SEPTEMBER 2019 NEWSLETTER 614-837-3020

CENTER DIRECTOR: NANCY LEE

OFFICE SPECIALISTS:
DEANA DILLON AND JAMIE NEUTZLING

TELEPHONE 614-837-3020 FAX 614-833-6471 HOURS: MON-THURS 8:30AM-4:30PM FRI-8:30AM-2:30PM

WEB PAGE: <a href="http://pickerington">http://pickerington</a> senior center.org

EMAIL: <a href="mailto:pickcenter@violet.oh.us">pickcenter@violet.oh.us</a>

#### A NOTE FROM NANCY

This month I start my 20th year here at the center. I have enjoyed working here and meeting so many kind and interesting people over the years. The only sad thing about my job is the passing of so many wonderful members. Thanks to the many Volunteers that have helped us over the years, we wouldn't be able to do the things we do without your help.

# LABOR DAY MONDAY, SEPTEMBER 2ND THE CENTER IS CLOSED



# LIONS CLUB LABOR DAY PARADE & FISH FRY MONDAY, SEPTEMBER 2ND - VICTORY PARK

Parade: 10:00am Fish Fry: 11:00am – 2pm

Entertainment: Provided by local DJ Chuck Steel.
They will also have a Combined Band Concert
From the two best bands in Central Ohio —
Pickerington North and Pickerington Central
Marching Bands. At the Fish Fry John Samborsky
and Jeannie Carroll will be selling noodles.

# 11TH ANNUAL SOUTHEAST SENIOR HEALTH FAIR AT GROVEPORT SENIOR CENTER WEDNESDAY, SEPTEMBER 4TH

Plans are under way for the 11<sup>th</sup> annual Southeast Senior Health Fair. They are planning for just as many vendors as they have had in the past and hoping Kroger's will be offering flu and pneumonia shots again this year. Mark your calendars now and join us for free lunch and some door prizes from the vendors. Lunch will be served at 12:00 and door prizes will be given away during lunch so make sure you get there in time to get all the vendors initials on your card so you are eligible to win. Please try to attend this event, you can get lots of information, a free lunch and maybe you can win a door prize. This event is sponsored by Wesley Ridge.

# TITLE BOXING THURSDAY, SEPTEMBER 5TH & 19TH

Maria Manzo from Title Boxing will be here from 9:00-9:45am. Sessions are around the Rock Steady Boxing curriculum that increases the neuroplasticity of the brain aka help produce healthy brain cells. The exercises are designed to improve quality of life, have fun, and get results all at the same time. The **COST IS FREE**, if you join the class she will supply the Boxing kit that includes a bag and gloves or you can purchase them from her for \$20.00.

# INTERESTED IN LEARNING ABOUT YOUR FAMILY TREE

Julie Ganley and Faith Hoek are starting a group for people who would like to do genealogy research to trace their family's history and make their own family tree. There is no cost to join. If you have any questions call Julie at 937-436-9212 or Faith at 201-739-7241

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## COFFEE CLUB FRIDAY, SEPTEMBER 6TH 9:30AM

Join Mike Mitchell's Coffee Club for an informal gathering where he will discuss the economy, the financial markets, interest rates and other relevant investment topics. Be a part of the next discussion.

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#### **WEDNESDAY LUNCHEON – SEPTEMBER 11TH**

Luncheon is at 11:30 am. Cost is \$6.00 per person.

MENU: Bratwurst on Bun

Baked Potato w/butter & sour cream

Cole Slaw

Blueberry Pie, Coffee and Iced Tea No tickets sold after Friday, September 6<sup>th</sup>.

# VIOLET SPRINGS THURSDAY, SEPTEMBER 12TH 5:00P.M.

"Come get a Taste of Trilogy." Join Violet Springs here at the <u>senior center</u> for a three part meal featuring four samples, the first plate will be appetizer/salad option, the next is the entrée paired with vegetable or other side and the last plate will be four different samples of desserts. Cost will be via donation, suggested amount of \$5 or greater while supporting the Pickerington Food Pantry. Vote for your favorite on each plate & help them choose the Signature Items for Violet Springs Café Menu. They will have a voting card for you to fill out. 90 tickets available.. Sign up here at the center.

# LABOR DAY LUNCHEON TUESDAY, SEPTEMBER 17TH

The luncheon starts at noon. Please bring the following: A-G a meat, H-M a vegetable, N-S a salad, and T-Z a dessert. Be sure the covered dish is large enough to share. Bring your own table service. Money donated in the basket on the table will be donated to the Pickerington Food Pantry each month. Thanks to Wesley Ridge for sponsoring the pies and gift cards for the luncheon. **Entertainment:** Acafellow Four Quartet the Singing Buckeyes.



# TUESDAY, SEPTEMBER 17<sup>TH</sup> SQUARE DANCE LESSONS ARE FROM 7:00 – 9:00PM

Friendly Ties invites you to learn how to square dance. They will be having square dance lessons here at the center. Fun, Fitness, and Friendship, square dancing has it all. Children ages 10 and over accompanied by an adult are also welcome. Come in and see what modern western square dancing looks like. The first two lessons are free. Any questions please call Presidents Jim or Donna Easley at 614-829-2117.



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Michaelene Vincent, Marilyn Spence, Jane Wilhelm.

## **VOLUNTEER OF THE MONTH**

The center would like to honor Nancy Huffman for the month of September. She was in charge of the kids party in August. She had to make sure all the rides were here and ready to go and she had to pick up the food, snow cone and cotton candy machines and supplies. Nancy is on team four for clean up at the monthly luncheon. She will receive a \$15.00 gift card. Enjoy your reserved parking space the month of September.

# FOOT CARE THURSDAY, SEPTEMBER 19TH & 26TH

Everyday Divinity provides nail and foot care services by State Certified Foot Care Nurse, Heather Wilson, RN. She will be at the center for a foot care clinic from 9:00am-2:00pm. The cost is \$30.00. It includes a 30 minute treatment, a complete foot assessment, expertly trimmed, thinned & filed nails, corns & calluses filed & buffed Call 614-837-3020 to sign up...

### **BINGO TUESDAY, SEPTEMBER 24TH**

On the fourth Tuesday of every month they play Bingo!! At noon there is a potluck to include homemade ice cream. Bingo starts at 1:00p.m.

# PANCAKE BREAKFAST SATURDAY, SEPTEMBER 28TH

The breakfast is from 8:00-11:00a.m. The cost is still \$4.00 per person for adults and \$2.50 for children 5-10, under 5 is free. All the pancakes you can eat, sausage, orange juice, coffee or hot tea. Sponsored by Spence Funeral Home.

### **NEW MEMBERS**

We welcome the following new members to the senior center. Gail Clark, Pastor Joseph and Serene Culp, Tina Davis, Julie Ganley, Tony & Susan Ganobcik, Kim Houf, Joan Lewis, Kay McGlinchey, Barbara Moore, Patty Partlow, Debra Rine, Ruby Sherrill, Carolyn Smith,

### WATERCOLOR CLASS IS FREE TO MEMBERS

Join Lois Clark every Monday from 1:00-3:00pm here at the center for adventures in watercolor painting. Lois is a great teacher and no requirements, previous training, or talent, just the desire to express yourself with "Paints and Brushes." The class is free to members. Call Lois at 614-837-0266 for a list of suppies needed.

# FITNESS FOR A PURPOSE EVERY FRIDAY MORNING-

Join Michelle every Friday for Vintage Fitness. Exercise starts at 9:00am. Registration and sign up at 8:30am. It is a 45 minute class. It's a total workout; come see the power you've got and make great things happen for your health and well-being. A certified instructor will guide you through a safe and effective workout.

### **GOLF ANYONE**

Pickerington Senior Center is now offering you the opportunity to participate in a Senior Golf League that plays on Wednesdays & Fridays. You don't have to go both days, nor do you have to commit to playing each week. The cost each day that you choose to play is \$23.00 (which includes the cart) – plus \$5.00 for prize money, which is awarded daily. Starting time is 9:00 a.m. If you have any questions Call Doug Hoek at (201)7937995.

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# <u>UPCOMING EVENTS</u> <u>FLU IMMINIZATIONS</u> WEDNESDAY, OCTOBER 2<sup>ND</sup> 11:00AM – 1:00PM

Trich Brewster & her staff from The Kroger Store on Hill Road will be coming to the center to give both Fluzone HD for those over 65 and Fluzone Quad for those preferring the regular strength. The cost for Fluzone HD is \$60.00 and Fluzone Quad is \$40.00. Checks or exact change would be preferred. Some of the most common plans include; Humana, Medigold, Aetna, United Health Care, Medicare (Red, White & Blue Card) and Blue Cross. They will need to copy your insurance card. Call your insurance to see if they cover the cost.

# ANNUAL SOUP DINNER AND BINGO THURSDAY, OCTOBER 10TH

You may choose either bean or vegetable soup. When you purchase your ticket, let us know which soup you want. You will need to give them the ticket when you get your soup. The cost is \$7.00 for soup, dessert, coffee or iced tea, and bingo. If playing bingo only, the cost is \$3.00. We will serve from 5:00-6:00pm; bingo starts at 6:30pm. Two groups will be working one for dinner and one for bingo, if you would be willing to help out please call Annabelle Marion at 614-866-7339.

### LANCASTER-FAIRFIELD TRANSIT

FARES: Passengers must have exact change or a pre-paid pass (available at the transit office or 211.) General Public \$ .50, Mobility Rate \$ .25 and Transfers \$ .10. For more information or to apply for the Mobility (Elderly/Disabled) Rate, please visit <a href="https://www.ci.lacaster.oh.us/242/transit">www.ci.lacaster.oh.us/242/transit</a>. For current Loop schedules call 740-681-5086. We have a drop box here at the center by the bus stop with a schedule and information about the bus.

#### **TRIPS**

# BRANSON & THE OZARKS SEPTEMBER 8-14TH

The motorcoach will leave the center at 7:00AM. Remember to pack an overnight bag. Your larger suitcase will be left on the motorcoach. Please park in the back of the center or on the side.

# EXPLORE TUSCANY NOVEMBER 2-10, 2019 PRE-DEPARTURE MEETING WEDNESDAY, OCTOBER 16TH AT 2:00PM

Highlights include Montecatini Terme, Florence, Lucca, Gothic Line, Pisa, Cooking Class, Sienna, and Choice on Tour, Winery Tour, Cheese Farm and more. Cost is double \$3,199.00, Single \$3,499.00. Triple \$3,169.00 2019. Not included in price is Cancellation Waiver and Insurance of \$315.00. Payment is due before September 2<sup>nd</sup>.

### **FOUR NEW TRIPS ADDED**

# SATURDAY, NOVEMBER 16TH HOLLY JOLLY CHRISTMAS

Join us as we travel to Canton, Ohio. The first stop will be at Heggy's Candy Company, which has been in business since 1923 where you can purchase your chocolates just in time for the holidays. Next we depart for an Italian Holiday Feast, family style at LaPizzaria. Our final stop will be at the Canton Music Palace for a Canton Christmas Spectacular! Sit back and enjoy a two hour musical variety show. You will be wowed by all your favorite musical numbers performed by choirs and choral groups along with fun skits, dance routines and delightful costumes. Sign up starts Thursday, September 5th and the cost is \$129.00 and includes motorcoach transportation and all taxes and gratuities on included items. Payment due before September 20<sup>th</sup>. No add ons after that.

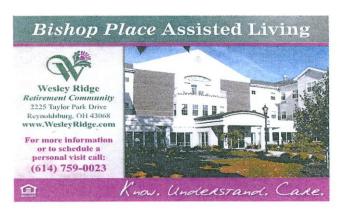
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## NOVEMBER 20TH OGLEBAY PARK

Join us as we travel to Wheeling Park, a sister park to Oglebay for an included buffet dinner. After dinner we will go to Oglebay Park for a driving tour to see the beautiful Christmas lights and visit the gift shop for a little Christmas shopping. Sign up starts on Thursday, September 5<sup>th</sup> and the cost is \$59.00 per person and includes dinner, motorcoach transportation, and all taxes and gratuities on included items. Payment due on sign up. Dinner will be around 4:00 so you might want to bring a snack for the trip home.

# DECEMBER 4<sup>TH</sup> LACOMEDIA - ELF

Buddy, a young orphan, mistakenly crawls into Santa's bag of gifts and is transported to the North Pole. The would-be elf is raised, unaware that he is actually a human, until his enormous size and poor toy-making abilities cause him to face the truth. With Santa's permission, Buddy embarks on a journey to New York City to discover his true identity. Faced with the harsh realities that his father is on the naughty list and his half-brother doesn't even believe in Santa. Buddy is determined to win over his new family and help New York remember the true meaning of Christmas. Sign up starts on Thursday, September 5<sup>th</sup>. Payment is due before October 28<sup>th</sup>.



# NASHVILLE'S OPRYLAND COUNTRY CHRISTMAS DECEMBER 10<sup>TH</sup> – 13<sup>TH</sup>

Travel to "Music City USA" for an Opryland Country Christmas featuring 3 nights hotel accommodations at the Gaylord Opryland Hotel. Spend hours wandering around this fabulous hotel and all it's beauty seeing ICE sculptures, waterfalls and the Brightest Star Fountain Show. Be sure to ride the Delta Flatboat around the indoor river for a guided tour as you wind your way through the hotel. Also included are 5 meals including a lunch cruise and entertainment aboard the General Jackson Riverboat and a Country Christmas dinner show featuring Trace Adkins, a tour of Nashville, a Grand Ole Opry performance of Vince Gill & Amy Grant at the Ryman Theatre. Gratuities included on all included items. Sign up starts on Thursday, September 5th. Cost is \$899.00 double occupancy with a \$200.00 deposit due on sign up, final payment due before October 18th.

## <u>DISCOVER CANYON COUNTRY –</u> <u>MAY 22 – MAY 29, 2020</u>

HIGHLIGHTS: Scottsdale, Oak Creek Canyon. Kaibab National Forest, Grand Canyon, Lake Powell, Choices on Tour, Bryce National Park, Zion National Park, Las Vegas. Enjoy time in magical Sedona and scenic drive thru Oak Creek Canyon, Climb aboard Zion's open-air tram with an expert guide. Experience an invigorating breakfast cruise along lovely Lake Powell. Behold the breathtaking view of the vast Grand Canyon, Explore the most amazing spires of Bryce Canyon National Park and marvel the red and white sandstone cliffs of Zion National Park. Includes 8 Days, 10 Meals: 6 Breakfasts, 4 Dinners. The cost for early sign up before November 22<sup>nd</sup>: Double \$2,999, Single \$3,899 and Triple \$2,949. Cancellation Insurance \$275.00 per person.

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### **FROM DEANA**



(1) Lee Daniels, Donna Fortner, Gina Moore, Kitty Ostarchvic, Jeanne Waibel (2) Chuck Clark, Bliss Harlan, Mary Patton, Gary Taylor, Helene Peselnick, Rosemarie Thellman (3) Dorothy Bauman, Patricia Billingham, Phyllis Hazlerig, Nancy Mack, Debra Rine (4)Janet Munjas (5) Jerry Osborne, Brenda Wooley (6) Mary Larson, Joseph Marchese, Jimmy Mathias, Mary Montagnino, Sam Narotski (7)Donald Albertimi, Tony Ganobcik (8)Debbie Calhoun, Frances Klausman (9) Wes Henson, Lois Williamson(10) Bettye Simmons (11) Dennis Keller, Elizabeth Sasakura, Velma Simon, Ruth Sims (12) Beverly Friedman (13) Paul Freshour (14) Daniel Fusner, Sally Jeffers, Richard Motsh, Betty Pruden (15) Margaret Griffith, Janet Pfeifer (16) Lorraine Allison, Bernice Martin, Rose Pines, Valeria Terry, Robert White (17) Wendell Ashcroft, Barbara Allison, Linda Barber(18)Lata Patel (20) Beverly Gatlin, Rob Robinson, Gloria Swarner, Jon Zimmerman (21) Joan Creamer, Linda Gaylor, Carolyn Ledbetter (22) Hilda Bowie, Maurice Lehman (23) Bernice Booker, Jean Frass, Carol Kauser, Katie Schneider (24)Candy Bradley (25) Susan Hilz, Carl Thornton (26) Tina Davis, Irene Katsares, Bob Leighhner. Susan Matias, Sandra Sicilian (27) Tammy Donaldson, Ester Goldsberry, Barbara Moore, Margy Panthana, Bill Yaple (28) Bryan Lobdell (29) Brenda Corbin, Shirley McKitrick (30) Mary Johnson, Debbie Wolfe.

### **IN LOVING MEMORY OF:**

Ruth Kreachbaum Nelson Trimmer Jim Rush MaryAnn Yahnke Pauline Guinsler

### **MEMBERS KNOWN ILL:**

Wilma Franks -Aorta Valve Replacement Juanita Dehner –Stroke Mike Cloud –Cancer Bobby Shaw- Cancer

### **HALLOWEEN COSTUME PARTY**

The Senior Center, Brookdale Senior Living & Violet Springs will be hosting our 2nd Annual Halloween Costume Party here at the center on Thursday, October 24<sup>th</sup> from 1:00-3:00pm. Snacks, games, music and best costume prizes. Tickets are FREE and can be picked up in the office starting October 1<sup>st</sup>.

### **CONGRATULATIONS:**

Faith & Doug Hoek, Great Grandson, Elijah 7lbs. 10oz.

### **REMINDER:**

Join us for beginners Euchre every Friday 11:00am-1:00pm.

## WISHING YOU ALL A HAPPY & SAFE LABOR DAY!!



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**BUCKEYE BASH**