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CREDENTIALS

ASW #30910 California
LICSW # 15212 Minnesota
Certified EMDR (2002-Present), Consultant EMDR (2005-Present)
Certified Trauma Therapist, Boston Trauma Center, Dr Bessel van der Kolk
Certified Red Cross Mental Health Emergency Worker
Certified Child and Adolescent Therapist, Instructor, Intl Society for Trauma and Dissociation
Certified Traumatic Grief and Bereavement Care
Certified Yoga Instructor Level 1 and 2 Giatry Yoga
Warriors at Ease Certification Yoga and Meditation Teaching
Security Clearance from the United States Army Expires 10-2017

EDUCATION

June 1992 University of Iowa MSW
June 1987 Simpson College BA
June 1974 Des Moines Area Community College AA Drug and Alcohol Counseling

EMPLOYMENT

Present	Private Practice, Menlo Park , CA and Santa Rosa, CA
October 2012- October 2014	Community Care Counselor, <i>DynCorp International</i> , LogCap4 Provide services which promote emotional, psychological and physical health, including crisis intervention, critical incident debriefing for contractors with the military. Fit for duty assessment, psychological support, wellness presentations and interventions with all contracting departments. development self assessment self administered survey for acute stress management. Critical Incident Debriefing Training for all fire personnel in theater. Critical incident response. Kandahar, Afghanistan and in the surrounding 22 forward operating bases.
2003 to Present	Trauma Therapist, <i>Midwest Trauma Center and Family Resources</i> , Private Practice
1999-2003	<i>Child and Adolescent Psychotherapist, Duluth Clinic</i>
1994-2000	Owner, psychotherapist, program developer, <i>Grey Wolf Therapeutic Services</i> Developed State Certified Outpatient Mental Health Clinic. Day treatment services, elementary and adolescent. In-home services. Full range of outpatient services. Twenty eight employees.
1992-1998	Mental health director and psychotherapist, <i>St. Croix Tribal Health Dept.</i>

Developed State Certified Outpatient Mental Health Clinic, tribally owned. Coverage for five reservations, rural Wisconsin. 2000 Tribal members serviced.

- 1987-1991 In- Home Counselor, *Iowa Children's and Family Services*
- 1979-1985 Lay midwifery with nurse midwife.
- 1973-1979 *Iowa Runaway Service*, Full time live in house manager.

PRACTICUMS

Foundation Practicum 400 hours Viet Nam Vet Center, Des Moines, IA
Advanced Practicum 800 hours Child and Adolescent Guidance Center
APA approved, Des Moines, IA

PRESENTATIONS

- 1995 Placement of Native American Children in Non-Native Homes; Presented to foster care coordinators Wisconsin
- 1996 Stress Management and Burn Out; Presented to county social service workers, Wisconsin
- 1997 Women and PTSD; Presentation of County Women's Shelter worker's ER work and PTSD; Tribal First Responder workers
Historical Grieving and Mental Health Issues in Native American Communities; St. Louis County Social Work Conference, Wisconsin
- 2004 Clinical Issues Working With Traumatized Children and Adolescents; Presentation St Louis County social work conference, Minnesota
- 2006 Broken Hearts, Treating Traumatized Couples; Presented to MN Association of Marriage and Family Therapists. Minnesota
- 2007 Assessment and Treatment of Children and Adolescents with Complex PTSD and Dissociation. EMDR Protocols; Presented at International EMDR Conference, Paris, France.
- 2008 Complex PTSD, Dissociation, Developmental Disruptions, Treatment with EMDR with Adults, Children and Teens. Arcadia University, Nova Scotia
- 2009 Personality Disorders, Trauma and Dissociation. Presented with Dr Noel Larson, West Virginia for senior clinicians
- 2012 EMDR and Trauma; LEAD conference for women business leaders Palo Alto, CA

2012-13 Critical Incident Debriefing Training, Acute Stress and Self Care, Afghanistan Holiday Stress and Trauma, Site Manager Presentation, How to Manage Stressed and Traumatized employees. Southern and Western Afghanistan

SPECIALIZED TRAINING

Department of Justice, WI, *Critical Incident Debriefing for Victims of Violent Crime, 1992-1997, Community and School Stress Management, CID model, Boston, Trauma Center, 2000.*

The People's Institute, New Orleans, LA, *Undoing Racism, four Introductory Trainings and One Advanced. 1993-1998.*

Dr. David Snarch, Denver, CO. *Passionate Marriage and Crucible Model, All trainings 1996-1999.*

Dr. Bessel van der Kolk, Boston, MA Trauma Center, *Certificate program in Traumatic Stress Studies. 1999-2000.*

Dr Ricky Greenwald, *Fairytale Model, Trauma informed EMDR, Treating Problem Behaviors with Adolescents, 1999 Training for Trainers. 2013*

Dr Eliana Gil, *Sand Tray Therapy for Children 1999*

International Society for the Study of Dissociative Disorders, *Adults On Line Program, 2000. Certificate Program for Children and Adolescents, Fran Waters, Ann Arbor, MI, 2007.*

EMDRIA Level One and Two Training 1999, Certification 2002, Approved Consultant 2009

Non-Violent Communication 11 day residential intensive, trainer Marshall Rosenberg, *Living Energy of Needs* 7 days, *Deepening the Compassion I&II* 16 days, Robert Gonzales

HONORS

1998 Award for excellent services for Native American Children, Conferred by St Croix Tribal Council and St Croix Indian Child Welfare.

1999-2000 Bush Fellowship \$80,000 two year Fellowship for Leadership in my field: Trauma.

GRANTS

St Croix Tribe \$100,000 grant awarded 1993, 1994 and 1995. The grants were for the creation and sustainment of a Tribal Domestic Violence Program.

St Croix Tribe awarded three grants, 1995, 1996 and 1997. \$10,000 apiece for three community interventions due to discrimination in the public schools with the Indian children. Resulting in a law suit against the Department of Education which the Tribe won, for discriminating practices towards Indian children.

PROFESSIONAL MEMBERSHIPS

- **National Association of Social Workers, NASW**
- **International Society for the Study of Dissociative Disorders, ISSD**
- **Eye Movement Desensitization Reprocessing International Association, EMDRIA**
- **Faculty member International Society for the Study of Trauma and Dissociation**

References provided upon request