



# Sacred Heart Parish Preston



322 Bell St, Preston 3072

Phone (03) 9480 3398 or (03) 9484 2124

Email: [preston@cam.org.au](mailto:preston@cam.org.au)

Website: [www.sacredheartpreston.com.au](http://www.sacredheartpreston.com.au)

## Office Hours:

Mon, Thurs & Fri: 10am -2pm

### Parish Priest:

Fr Aloysius Nato, SVD  
Ph: 0428 715 282

### Italian Community Chaplain:

Fr Albano Da Costa, SVD  
Ph: 0478 963 248

**Parish Office:** Rachel Costa

**School Principal:** Mark Tierney

**School Phone:** 9487 1001

**Sacrament Co-ordinator:** Ylenia Useli  
[shpcatechists@gmail.com](mailto:shpcatechists@gmail.com)

### Child Safety Committee:

#### Child Safety Officers:

Robert Dullard: 0433 401 958

Kay Dufty: 0431 376 212

#### Committee Members:

Mary Harb: 0422 891 324

Teresa Dang : 0434 583 911

Pauline O'Day: 0497 935 593

### Parish Council Members:

Gerard Grant (chairperson), Kay Dufty (secretary), Tony Eley, Ophelia Swai, Anisasio (Pauline) Veamatahau, Mark Tierney, Ben Fortuna and Natalie Baran

### Parish Finance Committee:

Peter Constable (Chair)

Ph: 0425 779 831

### St. Vincent de Paul Society:

Stephen Costello (President)

Ph: 0432 405 417

## Parish Mass Schedule

### Weekend Masses:

**Saturday:** 6:00pm

**Sunday:** 9:00am (*Italian*),

10:30 am, 6:00 pm

### Weekday Masses:

**Monday to Friday:** 9.10am

**Healing Mass:** 1st Thursday of the month at 1.30pm

### Next Healing Mass:

Thursday 3 March 2022

### Devotional Practices:

**Adoration of the Blessed Sacrament:**

Wednesday after 9.10am Mass

**Holy Rosary:** Thursday (English)

### Reconciliation:

30 minutes before Mass or by appointment

### Baptisms & Weddings:

By appointment only

## 7th Sunday in Ordinary Time (Year C)

Sunday 20 February 2022

### Which Wolf Are You Feeding? Story of The Two Wolves

Dear Sacred Heart Parishioners,

I hope this weekly reflection finds you well and not too stressful because of worries, uncertainties, and hardships caused by Covid-19.

In this weekend's Gospel Jesus reminds us of the importance of mutual charity. He said to his disciples: "Be compassionate... Do not judge... Do not condemn." What does Jesus mean with this teaching? Probably the following story can help us understand the Lord's teaching. There was an old and wise man of Cherokee culture. In his effort to teach an important life lesson to his grandson, the old man said to him: "Son, there is a battle going on inside all of us. It is a battle between two wolves that live inside us. One wolf is angry, vengeful and violent. The other is loving, forgiving and compassionate." "Grandpa, which wolf will win the fight?" the grandson asked him. "The one you feed", the grandfather answered. He went on to say that he would never like to confront or meet any kind of wolf, and most certainly he would never want to confront an angry, vengeful and violent one. A wolf like that is an extremely dangerous animal.

Each one of us has an evil wolf inside of us which is anger, envy, jealousy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, superiority, and ego. Each of us has those feelings inside us. We should not be afraid to acknowledge this reality. And how little it takes to arouse those feelings! We must keep in mind, however, that they are dangerous emotions. If we allow them to take control of our life, we could do things we would later regret. Should we feed such an evil wolf? Of course not!

As followers of Christ, the wolf that we should feed is the good one. It is joy, peace, love, hope, serenity, humility, kindness, benevolence, empathy, generosity, truth, forgiveness, compassion and faith." If we allow these to take control of our life, we will produce a harvest of kind and noble deeds.

We must try to feed the good wolf and let the evil wolf starve to death. This is more or less, I believe, what Jesus wants to tell us in the Gospel.

Yours in Christ

*Fr Aloysius Nato, SVD*

*I came that they may have life, and may have it abundantly. (John 10:10)*

Do not judge, and you will not be judged.  
Do not condemn, and you will not be condemned.  
Forgive, and you will be forgiven.

**Luke 6:37**



## Sacred Heart Parish Prayer

Loving God, we honour the heart of Jesus, your beloved Son. We remember how he opened his heart in love to all people. Open our own heart to receive the gifts that continue to flow so richly from the heart of Christ, who lives with you in the unity of the Holy Spirit, one God for ever and ever. Amen.

	<b>Saturday 6:00PM Mass - Readers</b>	<b>Saturday 6:00PM Mass - Ministers of Communion</b>
12-Feb-22	Marlene Vergou Teresa Dang	Peter Bourke
19-Feb-22	John Kmaid Terry Murphy	Mary Harb
26-Feb-22	Celia Lemos Mary Harb	Terry Murphy
	<b>Sunday 10:30AM Mass - Readers</b>	<b>Sunday 10:30AM Mass Ministers of Communion</b>
13-Feb-22	Judeline Wadhvani Marilene Fortuna	Eileen Stevens
20-Feb-22	Catherine Zanatta Ivana Lo Bello	Tony Eley
27-Feb-22	Jessy Thambiraj Ophelia Swai	Ivana Lo Bello
	<b>Sunday 6:00PM Mass - Readers</b>	<b>Sunday 6:00PM Mass Ministers of Communion</b>
13-Feb-22	Carolina Constable Peter Constable	Robert Dullard
20-Feb-22	Damian Casamento Marijana Jurjevic	Margaret Bannan
27-Feb-22	Tim Rankin Ylenia Useli	Margaret Rankin



### Cleaning Roster: Saturday 26 February 2022 Volunteers

Thank you for your hard work



### WE PRAY FOR:

#### The elderly and the sick

*Our parishioners, family members and friends*

That they may be blessed with constant care, attention and respect.

#### Those who have died recently

*Maria Prioretti (RIP 6/2. Funeral: Wed 23/2 at 11:15am)*

#### We Commemorate

*Annie D'Souza (25th Anniv.)*

*Remedios Mendes (35<sup>th</sup> Anniv.)*



O Lord, may perpetual light shine upon them.  
May they rest in peace. Amen.



#### Baptism Welcome

We welcome Domenico & Penelope and their son Michele to our parish. Michele will be Baptised next Sunday.



PLEASE TAKE THE BULLETIN HOME



### Feasts /Memorials of the week:

Sunday 20 February World Day of Social Justice  
Monday 21 February St Peter Damian  
Tuesday 22 February The Chair of St Peter, apostle  
Wednesday 23 February St Polycarp



### Last Week's Collection: 13/2/22

1st Collection for our Church: \$743  
2nd Collection for support of clergy: \$510  
Thank you for your kind generosity!



### Chaplaincy Appeal 2022



This weekend is the Chaplaincy Appeal. Donations from our parish community will help the Chaplaincy programs to support the most vulnerable people in our community.

Your support and generosity will ensure that Catholic Chaplains can continue to be the messengers of God's mercy, love and compassion. Parishioners are encouraged to offer prayers and financial support to help provide continued spiritual and emotional comfort to individuals and families in Victoria facing loneliness, illness, pain, grief and death.

You can donate using the envelopes available or online at [www.catholiccarevic.org.au](http://www.catholiccarevic.org.au) or call (03) 9287 5513.



## SYNOD OF BISHOPS | FEBRUARY 2022



### Sunday February 20

**SYNOD OF BISHOPS:** Have you taken up Pope Francis' invitation to participate in a global conversation about the Catholic Church? People around the world have been participating in an international conversation about the Catholic Church. You are invited to join the discussion, helping shape a major global meeting in 2023. You have three weeks to make a submission to your local consultation for the international Synod on Synodality, calling the People of God to walk together in our mission as Christians. The deadline for online submissions in the local consultation for the international Synod on Synodality is Sunday, 13 March. Find out more at:

<https://catholic.org.au/synodalchurch>

### Piety Stall

With the help of generous volunteers the Piety Stall will again be open after each of the weekend Masses.

Religious items including **Columban calendars** are available at very reasonable prices.

Volunteers are sought for all weekend Masses.

Please contact Rachel on 9480 3398 for more details.

You are required to have a current WWCC and be fully vaccinated. Thank you



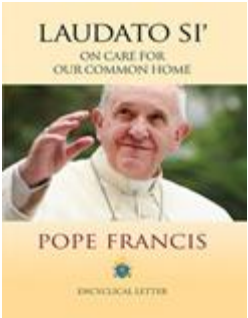
## PRAYERS FROM POPE FRANCIS



*I encourage you to ask for the intercession of Saint Joseph precisely at the most difficult times in your life. Where our mistakes become a scandal, let us ask Saint Joseph to give us the courage to speak the truth, ask for forgiveness, and humbly begin again.*



## LAUDATO SI': ON CARE FOR OUR COMMON HOME



“May our struggles and concerns for this planet never take away the joy of our hope.” Pope Francis LS: 244

**Meditation on Creation** (Find your favourite place/space for this quiet reflection)

**Breath:** Take three breaths, filling your lungs thoroughly, holding your breath momentarily and exhaling through your mouth.

**Heart:** Quiet your inner self – embracing the gift with each breath and heartbeat.

Let yourself reflect on the words of St. Hildegard of Bingen: “Human beings are the thinking heart, called to be co-creators with God in shaping the world.”

**Express** your gratitude for the wonders of creation’s rhythm of interconnection.

**Reflect:** How do you feel that this most beautiful place, Earth, is threatened by destruction due to our own actions and neglect?

**Ponder** the call to be co-creators and not dominators and oppressors of this web of life for now and future generations.

**Resolution:** Come in touch with the passion/energy you feel to protect this most beautiful place, Earth. In what way/ways might you help to sustain Earth’s life?

**Pray:** *God of all creation, your goodness and glory shine forth through everything you have made. Through the light of faith, help us to see this world, our common home, not as a resource to dominate and exploit, but as a gift to be cherished by all generations. Prompted by your Spirit, we ask this in the name of Jesus, through whom all creation was made. Amen*

www.catholicclimatecovenant.org

**PS: Hashtag for the Laudato Si’ Movement on Valentine’s Day was #FallinLoveWithCreation**



## LENT 2022 WITH THE CATHOLIC GUY BRUCE DOWNES

Be inspired, Be refreshed, Be renewed!

For 40 days you will receive a short, practical and inspiring video in your inbox every morning to help you make this Lenten journey more powerful and prayerful. This program is FREE and you can sign up

here: : <https://BruceDownes.org/Lent22>

Call 1300 734 880 for more information.

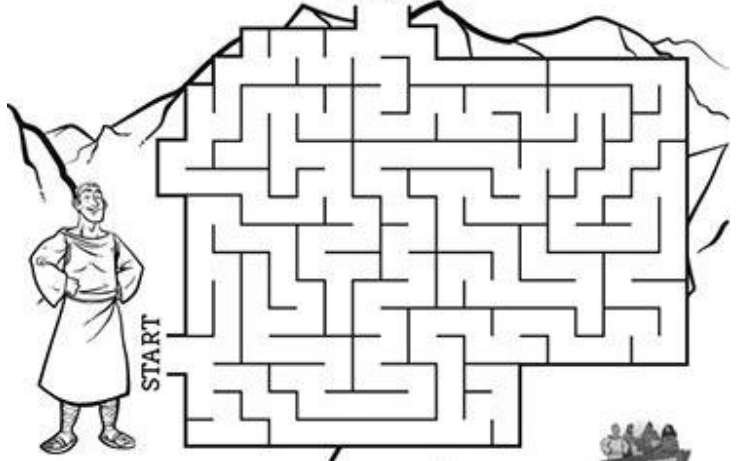


## LOVE YOUR ENEMIES

Lead the Roman to Christ.



FINISH



**Welcoming Saint Pope John-Paul II**  
 AS CO-PATRON OF OUR VICTORIAN MARIAN SHRINE  
**Sunday 20<sup>th</sup> February 2022**  
**Starts 2.00 p.m.**

*Totus Tuus - I'm Totally Yours*  
 St Pope JP II Motto - Testimony of his True Devotion to Mary

**Inauguration and Blessing of the Monument**  
**By Most Reverend Bishop Martin Ashe**  
 Aux. Bishop of Archdiocese of Melbourne (Western Regions)  
 & other members of the Clergy

**Come & Join the Clergy & the Faithful**  
 in this historic celebration at  
 Ta Pinu Shrine (Aust)

*All Nations Marian Centre*

For more information: 15 Flanagan Drive, Merrimu ( Bacchus Marsh) 3340  
 Office: 53677006; Josette 0412360231; Rita 0401534838; Mary 0409231926

### Joke Corner

A family was in their car and just about to drive out of their parking space at the local shopping centre when another car turned too sharply and hit their front bumper bar.

The father said, “Stay in the car, kids.” Then he got out and spoke to the other driver. They both checked their cars and then wrote something down.

When the father got back into his car, his youngest son said, “What did you do, Dad?”

The father said, “We just exchanged names.”

The son then said, “So what’s our name now?”

## ENTRANCE ANTIPHON

O Lord, I trust in your merciful love.  
My heart will rejoice in your salvation.  
I will sing to the Lord who has been  
bountiful with me.

## PENITENTIAL ACT

I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have  
failed to do,

*And, striking their breast, they say:*  
through my fault, through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary ever-  
Virgin, all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

## GLORIA

Glory to God in the highest, / and on  
earth peace to people of good will. / We  
praise you, / we bless you, / we adore  
you, / we glorify you, / we give you  
thanks for your great glory, / Lord God,  
heavenly King, / O God, almighty  
Father. / Lord Jesus Christ, Only  
Begotten Son, Lord God, Lamb of God,  
Son of the Father, / you take away the  
sins of the world, / have mercy on us; /  
you take away the sins of the world, /  
receive our prayer; / you are seated at  
the right hand of the Father, / have  
mercy on us. / For you alone are the  
Holy One, / you alone are the Lord, /  
you alone are the Most High, / Jesus  
Christ, / with the Holy Spirit, / in the  
glory of God the Father. / Amen.

## FIRST READING

*1 Samuel 26:2,7-9,11-13,22-23*

Saul set off and went down to the  
wilderness of Ziph, accompanied by three  
thousand men chosen from Israel to search  
for David in the wilderness of Ziph.

In the dark David and Abishai made their  
way towards the force, where they found  
Saul lying asleep inside the camp, his  
spear stuck in the ground beside his head,  
with Abner and the troops lying round  
him.

Then Abishai said to David, 'Today God  
has put your enemy in your power; so now  
let me pin him to the ground with his own  
spear. Just one stroke! I will not need to  
strike him twice.' David answered  
Abishai, 'Do not kill him, for who can lift  
his hand against the Lord's anointed and  
be without guilt? The Lord forbid that I  
should raise my hand against the Lord's  
anointed! But now take the spear beside  
his head and the pitcher of water and let us  
go away.' David took the spear and the  
pitcher of water from beside Saul's head,  
and they made off. No one saw, no one  
knew, no one woke up; they were all  
asleep, for a deep sleep from the Lord had  
fallen on them.

David crossed to the other side and halted  
on the top of the mountain a long way off;  
there was a wide space between them. He  
called out, 'Here is the king's spear. Let  
one of the soldiers come across and take  
it. The Lord repays everyone for his  
uprightness and loyalty. Today the Lord  
put you in my power, but I would not raise  
my hand against the Lord's anointed.'

The Word of the Lord

**All: Thanks be to God.**

## RESPONSORIAL PSALM

**Psalm 102(103):1-4,8,10,12-13**

*The Response Is:*

***The Lord is kind and merciful.***

My soul, give thanks to the Lord  
all my being, bless his holy name.

My soul, give thanks to the Lord  
and never forget all his blessings.

***The Lord is kind and merciful.***

It is he who forgives all your guilt,  
who heals every one of your ills,  
who redeems your life from the grave,  
who crowns you with love and  
compassion.

***The Lord is kind and merciful.***

The Lord is compassion and love,  
slow to anger and rich in mercy.

He does not treat us according to our sins  
nor repay us according to our faults.

***The Lord is kind and merciful.***

As far as the east is from the west  
so far does he remove our sins.

As a father has compassion on his sons,  
the Lord has pity on those who fear him.

***The Lord is kind and merciful.***

## SECOND READING

*1 Corinthians 15:45-49*

The first man, Adam, as scripture says,  
became a living soul; but the last Adam  
has become a life-giving spirit. That is,  
first the one with the soul, not the spirit,  
and after that, the one with the spirit. The  
first man, being from the earth, is earthly  
by nature; the second man is from heaven.  
As this earthly man was, so are we on  
earth; and as the heavenly man is, so are  
we in heaven. And we, who have been  
modelled on the earthly man, will be  
modelled on the heavenly man.

The Word of the Lord

**All: Thanks be to God.**

*Please stand for the Gospel  
Acclamation.*

## GOSPEL ACCLAMATION

***Alleluia, alleluia!***

I give you a new commandment;  
love one another as I have loved you.

***Alleluia!***

## GOSPEL

*Luke 6:27-38*

Jesus said to his disciples: 'I say this to  
you who are listening: Love your enemies,  
do good to those who hate you, bless those  
who curse you, pray for those who treat  
you badly. To the man who slaps you on  
one cheek, present the other cheek too; to

the man who takes your cloak from you,  
do not refuse your tunic. Give to everyone  
who asks you, and do not ask for your  
property back from the man who robs you.  
Treat others as you would like them to  
treat you. If you love those who love you,  
what thanks can you expect? Even sinners  
love those who love them. And if you do  
good to those who do good to you, what  
thanks can you expect? For even sinners  
do that much. And if you lend to those  
from whom you hope to receive, what  
thanks can you expect? Even sinners lend  
to sinners to get back the same amount.  
Instead, love your enemies and do good,  
and lend without any hope of return. You  
will have a great reward, and you will be  
sons of the Most High, for he himself is  
kind to the ungrateful and the wicked.

'Be compassionate as your Father is  
compassionate. Do not judge, and you will  
not be judged yourselves; do not condemn,  
and you will not be condemned  
yourselves; grant pardon, and you will be  
pardoned. Give, and there will be gifts for  
you: a full measure, pressed down, shaken  
together, and running over, will be poured  
into your lap; because the amount you  
measure out is the amount you will be  
given back.'

The Gospel of the Lord.

**All: Praise to you, Lord Jesus Christ.**

## PROFESSION OF FAITH

**APOSTLES' CREED**

I believe in God, / the Father almighty, /  
Creator of heaven and earth, / and in  
Jesus Christ, his only Son, our lord, /  
who was conceived by the Holy Spirit, /  
born of the Virgin Mary, / suffered  
under Pontius Pilate, / was crucified,  
died and was buried; / he descended into  
hell; / on the third day he rose again  
from the dead; / he ascended into  
heaven, / and is seated at the right hand  
of God the Father almighty; / from there  
he will come to judge the living and the  
dead. / I believe in the Holy Spirit, / the  
holy catholic Church, / the communion  
of saints, / the forgiveness of sins, / the  
resurrection of the body, / and life  
everlasting. Amen.

## RESPONSE TO PRAYERS OF THE FAITHFUL:

Lord, hear our prayer.

## THE MEMORIAL ACCLAMATION

Save us, saviour of the world,  
for by your cross and resurrection  
you have set us free.

## COMMUNION ANTIPHON

I will recount all your wonders,  
I will rejoice in you and be glad,  
and sing psalms to your name, O Most  
High.

