

C Plus BioFlavonoids Fizz



Clinical Applications

- Supports a Healthy Inflammatory Response *
- Supports the Immune System *
- Supports Heart Health *
- Supporting blood vessel health *

C Plus Bioflavonoids Fizz contains three unique bioflavonoids, quercetin, hesperidin, and rutin - that increase the strength and regulate permeability of capillaries (the body's smallest blood vessels). They work in synergy with vitamin C to keep collagen (the body's intercellular "cement") in good condition.

All Adaptogen Research Formulas Meet or Exceed cGMP Quality

Discussion

C Plus BioFlavonoids Fizz is a proprietary blend of vitamin C and three unique bioflavonoids – naturally occurring plant substances found in brightly colored fruits and vegetables. This product is an effervescent, orange-flavored powder and contains no fructose or other unfavorable sweeteners. With a therapeutic amount of vitamin C plus the three powerful bioflavonoids, C Plus BioFlavonoids Fizz simplifies getting optimal doses of these critical nutrients in a delicious-tasting beverage.

Vitamin C

Vitamin C, also known as ascorbic acid, is a water-soluble vitamin naturally present in some foods and used by many as a dietary supplement. Vitamin C is an essential vitamin, which means it cannot be made in the body and must be obtained from food or through supplements. Vitamin C is a wonder nutrient, and is essential for immunity, bone maintenance, collagen formation (collagen is an essential component of connective tissue), and a broad range of other biological functions.

Factors that reduce Vitamin C level:

- Stress
- Smoking
- Illness
- Injury
- Birth control pills
- Estrogen use during menopause
- Certain medications, such as cortisone and aspirin

Bioflavonoids: Quercetin, Hesperidin and Rutin

- Quercetin is a highly concentrated bioflavonoid found in citrus fruits, red wine, and tea. Sometimes called the 'king of the flavonoids,' this powerful antioxidant supports the immune system as well as a healthy inflammatory response.
- Hesperidin, another powerful but lesser-known bioflavonoid, can be found in oranges and grapefruits.
- Rutin is found in asparagus, citrus fruits, and berries such as cranberries and mulberries.

Vitamin C and bioflavonoids are found together in nature, because they work synergistically; for instance, oranges are rich in both vitamin C and the bioflavonoid, hesperidin. The inclusion of bioflavonoids in C Plus BioFlavonoids Fizz helps the body properly absorb and use vitamin C, and assists in preventing vitamin C from being destroyed by oxidation.

All three bioflavonoids in C Plus BioFlavonoids Fizz – quercetin, hesperidin and rutin – are noted for their protective, antioxidative and immune-supportive properties as well as their support for a healthy inflammatory response. They are also recognized for supporting heart health and their role in assisting to create a positive microbial balance in the body.

Quercetin, hesperidin, and rutin, especially when paired with vitamin C, work together to protect and preserve the structure of blood capillaries, supporting blood vessel health.

***These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.**



Recommended Use: As a dietary supplement take 4 grams (approx. one teaspoon) per day, or as directed by your health care practitioner.

Supplement Facts		
Serving Size 4 grams (approx. one teaspoon)		
Servings Per Container 36		
Amount Per Serving	% Daily Value	
Vitamin C (as Ascorbic Acid, Calcium Ascorbate, Magnesium Ascorbate)	2569 mg	4280%
Quercetin	20 mg	*
Hesperidin (as Citrus Bioflavonoids)	20 mg	*
Rutin	10 mg	*

*Daily Value not established.

Other Ingredients: Tapioca dextrin, natural flavor, potassium bicarbonate, citric acid, steviol glycosides, silicon dioxide.

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Distributed by: Adaptogen Research
625 Barksdale Road, Suite 113
Newark , DE 19711