

Turkish food is made for sharing, made for enjoying at a slow leisurely place, as we cook fresh it can take up to 20 minutes between courses, however you are in a hurry just let our waiting staff know and we will happily accommodate. If you need any help choosing from our menu, again just ask and we will happily explain each dish.

So sit back, relax and stay a while. **Afiyet olsun/enjoy your meal.**

All main dishes served with salad garnish, rice or chips.

COLD MEZE

Karisik Zeytin (mixed olives)	£3.50 v
Cacik (natural Yogurt with cucumber, mint & olive oil)	£3.50 v
Ezme Salad (freshly chopped tomatoes, onions, parsley & hot paprika)	£4.50 v
Fresh Humus (crushed chick peas, tahini, lemon & roasted garlic)	£3.95 v
Sarma (stuffed vine leaves with rice, onion, pepper, pine nuts) with garlic yogurt	£3.95 v
Baba Ghanoush (grilled aubergine dip with chilli, lemon & garlic)	£4.50 v

HOT MEZE

Lentil Soup with fresh bread	£2.95 v
Hellim (grilled Halloumi with rocket salad)	£5.95 v
Sigara Börek (3 deep fried filo pastry filled with feta cheese, spinach & herbs served with cacik)	£4.95 v
Kalamar (herb marinated calamari served with thousand island sauce & salad)	£5.95
Arnavut Cigeri (fried lamb's liver with red onions and black pepper)	£4.95
Spicy shrimp cocktail (chilli & lime marinated shrimp served with fresh salad)	£5.95
Homemade falafel (served with a slice of bread & tahini sauce)	£4.95 v
Truva flat bread	£2.95 v
MIXED MEZE PLATTER Your choice of three hot or Cold Meze	£12.95 v

KEBABS & MAINS

Lamb Burger With halloumi cheese, tomato, red onions in Brioche bun, chips & pepper cream sauce on side.	£9.95
Chargrill beef Köfte Beef & lamb meat balls with Turkish spices in a tomato sauce & bread.	£10.95
Chicken şiş kebab Marinated chicken chargrilled on skewers with cacik served on a slice of bread.	£9.95
Lamb Mousakka Oven baked minced lamb, and seasonal Mediterranean vegetables in our homemade tomato sauce. Served with rice & flat bread.	£9.95
Truva Kebab Spicy minced lamb & beef chargrilled on skewers with homemade spicy sauce, served with bread. Choose your own dip.	£10.95
Chargrilled Sirloin Steak (10oz) Served with a chargrilled tomato and pepper and your choice of sauce (Pepper or mushroom).	£13.95
Lamb şiş kebab Marinated spicy lamb chargrilled on skewers served with mint cacik yogurt on a slice of bread.	£14.95
Truva mix meat platter (Ideal for 2 sharing) Lamb chop, Truva kebab, Chicken şiş & Köfte, served with chips & rice, cacik yogurt & house tomato sauce.	£29.95
SEAFOOD	
Grilled Salmon skewer On a bed of kisir salad, roasted pine nuts, lemon juice & olive oil.	£12.95
Sea Bass Chargrilled marinated sea bass served on a bed of kisir.	£12.95

PIDE (TURKISH PIZZA)

Meaty (kıymalı) Pide: Spicy & meaty, minced beef, diced tomato, onion & pepper. (if you like it hot ask for flakes of chilli to be added).	£8.95
Sucuk (spicy salami) Pide: Slices of Turkish spicy salami known as sucuk, mozzarella, tomato & green pepper topping.	£7.95
Cheesy (peynirli) Pide: Traditional mild pide of tomato, onions, garlic, feta & mozzarella. (Optional, top with black olives).	£6.95 v
Spinach Pide: A modern lighter pide of finely chopped onions, baby spinach, cumin & cheddar cheese (or swap cheddar for feta).	£7.45 v

SALADS & SIDES

Truva Salad (House salad) Carrot, red cabbage, cucumber, lettuce, tomatoes olive oil, sumac and lemon juice.	£4.95 v
Gavur Dağı Salad Tomato, parsley, walnut, onion, sumac served with pomegranate molasses.	£4.95 v
Tabbouleh (Kısır) salad Tomatoes, finely chopped parsley, mint, bulgur and onion, and seasoned with olive oil, lemon juice, and salt.	£5.95 v
Turkish Salad Mixed salad with feta cheese & olive oil.	£4.95 v
Potato Chips	£2.50 v
Sweet Potato Chips	£2.95 v
Spicy Potato Cubes Garlic, Herbs & Chilli Flakes.	£3.25 v
Natural Creamy Turkish Yogurt	£2.50 v
Rice Rice cooked with olive oil.	£2.95 v
Bulgur Cooked with tomatoes in olive oil and herbs.	£2.95 v
Fresh Bread	£2.95 v
Dips: 4oz Garlic mayo, Baba Ghanoush, Ezme salad, Humus, Rich Beetroot, Cacik, Tomato sauce.	£1.95 v



TRUVA

Chargrill & Wine Bar

WINE & DRINKS

HOUSE WHITE

175ML GLASS 70CL BOTTLE FROM

Kavaklidere Angora white £3.50 £9.95 TUR
With a distinctive aromatic character of the "Sultana" grape grown in Denizli, Turkey. A delicious, lively and well balanced white wine.

Art Indomita sauvignon £3.95 £10.95 CHI
Intense and expressive with fruity aromas and a hint of white flowers..

Coldridge Estate chardonnay £3.95 £10.95 AUS
A delightful clean citrus bouquet with ripe tropical flavours, smooth with a pleasant long finish.

HOUSE RED

Kavaklidere Angora red £3.50 £9.95 TUR
A delicious, round and well balanced wine produced from Cabernet Sauvignon, Alicante, Merlot and Carignan grapes grown in the Aegean region of Turkey.

Art Indomita merlot £3.95 £10.95 CHI
Deep ruby red colour with intense aromas of cherries and ripe plums.

Coldridge Estate Shiraz Cabernet £3.95 £10.95 AUS
A good companion to most white meats and fish dishes, or enjoy on its own.

WHITE WINE

70CL BOTTLE FROM

Villa Mura (Pinot Grigio) £13.95 ITA
From the Veneto region located in the north east of Italy this is light, fresh and beautifully aromatic white wine with just a hint of spice.

Kayra Buzbag £14.95 TUR
Enjoyed with seafood, pasta or grilled chicken, this white wine with a nose of lemon flower leave lychee, apricot aromas on the palate.

Marques de Caceres Vintage (White Rioja) £14.95 SPA
A dry white wine from Viura grapes. Surprisingly fresh and intense fruit highlighted by soft mineral notes.

WHITE WINE CONT.

70CL BOTTLE FROM

Dona Paula Los Cardos (Sauvignon Blanc) £14.45 ARG
Pale yellow colour. Very intense aromas of Pale yellow in colour. Very intense aromas of passion fruit, grapefruit, lime and white peach, this is a fresh, balanced, highly vivacious wine.

Dezat Sancerre 2014 £24.95 FRA
A round medium bodies, dry style with nice ripe fruits on the palate, but with plenty of citrus zest too.

Heart of Stone (Sauvignon Blanc) £18.95 NZ
A vibrant wine with flavours of blackberry, gooseberry and passion fruit underscored by appetising, crisp acidity which produces a refreshing finish. It partners white fish and our salads to perfection.

RED WINE

Doluca Karma Merlot Bogazkare £14.95 TUR
A remarkable red from the Diyarbakir region with spicy character & unique aromatic qualities. Rich, full bodied and smooth with a fruity nature.

Connoisseur's Montepulciano D'Abruzzo £15.95 ITA
A vibrant and juicy Italian red full of peppery ripe cherry fruit, ideal for everyday sipping.

Ropiteau Les Plants Pinot Noir £17.95 FRA
Deep red with ruby highlights, full bodied with predominant flavours of cheery-blackcurrant and liquorice.

Altosur Melbec £18.95 ARG
A very subtle aroma is followed by flavours of berry and cherry with a hint of spice at the back end. A very mellow red, easy to drink on its own or paired with red meat.

Cotes Du Rhone Armoiries Red 2013 £18.95 FRA
One of our most popular wines. The upfront character of this wine, with its fruit-filled nose and palate redolent of plums and damsons is a great companion for our chargrilled meats.

ROSE WINE

175ML GLASS 70CL BOTTLE FROM

Art Indomita Rose £3.95 £10.95 CHI
A sensual wine with flavours of white pepper, blueberries and a plummy finish.

Kavaklidere Lal Rose £12.95 TUR
The favourite Rose wine of Turkey, has attractive red fruit aromas & fresh acidity and persistency of flavours. Perfect with our chargrilled fish and chicken.

SPARKLING WINE

70CL BOTTLE FROM

Prosecco Vento Riondo £19.95 ITA
Delicate fruit bouquet, reminiscent of wild apples and acacia flowers; dry, with subtle fruit and nut flavours. Excellent as an aperitif and an elegant companion too many meze dishes.

175ML BOTTLE FROM

Tiamo Organic Prosecco DOC £5.95 ITA
Fresh and fruity with lovely rich aromas of apple and pear with a hint of citrus that fades into a floral bouquet.

CHAMPAGNE

70CL BOTTLE FROM

Ayala Brut Majeur £49.95 FRA
Rich and aromatic on the nose, it is well balanced and shows great finesse and complexity. Ideal for that special occasion, go on treat yourself.