

2014 LINDSAY SKIMMERS HOME SWIM MEET REQUIREMENTS

The Lindsay Skimmers welcome you to the Lindsay Aquatic Complex located in the City Park. Thank you for scheduling your meet at our complex. Our pool consists of 8 lanes with blocks at one end. Skimmers will use the even lanes and the visiting team will use the odd lanes. All of our meets begin promptly at 6:30pm unless prior arrangements have been made.

Please e-mail us with your team roster using Team Manager, 2 days before the meet to: lindsayskimmers@yahoo.com . If a roster is not-mailed our head coach will use the roster that is in the CVRSL website so please make every effort to keep it up to date. If you have any last minute entries please visit our administration table and we will gladly enter the swimmer(s) into our computer.

The following is needed from your team to run an efficient meet:

1. Meets will begin at 6:30 p.m. Swim meets will end upon completion of the event closest to 10:00 p.m.
2. Warm-ups will be from 5:45-6:00 for home team and from 6:05-6:20 for visiting team.
3. Any team with over 100 swimmers must plan for a limited meet. Freestyle and backstroke unlimited heats. All other events will be limited to two (2) heats, unless requested by visiting team, and agreed to by Skimmers team, and time permits.
4. Eight lanes will be used; visiting teams will use odd numbered lanes. Blocks are at one end of the pool.
5. Visiting teams must supply timers and recorders for their lanes. Timers and recorders must be in position 15 minutes before the start of the meet
6. All swimmers must be quietly lined-up and ready behind their blocks at the appropriate times. The meet will not pause for late and/or unprepared swimmers.
7. Visiting team must provide at least one Stroke & Turn judge, two is preferred.
8. A concession stand will be available with a variety of items for purchase. **NO** Sunflower seeds, gum, glass containers, tobacco, alcohol or drugs are allowed in the complex.
9. Please keep **ALL Swimmers** out of the **Therapy Pool** and **Shallow** end of the pool.
10. Visiting teams must clean their team areas before leaving. Thank you for your help with this!
11. Awards will be available at the end of the meet. A representative from the visiting team may pick up the awards and results following the meet.
12. C.V.R.S.L rules and regulations will govern all other aspects of the meet.

Team Contacts

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