

WFES PTA SPRING 2019

After School Activities



TO REGISTER, Go to WFESPTA.ORG.

- Click on 'Student Activities' located on the left side of the page.
- Click on the program you are interested in to see the full flyer, which will provide additional program information and registration directions.

QUESTIONS OR NEED HELP?

Contact the WFES contact person for that program

MONDAY

KICKBALL/WIFFLE BALL: Kaboom Kickball: Join OTA for this playground favorite! Knock it out of the park with a big kick and use those same feet to motor around the bases. This program is all about playing the game. More game time equals more fun! The class will focus on teamwork and sportsmanship, topped off with some HIGH FIVES! Sign up today!

Big Swing Wiffle ball: This program isn't baseball – it's better! Everyone gets hits and no one strikes out in this version of America's favorite pastime. The fundamentals of throwing, catching and hitting are taught through games like Soft Toss, Base Runners, Home Run Derby and 500 Flies. Both new and seasoned players will love getting BIG hits with our favorite game, Tennis-Racquet Baseball. It's wiffle ball with a racquet! No real baseball equipment is used to ensure a safe playing environment. Sign up today before it's going, going, GONE!

WHO: **Grades K-2** (Class size limited to first 30 students)
WHEN: Starts April 8 – June 3. No class on 4/15, 5/27.
TIME: 3:30 – 4:30
COST: \$85 for **7 sessions** (A portion is donated to the PTA.)
QUESTIONS: WFES contact: Vicki Mansuy, vlindros@gmail.com, 301-502-5468

FLAG FOOTBALL: Go Long Flag Football: Huddle Up and get ready for Flag Football to become an instant classic. Kids are lining up to score touchdowns and get a taste of the most popular game in the country! Players will get a chance to be running backs, wide receivers, defensive ends, and corner backs. Learn to pass, catch, run routes and punt like the pros! We'll practice these skills while playing Button Hook, Down & Out, Pitch & Run and First & Ten. Scrimmages and Red Zone Challenges will test your skills, promote teamwork and encourage sportsmanship. ARE YOU READY FOR SOME FLAG FOOTBALL!? Sign up today and score a touchdown with OTA!

WHO: **Grades 3-6** (Class size limited to first 30 students)
WHEN: Starts April 8 – June 3. No class on 4/15, 5/27.
TIME: 3:30 – 4:30
COST: \$85 for **7 sessions** (A portion is donated to the PTA.)
QUESTIONS: WFES contact: Vicki Mansuy, vlindros@gmail.com, 301-502-5468

TUESDAY

ART EXPLORATIONS: Join long time WFES parent, artist and children's book illustrator/author Ms. Janet Stoeke as she guides students through several projects that emphasize personal expression and creativity using the skills and materials artists find useful. No prior experience is needed. Projects from the Fall/Winter session will not be repeated, although similar themes may be addressed.

WHO: **Grades 4-6** (4th graders may choose either Tuesday **OR** Thursday)
WHEN: Starts April 2 - May 28. No class on 4/16.
TIME: 3:30 – 4:30
COST: \$120 (+ \$30/material fee) for 8 sessions (portion donated to PTA)
QUESTIONS: WFES contact: Laura DeVito, laura@autumnprod.com

LEGO ROBOTICS: In Robotics Club, we build, code, and have fun with LEGO® WeDo 2.0, a hands-on activity that combines LEGO® bricks, kid-friendly software, and engaging projects which inspire kids to explore the world of robotics! Students use gears, pulleys, and axles to create robots that move, crank, spin, and communicate. Make LEGO® WeDo 2.0 WheelieBots in this session of Robotics Club. Each week, students build and code a different rolling robot using LEGO® wheels, gears, pulleys, axles, motors and sensors. On your mark, get set, GO!

WHO: **Grades 1-6**
WHEN: Starts April 2 – May 28. No class 4/16.
TIME: 3:30 – 4:30
COST: \$185 for 8 sessions (portion donated to PTA)
QUESTIONS: WFES contact: Vicki Mansuy, vlindros@gmail.com or 301-502-5468

NEW THIS SPRING! BEGINNING GUITAR CLASSES: Mr. Hubler, our Tech specialist at WFES is also the owner of a music business, Musically Creative in Prince William County where they have over 120 students. He will be teaching an afterschool beginning guitar class for grades 2-4 at WFES. The curriculum is structured for younger students but older grades are welcome. At the end of the 8 week class, they will perform a "mini" concert for the parents. It's a perfect way to give them exposure to opportunities in the performing arts and to give them a jump start on reading music and understanding theory. They will love the motivation and community of the class feel and still make incredible progress!

WHO: **Grades 2-4**
WHEN: Starts April 9 – June 4. No Class 4/16.
TIME: 3:30 – 4:30
COST: \$135 for 8 sessions (portion donated to PTA)
QUESTIONS: WFES contact: Vicki Mansuy, vlindros@gmail.com, 301-502-5468

WEDNESDAY

YOGA: Group games, partner poses, collaborative stories and music come together to support children in their learning of poses, relaxation techniques, mindfulness techniques, breathing and more. Self-awareness, respect, flexibility, strength and coordination are just some of the many benefits of yoga.

WHO: **Grades 3-6** (class size limited)
WHEN: Mini Session! Starts May 8 – 29.
TIME: 3:30 – 4:30
COST: \$40 for 4 sessions (portion donated to PTA)
QUESTIONS: WFES contact: Vicki Mansuy, vlindros@gmail.com, 301-502-5468

THURSDAY

ZUMBA! Offered by Kids in Motion, Zumba class for kids in grades K-6 is a high energy, contagiously exciting dance workout specifically designed for children. Includes kid friendly music, movements and routines. Zumba for kids is a perfect fit for children and it creates an environment of excitement around being healthy and active!

WHO: **Grades K-6** – boys and girls!
WHEN: Starts April 4 – May 30. No Class 4/18.
TIME: 3:30 – 4:30
COST: \$111 for 9 sessions (portion donated to PTA)
QUESTIONS: WFES contact: Vicki Mansuy, vlindros@gmail.com, 301-502-5468

ART EXPLORATIONS: Join long time WFES parent, artist and children's book illustrator/author Ms. Janet Stoeke as she guides students through several projects that emphasize personal expression and creativity using the skills and materials artists find useful. No prior experience is needed. Projects from the Fall/Winter session will not be repeated, although similar themes may be addressed.

WHO: **Grades 2-4** (4th graders may choose either Tuesday OR Thursday)
WHEN: Starts April 4 – May 30. No Class 4/18.
TIME: 3:30 – 4:30
COST: \$120 (+ \$30/material fee) for 8 sessions (portion donated to PTA)
QUESTIONS: WFES contact: Laura DeVito, laura@autumnprod.com

FRIDAY

SCRATCH CODING: Silver Knights Coding class has children create stories, games and animation using a visual programming language called Scratch. It's as easy to use as snapping together building blocks! Fall/winter session students will not repeat lessons but still find a challenge. (Children signed up for multiple Silver Knights programs get a discount).

WHO: **Grades 2-6**
WHEN: Starts March 29 – May 31. No class 4/5, 4/19.
TIME: 3:30 – 4:30
COST: \$185 for 8 sessions (portion donated to PTA)
QUESTIONS: WFES contact: Vicki Mansuy, vlindros@gmail.com, 301-502-5468