Brooklands Private Day Nursery

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**Toilet training**

Before beginning toilet training it is important that parents recognise if their child is ready.

To support this, we begin by talking through nappy changing routines, explaining to the child if they have wet/soiled their nappy. Appropriate languages and words used should be discussed by staff and parents.

The next steps are to identify how long your child keeps dry. We recommend for at least one hour or preferably longer keeping dry. It is parent’s choice to decide when to begin the toilet training at home.

Once toilet training has been started at home and your child is having no more than three accidents each day, we will begin the toilet training at nursery.

A no fuss approach is what we do at nursery and once a child is in underwear, we explain they will need to go on the potty/toilet today. We avoid constant reminders as being told to sit on the potty before their bladder is full can mean they miss out on being able to recognise when it is full. Successful potty training requires the child to recognise the sensation when their bladder is full. Some children could also become reliant on adults telling then when to go to the toilet.

If the child doesn’t need the toilet, they may then become frustrated that they do not produce anything. The odd reminder after a period of time or when they show signs that they may need to use the toilet/potty and if seen say “I think your wee may want to come out soon, so you may want to go sit on the potty. We give praise to promote using the toilet.

We will ask that clothes are easy for children to remove and ask the child to tell us if they need the potty/toilet. It is parent’s responsibility to supply three spare sets of full clothes in case of accidents, this includes pants, underwear, socks, shoes and tops. (We will only change your child up to three times in one day, providing you have supplied us with three changes of clothes) After three accidents in one day we feel that the child may not yet be developmentally ready for toilet training, also if a child has repeated accidents they may lose their confidence, your child would then be put back in to a nappy/pull up. A review date or toilet training will be agreed between you and your child’s keyworker. Equally, children who are physically aware and ready should not be delayed in the move out of nappies.

We have an obligation to always maintain our adult to child ratios in the room as much as possible and safeguard the children.

We will endeavour to clean any soiled underwear. However, very heavy soiled underwear will have to be disposed of in an appropriate way. It would not be appropriate for staff to spend more time cleaning heavy soiled clothes as this would impact on our obligation to maintain staff-child ratios.

It is essential that all adults involved are realistic and open to the idea that a child might need to be put back in nappies.