

The Voice -

The Newsletter of the Hawaii Dental Hygienists' Association



Summer, 2008

Ready? Okay! Now bring it on!

This year, we set some gears in motion at Lobby Day in late January. We made our voices heard with senators and representatives at the Hawaii State capitol. Next year, we will lay down some groundwork for general supervision.

Susan Savage, our District XII Trustee, took some time out during Spring Break to mentor some of our BOT members and oversee the revisions to HDHA's Strategic Plan. Although not every member was present, feedback was sent via representative and approval of the new plan was accepted via email. And it doesn't end there!

I am totally pumped because the Hawaii Dental Hygienists' Association's Annual Scientific Session is just a couple of months away! That's right! HDHA will be holding its Annual Scientific Session on November 8 and 9, 2008 at the Hilton Waikiki Prince Kuhio Hotel. Did you save the date? Shame on you if you didn't! Your BOT and committee members have been working hard on the details so be sure to check the mail or the website: www.hdha.org to download the registration PDF.

The Annual Scientific Session also marks the changing of the guard, or rather, the faces of our Board of Trustees. Yes, just as America casts its vote for the new President, we will be electing a new set of trustee members. If you or anyone you know is interested in serving on the HDHA Board of Trustees, or would like more information on the BOT's duties, please contact us via email or through the website. Nominations for the following: second Delegate, second Alternate Delegate, President-Elect, Vice President, Secretary, Treasurer, and Trustee-At-Large (2 yr) will also be taken on the floor at the Annual Business Meeting.

Some other things to look forward to at this year's session are the Silent Auction and the University of Hawaii Student Dental Hygienist Table Clinics. Proceeds collected from the Silent



Auction help fund scholarships for eligible UH students and also to partially fund travel for the table clinic winners to ADHA's Annual Session. If anyone has any items they wish to donate, contact your component members or bring your items to Annual Session bright and early Saturday morning. We are currently looking for any HDHA member to organize the Silent Auction from start to finish. If you are an organized person, with a knack for merchandising displays, we could use your help! Please contact the Annual Session chair, Stacy Matsuyama or Ellie Kelley-Miyashiro.

Your Board of Trustees has been doing their best to bring you continuing education here at home. Sometimes it feels like a thankless job, so be sure to show your appreciation. This year, we have seen fuel prices soar, increases in the costs of services and the loss of several airlines; one being a major interisland carrier. I think everyone has felt the repercussions of its aftermath, but none more so than those who actually lost their jobs so suddenly.

Next year, I can feel more changes in store for HDHA... will you support your association? Are you up for the challenge?

~Mikiel Lina Agoy, RDH, BS - HDHA President

Diane Thomas First Recipient of ADHA/Hu-Friedy Master Clinician Award!



Diane Brucato-Thomas, RDH, EF, BS, FAADH, received the ADHA/Hu-Friedy Master Clinician Award in Albuquerque, New Mexico at ADHA's 85th Annual Session. This is a new ADHA award sponsored by Hu-Friedy to honor a clinical dental hygienist who demonstrates outstanding clinical expertise in relating to interdependence of clinical practice and patient education for the improvement of patient compliance. Nominees must be nominated by their state or local component, have a minimum of ten years clinical experience, be a dedicated, compassionate and highly effective clinician as well as having outstanding clinical knowledge, skills and professional competence. Diane was a perfect fit! They must also share their clinical knowledge and expertise through presentations, workshops, participation in research or programs that provide access to care. To this end, Diane presented a well attended course at the American Academy of Dental Hygiene's Annual Session, at the RDH Under One Roof Confer-

ence, in Chicago, IL, entitled "Regenerative Periodontal Endoscopy™: The Future is Now". Both Anna Pattison and Ester Wilkins were in the front and offered praises for fabulous cutting edge material well presented. Several companies have pledged support to Diane, as well as giving generous congratulatory gifts. This presentation also satisfied Diane's final requirement toward Fellowship status with the American Academy of Dental Hygiene. She received the first Fellowship with expertise in the field of Periodontics presented by the Academy. Congratulations Diane! We are all so proud of your achievements and your contributions to the profession of dental hygiene.

~Kim Schneider, RDH, BS - WHDHA



**Kim Schneider & Diane Thomas casting their votes at
ADHA's Annual Session in Albuquerque**

HDHA's 2008 Annual Session

November 8-9, 2008

Hilton Waikiki Prince Kuhio Hotel

Saturday, November 8, 2008

7:15 - 7:50am	Registration / Continental Breakfast / Silent Auction Set-up
8:00 - 10:00	"Oral Pathology for Dental Professionals"-Olga Ibsen, RDH, MS
10:00 - 10:30	Break / Exhibitors / Silent Auction
10:30 - 11:30	"Oral Pathology for Dental Professionals"-Olga Ibsen, RDH, MS
11:30 - 12:45pm	New Products Show
12:45 - 2:00	Annual Business Meeting Luncheon
2:00 - 4:00	"Teenagers - What Their Mouths are Telling You But They're Not"-Lisa Copeland, RDH
4:00 - 4:30	Break / Exhibitors / Silent Auction
4:30 - 5:30	"Teenagers - What Their Mouths are Telling You But They're Not"-Lisa Copeland, RDH
5:30 - 6:30	President's Cocktail / Pupu Reception / Student Table Clinic Presentations

Sunday, November 9, 2008

7:30 - 7:50 am	Registration / Continental Breakfast / Silent Auction
8:00 - 10:00	"Differential Diagnosis of Oral Lesions"-Olga Ibsen, RDH, MS
10:00 - 10:30	Break / Exhibitors / Silent Auction
10:30 - 11:30	"Differential Diagnosis of Oral Lesions"-Olga Ibsen, RDH, MS
10:30	Silent Auction closes
11:30 - 2:30 pm	"A Breakthrough in the Science of Remineralization"-Millie Fu, RDH
12:30 - 2:00	President's Luncheon / Installation of Officers
2:00 - 2:30	Hand in badge / Collect CE certificate / Pay & Collect Silent Auction items
2:30 - 4:30	Post A.S.S. BOT Meeting

About the Speakers

Olga A.C. Ibsen, RDH, MS is an Adjunct Professor at New York University College of Dentistry, in the Department of Oral and Maxillofacial Pathology, Radiology and Medicine and at the University of Bridgeport in Bridgeport, Connecticut. She teaches Oral Pathology and also provides CE courses at Conventions, Dental and Dental Hygiene Schools and for Constituents throughout the country. She has made significant contributions to the Dental Hygiene Profession as an educator, clinician, author and editor. She has been a member of the faculty at Columbia University, The State University of New York, and The University of New Haven. She has co-authored the text "Oral Pathology for the Dental Hygienist" published by WB Saunders. The Fourth Edition, in full color includes a CD ROM with fifty case studies to enhance student and participant learning..

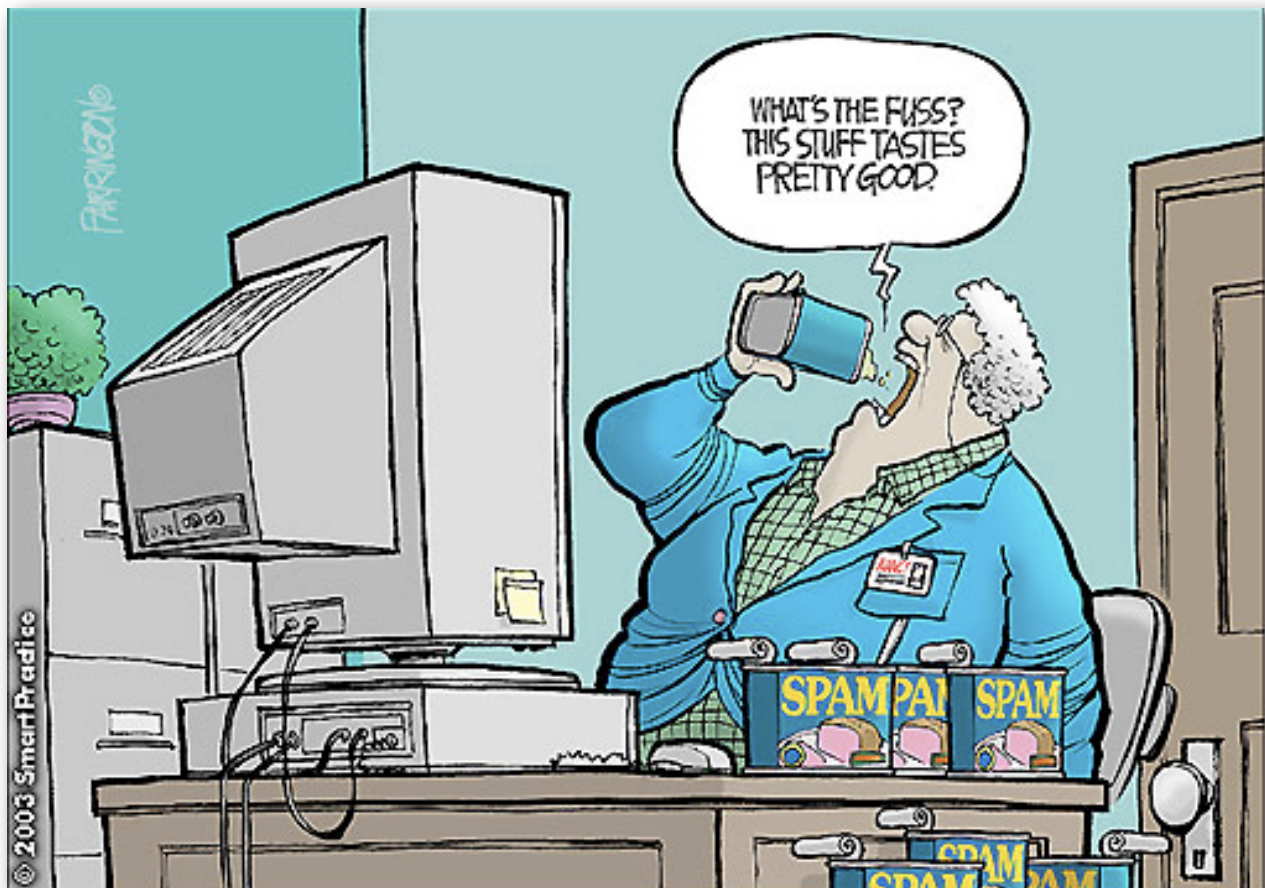
Lisa Copeland, RDH is a graduate of Broome Community College, NY with twenty-three years of clinical practice experience. She began her career in the Center for Osseointegration in Washington DC, which specialized in dental implants and prosthetics. Lisa is an educational consultant of seventeen years, and has

presented a wide range of topics to audiences throughout the world. Currently she resides in Washington State practicing as a restorative hygienist in an office specializing in dental implant prosthetics and cosmetic dentistry. She is a Professional Educator with Philips Consumer Lifestyle.

Millie Fu, RDH graduated in 1990 with her degree in dental hygiene from Clayton State College. Millie practiced clinical hygiene for 5 years, prior to going into sales and marketing in 1995. Millie worked for various dental companies, prior to joining GC America earlier this year. Millie is currently the MI Specialist for the Western Region and supports GC America in providing education and CE courses in their preventive department.

Two day registration fees: HDHA Members: \$295. Non-members: \$495. Questions? Call or email Ellie Kelley-Miyashiro at (808) 387-9338 / memiyashiro23@yahoo.com

LET'S LAUGH.....



www.offthechart.com

Intra-Oral Nerve Block & Infiltration Local Anesthesia

Sandra Kramer, R.D.H., M.A., Instructor

Thank you for your interest in my workshop in Local Infiltration & Block Anesthesia for Dental Hygienists. The Hawaii Board of Dental Examiners has approved this course for certification. Participants will learn safe and proper techniques for administration of local anesthesia and build confidence in their skills. The BDE requires 40 hours of study to establish knowledge and clinical proficiency in the administration of block anesthesia. This course meets that requirement by combining home study with the participation workshop. Participants will administer injections to one another, so no patients are required.

Course Dates - November 8 – 10, 2008

8:30AM – 5:30PM

Lecture location to be announced.

Clinical Participation will be at the office of

Brian Kim, D.D.S.

1580 Makaloa St. Suite 535

Honolulu, adjacent to the Pan Am Building

Parking in building, or can car pool from Ala Moana Center

Cost including lunches: \$750.00 (based on 9 participants)

CE: 48 units

Course schedule as follows:

Saturday, November 8: Lecture 8:30AM – 2:30PM Completion of the study guide in the text is required prior to lecture.

Clinical 2:30PM – 5:30, or 6:00PM

Sunday, November 9: Clinical 8:30AM – 5:30PM

Monday, November 10: Clinical 8:30AM – 5:30PM, including written exam.

All participants must bring proof of the following documents to the course:

- 1. Current R.D.H. license (from any state) or proof of enrollment in an accredited dental hygiene education program.**
- 2. Current professional liability insurance.**
- 3. Current C.P.R. certification card.**
- 4. All participants must sign a Course Liability Waiver Form (provided by sponsor).**

Good medical health allowing you to receive local anesthesia is necessary. If you know you need antibiotic premedication, please come to class prepared. If you are pregnant, and do not wish to receive local anesthesia, you will need to provide a “recipient” to receive all injections in your place. We encourage second and third trimester pregnant participants to receive injections at least two days.

Text: Handbook of Local Anesthesia, 4th or 5th edition by Stanley F. Malamed. Answering the study guide questions is required.

Armamentarium

All participants are required to wear gloves, masks, and protective eyewear during all clinic sessions of the course. Please trim fingernails to a short length in order to palpate for landmarks and to administer accurate and comfortable injections.

Each participant should bring the following supplies:

- Colored fine point felt pens or colored pencils
- 1 dental tray (small) for equipment set-up
- 4 aspirating or self-aspirating syringes (sterile)
- 30 25-gauge short needles
- 20 25-gauge long needles
- 25 27-gauge short needles
- 2 pair tweezers or cotton pliers (sterile)
- 30 cartridges Carbocaine 3% without epinephrine or Citanest Plain (Generic-OK)
- 5% topical LIDOCAINE anesthetic ointment or liquid (no spray)

NOTE: NOT Hurricaine, NOT Benzocaine product

- 1 sharps container
- 1 dozen saliva ejectors
- 1 dozen disposable triplex syringe tips
- 2 dozen paper cups
- 3 garbage bags - large
- 1 dozen light handle covers
- 1 package of sterile gauze squares
- 4 dozen 6-inch sterile cotton tips
- 1 dozen patient bibs and 1 set of bib clips
- 1 hand mirror
- 4 sterile mouth mirrors
- 1 full box of gloves
- 1 dozen masks
- 1 package paper towels
- 1 dozen disinfection wipes
- 1 dozen small sterilizing bags (peel-view or similar)
- safety or prescription eye glasses, lab coat or jacket or uniform, comfortable clinic shoes

You may order syringes and any other dental instruments, or equipment from:

1. Pearson Dental: Honolulu – 877-686-6928 or Main - 800-535-4535.
2. Sullivan-Schein: Main – 800-372-4346

The syringes MUST be aspirating (best if NOT self-aspirating). Examples are Aspirating Syringe-Astra Type, or Petite-Miltex. Hu-Friedy also makes syringes both in regular size and Mini Type A. Syringe prices are between \$19.00 and \$51.00.

To register or for questions, call Sharon Saiki-Killooy at 808-372-5225. Deadline to register is September 15, 2008. Limit 12 participants only. (Teams of 3 participants per operator.)



ADHA Annual Session: A Blockbuster Meeting!!!

The 85th Annual Session in Albuquerque, New Mexico, had the most attendance ever seen, with 1,300 registrants and a new meeting format that included the Center for Lifelong Learning (CLL).

ADHA completely revolutionized the experience by providing more than 28 high quality opportunities for continuing education that offered something for the new graduates, as well as seasoned hygienists. Two new plenary sessions fea-

tured speakers Kary and Uche Odiatu on Thursday and Debbie Reynolds on Saturday. Debbie and Ester Wilkins together were a kick!

Kary and Uche Odiatu were also featured as course presenters. Their fitness theme was infectious. Kary won Ms. Fitness Universe in 1998. She is a certified gymnastics coach, yoga instructor and trainer with a specialty in pre and post-natal fitness. She has assisted hundreds of women in achieving their health and fitness goals. Dr. Uche is also a fitness expert and practicing dentist and they share their love and enthusiasm for the fitness lifestyle with mind, body and spirit presentations. Visit their website, fitspeakers.com, and begin a true fitness lifestyle.

There was plenty of time to visit the exhibition floor filled with products and services to empower hygienists. Over 100 companies presented their current innovations and provided us with the latest cutting edge information.

The Institute for Oral Health Extravaganza was less formal than in the past. It was well attended and brought in great revenue. Hawaii received an award for the highest number of people giving donations.

A video recap from this years meeting is available for viewing on youtube.com/ADHADOTOrg

Our newly elected President is Lynn Ramer; and Vice President is Caryn Solie, our past District XII Trustee.

The business meeting went smoothly with a new format approved for the policies manual. The new format makes for easy reading and is posted on the adha.org website for easy access. Getting the Journal of Dental Hygiene back into print form was once again discussed and was eventually referred for further investigation of financial impact. It's proposed that this become

available in print form by subscription requiring about 1300 subscribers at a cost of about \$25 per year.

Another important resolution presented concerned xylitol being endorsed by ADHA for its preventive and therapeutic benefits. That resolution was referred for further investigation and will be considered again next year.

This new meeting format will be improved and refined next year for a dynamic 86th Annual Session in Washington, DC, June 17 - 23, 2009, where ADHA will, once again, develop, empower and support you!

~ **Kim Schneider, RDH - Delegate Chair**



**Hawaii was well represented in Albuquerque!
Enjoying the Institute Gala are Jill Rethman,
Diane Thomas, Kim Schneider, Laura
Mallery-Sayre, Ellie Kelley-Miyashiro & Diana
Saidy**



**Albuquerque is known for
its annual Balloon Festival**

:-)

NEW ADHA CAREER CENTER

Have you checked out the new ADHA Career Center? You can check out available jobs in clinical practice, industry and academics. The ADHA Career Center is available for you to access 24/7. Please take a moment to check it out and post your resume today!



DO YOU KNOW YOUR ADHA BENEFITS?

ADHA offers its members a wide variety of benefits specifically designed to help better Empower, Support and Develop YOU! ADHA has partnered with affiliates, keeping in mind what our members have expressed as beneficial to their everyday lives. These benefits are applicable both personally and professionally. Some affiliates include Hertz car rentals, Geico auto insurance, prescription drug & hotel discounts, and more!

Information on how to redeem your benefits can be found by logging into your member's only account and clicking on the member resources page. For instructions on how to access your account please visit: <http://www.adha.org/news/real.htm>



Breaking News!!!***Governor Signs Landmark Law for California Dental Hygienists***

CDHA-Sponsored SB 853 Provides Greater Autonomy and Recognition of Profession

Ending several decades of struggle by California dental hygienists to achieve independence as a distinct public health profession, Governor Schwarzenegger signed Senate Bill 853.

The measure creates the Dental Hygiene Committee, a new regulatory body housed under the California Dental Board dedicated solely to overseeing the state's dental hygiene profession. With the Governor's signature, California

becomes the first state in the nation to establish a self-regulating agency charged with licensure, education and enforcement of dental hygiene.

The law is necessary because the profession of dental hygiene has evolved into a specialized area of oral healthcare that requires specialized skills and responsibilities warranting a separate regulatory body.

"The new law realizes a goal we first set in 1985 to control our own destiny and we have been fighting for that ever since," said Noel Kelsch, president of the California Dental Hygienists' Association (CDHA), which sponsored the bill. "It provides practical benefits for consumers, as well as a recognition that the state's dental hygienists possess unique expertise, stature and skills similar to those of pharmacists, optometrists, physician assistants and nurses."

Also breaking news.....Maine has passed independent practice! The winds of change are here!

The Voice

Hawaii Dental Hygienists' Association

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Look for our next issue:

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