



## GROUP LESSON SCHEDULE AND PRICES

**NSSC JUNIOR CLUB MEMBERSHIP FEE:** \$25 first family member / \$20 each additional family member.  
*This one-time annual fee covers the period of July 2017 - June 2018. (NON-REFUNDABLE.)*

### GROUP LESSONS

<b>THURSDAYS – NOVEMBER 9, 2017 – JANUARY 25, 2018</b> (No skating 11/23 & 12/28/17)	<b>(10 Weeks)</b>
<b>3:45 - 4:45 pm</b> (25-30min. lesson & 25-30min. practice)	<b>\$139.00</b>
<i>Snowplow 1 (Beginners ages 4 - 7) Snowplow Sam 2, 3, 4 (Ages 4-7) Basic One (Beginners ages 8 – 11) Teen Introductory (No previous lessons ages 12-18) Basic 1 - Basic 3 Hockey 1 – Hockey 4 (Ages 4 &amp; up)</i>	
<b>4:15 – 4:45 pm</b> (25-30min. lesson ONLY! – NO PRACTICE)	<b>\$134.00</b>
<i>Moves in the Field (Must have passed Basic 6 or higher.) Competition Prep Class</i>	
<b>4:45 - 5:35 pm</b> (5 minute warm-up w/ 45 minute lesson only)	<b>\$188.00</b>
<i>Teen Introductory (No previous lessons ages 12-18) Basic 4 – Pre Freeskate Freeskate 1 - Freeskate 6+</i>	
<b>SATURDAYS – NOVEMBER 11, 2017 – JANUARY 27, 2018</b> (No skating 12/30/17)	<b>(11 Weeks)</b>
<b>9:00 - 10:00 am</b> (25-30min. lesson: 25-30min. practice)	<b>\$152.00</b>
<i>Basic 5 - Pre Freeskate Freeskate 1 - Freeskate 6+ Teen Introductory (No previous lessons ages 12-18) Adult 1 - 6 (Adult Basic Program) Adult Pre-Free Skate - Adult Freeskate 6</i>	
<b>9:00 – 10:00 am</b> (25-30min. lesson with 25-30min. practice following)	<b>\$152.00</b>
<i>Moves in the Field (Must have passed Basic 6, Adult 5 or higher.)</i>	
<b>9:00 – 9:30 am</b> (25-30min. lesson as additional lesson instead of practice)	<b>\$141.00</b>
<i>Moves in the Field (Must have passed Basic 6, Adult 5 or higher.)</i>	
<b>10:50 - 11:50 am</b> (25-30min. lesson & 25-30min. practice)	<b>\$152.00</b>
<i>Snowplow 1 (Beginners ages 4-7) Snowplow 2, 3, 4 (Ages 4 - 7) Basic One (Beginners ages 8 and up) Basic 1 - Basic 4 Hockey 1 – Hockey 4 (Ages 4 &amp; up)</i>	

**REGISTER TODAY & SAVE!**  
Register on or before Saturday, November 4<sup>th</sup>  
and receive **\$10 OFF.**

**NOTES:** <sup>1</sup> We reserve the right to change the time of specific class levels based upon enrollment. <sup>2</sup> Cost for class pro-rated after 1<sup>st</sup> week.

### BASIC SKILLS PRACTICE SESSION

<b>SATURDAYS – NOVEMBER 11, 2017 – JANUARY 27, 2017</b> (No skating 12/30/17)	<b>(11 weeks)</b>
<b>10:10 - 10:50 am</b> (Full Ice Practice Session – no group lessons)	<b>\$143.00</b>

**NOTES:** Walk-on cost is \$15.00 per individual session for NSSC Jr. & Sr. Club skaters / \$17.00 for other USFS members. Limit of 26 skaters. Junior Club Members receive priority for contracting and walking on this session. Only skaters who have not passed any USFS Free Skating Tests higher than Preliminary prior to 9/1/17 may contract this session. Private lessons are available at this time but are not required to skate on this session.

**Junior Club skaters may also contract specified Senior Club Practice Sessions on Saturdays at 7:00am and Tuesday, Friday & Sunday afternoons.** (See separate application for details.)

For Information on Private Lessons, contact the NSSC Office or visit [www.NSSkating.org](http://www.NSSkating.org)

# ABOUT THE PROGRAM

## REGISTRATION INFORMATION:

Registration for Session II will be on a first come first serve basis.

**FULL PAYMENT (ADMINISTRATION & CLASS FEE) DUE WITH APPLICATION** or may be paid online at

[www.nsskating.org](http://www.nsskating.org). To register, a copy of the application page must be emailed to [nssjc@nsskating.org](mailto:nssjc@nsskating.org) or mailed to:

NSSC Junior Club  
c/o Suzi Landry Swezey  
51 Symonds Way  
Reading, MA. 01867

**PAYABLE BY DEBIT CARD, CREDIT CARD OR CHECK ONLY TO: NORTH SHORE SKATING CLUB**

**EMAIL IS OUR OFFICIAL WAY OF COMMUNICATING WITH THOSE ENROLLED SO PLEASE PRINT YOUR EMAIL ADDRESS CLEARLY ON THE APPLICATION WHEN ENROLLING.**

## GENERAL INFORMATION

1. All skaters will be registered with **Learn to Skate USA**. All registered skaters in this program are considered Junior Club members of the North Shore Skating Club. The North Shore Skating Club permits Junior Club members to participate in certain activities during the year and these activities constitute restricted privileges and additional fees will be charged to Junior Club members.
2. The recommended age to start skating in the NSSC group lesson program is age 4 (unless previously skated).
3. Classes include skaters of all ages. However, on Saturday mornings we also offer "adult" classes for basic and freestyle levels. On days that "adult" classes are conducted, adults will be assigned to adult classes unless the skating director deems there to be a lack of enrollment for a particular adult level. We reserve the right to combine classes if enrollment statistics make it necessary to do so.
4. Skaters will be grouped according to ability.
5. When applying for the program, **NO CONFIRMATION** calls or letters will be made. You will only hear from us in the event that classes are full for the level to which you are applying.
6. It is **MANDATORY** that **ALL SKATERS ENROLLING IN BEGINNER, SNOWPLOW SAM 1 - 4, BASIC 1, TEEN INTRODUCTORY, or HOCKEY 1 – 4 classes wear a helmet regardless of age. Skaters in any of these categories WILL NOT BE ALLOWED ON THE ICE WITHOUT A HELMET.** Bicycle helmets are acceptable WITH THE EXCEPTION OF THOSE ENROLLING FOR HOCKEY 1 – 4 in which case a **HOCKEY HELMET WITH A FACE MASK** is suggested. It is **STRONGLY RECOMMENDED** that a helmet be worn by all children under the age of 7 as well as **ADULTS** in **ADULT 1**.
7. **Mittens or gloves must be worn.** For skate information see accompanying sheet.
8. Only skaters enrolled in classes will be allowed in the class area. No skater will be allowed on the ice without a signed application form. Practice area application forms will be issued to parents or guardians of children enrolled in the classes who wish to help their children in the practice area for a fee of \$20.00 for first time signup for 2017-18, then \$15.00 per session after that (*not per week*) for each parent/guardian. Those wishing to do so **must already be able to skate** and must sign up at the registration desk at the beginning of each 8 – 12 week session during the year. Only parents of skaters at the SP 1 through Basic 1 levels should be requesting to do so unless special circumstances exist. The number of parents and/or guardians allowed in the practice area will be limited. Parents are only allowed in the practice area during their child's practice time for the purpose of helping their child only -- not to skate for themselves. Those who abuse this privilege will be required to leave the ice. **Siblings and/or friends who are not enrolled in the classes assigned to that practice time will not be allowed on the ice.**
9. The NSSC offers participation in our annual Ice Spectacular Skating Show in April as well as our Basic Skills Competition in June. Skaters wishing to participate in the show must sign up & be enrolled in Jr. Club classes and/or practice sessions by the Junior Club Show Application deadline date of Saturday, November 18, 2017 and remain enrolled through Session III. The cost of Session III for skaters participating in the show cannot be pro-rated.
10. **No one will be allowed to make up a missed class unless the NSSC cancels the ice.** Tune in to WRKO, WBXM (98.5) radio, and/or 7 (T.V.) for canceled classes or call (781)944-5874 if in doubt as radio & TV stations do not always make announcements in a timely manner. If possible, skaters will be emailed if there is an unexpected cancellation.
11. There will be **NO REFUNDS after the third class** without a doctor's note received by the NSSC office within two weeks of the injury or illness. Skaters receiving credits or refunds due to a doctor's note may not return without another doctor's note giving permission for the skater to return to the ice. All requests for refunds or credits must be made **in writing prior to the third class.** Partial refund will be made to skaters who cancel their enrollment as previously stated by filling out a withdrawal form at the registration desk, by a written request to the address above or via email to: [nssjc@nsskating.net](mailto:nssjc@nsskating.net).
12. On the Saturday 10:10am - 10:50am Basic Skills Practice Session, private or semi-private lessons may be arranged with one of the coaches on our staff. Private lesson fee is additional and must be paid directly to the individual coach.
13. Re-deposited or returned checks, credit or debit cards will be subject to a charge of \$35.00 per instance. All payments are due before the start of the first class. If payment is not made when due, balances will be subject to a finance charge at the rate of 1.5% per month (min. \$1.00). In the event that collection action is taken, the applicant agrees to pay the costs of collection, including reasonable attorney's fees.
14. The North Shore Skating Club also runs practice sessions at the Hockeystown Rink in Saugus. For further information on these programs, please call Suzi Swezey at 781-944-5874.

## DATES TO REMEMBER

September 14, 2017 – November 2, 2017	Session I Thursday Classes
September 16, 2017 – November 4, 2017	Session I Saturday Classes and Basic Skills Practice Session
October 26, 2017	Halloween Party for Thursday Skaters (Classes as usual)
October 28, 2017	Halloween Party for Saturday Skaters (Classes as usual)
November 9, 2017 – January 25, 2018	Session II Thursday Classes
November 11, 2017 – January 27, 2018	Session II Saturday Classes and Basic Skills Practice Session
November 18, 2017	Deadline for Junior Club Show Applications
November 23, 2017	NO THURSDAY CLASSES Thanksgiving Day
December 28, 2017	NO THURSDAY CLASSES – Holiday Break
December 30, 2017	NO SATURDAY CLASSES – or PRACTICE SESSIONS (Holiday Break)
February 1, 2018 – April 19, 2018 (Tentative Dates)*	Session III Thursday Classes
February 3, 2018 – April 21, 2018 (Tentative Dates)*	Session III Saturday Classes and Basic Skills Practice Session
April 6, 7 & 8, 2018	Ice Spectacular Skating Show
April 26, 2018 – June 28, 2018 (Tentative Dates)*	Session IV Thursday Classes
April 28, 2018 – June 30, 2018 (Tentative Dates)*	Session IV Saturday Classes & Basic Skills Practice Sessions
June 2, 2018	NO SKATING – North Shore Open Competition
June 10, 2018 (Tentative Date)	North Shore Basic Skills Competition
July 10, 2018 – August 21, 2018	Tuesday Evenings – Summer Session

\*These dates are most likely accurate; however in the unlikely case that NSSC cancels a class from a previous session, the start date could be delayed.

Questions? Email Suzi at [nssjc@nsskating.org](mailto:nssjc@nsskating.org) or phone 781-944-5874 or 781-942-2760 / Website: [www.nsskating.org](http://www.nsskating.org)

# NORTH SHORE SKATING CLUB JUNIOR CLUB

## Class Assignment Information

Skaters who have never skated before or who have never taken any formal lessons should enter our program at the Snowplow Sam 1, Basic 1, Teen Introductory or Adult 1 level. Snowplow Sam 1 is the starting point for ages 4 through 7. Basic 1 is the starting point for skaters who are ages 8-11 years. Teen Introductory is the starting point for skaters ages 12-18 who have not previously had formal lessons. Adult 1 is a class specifically designed for the needs of the Adult Beginner in mind. When placing a skater into a class, please remember that without formal lessons there is a chance that the moves required for that particular level would not meet our requirements for passing a badge even if the skater thinks that he/she can already do them. Based on the age and ability of the child after completion of Snowplow Sam 3, they can successfully advance to Basic 2 or Hockey 2, or progress to Snowplow Sam 4.

For those skaters wishing to learn to skate to eventually play hockey, we offer Hockey 1 through Hockey 4. This program has been endorsed by USA Hockey as the best way for those aspiring to be hockey players to learn how to skate properly to enhance their hockey skills. In this program we will not be teaching the use of the stick or the puck but will deal with proper skating technique; therefore **NO STICKS** will be used. It is suggested that skaters enrolling in the Hockey Classes wear a hockey helmet with a face mask. For the best transition into the hockey skating program, we require all beginner skaters to start at the Snowplow 1 or Basic 1 level depending on their age. We require that skaters pass Snowplow 3 or Basic 1 before they can move to Hockey 1.

Snowplow Sam 1 through 4, Basic Elements 1 through 6, Teen Introductory and Adult 1 through 6 are open to skaters with either hockey or figure skates. We suggest that skaters planning to eventually enter our hockey program wear hockey skates; however, it is generally thought that figure skates are easier upon which to learn. Single blade skates only.

We try to restrict Snowplow Sam 1 classes to 7 skaters. In all other classes, the maximum number of skaters is 10. If a class should fill up, an attempt is made to split the class. Therefore, some skaters will be assigned to a different Professional Instructor. Separation of the class will be determined either by age or by strength of the skaters. Please keep in mind that the instructors keep track of the progress of each skater on a weekly basis; therefore, skaters may move to a different class one or more times during a session. The instructors and/or the skating director determine whether or not a skater will be moved to a different class upon passing a badge. Often times the class to which a skater is currently assigned is better suited to the child's level than the next higher one, even though the skater has just passed a badge. Also, it is important for everyone to understand that skaters progress at different rates and some badges take longer to achieve than others. Not all skaters will pass a badge each session, nor should they be expected to.

We will make every effort to put beginner skaters new to the program with their friends as long as they are entering the program at the same level and it is noted on the application. However, it must be understood that skaters will be moved according to ability and once the program has started, children may be separated.

## CLASS DESCRIPTIONS

<b>Snowplow Sam 1</b>	<b>(Ages 4 - 7) - Never been on ice before or beginner.</b> <u>Contents:</u> Sit and stand up with skates on: off-ice & on-ice. March in place. March forward. March, then glide on two feet. Dip in place.
<b>Snowplow Sam 2</b>	<b>(Ages 4 - 7) - Passed SPS 1.</b> <u>Contents:</u> March followed by a long glide. Dip while moving. Backward walking, shifting weight. Backward wiggles. Forward swizzles. Beginning snowplow stop motion. Two-foot hop, in place (optional)
<b>Snowplow Sam 3</b>	<b>(Ages 4 - 7) - Passed SPS 2.</b> <u>Contents:</u> Forward skating. Forward one-foot glide. (R & L). Forward swizzles. Backward swizzles. Moving forward snowplow stop (two-foot). Curves.
<b>Snowplow Sam 4</b>	<b>(Ages 4 - 7) - Passed SPS 3</b> <u>Contents:</u> Forward skating. Backward two-foot glide. Backward swizzles. Rocking horse. Two-foot turns from forward to backward, in place (both directions). Two-foot hop, in place
<b>Basic Eights 1</b>	<b>(Ages 8 – 11) Never been on ice before or never taken any formal lessons.</b> <u>Contents:</u> Sit on ice & stand up. March forward across the ice. Forward two-foot glide. Dip. Forward swizzles. Backward wiggles. Beginning snowplow stop on two feet or one foot. «Bonus: Two-foot hop in place.
<b>Basic Eights 2</b>	<b>Passed Basic 1 or Snowplow 4.</b> <u>Contents:</u> Scooter pushes. Forward one-foot glides. Backward two-foot glide. Rocking Horse. Backward swizzles. Two-foot turns from forward to backward in place. Moving snowplow stop. «Bonus skill: Curves
<b>Basic Eights 3</b>	<b>Passed Basic 2.</b> <u>Contents:</u> Beginning forward stroking showing correct use of blade. Forward half swizzle pumps on a circle. Moving forward to backward two foot turns on a circle. Beginning backward one-foot glides. Backward snowplow stop. Forward slalom «Bonus skill: Forward pivots - clockwise and counterclockwise.
<b>Basic Eights 4</b>	<b>Passed Basic 3.</b> <u>Contents:</u> Forward outside edges on a circle. Forward inside edges on a circle. Forward crossovers. Backward half swizzle pumps on a circle. Backward one-foot glides. Beginning two-foot spin. «Bonus skill: Forward lunges.
<b>Basic Eights 5</b>	<b>Passed Basic 4.</b> <u>Contents:</u> Backward outside edges on a circle. Backward inside edges on a circle. Backward crossovers. Forward outside three-turn. Advanced two-foot spin. Hockey stop. «Bonus skill: Side toe hop.
<b>Basic Eights 6</b>	<b>Passed Basic 5.</b> <u>Contents:</u> Forward inside three-turn. Moving backward to forward two foot turn on a circle. Backward stroking. Beginning one-foot spin. T-stops. Bunny hop. Forward spiral. «Bonus skill: Shoot the duck.
<b>Teen Introductory</b>	<b>(Ages 12-18) Never been on ice before or never taken any formal lessons.</b> This class will include elements from Basic 1 and will gradually progress through the higher badge levels. It is geared to those teenage skaters who didn't learn how to skate or take lessons at younger ages.
<b>Pre-Free Skate</b>	<b>(Formerly Basic 7 &amp; 8) Passed Basic 6.</b> <u>Contents:</u> Forward inside open mohawk. Backward crossovers to a backward outside edge (landing position). Backward outside edge to a forward outside edge transition. Forward inside mohawk step sequence. One-foot upright spin. Mazurka. Waltz jump «Bonus Skill: Backward inside pivots.
<b>Freeskate 1</b>	<b>Passed Pre-Freeskate (or formerly Basic 7 &amp; 8).</b> <u>Contents:</u> Forward power stroking. Basic forward outside and forward inside consecutive edges. Backward outside three-turns. Upright spin. Half flip jump. Toe loop «Bonus Skill: Waltz jump-side toe hop-waltz jump sequence or waltz jump ballet jump-toe loop sequence.

<b>Freestyle 2</b>	<b>Passed Freestyle 1.</b> <u>Contents:</u> Alternating forward outside and inside spirals on a continuous axis. Basic backward outside and backward inside consecutive edges. Backward inside three-turns. Beginning back spin. Half Lutz. Salchow «Bonus Skill: Variation of a forward spiral, skater's choice.
<b>Freestyle 3</b>	<b>Passed Freestyle 2.</b> <u>Contents:</u> Alternating backward crossovers to back outside edges. Alternating mohawk/crossover sequence. Waltz three-turns. Advanced back spin. Loop jump. Waltz jump-toe loop or Salchow-toe loop combination «Bonus Skill: Toe step sequence, skater's choice, using a variety of toe steps
<b>Freestyle 4</b>	<b>Passed Freestyle 3.</b> <u>Contents:</u> Forward power three-turns. Waltz eight. Forward upright spin to backward upright spin. Sit spin. Half loop. Flip «Bonus Skill: Split jump, stag jump or split falling leaf.
<b>Freestyle 5</b>	<b>Passed Freestyle 4.</b> <u>Contents:</u> Backward power three-turns. Five-step mohawk sequence. Camel spin. Waltz jump-loop jump combination. Lutz jump «Bonus Skill: Loop-loop combination
<b>Freestyle 6</b>	<b>Passed Freestyle 5.</b> <u>Contents:</u> Forward power pulls Creative step sequence, skater's choice. Camel-sit spin combination. Layback or attitude spin or cross-foot spin. Waltz jump-half loop-Salchow jump sequence. Axel «Bonus Skill: Backward outside pivot.
<b>Freestyle 6+</b>	<b>Passed Freestyle 6.</b> <u>Contents:</u> Alternating Three Turns, Camel Sit-Back Sit Spin, Flying Camel Spin, Lutz-Loop, Axel
<b>Intro to Moves in the Field</b>	<b>Skaters must have passed a minimum of Basic 6 or Adult 5.</b> <u>Contents:</u> Learn the next level of skating via Moves in the Field. A must for those who want to participate in Theatre on Ice or take the advanced USFS Free Skate Tests.
<b>Artistry in Motion</b>	<b>Skaters must have passed a minimum of Pre-Freestyle or Adult 6.</b> <u>Contents:</u> Skaters will be taught techniques to (Power & Artistry) improve speed, flow, grace and relating to an audience. This is a great class for anyone interested in Theatre on Ice.
<b>Adult 1</b>	<b>Adult Beginner.</b> <u>Contents:</u> Falling and recovery. Forward marching. Forward two-foot glide. Forward swizzles Rocking horse. Dip. Forward snowplow stop.
<b>Adult 2</b>	<b>Adult passed Basic 1 and/or Adult 1.</b> <u>Contents:</u> Forward skating across the width of the ice. Forward one-foot glides. Forward slalom. Backward skating. Backward swizzles. Two-foot turns in place
<b>Adult 3</b>	<b>Adult passed Basic 2 and/or Adult 2.</b> Forward stroking using the blade properly. Forward half-swizzle pumps on the circle. Moving forward to backward and backward to forward two-foot turn on a circle. Backward skating into a long two-foot glide. Forward chasses on a circle. Backward snowplow stop.
<b>Adult 4</b>	<b>Adult passed Basic 3 and/or Adult 3.</b> <u>Contents:</u> Forward outside edge on a circle, R and L B. Forward inside edge on a circle, R and L C. Forward crossovers, clockwise and counterclockwise D. Backward one-foot glides, R and L E. Backward half-swizzle pumps on a circle, clockwise and counterclockwise F. Hockey stop, both directions
<b>Adult 5</b>	<b>Adult passed Basic 4, Basic 5 and/or Basic 6 or Adult 4.</b> <u>Contents:</u> Backward outside edges on a circle. Backward inside edges on a circle. Backward crossovers. Forward outside three-turn. Forward swing rolls. Beginning two-foot spin
<b>Adult 6</b>	<b>Adult passed Basic 7 and/or Adult 5.</b> <u>Contents:</u> Forward stroking with crossover end patterns. Backward stroking with crossover end patterns. Forward inside three-turn. Forward outside to inside change of edge on a line. T-stop. Lunge. Two-foot spin into a one-foot spin
<b>Adult Pre-Freestyle – FS 6</b>	<b>Same as Pre-Freestyle – Freestyle 6 above.</b>
<b>Hockey 1</b>	<b>Passed Snowplow 3 or Basic 1.</b> <u>Contents:</u> Falling and recovery. Proper basic hockey stance. March Forward across the ice. Two-foot glides and dips. Forward swizzles / double c-cuts. T-Push to a two-foot glide. Snowplow Stop, stationary «Bonus Skill: Front to Back and Back to Front turns (Stationary).
<b>Hockey 2</b>	<b>Hockey skater passed Hockey 1.</b> <u>Contents:</u> Forward strides. Forward one-foot push and glide. Forward C-Cuts. Backward hustle or march, then glide on two feet. Backward swizzles / double c-cuts. Backward C-Cuts, single leg. Two-foot moving Snowplow stop «Bonus Skills: Scooting or Skateboard push, on circle.
<b>Hockey 3</b>	<b>Hockey skater passed Hockey 2.</b> <u>Contents:</u> Lateral crossover march. Forward C-Cuts on a circle. Forward outside edges on half circles. Forward inside edges on half circles. Backward C-Cuts (1/2 swizzle pumps) on a circle. Backward snowplow stops: One foot and two feet V-stop. One-foot moving snowplow stop. Introduction of 1/4 turn with hips to hockey stop «Bonus Skill: Forward stops and starts.
<b>Hockey 4</b>	<b>Hockey skater passed Hockey 3.</b> <u>Contents:</u> Quick starts using forward V-Start. Backward one-foot glide, Forward Crossover glides. Backward Crossover glides. Forward Crossovers on circle. Backward crossovers on circle. Hockey Stops.«Bonus Skill: Forward to backward Mohawk pivots from powerful, full strides.
<b>Power Skating</b>	<b>Hockey skater passed Hockey 4.</b> <u>Contents:</u> Powerful backward C-Cuts. Forward Alternating Crossovers. Backward Alternating Crossovers. Forward power hockey turns, 180 degrees and 360 degrees. Lateral pivots: forward to backward and backward to forward. Fast stops and starts using powerful, full strides and quick hockey stops. Fast backward skating with quick backward V-stops (two-foot stops and one-foot stops, alternating feet)

## **SUGGESTED SHOPS FOR PURCHASING, RENTING, OR SHARPENING SKATES**

### *SKATE PURCHASING AND SHARPENING*

<b>Cooke's Skate Shop</b>	446 Main St.	Wilmington	(877) SK8-SHOP or (978) 657-7586
<b>Dynamik Sports</b>	Rte. # 28	Reading	(781) 942-1153
<b>The Ice House</b>		Wellesley	(781) 237-6707
<b>Zwickers'</b>		Bedford	(781) 275-0900

### *SHARPENING*

<b>Burbank Ice Arena Pro Shop</b>	Reading	(781) 942-2271
<b>HockeyTown USA (Skate sharpening only)</b>	Saugus	(781) 233-3666

# INSTRUCTIONS FOR APPLYING TO THE NORTH SHORE SKATING CLUB JUNIOR CLUB CLASSES

1. Read all information in this packet completely.
2. Skaters wishing to apply for this program should do so as soon as application is received as classes fill quickly.
3. Read the “zero tolerance” policy below.
4. **EMAIL is our official way of communicating with those enrolled, so it is important to include your email address on the application.** The email address should be printed clearly and please make it clear whether you are using numbers, letters, dots, dashes or underscores in the email address.
5. **Please note and complete the “photo permission” section of the application.** Fill out all information requested on the application page which is on the reverse side of this sheet and sign.
6. Please do not write below the dotted line on the application where it says “For Office Use Only”.
7. Full payment must be made upon applying including administration fee (if applicable) & desired class session fee. We prefer payment by check, however we also accept credit and debit cards. Application may be made as follows:
8. Mail application with check to:  
North Shore Skating Club  
c/o Suzi Swezey  
51 Symonds Way  
Reading, MA. 01867
  - Pay on line at [www.nsskating.org](http://www.nsskating.org) (when it asks for customer ID, you can type in skater’s name), then scan and email the application to [nsscjc@nsskating.org](mailto:nsscjc@nsskating.org) or send application via US mail
  - Pay online at [www.nsskating.org](http://www.nsskating.org) and complete the online form. **Applications will not be processed until payment is made.** Make sure the class you need is being offered at the time for which you are applying.
  - Turn in application & payment in person at the Junior Club desk during Junior Club Class times
  - Turn in application & payment to the North Shore Skating Club office during business hours (closed Sundays & Mondays September-June)
9. **No confirmation calls or letters will be made. You will only hear from us in the event that classes are full at the level for which you are applying.**
10. We do not register skaters over the phone.
11. On the first week of each session, all skaters should be at the rink 40 minutes prior to the scheduled start of classes for their level even if they are pre-registered. After the first week, there is no need to arrive extra early.
12. There are no make-ups for missed classes unless the North Shore Skating Club cancels the ice. Cancellations due to snow conditions will be announced on WRKO AM/680 radio, WBMX (98.5), and Channel 7 on T.V. In the event that the radio or TV station does not run the cancellation, the cancellation will be recorded on the North Shore Skating Club phone number which is (781) 944-5874 or (781)942-2760. We will also try to email everyone to inform them of a cancellation.
13. **Refund policy:** The administration fee is non-refundable. No refunds will be processed until the conclusion of the current skating session. Skaters who withdraw prior to the third class will receive a refund for any scheduled classes after the date a written request for withdrawal is received provided that they complete a withdrawal form and submit it to the registration desk, make a request via US Mail to the address above, or email it to: [nsscjc@nsskating.org](mailto:nsscjc@nsskating.org). Skaters will be charged for the number of classes that have taken place on or before the day we receive the written withdrawal request at the higher per day or partial session rate. Skaters who withdraw the day of the first class will be charged the one-day rate for the class in addition to the administration fee. Only written requests made prior to the start of the third class will be honored unless accompanied by a doctor’s note which must be received by the NSSC office within two weeks of the injury or illness. Skaters receiving refunds or credits due to a doctor’s note may not return to the ice until another doctor’s note giving permission to return is received.
14. All payments are due in full prior to the start of the first class and must be made by cash or check only. Re-deposited or returned checks will be subject to a \$35.00 service charge. In the event that collection action is taken, the applicant will pay the costs of collection, including reasonable attorney’s fees.

## **ZERO TOLERANCE POLICY**

All members of *Learn to Skate USA & U.S. Figure Skating*, including parents, guardians, coaches, and skaters, have the responsibility to exemplify the highest standard of fairness, ethical behavior, and genuine good sportsmanship in any of their relations with others. In addition, the Board of Directors of the North Shore Skating Club has voted to adopt a “zero tolerance” policy for its members. We will not tolerate physical abuse, verbal abuse, or harassment by any of its members. Behaviors or practices that endanger the health and well-being of others will not be tolerated. Unsportsmanlike conduct with any official, coach, skater or parent will not be tolerated. In accordance with the procedures outlined in the bylaws of the NSSC, members may be suspended or expelled for conduct that is improper. Written complaints to the Board of Directors regarding such behavior will be dealt with seriously and swiftly. Our skaters are our number one priority.



