# WEST WALES REGION JUNIOR DEVELOPMENT (Pentathlon) MEET

SUNDAY, 23rd June 2019

at

Carmarthen Leisure Centre.

License No: 3WL190041

CLOSING DATE: Monday 27<sup>th</sup> May 2019

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# WEST WALES REGION JUNIOR DEVELOPMENT (PENTATHLON) MEET SUNDAY 23rd June 2019

This meet will be swum under the following rules and conditions:
FINA Technical Rules, Swim Wales Laws,
West Wales Junior Development Meet Conditions.

#### **MEET INFORMATION**

- 1. In order to qualify for overall placing in the Junior Development (Pentathlon) Meet, swimmers need to enter the four stroke events and the Individual Medley. Swimmers who enter less than the 5 events will only be swimming for a 'time' in the individual strokes.
- 2. This competition is designed for swimmers who have not qualified to swim in the Welsh Age Group & Youth Long Course Championship in the current year. Please note that if a swimmer was eligible to swim in ANY event in the Swim Wales Age Groups & Youth Long Course Championships in the current year then they are NOT eligible to swim in ANY event in the Junior Development competition.
- 3. Relays: Only swimmers who have entered individual events in this Junior Development Meet can be considered by the clubs for their relay teams.
- 4. The entry fee for the Junior Development (Pentathlon) Meet will be £17.50. This fee covers all 5 swims. No reduction will be given for swimmers who enter less than the 5 events.

The entry fee for the Junior Development Meet – Relay Events will be £8.00. Clubs may enter up to 2 teams per relay event.

Please note that no refund of entry fees will be made for withdrawals after the closing date (Monday, 27<sup>th</sup> May, 2019) except with a doctor's note. In this situation the doctor's note will only be accepted up until mid-day on the **day before** the start of the meet. Notes received after this time will not be considered for refunds.

- 5. All events will be HDW.
- 6. Age shall be as on 31st December 2019.
- 7. In the event of a disqualification, the swimmer will be given the time of the slowest swimmer in that event (including disqualified swimmers) plus 5 seconds.
- 8. When all swims have been completed, each swimmers' time for the 5 events will be totalled up and ranked from fastest to slowest.
- 9. Swimmers will be accepted up to the maximum possible. If entries exceed capacity the meet organisers reserve the right to limit entries with the swimmers who have entered all 5 events being given priority. In the situation where the meet is still oversubscribed the meet organisers reserve the right to use their discretion to reduce numbers. Any swimmers not accepted will have their fees returned. Refunds will be available to each club on the day of the

meet and may be collected from the meet office after the start of the warm-up for the final session.

- 10. No alcohol or tobacco advertising is permitted on any clothing.
- 11. All decisions made by the Meet Director will be final and binding.

#### **Entries**

Entries should be made via clubs ONLY and should be sent electronically using Hy-Tek Team Manager. The events file for use with TM is available from the West Wales web site at:

www.westwalesswim.org.uk

Electronic entries should be emailed to:

robwilliams1145@gmail.com

Completed forms, etc should be sent to: Rob Williams, 12 Park Terrace, Pontarddulais, Swansea. SA4 8HS.

Entries from clubs should be accompanied by a Payment Summary Sheet and a SINGLE cheque to cover all entries and coach/chaperone poolside passes. Cheques should be payable to "Swim Wales - West Wales Region".

Please note that entries will be refused if:

- they are received without the relevant fee
- they are completed incorrectly (Membership number must be included)
- they are received after the closing date of Monday, 27<sup>th</sup> May 2019.

#### Age Groups

Age groups for both Boys and Girls will be 9 Years; 10 Years; 11 Years; 12 Years.

#### **Individual Events**

Boys & Girls: 11 Years and 12 Years

100 meters for Butterfly, Backstroke and Breaststroke

200 meters Freestyle 200m Individual Medley

Boys & Girls: 10 Years

50 meters for Butterfly, Backstroke and Breaststroke 200 meters Freestyle

100m Individual Medley

Boys & Girls: 9 Years

50 meters for Butterfly, Backstroke and Breaststroke

100 meters Freestyle

#### **Relay Events**

Girls: 9/10 Years: 4 x 50 meters Medley & Freestyle Teams
Girls: 9/12 Years: 4 x 50 meters Medley & Freestyle Teams

Boys: 9/10 Years: 4 x 50 meters Medley & Freestyle Teams
Boys: 9/12 Years: 4 x 50 meters Medley & Freestyle Teams

Mixed (2 Boys & 2 Girls): 9/10 Years: 4 x 50 meters Freestyle Teams Mixed: (2 Boys & 2 Girls): 9/12 Years: 4 x 50 meters Freestyle Teams

#### **Entry Fees**

The entry fee for individual swimmers in the Junior Development (Pentathlon) Meet will be £17.50. This fee covers all 5 swims. No reduction will be given for swimmers who enter less than the 5 events

Entry fee for relay events is £8.00

#### **Medals and Awards**

Individual events:

In the Pentathlon competition, awards will be given to the swimmers ranked from 1<sup>st</sup> to 8<sup>th</sup> on the ranking list produced for each age group for boys and girls when the cumulative times from all five events have been collated. *Awards will not be given for individual events within the pentathlon*.

Relay events:

In the Relay Events, awards will be given to the first 3 teams in each age group.

Failure of a swimmer or deputy to attend the appropriate presentation will result in the swimmer forfeiting his/her award.

#### **Spectators**

Admission charges:

£3.00 per session £7.00 per day

Please Note: The Spectator Area must be cleared at the end of each session

#### **Mobile Phones**

Mobile phones must **not** be used in the building at all.

#### **Session Times**

To be confirmed following receipt of entries. Confirmation of entries and session times will be sent via email.

#### **General Conditions**

This meet will be swum under the following rules and conditions:

FINA Technical Rules, Swim Wales Laws, West Wales Junior Development Meet 2019 Meet Conditions.

No alcohol or tobacco advertising is permitted on any clothing.

All decisions made by the Meet Director will be final and binding.

#### **Swim Wales Regional Competitions Eligibility**

- Entries may only be accepted from competitors registered as members of clubs, holding either primary or multi registration Welsh membership within the West Wales Region.
- 2. Swimmers may only swim for one club during these championships.
- 3. Competitors must have been registered members of the club in whose name they are entered a minimum of 30 days prior to the closing date for entries for the championships (including relays).
- 4. Competitors who compete in ASA County Championships will not be accepted to swim in the following annual cycle of Regional Competitions:
  - a. The Junior Development Meet in May/June.
  - b. The Sub Regional Championships in November/December.
  - c. The Regional Championships in February the following year i.e. ASA County Championships in 2019 means they would not be accepted for the Swim Wales Regional Championships in 2020.

#### **Events**

Events will be held as shown on the attached programme of events.

Time trials will not be permitted.

All events are HDW.

#### **Relay Events**

Clubs may enter up to 2 relay teams per event. Each swimmer will be allowed to swim in one relay team in each event only.

Only swimmers who have entered individual events in this Junior Development Meet can be considered by the clubs for their relay teams.

Relay Forms must be submitted by the end of the FIRST warm-up session on the day of the event. Failure to do so may result in the disqualification of the team. A separate form must be completed for EACH team per event.

Swimmers names must be submitted in the swimming order. Relay teams failing to swim in the submitted order will be disqualified.

If it can be proved to the referee that a member of a relay team is incapacitated through ill health or accident, the referee may use his discretion and allow a substitute to swim.

#### **Entries**

The organisers may request validation of any stated entry time.

In any event where entries exceed capacity, the meet organisers reserve the right to limit entries. Any swimmers not accepted will have their fees returned.

#### **Officials**

Each club is requested to supply at least two qualified officials per session. Officials will be required to follow the protocol which can be down loaded from the Swim Wales web site.

#### **Meet Procedure**

#### **Heats**

Competitors will be seeded according to submitted times – slowest to fastest.

Coaches should ensure that swimmers make themselves available for marshalling at least 2 events prior to the event they are competing in.

#### **Other conditions:**

#### **Starts**

Over the top starts will, where necessary or appropriate, be used during the meet.

#### **Passes**

All coaches and chaperones who will be on the poolside at any time during the competition, must have individual accreditation obtained by completing the official form enclosed in this Information Pack. Completed forms must be accompanied by a passport size photograph.

Poolside passes will be transferable between coaches and chaperones *from the same club* who have completed an official accreditation form.

Accredited coaches and chaperones *from the same club* may use purchased poolside passes 'on rota', although the number of coaches and/or chaperones on poolside at any one time must not exceed the number of passes that have been paid for.

Passes will need to be worn at all times. Anyone without a pass will be asked to leave poolside/changing area.

The closing date for passes will be the same as the closing date for entries. Applications will not be accepted on the day.

#### **Health and Safety**

All competitors are required to ensure that they observe all safety announcements and conduct themselves with safety in mind at all times.

It is the responsibility of the swimmer and/or parent/guardian to declare to the referee any disability or medical condition that could present a health or safety risk.

If such a disability or medical condition exists, swimmers must produce a medical note confirming that their participation presents no health or safety problems.

In addition to the above meet conditions a number of Health and Safety rules as laid down by Swim Wales must be observed:

#### 1. Unacceptable Behaviour

Behaviour becomes "unacceptable" when it is considered "Offensive" to others; this includes, but is not limited to, the following:

Theft, wilful damage to property and / or equipment, acts of vandalism, abuse of alcohol and / or drugs, bullying, offensive language, aggressive / violent acts, threatening behaviour, all breaches of safety practices, failure to comply with instructions / directions, actions that bring the sport of swimming into disrepute.

#### 2. Competitive Start Award

Swimmers must have attained the standard of the Competitive Start Award in order to start from the blocks; (this is the responsibility of the club coach).

Swimmers who have not attained the standard of the Competitive Start Award must lower themselves into over the side into the water, on the long whistle of the Referee before starting at an appropriate place.

#### 3. Jewellery

"For safety and security reasons, the wearing of jewellery is not permitted while in the water during warm-ups / swim-downs and / or competition. This includes watches, necklaces, chains, bangles, wrist bands, ear-rings (except studs), and rings (except wedding bands).

Swim Wales will not be responsible for any jewellery brought to events and will not be liable if such jewellery is lost or damaged."

#### **Photography**

West Wales will adopt the Swim Wales Film and Photography Policy as shown below:

#### **Swim Wales Film and Photography Policy**

Please be advised that photographs and videos may be taken at this event.

Swim Wales are aware of the wide range of devices including mobile telephones which have photographic and filming capabilities. This enables the capture of

both static and moving images. Used responsibly, such devices are perfectly safe, but sharing images widely may betray a confidence or identity of a child/children which may present a risk of harm to the child/children concerned.

The use of such equipment is difficult to control but we can all be vigilant. If you have any concerns or safeguarding queries, please bring them to the immediate attention of the event management team.

The West Wales Region may use photographs taken at this event as promotional material and used across public forums including their website and social media accounts. Should you wish to refuse photographic permission please contact the event management team on site. The full swim Wales photography guidance policy can be found on the Swim Wales website.

#### **Data Protection**

The Region, along with the Governing Body, may use computers to record entry times and results. By submitting entries you are accepting the conditions and consent is hereby given for holding personal information relating to the sport of Swimming as required by the current Data Protection Act.

The organisers retain the right to amend these conditions if necessary, without notice.

W	West Wales Junior Development Meet 2019 – SUNDAY 23 <sup>rd</sup> June.					
Event	Session 1	Event	Session 2	Event	Session 3	
No.	Ages as at 31st Dec. 2019	No.	Ages as at 31st Dec. 2019	No.	Ages as at 31st Dec. 2019	
1	Boys 12 Years 100m Backstroke	15	Boys 12 Years 200m I.M.	33	Boys 12 Years 100m Butterfly	
2	Girls 12 Years 100m Breaststroke	16	Boys 11 Years 100m Backstroke	34	Girls 12 Years 200m Freestyle	
3	Boys 11 Years 100m Butterfly	17	Girls 11 Years 100m Breaststroke	35	Boys 11 Years 200m I.M.	
4	Girls 11 Years 200m Freestyle	18	Boys 10 Years 200m Freestyle	36	Boys 10 Years 50m Backstroke	
5	Girls 10 Years 100m I.M.	19	Girls 10 Years 50m Butterfly	37	Girls 10 Years 50m Breaststroke	
6	Boys 9 Years 100m I.M.	20	Boys 9 Years 50m Breaststroke	38	Boys 9 Years 50m Butterfly	
7	Boys 12/Un 4 x 50 Freestyle Relay	21	Girls 9 Years 50m Backstroke	39	Girls 9 Years 100m Freestyle	
		22	Boys 12/Un 4 x 50m Medley Relay	40	Girls 12/Un 4 x 50m Medley Relay	
8	Girls 9/10 4 x 50m Freestyle Relay	23	Girls 12/Un 4 x 50m Freestyle Relay			
9	Boys 12 Years 100m Breaststroke			41	Boys 9/10 4 x 50m Medley Relay	
10	Girls 12 Years 100m Backstroke	24	Boys 9/10 4 x 50m Freestyle Relay	42	Boys 12 Years 200m Freestyle	
11	Boys 11 Years 200m Freestyle	25	Girls 9/10 4 x 50m Medley Relay	43	Girls 12 Years 100m Butterfly	
12	Girls 11 Years 100m Butterfly	26	Girls 12 Years 200m I.M.	44	Girls 11 Years 200m I.M.	
13	Boys 10 Years 100m I.M.	27	Boys 11 Years 100m Breaststroke	45	Boys 10 Years 50m Breaststroke	
14	Girls 9 Years 100m I.M.	28	Girls 11 Years 100m Backstroke	46	Girls 10 Years 50m Backstroke	
		29	Boys 10 Years 50m Butterfly	47	Boys 9 Years 100m Freestyle	
		30	Girls 10 Years 200m Freestyle	48	Girls 9 Years 50m Butterfly	
		31	Boys 9 Years 50m Backstroke	49	Mixed 12/Un 4 x 50m Free. Relay	
		32	Girls 9 Years 50m Breaststroke	50	Mixed 9/10 4 x 50m Free. Relay	

### WEST WALES REGION – JUNIOR DEVELOPMENT MEET SUNDAY 23<sup>rd</sup> June 2019

#### **INDIVIDUAL ENTRY FORM**

Name in	full:			
Age(31st	Dec. 2019): Da	te of Birth: <u>I</u>	OD/MM/Y	<u>/ Y Y Y M</u> /F:
Address	:			
Post Co	de:	Те	el No:	
Club Na	me:			
Swim W	ales Membership Nu	ımber:		
		<b>Event No</b>	Entry Ti	me
	Butterfly			
	Backstroke			
	Breaststroke			
	Freestyle			
	Individual Medley			
Entry fee than the 5	for Pentathlon: £17.50. 5 events	No reduction (	given for swimme	rs who enter less
	that the above informations. I accept there will be caribed.			
l also con Award	firm that the above com	petitor has ach	nieved the ASA C	ompetitive Start
Signature	of Competitor/Parent:			Date:
Signature	of Coach:			

West Wales Junior Development Meet .

License No: 3WL190041

Closing Date: MONDAY, 27th May 2019

#### West Wales Region - Junior Development Meet 2019 Relays Entry Form

#### Ages as at 31st December 2019

Only swimmers who	have entered individual	l events in this Junio	r Development Meet
can be considered by	y the clubs for their rela	y teams.	

Club:			Team (A/B):		
Contact Name:		To	Tel. Number:		
Enter times in t	he appropriat	e boxes below:			
	1	tyle Relay x 50m		y Relay 50m	
	Event No	Time	Event No	Time	
Boys 9/10	24		41		

	Freestyle Relay 4 x 50m			dley Relay 4 x 50m
	Event No Time		Event No	Time
Girls 9/10	8		25	
Girls 12/UN	23		40	

Boys 12/UN

7

	Freestyle Relay 4 x 50m		
	Event No Time		
Mixed 9/10	50		
Mixed 12/UN	49		

Total number of relays:	x £8.00 =	£

11

22

Entry fee: £8.00 for each relay event. Please complete Payment Summary Sheet.

### WEST WALES JUNIOR DEV. MEET SUNDAY JUNE 23rd 2019

Affix passport style photograph here.

#### COACH/CHAPERONE ACCREDITATION FORM

#### PLEASE COMPLETE THIS FORM IN BLOCK CAPITALS

FULL NAME:
NAME OF CLUB:
POSITION e.g Club Coach:
ADDRESS:
POST CODE:
TEL NO: FAX NO:
EMAIL:
SWIM WALES REGISTRATION NUMBER :
CRB NUMBER:

Please note only members registered with Swim Wales or the ASA and having a current DBS check are eligible for a coach/chaperone pass.

<u>No</u> passes will be available on the day and must be purchased beforehand.

There will be no access to the poolside without a coach/chaperone pass.

All completed forms to be returned to Rob Williams.

Closing Date: MONDAY 27th May 2019

# WEST WALES JUNIOR DEVELOPMENT MEET SUNDAY JUNE 23rd 2019

#### **Payment Summary Sheet**

Please return this form together with:

- 1. Entry Forms
- 2. Cheque/s made payable to "Swim Wales West Wales Region".
- 3. Coach/Chaperone Accreditation Forms
- 4. SAE for confirmation of entries

Club	
Name	
Address	
Post Code	Tel No
Email	
Position in Club	

#### **Summary**

	Number		
Total Individual Swimmers		@ £17.50	£
Total Relay Entries		@ £8.00	£
Total Poolside Passes (i.e. max no. of coaches/chaperones to be on poolside at any one time)		@£6.00	£
Total Cheque Enclosed made payable to "Swim Wales - West Wales Region".			£

#### It is requested that a single cheque for the complete club entry is submitted.

I confirm all swimmers are current members of Swim Wales and have paid the appropriate membership fee.

I declare that only our team members who have reached the standard of the ASA Competitive Start Award will be permitted to start from the poolside. Those who have not will start in the water.

I confirm all the Meet Conditions have been brought to the attention of swimmers, parents/guardians and coaches including the rules regarding photography.

I agree to abide by the conditions laid down by the West Wales Region Meet Management Committee for this event.

Signature	Date:
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Return to: Rob Williams, 12 Park Terrace, Pontarddulais, Swansea. SA4 8HS Email: robwilliams1145@gmail.com

Closing Date: MONDAY 27th May 2019

### WEST WALES REGION - JUNIOR DEVELOPMENT MEET Relay Team Registration

Please use separate sheet for EACH relay team. Tick the appropriate event and complete the list of names below in the order the team will be swimming.

Club:	Team (A/B)	
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#### **Boys**

Please Tick	Event No:	<b>Event Description</b>		
	24	Boys 9/10	4 x 50m Freestyle Relay	
	41	Boys 9/10	4 x 50m Medley Relay	
	7	Boys 12/UN	4 x 50m Freestyle Relay	
	22	Boys 12/UN	4 x 50m Medley Relay	

#### Girls

Please Tick	Event No:	<b>Event Description</b>		
	8	Girls 9/10	4 x 50m Freestyle Relay	
	25	Girls 9/10	4 x 50m Medley Relay	
	23	Girls 12/UN	4 x 50m Freestyle Relay	
	40	Girls 12/UN	4 x 50m Medley Relay	

#### Mixed

Please Tick	Event No:	Event Description	
	50	Mixed 9/10 4 x 50m Freestyle Relay	
	49	Mixed 12/UN 4 x 50m Freestyle Relay	

	Name	Swim Wales Membership ID	Date of Birth
1.			
2.			
3.			
4.			