



# Adult Transition

Newsletter for Teachers Working With Students 18-22  
Educational Equity for All  
April 2017

## Breezy Special Ed

Life Skill Resources for Special Education Classrooms



Adaptive Tasks  
Life Skill, Vocational,  
& Extension Tasks &  
Activities

<http://www.breezyspecial.com/search/label/Work%20tasks>

[www.teacherspayteachers.com/Store/Breezy-Special-Ed/Grade-Level/Twelfth](http://www.teacherspayteachers.com/Store/Breezy-Special-Ed/Grade-Level/Twelfth)

## EMPLOYMENT



### Bundle #1

#### Life and Vocational Skills

ASSEMBLY TASK Boxing Crayons	ASSEMBLY TASK Hotel Beverage Kits	MATCHING TASK Where's My Other Book?	VOCATIONAL TASK Going to the Pet Store	SORTING TASK Nuts and Bolts
ASSEMBLY TASK Table Settings	ASSEMBLY TASK Fill the Backpacks	LIFE/VOCATIONAL Stock Shelves & Shop	ASSEMBLY TASK First Aid Kits	LIFE SKILL Making a Salad
VOCATIONAL TASK Vending Machine	LIFE/VOCATION Sub Shop	VOCATIONAL TASK Morning Break Donuts	VOCATIONAL TASK Making Pizza	LIFE SKILL Packing Lunches

<https://www.teacherspayteachers.com/Product/BUNDLE-1-LIFE-and-VOCATIONAL-SKILLS-960795>

## TRAINING

How do I write my name?

Today's Date (MM/DD/YY)	Name: Last	MI	First	Middle
DOB (MM/DD/YY)	Age	Signature of Applicant		

Full name (print)	Date
Date of birth (day/month/year)	Applicant Signature

Complete with blue or black ink only. Print only.

Name: Last  First  Middle Initial

Date of birth: Day  Month  Year  Current Age

Complete this form entirely. Please print.

FIRST NAME	LAST NAME	MIDDLE	DATE
BIRTHDATE (MONTH, DAY, YEAR)		SIGNATURE	

1	Print full name you will use in your work or business	FIRST	MI	LAST
2	Print your full name given at birth			
3	Your signature			

TEACHING CHILDREN HOW TO FILL OUT FORMS  
Find all the ways forms ask you to write your name.  
<http://fivejs.com/life-skills-for-kids-filling-out-forms/>



**High School Transition that Works** Lessons Learned from Project SEARCH®  
Authors: Maryellen Daston Ph.D., J. Erin Riehle M.S.N., Susie Rutkowski

EDUCATIONAL EQUITY FOR ALL  
Giving kids what they need to succeed

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## FEATURED IDEA OF THE MONTH

### Penquis Autism Community Services Hygiene Video Models

- Blowing Nose
- Brushing Hair
- Brushing Teeth
- Buckling a seatbelt
- Buttoning
- Changing my Pad





[www.youtube.com/channel/UCB2o08nCiDOC8OtSq\\_Z\\_rw](http://www.youtube.com/channel/UCB2o08nCiDOC8OtSq_Z_rw)


## Financial Literacy Resources

Resources for individuals interested in financial literacy for grade twelve students and beyond.

<http://www.cde.ca.gov/eo/in/fl/finlitk12.asp>

**Banking on Our Future**  The mission of the Banking on Our Future (BOOF) program is to execute a global delivery system for financial education for youth ages 9–18 at no cost to school districts, with a focus on urban, low-wealth communities. This program is sponsored by Operation Hope.

**Banzai**  This free resource offers teachers and students lessons in financial planning using real-life scenarios such as paying auto insurance, dealing with an account overdraft, paying a parking ticket, and budgeting for travel. These hands-on activities develop understanding for students in grades seven through twelve as they face the challenges of planning for life's expenses.

**Bite of Reality**  – Bite of Reality is an in-person, hands-on simulation that will teach teens how to make financial decisions.

### Pictorial Interest Inventory Structured around eight different career fields

[https://www.cves.org/wp-content/uploads/2015/08/Pictorial\\_Interest\\_Inventory\\_template\\_SHEN.pdf](https://www.cves.org/wp-content/uploads/2015/08/Pictorial_Interest_Inventory_template_SHEN.pdf)

Pictorial **Interest Inventory**. Structured around eight different **career** fields. Student ... How to Use. This. Inventory. Directions: • Each page contains three **pictures**.

### Career Interest Inventory -- Pictorial Version

[file:///C:/Users/misst\\_000/Documents/Downloads/Career%20Interest%20Inventory%20pictorial.pdf](file:///C:/Users/misst_000/Documents/Downloads/Career%20Interest%20Inventory%20pictorial.pdf)

### Photo Career Quiz

<https://www.truity.com/test/photo-career-quiz>

## WEBSITES AND RESOURCES

<https://goo.gl/ZpQplN>

<https://goo.gl/VZWfKr>

<https://goo.gl/uMdvPV>



## INDEPENDENT LIVING SKILLS



In **The Life Skills E-Handbook** we are guided by the **World Health Organisation's** definition of lifeskills

*“Life skills are abilities that help us to adapt and behave positively so that we can deal effectively with the challenges of everyday life.”*

Using this definition, we can separate the life skills from the other types of skills, like this:

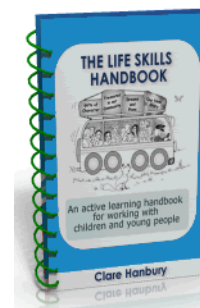
**Life skills:** Decision-making, goal setting, problem-solving, coping with stress, coping with emotions, negotiating, friendship, interpersonal relationships, empathy (concern for others), critical thinking, creative thinking, resisting peer pressure, assertiveness

**Livelihood skills:** Time management, getting a job, interview, computer, cooking, driving etc

**Learning skills:** Reading, reporting, numeracy etc

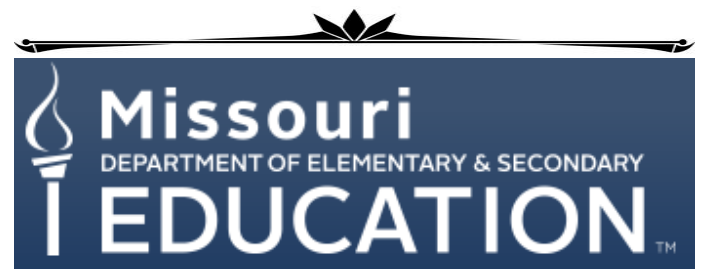
**Technical/health skills:** Cleaning teeth, condom, road safety, giving oral rehydration etc

**Outcomes of life skills:** Teamwork, self-esteem, learning from each other, confidence etc



**The Life Skills E-Handbook** (*in digital format only*) provides advice and active learning activities for teaching life skills to young people. It supports and guides all people who plan, manage, teach or work on formal and non-formal education programmes. [Click here for a detailed list of the contents of The Life Skills E-Handbook](#)

<http://www.lifeskihandbook/>



High School Unit and Lesson Plans

<https://goo.gl/selao1>