

**THE DOC BRAVER  
FRESHMEN AND JUNIOR VARSITY INVITATIONAL CHAMPIONSHIPS**

AT DARLINGTON COUNTY PARK

Sponsored By The  
Bergen Track & Field LLC

**Tuesday, October 25, 2022 - First Race 4:00 PM**

\*\*\*Meet Information\*\*\*

4:00	Frosh Boys Small
4:10	Frosh Boys Large
4:15	Frosh Girls
4:20	J-V Boys Small
4:35	J-V Boys Large
4:50	J-V Girls

**Awards:** Top Twenty-five in each race  
Top Three Teams in each race  
Trophy to Winning Team in each race

**Entry Fee:** \$80.00 per team  
\$15.00 per individual

There is no limit to the number of teams or individuals in any race.

We are using **NJ Mile Split** to enter your rosters and declare that you are coming to the meet. All you have to do is enter **ALL the Athletes that are competing in the meet.**

Any questions or problems, please email me [njbta@aol.com](mailto:njbta@aol.com)

See you on the 25th ,  
Brian Rodak  
Meet Director

**Enter on Mile Split and send your forms in as Usual!!**

**Buses Park at Campgaw Parking Lot!!**

**42nd ANNUAL**

**DOC BRAVER  
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**AT DARLINGTON COUNTY PARK  
October 25, 2022**

**Entry Form:**

School \_\_\_\_\_ Coach \_\_\_\_\_

School Phone \_\_\_\_\_ Coach's Home Phone \_\_\_\_\_

We wish to enter the following races at \$80.00 per team of seven runners or \$15.00 per individual. You may enter as many teams or individuals as you wish.

	<u># of teams</u>	<u># of individuals</u>
Freshmen Boys	_____	_____
Freshmen Girls	_____	_____
J-V Boys	_____	_____
J-V Girls	_____	_____
	_____ X \$80.00	_____ X \$15.00

Total Entry Fee Enclosed: \_\_\_\_\_

**Make Check Payable To: Bergen Track & Field LLC**

**Mail Entries To: Brian Rodak  
361 North Central Ave  
Ramsey, NJ 07446      Email: njbta@aol.com**

Entries Close: October 18, 2022

# Coaches

It is **YOUR** responsibility to make sure **YOUR SCHOOL** has sent their Certificates of Insurance to Bergen County Parks Department before **YOUR** team can run at Darlington County Park.

**You need to send a General Liability Policy & proof of Student Accident Insurance with THE COUNTY OF BERGEN named as additional insured and certificate holder.**

**This meet has been named after Dr. Rick Braver ([www.DrRun.com](http://www.DrRun.com)) for the 30 plus years of dedicated service to our local runners for all their foot, ankle and leg pains. Doc has been a major supporter, fan and friend and we are proud to name this meet after him.**