

# TRI-COUNTY OPPORTUNITIES COUNCIL

Community Action Agency



Serving the 9 Counties of Bureau, Carroll, LaSalle, Lee, Marshall, Ogle, Putnam, Stark, and Whiteside Illinois

# RESOURCE BOOK

## Lee County

Tri-County Opportunities Council  
405 Emmons Avenue  
P.O. Box 610  
Rock Falls, IL 61071  
PH: 815/625-7830  
TOLL FREE: 1-800-323-5434  
[www.tcohelps.org](http://www.tcohelps.org)

*Building opportunities to transform communities.*



# Tri-County Opportunities Council

## *Mission Statement*



*Tri-County Opportunities Council will investigate the impact of poverty throughout our nine county service area and will work, in partnership with individuals, families and communities to provide opportunities that supports movement towards stability and self-sufficiency.*

### **Community Services Block Grant Program (CSBG)**

- Provides comprehensive needs assessments, information and referrals and numerous case management programs to eligible customers to obtain self-sufficiency for employment, youth, education, housing, medical, and emergency needs.
- Offers various housing programs to those facing homelessness or on the verge of becoming homeless. In addition, case management is provided to ensure housing is affordable and sustained to prevent future homelessness.
- Annually awards educational scholarships to income-eligible service area residents attending an Illinois institution of higher learning.
- Bureau County Food Pantry – provides food to meet meal gaps to families residing in Bureau County.

### **Foster Grandparent Program**

- Provides meaningful volunteer opportunities for those in the lower income range who are 55 years old and older.
- Offers supportive person-to-person services to at-risk children with special or exceptional needs in reading, math, spelling, art and other constructive projects.

### **Head Start/Early Head Start Program**

- The EHS/HS programs are federal programs that provides comprehensive early childhood education, health, nutrition, and parent engagement services to children from birth to 5 years of age, expectant mothers, and their families.
- The program's services and resources are designed to foster stable family relationships, heighten family resiliency, enhance children's physical and emotional well-being, and establish an environment to develop skills toward school readiness and a love of life-long learning.
- Families must meet the eligibility criteria established by the federal government.

## **Low-Income Energy Assistance (LIHEAP)**

- LIHEAP – makes a one-time payment to the utility company, bills must be in the name of the person applying.
- LIHEAP Furnace Program – Repair or replace furnaces to homeowners who are current on their mortgage and taxes and be within the LIHEAP guidelines.
- PIPP – The Percentage of Income Payment Plan (PIPP) is designed to help client’s pay their own bill with a manageable budget bill. Eligibility for this program included being within the LIHEAP guidelines and must have a participating utility company, such as, Ameren, Com-Ed, and Nicor.
- Com-Ed Hardship – helps households that may be having a hardship crisis situation. Income guidelines are 200% of poverty level.
- Neighbor to Neighbor – helps households with utility assistance. Income guidelines are 300% of poverty level.

## **Illinois Home Weatherization Program**

- Make homes more energy efficient, provide safe heating equipment, if needed, replace furnace, and provide clients with safety equipment.

## **Rental Housing**

- Provides decent, safe and affordable housing to low-income clients.

## **TRI-COUNTY OPPORTUNITIES COUNCIL OFFICES:**

### Main Office

405 Emmons Avenue  
Rock Falls, IL 61071  
PH: 815-625-7830  
PH: 1-800-323-5434

### LaSalle Office

308 N. 30th Road  
LaSalle, IL 61301  
CSBG: 815-224-0028  
CSBG: 815-224-3939  
LIHEAP: 815-223-2333  
HEAD START: 815-224-2533  
HEAD START: 815-220-1602  
HEAD START: 815-220-1603

### Princeton Office

1019 N. Main Street  
Princeton, IL 61356  
Food Pantry/CSBG: 815-875-6064  
LIHEAP: 815-879-6035

### Office Hours

8:00 a.m. – 4:30 p.m.  
Monday-Friday

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## BASIC NEEDS

### **CLS Thrift Store**

607 First Avenue  
Rock Falls, IL 61071  
PH: (815)625-0517

*Monday-Friday, 9:00 a.m. – 4:00 p.m. Saturday, 9:00 a.m. – 12:30 p.m. Provides clothing and household items at low prices.*

### **Dixon Furniture Mart**

2400 W. 4<sup>th</sup> Street  
Dixon, IL 61021  
PH: (815)288-2488

*New and gently used furniture. 60-day layaway plans. Monday – Friday, 10:00 a.m. – 5:00 p.m., Saturday 10:00 a.m. – 3:00 p.m.*

### **Good Fellows**

P.O. Box 674  
Dixon, IL 61021  
PH: (815)973-5135

[www.goodfellowsfleecounty.com](http://www.goodfellowsfleecounty.com)

*Provides Christmas baskets that include toys, clothing, food, and decorations.*

### **Leydig Center**

1107 Warp Road  
Dixon, IL 61021  
PH: (815)284-7772

[www.leydigonline.com](http://www.leydigonline.com)

*Offers used clothing and household items at a low cost. Monday, Thursday, Saturday, 10:00 a.m. – 4:00 p.m.*

### **Dixon Area Emergency Needs Fund/Lee County Salvation Army**

PH: (815)857-7022

*Help on an emergency basis.*

### **Gianna's House**

700 10<sup>th</sup> Avenue  
Rock Falls, IL 61071  
PH: (815)625-6520

*Offers pregnancy resources. Monday, 12:00 – 3:00 p.m.; Wednesday, 5:00 – 8:00 p.m.; Saturday 9:00 a.m. – 12:00 p.m.*

### **Goodwill**

2216 E. Lincolnway  
Sterling, IL 61081  
PH: (815)625-1740

*Provides low cost clothing, household items, furniture and miscellaneous items. Monday-Friday 9:00 a.m. – 9:00 p.m.; Saturday 9:00 a.m. – 7:00 p.m.; Sunday 10:00 a.m. – 5:00 p.m.*

## CHILD CARE

### **4C's Community Coordinated Child Care**

155 N. 3<sup>rd</sup> Street, Suite 300  
DeKalb, IL 60115  
PH: (815)848-8727  
[www.four-c.org](http://www.four-c.org)

*Assists families and child care providers with the following services: child care financial assistance, resource and referral for child care, parent and provider professional development, child care food program, family support, nursing, social work, mental health, quality and infant toddler specialists.*

### **Open Sesame Child Care Center**

1101 Middle Road  
Dixon, IL 61021  
PH: (815)288-5905

*Assists families and child care providers with the following services: child care financial assistance, resource and referral for child care, parent and provider professional development, child care food program, family support, nursing, social work, mental health, quality and infant toddler specialists.*

### **Bright Beginnings**

1033 Franklin Grove Road  
Dixon, IL 61021  
PH: (815)285-1033  
[www.brightbeginningsdixon.org](http://www.brightbeginningsdixon.org)

*Provides services to children ages 6 weeks to 12 years.*

### **Sauk Valley Interagency Council Child & Family**

27 S. State Avenue, Ste. 101      506 W. 4<sup>th</sup> Street, Rm. 26  
Freeport, IL 61032                      Sterling, IL 61081  
PH: (815)297-1041                      PH: (815)297-1041

*Serves as the single access point to Early Intervention Services for children and families.*

## DISABILITIES

### **Jack Mabley Development Center**

1120 Washington Avenue  
Dixon, IL 61021  
PH: (815)288-8300

*Residential facility for individuals with developmental and sensory disabilities.*

### **Lee County Special Education Association**

1335 Franklin Grove Road, Suite B  
Dixon, IL 61021  
PH: (815)284-6651

*Prepares students with disabilities to be functional members of society and provides specialized programs and services.*

### **Kreider Services, Inc.**

500 Anchor Road  
Dixon, IL 61021  
PH: (815)288-6691  
[www.kreiderservices.org](http://www.kreiderservices.org)

*Provides direct care programs to persons with developmental disabilities.*

### **Self Help Enterprises**

2300 W. LeFevre Road  
Sterling, IL 61081  
PH: (815)626-3115

*Provides programs and services for individuals with disabilities.*



## EDUCATION

### **Adult Education and GED Program**

Sauk Valley Community College

173 IL Route 2

Dixon, IL 61021

PH: (815)835-6310

<https://www.svcc.edu/community/adult-education/index.html>

### **Project V.I.T.A.L.**

Sauk Valley Community College

173 IL Route 2

Dixon, IL 61021

PH: (815)835-6310

[www.svcc.edu/community/adult-education/vital](http://www.svcc.edu/community/adult-education/vital)

*Tutoring program for students and adults over 17 years of age who want to improve their reading skills, improve their English language speaking skills, or obtain citizenship.*

## EMERGENCY ASSISTANCE

### **American Red Cross**

[www.redcross.org](http://www.redcross.org)

*Disaster assistance with housing, food, and clothing.*

### **Department of Children and Family Services**

2607 Woodlawn Road, Suite 3

Sterling, IL 61081

PH: (815)625-7594

HOTLINE: (800)252-2873

[www.state.il.us/dcfs](http://www.state.il.us/dcfs)

*Protects against child abuse and neglect.*

### **PADS Homeless Shelter**

Men's

805 W. 1<sup>st</sup> Street

Dixon, IL 61021

PH: (815)288-6818

Women's

203 W. Everett Street

Dixon, IL 61021

PH: (815)677-9958

*Open 24/7, 365 days per year. Provides emergency shelter, clothing, food, and daily needs for residents.*

### **YWCA of the Sauk Valley**

HOTLINE: (815)626-7277

HOTLINE: (815)288-1011

*Assists survivors of domestic violence by offering comprehensive services: 24-hour hotline, legal and medical advocacy, shelter, counseling, support groups, and children's services.*

### **Shining Star Children's Advocacy Center**

215 E. 1<sup>st</sup> Street

Dixon, IL 61021

PH: (815)284-1891

[www.shiningstarcac.org](http://www.shiningstarcac.org)

*Provides a coordinated multi-agency approach and prompt response to child abuse.*

## EMPLOYMENT

### **BEST, Inc.**

Sauk Valley Community College  
173 IL Route 2  
Dixon, IL 61021  
PH: (815)835-6371  
[www.best-inc.org](http://www.best-inc.org)

*Provides funding for education in order to find employment.*

### **Ethical Search Professionals**

508 Depot Avenue  
Dixon, IL 61021  
PH: (815)285-4773

*Recruiters for engineering, manufacturing management and maintenance management for industries.*

### **Manpower**

1678 S. Galena Avenue, Suite C100  
Dixon, IL 61021  
PH: (815)288-7800  
[www.manpower.com](http://www.manpower.com)

*Provides career opportunities by helping people develop their careers through planning, work, and training.*

### **Corporate Services**

609 W. 3<sup>rd</sup> Street  
Dixon, IL 61021  
PH: (815)242-7400  
[www.corpserv.com](http://www.corpserv.com)

*Provides employment services*

### **Illinois Department of Employment Security (IDEA)**

2323 E. Lincolnway  
Sterling, IL 61081  
PH: (815)625-2313  
[www.ides.illinois.gov](http://www.ides.illinois.gov)

*Provides temporary income for individuals who lost their jobs through no fault of their own.*

## FOOD

### **Amboy Food Pantry**

32 N. Jones Avenue  
Amboy, IL 61310  
PH: (815)857-2315

*Food is distributed on the 3<sup>rd</sup> Wednesday of each month from 9:00 – 10:00 a.m.*

### **Loaves and Fishes**

St. Patrick's Church  
612 Highland Avenue  
Dixon, IL 61021  
PH: (815)284-7719  
[www.stpatrickdixon.org](http://www.stpatrickdixon.org)

### **Community Food Pantry**

2001 W. 4<sup>th</sup> Street  
Dixon, IL 61021  
PH: (815)288-4848

*Monday, Wednesday, and Friday; 1:00 – 3:00 p.m.*

## HEALTH

### **All Star Dental**

1261 N. Lake Street  
Aurora, IL 60506  
PH: (630)801-0002

[www.allstardentalclinic.org](http://www.allstardentalclinic.org)

*Accepts Medicaid and most dental insurance coverage.*

### **Family Healthcare Center**

320 N. 1<sup>st</sup> Street  
Ashton, IL 61006  
PH: (815)453-1212

### **Hope Life Center**

2323 E. Lincolnway  
Sterling, IL 61081  
PH: (815)625-5300

[www.hlclil.org](http://www.hlclil.org)

*Free family planning.*

### **Physicians Immediate Care**

1672 South Galena Avenue  
Dixon, IL 61021  
PH: (815)564-2663

<https://physiciansimmediatecare.com/clinic/dixon/>

*A convenient urgent care located on South Galena Avenue (in front of Walmart) for walk-in urgent care services, with extended hours 7 days a week, no appointment needed.*

### **Dental Dreams**

6215 E. State Street  
Rockford, IL 61108  
PH: (815)399-7777

[www.dentaldreams.com](http://www.dentaldreams.com)

*Accepts Medicaid and all other forms of dental insurance. Offers evening and weekend hours to accommodate a busy family's schedule and family-friendly office setting to put children at ease.*

### **Hearing Clinic – Northwestern IL Associates**

2002 E. 5<sup>th</sup> Street  
Sterling, IL 61081  
PH: (815)625-7931

[www.thenia.org](http://www.thenia.org)

### **Lee County Health Department**

309 S. Galena Avenue  
Dixon, IL 61021  
PH: (815)284-3371

[www.lchd.com](http://www.lchd.com)

*Offers WIC, immunizations, educational classes, and referral needs.*

### **Whiteside County Health Department**

1300 W. 2<sup>nd</sup> Street  
Rock Falls, IL 61071  
PH: (815)626-2230

[www.whitesidehealth.org](http://www.whitesidehealth.org)

*Offers medical, dental clinic, behavioral health, family planning, immunizations and WIC. Accepts medical insurance, Medicaid, and self-pay.*

## HOUSING

### **Amboy Meadows Apartments**

121 W. Wasson Road

Amboy, IL 61310

PH: (815)857-4911

[www.amboymeadowapartments.com](http://www.amboymeadowapartments.com)

*Low-income housing.*

### **Countryside Manor Apartments**

625 Countryside Lane

Dixon, IL 61021

PH: (815)625-0581

*Low-income housing*

### **Habitat for Humanity**

P.O. Box 11

Dixon, IL 61021

PH: (815)440-3040

*Builds decent, affordable homes for people who qualify but cannot obtain a standard home loan.*

### **Canterbury Apartments**

1501 Lowell Park Road

Dixon, IL 61021

PH: (815)288-4100

*Low-income housing*

### **Dixon Square Apartments**

1540 Freedom Walk

Dixon, IL 61021

PH: (815)284-3409

*Low-income housing*

### **Lee County Housing Authority**

1000 Washington Avenue

Dixon, IL 61021

PH: (815)284-2759

*Low-income housing/Section 8*

## LEGAL SERVICES

### **Prairie State Legal Services**

1600 4<sup>th</sup> Avenue, Suite 200

Rock Island, IL 61201

PH: (309)794-1328

[www.pslegal.org](http://www.pslegal.org)

*Proves legal services that impact the ability of clients to meet their basic needs; physical safety, access to health care, adequate housing, and similar needs.*

### **Lee County State's Attorney**

309 S. Galena Avenue

Dixon, IL 61021

PH: (815)284-5245

### **CASA, 15<sup>th</sup> Judicial Circuit**

113 S. Peoria Avenue

Dixon, IL 61021

PH: (815)288-1901

*Advocates for the best interests of abused and neglected children within the Juvenile Court system.*

## MENTAL HEALTH

### **Sinnissippi Centers**

2611 Woodlawn Road  
Sterling, IL 61081  
PH: (815)625-0013  
HOTLINE: (800)242-7642  
[www.sinnissippi.com](http://www.sinnissippi.com)

*Offers assessment and crisis services, child, adolescent and adult services.*

### **Lutheran Social Services (LSSI)**

1901 1<sup>st</sup> Avenue  
Sterling, IL 61081  
PH: (815)626-7333  
[www.lssi.org](http://www.lssi.org)

*Counseling, mental health, and substance abuse services.*

### **KSB Behavioral Health Care Services**

403 E. First Street  
Dixon, IL 61021  
PH: (815)285-5629  
[www.ksbhospital.com](http://www.ksbhospital.com)

*Provides in and outpatient mental health services.*

### **Whiteside County Behavioral Health Clinic**

1300 W. 2<sup>nd</sup> Street  
Rock Falls, IL 61071  
PH: (815)626-2230

*Provides support services to persons experiencing problems related to emotional and mental illness, or drug and alcohol addiction.*

## RESOURCES

### **Amboy Community Building**

280 W. Wasson Road  
Amboy, IL 61310  
PH: (815)857-2324

### **Rock River Hospice and Home**

2706 Avenue E  
Sterling, IL 61081  
PH: (815)625-3858  
[www.hospicerockriver.org](http://www.hospicerockriver.org)

### **United Way of Lee County**

P.O. Box 382  
Dixon, IL 61021  
PH: (815)284-3339  
[www.unitedwayofleecounty.org](http://www.unitedwayofleecounty.org)

### **Dixon Public Library**

221 S. Hennepin Avenue  
Dixon, IL 61021  
PH: (815)284-7261

### **Lee/Ogle County Family Community Resource**

106 N. 2<sup>nd</sup> Street  
Oregon, IL 61061  
PH: (815)732-2166

*Helps low-income residents with medical assistance, food stamps and cash assistance.*

## SENIOR OUTREACH

### Lee County Council on Aging

100 W. 2<sup>nd</sup> Street  
Dixon, IL 61021  
PH: (815)288-9236

*Provides recreational, educational, and wellness activities for seniors age 60 and older.*

### Nachusa House Apartments

215 S. Galena Avenue  
Dixon, IL 61021  
PH: (815)284-0190

*Low-income and subsidized housing for seniors 55 and older.*

## SUBSTANCE ABUSE

### Adult Education Associates

748 Timbercreek Road  
Dixon, IL 61021  
PH: (815)284-3940

[www.adulteducationassociates.com](http://www.adulteducationassociates.com)

*Substance abuse treatment services and provide alcohol and drug counseling.*

### Norcare, Inc.

325 IL Route 2  
Dixon, IL 61021  
PH: (815)284-7621

### Recovery Zone

707 1<sup>st</sup> Avenue, Suite A  
Rock Falls, IL 61071  
PH: (815)626-2800

*Substance abuse treatment – outpatient programs for DUI/DWI offenders.*

## TOWNSHIPS/CITY OFFICIALS

### Dixon Township

315 Highland Avenue  
Dixon, IL 61021  
PH: (815)288-4475

*Income based general assistance up to \$25/month for shelter or utilities. Must attend a budget class for assistance.*

### Nelson Township

1204 Harmon Road  
Harmon, IL 61042  
PH: (815)535-1076

*Provides assistance to individuals with little or no income with rent, utilities, and gas for transportation.*

## TRANSPORTATION

### **Lee/Ogle Transportation System (LOTS)**

210 E. Progress Drive  
Dixon, IL 61021  
PH: (815)288-2117  
[www.lotsil.org](http://www.lotsil.org)

## VETERAN'S ASSISTANCE

### **Lee County Veteran's Assistance**

309 S. Galena, Suite 101  
Dixon, IL 61021  
PH: (815)288-5683

## YOUTH

### **Al Morrison Baseball Program**

P.O. Box 388  
Dixon, IL 61021  
PH: (815)910-0900

### **Dixon Park District**

804 Palmyra Street  
Dixon, IL 61021  
PH: (815)284-3306  
[www.dixonparkdistrict.com](http://www.dixonparkdistrict.com)

### **Girl Scouts (Green Hills Council)**

234 Palmyra Road  
Dixon, IL 61021  
PH: (815)288-1000

### **Dixon Bowling Association**

401 Hancock Avenue  
Dixon, IL 61021  
PH: (815)288-1198

### **Dixon Wrestling Club**

P.O. Box 202  
Dixon, IL 61021  
PH: (815)631-1877

### **YMCA Dixon Family**

110 N. Galena Avenue  
Dixon, IL 61021  
PH: (815)288-9622  
[www.dixonymca.org](http://www.dixonymca.org)