the parish and be a part of our family.

Come to the Parish Office Mon - Fri,  
10am – 2pm to register.

Registration forms are also available in the church  
vestibule.

**~UPDATE YOUR RECORDS ~**

Have you changed your address? Phone number? Email  
address? If so, please contact the parish office and let us  
know your changes so that we can update your parishioner  
record. Email changes to [olgcinfb@gmail.com](mailto:olgcinfb@gmail.com) or call at  
707-964-0229.



**WE WOULD LIKE TO REMIND YOU THAT:  
Our Lady of Good Counsel Parish now provides  
“ParishSOFT Giving,” an online giving software!**

**To get started, you can go to [olgcinfb.org](http://olgcinfb.org).**

*From this link you will be allowed to manage your own account  
online, set up gifts on a schedule that you choose or a one-time  
donation, and can be set up with a credit card, debit card, checking  
or savings account!*

*If you have any questions, please contact  
the Parish Office at 964-0229.*

**MASS INTENTIONS  
FEBRUARY 3 - 9, 2024**

Saturday (03)	9:00am	Violet Johnson † & family Cursillo Community
	5:00pm	Fred & Clara White † Thomas Galembo † Steve Scripture †
	6:30pm	Felipe Chi † Antonia Rentería † Mauricio Escobedo † Victor Martín & Raquel Dzul † Gerardo Escobedo (healing) Rev. Alan Acevedo
Sunday (04)	8:00am	Rev. Alan Acevedo
	10:00am	Missa pro populo
Monday (05)	12:05pm	NO MASS
Tuesday (06)	5:30pm	Victor Martín Mendez †
Wednesday (07)	12:05pm	Private Intention
Thursday (08)	12:05pm	Private Intention
Friday (09)	12:05pm	Pearl & Harold Johnson †

**WEEKLY COLLECTION**

JANUARY 27 & 28, 2024...\$2,113.00  
MAINTENANCE FUND FOR CHURCH....\$786.00

**THIS WEEKEND OUR SECOND COLLECTION WILL BE FOR  
LIABILITY INSURANCE**

**NEXT WEEKEND OUR SECOND COLLECTION WILL BE FOR  
MAINTENANCE FUND**

**THANK YOU FOR ALL YOUR SUPPORT & CHRISTIAN GENEROSITY!!**

**LET’S PRAY FOR ALL OUR FAMILY MEMBERS  
AND FRIENDS IN THE MILITARY**

Jovany Baez, Justin Merfle, María de la Luz Ramírez, Rebeca  
Sánchez, José Araiza, Jr., Marina González, Alondra Jara, Sonia  
Jara, Matt Mills & Jared Schroeder.

**PLEASE PRAY FOR OUR SICK PARISHIONERS**

Bertha Valenzuela, Carole Shoptaw, Gina Pivrotto, Angie Gómez,  
Judy Halren, Rose Cortez, Fidela Jara, Felix Santillán, Martha  
Sánchez, Gerardo Escobedo, Angie Freitas, Russel Bryant, Derrick  
Heater, Ann Gallagher, Brianna Lopez, Margaret Milliken, Nick  
Quin, Mary Servis, Matty Walker, Ofelia Ybarra.

**TEMPORARY TUESDAY MASS TIME**

UNTIL FURTHER NOTICE, MASS WILL BE AT 5:30PM



EVERY THURSDAY @ 11:00AM,  
WE HAVE THE EXPOSITION AND BENEDICTION OF  
THE BLESSED SACRAMENT, FOLLOWED BY MASS AT 12:05PM.



**ANOINTING OF THE SICK**

When a parishioner is homebound or hospitalized and would like Father Pacheco to  
pay them a visit to receive Holy Communion and/or Anointing of the Sick, please call  
the Parish Office at 707-964-0229 and after office hours,  
please call 707-813-4188.



IN THE VESTIBULE OF THE CHURCH, ON THE SOUTHERN  
WALL IS A BEAUTIFUL MEMORIAL TREE.  
ITS BRIGHT LEAVES REPRESENT PERMANENT MEMORIALS TO THE  
DEPARTED OF OUR PARISH. FOR THE SUM OF \$200.00, YOU CAN  
GIVE TO THE PARISH SECRETARY, THE CORRECT SPELLING AND  
DATES OF THE DEPARTED AND IN DUE TIME THE LEAF IS PRINTED  
AND ATTACHED TO THE TREE, AS A PERMANENT REMINDER  
OF A LOVED ONE WHO IS GONE.  
FOR MORE INFORMATION, PLEASE CALL THE OFFICE AT 707-964-0229.