

Holdenwood Trail Run 5K
 Shirley, MA September 24, 2023 11AM
 Timing & Finish Line Management by 5K Sports Race Management
 Fiveksport@aol.com 207-865-4501 Fiveksport.com Running4Free.com

Place	Name	Ag	S	City	St	No.	Time	Pace
=====	=====	==	=	=====	==	====	=====	=====
1	CYPRESS LANCE	14	M	SHIRLEY	MA	427	19:05	6:09
2	JOHN TERHURE	18	M	GROTON	MA	443	19:24	6:15
3	Andy McCarron	40	m			368	20:01	6:27
4	TIM HOLMES	24	M	SHIRLEY	MA	425	21:24	6:54
5	WILLIAM MARSHALL	16	M	SHIRLEY	MA	435	21:40	6:59
6	Chris Oriel	48	m	Lunenburg	MA	246	22:01	7:06
7	DILLON RYAN	17	M	JEFFERSON	MA	432	23:03	7:25
8	Brian Perwak	45	m	Ayer	MA	379	23:21	7:31
9	Brenton Kubik	36	m	Ayer	MA	378	23:22	7:32
10	Derik Martel	34	m	N CHELMSFORD	MA	297	23:30	7:34
11	Jesse Restivo	33	m	North Chelmsfor	MA	306	23:47	7:40
12	KAREN KNOX	46	F	SHIRLEY	MA	437	23:49	7:40
13	Ernie Friend	56	m	Lunenburg	MA	339	24:04	7:45
14	Liam Mullen	14	m			314	24:07	7:46
15	ERICA WHITE	39	F	SHIRLEY	MA	421	24:43	7:58
16	stan jurga jr	45	m	Arlington	MA	399	24:56	8:02
17	Nate Allen	16	m			384	25:01	8:04
18	Camden Santos	25	M	Leominster	MA	417	25:03	8:04
19	Ethan Hopkins	15	m	Ashby	MA	290	25:16	8:08
20	MELISSA DUDEK	44	F	STONEHAM	MA	431	25:19	8:09
21	Kelly Reed	47	f	Shirley	MA	326	25:30	8:13
22	JUSTIN VOGEL	35	M	AYER	MA	448	25:36	8:15
23	Michael Rooney	39	m	Lexington	MA	390	25:39	8:16
24	VICTORINO CHACE DUB	9	M	AYER	MA	450	25:51	8:19
25	ALIX CHACE DUBON	37	F	AYER	MA	449	25:53	8:20
26	GRAHAM KIMMERER	37	M	SHIRLEY	MA	430	25:55	8:21
27	Francis Floyd	58	m	Ayer	MA	299	26:01	8:23
28	Aidan Reed	15	m	Shirley	MA	330	26:07	8:25
29	Robert Sutton	43	m	Chelmsford	MA	322	26:12	8:26
30	Aidan Christie	14	m	Medway	MA	354	26:16	8:28
31	Jack Holden	14	M	Shirley	MA	414	26:19	8:29
32	BRODY KNOX	14	M	SHIRLEY	MA	436	26:22	8:30
33	Noah Reed	15	m	Shirley	MA	331	26:23	8:30
34	Geraldine Gardner	55	f	Lunenburg	MA	324	26:25	8:30
35	Carolyn Mason	15	f			342	26:31	8:32
36	Alex Baptista	12	M	Ayer	MA	411	26:38	8:35
37	Ryan Gill	16	M	Ayer	MA	413	26:41	8:36
38	MARY LANCE	44	F	SHIRLEY	MA	426	26:49	8:38
39	Chris Donovan	35	m	Holden	MA	345	26:58	8:41
40	JANE MARSHALL	14	F	SHIRLEY	MA	434	27:00	8:42
41	Ada Perwak	15	f	Ayer	MA	380	27:02	8:42
42	Lillian Abelson	16	f			370	27:03	8:43
43	Tyler Driscoll	17	M	Shirley	MA	412	27:04	8:43
44	RACHAEL STROCK	15	F	BROOKLINE	MA	440	28:07	9:03
45	RICHARD STROCK	59	M	BROOKLINE	MA	439	28:10	9:04

46	Beth Blackketter	52	f	Groton	MA	404	28:11	9:05
47	Remy Duffner	14	M	Shirley	MA	409	28:14	9:06
48	Selina Wilder	44	f	Shirley	MA	262	28:31	9:11
49	Kari Burpoe	31	f	Shirley	MA	347	28:34	9:12
50	Devon Perwak	13	f	Ayer	MA	381	28:37	9:13

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Place	Name	Ag	S	City	St	No.	Time	Pace
=====	=====	==	=	=====	==	==	=====	=====
51	Brendon Wilder	45	m	Shirley	MA	260	28:39	9:14
52	Gavin Mullen	13	m			315	28:46	9:16
53	Tessa Lampe	10	f	Groton	MA	327	28:52	9:18
54	Shirley Li	22	f	Honolulu	HA	393	28:55	9:19
55	Stacey Grant-Lewis	48	f	Ashland	MA	298	29:08	9:23
56	Jaliyah Mayes	12	F	Shirley	MA	415	29:15	9:25
57	KYLE KRAWEL	14	M	TEMPLETON	MA	455	29:29	9:30
58	Joseph Costanzo	37	m	Franklin	MA	383	29:31	9:30
59	Daniel Parra	47	m			402	29:41	9:34
60	Robert Bradlee	66	m	North Billerica	MA	388	29:43	9:34
61	Cameron Anderson	18	m	Medway	MA	351	29:45	9:35
62	Liam Anderson	14	m	Medway	MA	352	29:47	9:35
63	Daphne Kaxiras	24	f	Allston	MA	392	29:48	9:36
64	STACY HUGHES	48	F	TEMPLETON	MA	454	30:00	9:40
65	Jim Boucher	68	m	Concord	MA	267	30:02	9:40
66	Brooks Christie	11	m	Medway	MA	355	30:11	9:43
67	Sohil Patel	17	m			373	30:43	9:54
68	AINSLEY GREEN	30	F	ASHBURNHAM	MA	453	30:57	9:58
69	Craig DeLisle	62	m	Shrewsbury	MA	259	31:04	10:00
70	Kelsey Peterson	15	f	Ayer	MA	277	31:13	10:03
71	Julian Libby	7	m			382	31:16	10:04
72	stephan goupil	47	m	Westford	MA	336	31:17	10:05
73	Livia Tada	11	f			296	31:19	10:05
74	TODD LEWIS	53	M	ASHLAND	MA	444	31:29	10:08
75	Alaina Posluszny	39	f	Shirley	MA	245	31:34	10:10
76	TOM DURKIN	42	M			544	31:36	10:11
77	Coni Durkin	42	f			328	31:38	10:11
78	Annette Bliss	63	f	Upton	MA	241	31:39	10:12
79	Damon Baptista	47	m	Ayer	MA	360	31:48	10:14
80	Albert Vachon	57	m	Ayer	MA	278	32:05	10:20
81	Aaron Hopkins	44	m	Ashby	MA	289	32:11	10:22
82	Lucas DeBlasio	10	m	AYER	MA	358	32:30	10:28

83	Patti Motyka	57	f	Lunenburg	MA	323	32:35	10:30
84	Kate Griffin	42	f	Shirley	MA	249	32:37	10:30
85	Takashi Tada	49	m	Ayer	MA	294	32:39	10:31
86	Ella Reed	12	f	Shirley	MA	332	32:42	10:32
87	Ashley Sperling	36	f	Shirley	MA	362	32:47	10:33
88	TOM KNOX	48	M	SHIRLEY	MA	438	32:54	10:36
89	Jarod Libby	43	m	Townsend	MA	376	32:56	10:36
90	Martin Hilfinger	50	m	Westborough	MA	305	32:57	10:37
91	Laura Morris	62	f	Lunenburg	MA	279	33:06	10:39
92	Jaclyn Couture	43	f	Leominster	MA	337	33:58	10:56
93	Kai Rupprecht	8	m	Shirley	MA	256	34:00	10:57
94	Charlotte Wisnowski	11	f			316	34:03	10:58
95	Carolyn Wisnowski	38	f	Shirley	MA	313	34:04	10:58
96	Chris Rupprecht	39	m	Shirley	MA	254	34:14	11:01
97	Cameren DeVoe	12	m	SHIRLEY	MA	398	34:21	11:04
98	Erika Mark	49	f	Groton	MA	286	34:29	11:06
99	KIM ADAMSON	46	F	AYER	MA	442	34:45	11:11
100	Brenda Hairston	57	f			257	34:48	11:12

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=====	=====	==	=	=====	==	===	=====	=====
101	Brielle Marshall	11	f			353	35:01	11:17
102	Allison Griffin	11	f	Shirley	MA	250	35:10	11:20
103	Andy Manning	53	m	West Groton	MA	325	35:44	11:31
104	Niamh Fallon	17	f	Ayer	MA	364	35:54	11:34
105	Maddy Leone	16	f			372	35:55	11:34
106	Camile T Dullius Pa	42	f	GEORGETOWN	MA	401	35:57	11:35
107	Eleanor Oelerich	11	f	Westford	MA	321	36:10	11:39
108	Bryan Oelerich	39	m	Westford	MA	319	36:12	11:39
109	Scott Vartanian	58	m	Westminster	MA	302	36:14	11:40
110	DEAN MCCAUSLAND	59	M	WELLESLEY	MA	447	36:33	11:46
111	Spencer Christie	45	m	Medway	MA	350	36:41	11:49
112	Beth Suedmeyer	50	f			295	36:43	11:49
113	BENJAMIN MASON	14	M			478	36:54	11:53
114	Brody Hanss	13	m			343	37:00	11:55
115	Mahi Patel	9	f			374	37:01	11:55
116	AVA GEDRONE	9	F	SHIRLEY	MA	429	37:03	11:56
117	RICK CEDRONE	38	M	SHIRLEY	MA	428	37:04	11:56
118	Kari Smiraglia	31	f	Boxborough	MA	318	37:29	12:04
119	Maxson Jones	7	m	Ayer	MA	349	37:55	12:13

120	Tess Oelerich	8	f	Westford	MA	320	38:03	12:15
121	LAIVEY MIGRANTS	8	F	WESTFORD	MA	458	38:04	12:16
122	EMILY SABBAY	23	F	BOSTON	MA	445	38:06	12:16
123	Emily Lachtara	24	f	Boston	MA	283	38:07	12:16
124	Cynthia Baptista	49	f	Ayer	MA	361	38:20	12:21
125	Tori Tavares	12	f	Ayer	MA	281	38:22	12:21
126	joseph mccarthy	36	m	Shirley	MA	244	38:33	12:25
127	SHAWN BUST	47	M	AYER	MA	422	38:44	12:28
128	Jorbley De Souza	48	m			396	38:57	12:33
129	Peter McCarron	71	m	Lunenburg	MA	348	38:59	12:33
130	Katya Esaulova	31	f	Boston	MA	391	39:00	12:34
131	Maria Maramag	50	f			268	39:16	12:39
132	RYANN ADAMSON	12	F	AYER	MA	441	39:17	12:39
133	Marybeth Hunt	41	f	Shirley	MA	293	39:24	12:41
134	Trinity Weeks	12	f	Ayer	MA	275	39:26	12:42
135	Gawain Thomas	33	m	Shirley	MA	261	39:27	12:42
136	Rob Weeks	41	m	Ayer	MA	274	39:28	12:43
137	Noreen Cohen	68	f	Ayer	MA	363	39:33	12:44
138	Carly Jurga	38	f	Leominster	MA	301	39:40	12:46
139	Aurora La Cruz	14	f	Shirley	MA	359	39:54	12:51
140	Lauren Sanchez	48	f	Ayer	MA	389	39:57	12:52
141	Daniel La Cruz	42	m			371	40:10	12:56
142	Lindsay Calderwood	32	f			272	41:44	13:26
143	TZU-YI YANG	37	F	WELLESLEY	MA	433	41:48	13:28
144	Sheri Doderer	53	f			243	42:07	13:34
145	Mark Bliss	65	m	Upton	MA	242	42:08	13:34
146	Douglas Roberts	66	m			387	42:29	13:41
147	Carli Hairston	48	f	Needham	MA	253	42:36	13:43
148	Bhavesh Patel	44	m	Shirley	MA	365	43:32	14:01
149	Stephen Bourque	58	m			269	43:45	14:05
150	Lynne Bourque	58	f	Littleton	MA	263	43:50	14:07

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=====	=====	==	=	=====	==	==	=====	=====
151	Carmen Nouel	58	f	Chestnut Hill	MA	386	43:54	14:08
152	HEATHER Anderson	50	f	Littleton	MA	344	43:57	14:09
153	Bree Tavares	12	f			284	44:17	14:16
154	Andrea Tavares	41	f	Ayer	MA	280	44:31	14:20
155	Donna Deforge	68	f	Devens	MA	264	44:48	14:26
156	Rachel Brace	55	f	Shirley	MA	317	44:58	14:29

157 Cassidy Burns	16 f Ayer	MA 407	45:07	14:32
158 Laurie Burns	47 f Ayer	MA 405	45:10	14:33
159 TIFFANY RUST	34 F AYER	MA 423	45:23	14:37
160 Nadia Madden	45 f Groton	MA 258	48:20	15:34
161 APRIL RUST	16 F AYER	MA 424	49:12	15:51
162 Valery Hillier	53 f Shirley	MA 400	49:42	16:00
163 LEIGH MIGRANTS	39 F WESTFORD	MA 456	50:48	16:22
164 FINLEY MIGRANTS	6 F WESTFORD	MA 457	52:32	16:55
165 Delia West	17 f	288	52:34	16:56
166 Jennifer Hartman	53 f Lunenburg	MA 265	52:55	17:02
167 Clarence West	61 m Shelburne Falls	MA 287	53:38	17:16
168 Sheldon Chase	30 m Gardner	MA 300	54:31	17:33
169 Alex Marshall	42 M Gardner	MA 418	57:53	18:38
170 ELIZABETH WEST	61 F SHIRLEY	MA 452	58:55	18:58
171 ELIZABETH QUINTY	53 F SHIRLEY	MA 451	58:56	18:59
172 DANICA JAYCO	24 F CHELSEA	MA 446	59:16	19:05
173 Connor Brown	22 M Ayer	MA 420	1:00:17	19:25
174 Nicholas DiPace	42 M Gardner	MA 419	1:00:20	19:26
175 Rae Price	73 f Shirley	MA 367	1:00:37	19:31
176 Perry Goldstein	73 f Ayer	MA 377	1:00:40	19:32
177 Samantha Tedford	29 f Princeton	MA 291	1:00:45	19:34
178 Ian Gold	29 m Princeton	MA 292	1:00:47	19:34
179 PAT LYNCH	72 F	485	1:01:55	19:56
180 Finley Rupprecht	11 f Shirley	MA 255	1:03:09	20:20
181 Mike Quatrala	65 m shirley	MA 338	1:15:47	24:24

