

- ELMHURST NEIGHBORHOOD NEWS -

A QUARTERLY PUBLICATION OF THE ELMHURST NEIGHBORHOOD ASSOCIATION • SACRAMENTO, CA • FOUNDED IN 1908

President's Corner

By Amreet Sandhu, J.D.

Dear Neighbors,

Happy New Year! I am entering the year with deep gratitude to be living in Elmhurst and serving on the ENA Board of Directors with such a fantastic group. I would like to thank my colleagues on the Board for their outstanding work in 2015 to make Elmhurst safe and livable; connect residents with their elected officials; get trees watered, mulched, and protected; consider ways to enhance the neighborhood's beauty; coordinate community events; attend city events; create and circulate our newsletter; testify at council in support of issues that would benefit our neighborhood; update our social media accounts; design our website; draft letters to save historic buildings and develop abandoned ones; and advocate on behalf of our community. It is a privilege and a joy to work with our neighbors, local businesses, service providers, and the district six office to keep Elmhurst an exceedingly excellent place to live, work, and play.

I hope you enjoy this issue, which offers updates from Councilmember Eric Guerra, Assemblymember Kevin McCarty, and Barbara Falcon of the Sacramento Police Department. Please stay tuned for more details on meetings and gatherings throughout year on our ENA Facebook page. If you would like to play an active role in supporting Elmhurst by either joining the board or volunteering for events and activities, please email me at: Amreet.Sandhu@gmail.com.

Our next general meeting will take place on Wednesday, January 27th from 6:30-8:00 p.m. at the Coloma Community Center. I hope to see you there!

My best regards,

Amreet

Winter 2016

MARK YOUR CALENDAR!



Monday, January 18
Martin Luther King, Jr. holiday

Tuesday, January 19
City Meeting on Short-Term Rentals
See page 3 for details.

Wednesday, January 27
ENA General Meeting
6:30 to 8 p.m., Coloma Community Center
See back page for details.

Feb. 3, March 2, April 6
ENA Board Meetings
6:30 p.m., locations to be determined
Held the 1st Wednesday of every month
If you'd like to attend or host a meeting, please email ENA_board@googlegroups.com

Monday, February 15
President's Day holiday

March 21 to 25
Spring Break for local public schools

COTTAGE MART

2130 51st St. (51st @ V)

www.cottage-mart.com

(916) 739-6310

Hours:

Mon.-Fri.: 9:00 am - 7:00 pm
Saturday: 10:00 am - 5:30 pm
Sunday: Closed

Cottage Mart, our neighborhood store since 1984, now offers a suggestion box! So the next time you stop by for groceries, Indian food, a deli sandwich, an espresso, a game of ping pong, or U.S. Postal or UPS services, drop them a line.

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UPDATES FROM YOUR REPRESENTATIVES



By Assemblymember
Kevin McCarty

As many of you know, education has been a passion of mine for many years. In the legislature, one of my main focuses will continue to be education. Helping your child attain a college degree is an important stepping stone for their future, but it can be difficult to navigate through the college planning process.

I am proud to be hosting *Pathways to College*, a panel discussion for parents of students of all ages. This workshop is designed so parents can meet with a variety of education specialists to go over the financial and academic steps necessary to help your child get into college. Our workshop will offer three panels that break down the college planning process for elementary, middle, and high school-aged children.

Pathways to College will be held, Saturday, January 23rd from 10:00 AM – 12:30 PM in the Charles A. Jones Career and Education Center at 5451 Lemon Hill Ave, Sacramento. You can RSVP for this event at **AsmMcCartyPathways.eventbrite.com**. I hope to see you there!

You may also be interested in attending one of the California Student Aid Commission's *Cash for College* workshops to learn about the various Cal Grants options for students applying for college. The next *Cash for College* workshops will be:

- Tuesday, February 9th at 6:00pm – Grant High School, 1400 Grand Avenue
- Wednesday, February 17th at 6:00pm – Natomas High School, 3301 Fong Ranch Road
- Saturday, February 20th at 10:00pm – Sacramento Community College, 3835 Freeport Boulevard

For more information on the *Cash for College* workshops, as well as the Cal Grant Award system please visit <http://www.csac.ca.gov/ccfc.asp>.

As always, it is a pleasure to be of service. If you would like any more information, or to connect with my office, please visit www.asmdc.org/McCarty or call my District Office at (916) 324-4676.

Sincerely,

Kevin McCarty



DISTRICT 6 NEWS

By City Councilmember
Eric Guerra

Dear Elmhurst Neighbors,

After nearly a full year in office, I am proud to say that we have built a strong team and we're off to a good start. We are focused on delivering for the Elmhurst neighborhood and Sacramento as a whole. As the New Year begins, we are working tirelessly to keep our community safe, informed, and connected. We are also working to continue to solve the every-day concerns we hear from you about. To start 2016 off, we have many upcoming events and opportunities designed to continue to encourage neighbors to be even more involved than last year.

The 2016 Citizen's Planning Academy is now accepting applications to give residents an opportunity to become more engaged with the City's planning process. This is a great way for community members to be a part of the city's planning process, to gain information on the city, and to be an influential part of the planning process. The 2016 City Management Academy is also opening its doors to community members this month, giving our community the opportunity to learn more about how our city functions and to meet other members of the community who are also committed to improving the quality of life in Sacramento.

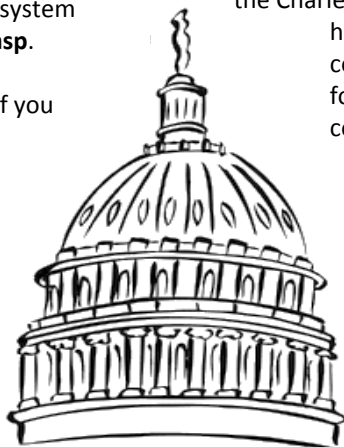
On January 23rd, we will be hosting our Community Clean-up day in the Lemon Hill and Elder Creek areas where my team and I will join our fellow community members to clean up the neighborhood. We would like to invite community members from all of District 6 to join us in this day of community service.

I am partnering with Assemblymember Kevin McCarty to host *Pathways to College*. This is also on the 23rd, at the Charles A. Jones Community Center, which will help provide families with information on the college admissions process and how to apply for financial aid. This event is open to all community members and we hope that you will all join us on Saturday, January 23rd.

I look forward to the rest of 2016 and continuing to work with you.

Prospero nuevo año,

Eric Guerra



City Services Updates

Leaf (and Christmas Tree) Collection Ends January 31

City of Sacramento residential yard waste customers can still place trees in the street for pickup, but that service will end soon. The last day that trees, or any yard waste, can be placed out on the street for collection is **January 31, 2016**.

New City Law Bans the Use of Single-Use Plastic Bags in Sacramento

The Sacramento City Council unanimously approved the Reusable Bag Ordinance and, as of **January 1, 2016**, single-use plastic bags will no longer be provided by many businesses in Sacramento. Instead, shoppers can buy a reusable bag at checkout—or bring their own.



The new law affects grocery stores, large pharmacies, convenience stores, and markets. Businesses that are exempt include restaurants, farmers markets, and retail stores that do not sell food or have a pharmacy. In addition, participants in WIC (Women, Infant & Children's) or CalFresh using a voucher or EBT card may not be charged for bags. Visit www.cityofsacramento.org for more information.

City to Hold Public Meeting on Short-Term Rental Proposals on January 19

The Sacramento City Council is scheduled to hear proposed amendments to the Planning and Development Code (Title 17 of the Sacramento City Code) relating to modifications to current bed and breakfast inn regulations, including short-term rentals (such as Airbnb), on **Tuesday, January 19**. The public meeting is scheduled to begin at 6:00 p.m. at New City Hall, 915 I Street.

The staff report for this item, which will include the proposed ordinance, will be available on the City of Sacramento website by close of business on **Thursday, January 14, 2016**. Go to www.cityofsacramento.org, click on "Meeting Schedules" at the bottom of the page (right hand side) and click on the City Council meeting for January 19th.

Join the 2016 Citizen's Planning Academy

If you'd like to learn more about the planning process of the City of Sacramento, consider attending the Citizen's Planning Academy. This free academy educates participants in the fundamentals of city planning and covers a planning and development-related topics and issues. Sacramento residents, businesspeople, and community leaders are encouraged to attend.

Classes will take place at the Community Development Department, 300 Richards Boulevard. The course consists of eleven weeknight evenings and two Saturday mornings from **March 2 to May 17, 2016**, followed by a graduation and City Council special presentation.

Applications are due by 5 p.m. on **Monday, Jan. 25, 2016**. For more information or to access the online application, visit www.cityofsacramento.org and search for "Planning Academy."



UC DAVIS MED CENTER UPDATE

Construction Work to Begin at UCDMC

Construction work to remove the former trauma nursing unit (TNU) building at UC Davis Medical Center has begun. The TNU is located between the north side of the hospital and the UC Davis Police Station.

Work will occur Monday – Thursday between the hours of 7 a.m. and 5 p.m. The first several weeks will be used to disconnect utilities. Removal of the actual buildings/foundations will take another 1-2 weeks. Reconstruction of the newly exposed face of the hospital will then commence.

Contractors have been asked to not use V Street and to maintain their work hours to those stated above. The contractor has committed to a work plan that minimizes noise impact along with any dust or debris that might be generated performing this work.

In addition, fencing has already been placed around portions of the Housestaff building to ensure the safety of those near the building.

If you have any questions, please contact the office of Government & Community Relations at **(916) 734-5441** or email HS-community.relations@ucdavis.edu.

Proposed City Ordinance to Remove Tree Protections in Sacramento

As *Elmhurst News* reported last Spring, the City of Sacramento's Urban Forestry department has proposed extensive changes to the existing tree ordinance. Many people and organizations, including the Elmhurst Neighborhood Board of Directors, believe that these changes will harm the city's trees and take away the rights of property owners and residents to manage the urban forest in our neighborhoods.

The City's Law and Legislative Committee, which is made up of Sacramento City Councilmembers, received the proposed changes to the ordinance last winter, and local tree advocates immediately had issues with those changes. Some Elmhurst residents testified against the proposed changes to the committee at a meeting last March.

The Committee's proposal changes drastically the rules regarding the management of trees in Sacramento. Among other things, the proposed ordinance:

- Has a strong bias toward tree removal, rather than preservation;



- Does NOT include adequate language regarding Dutch elm disease (which could greatly affect Elmhurst);
- Removes the right of citizens to appeal city tree removals, and reduces the time required to announce tree removals from 30 to 10 days;
- Does not factor in considerations for retaining a tree, such as its benefits to people or the environment; and
- Does not require tree replacement or a penalty fee when a protected tree is removed.

The ENA Board of Directors encourages all residents of Elmhurst to learn more about this proposed ordinance and the potentially catastrophic effects it could have on the tree canopy in our neighborhood. The ENA has posted information at facebook.com/ElmhurstSacto.

You can also learn much more about this issue by emailing trees4sacto@sbcglobal.net. This email goes to a group of people who act as advocates for trees in our city.

Finally, you can write Councilmember Eric Guerra (who sits on the Law and Legislative Committee) at eguerra@cityofsacramento.org.

Elmhurst Residents Win an Award for Smart Landscaping

Last year, Mike and Joan Zeglarski of Elmhurst landscaped the front yard of their home on T Street. The results are spectacular, and the couple has been recognized with an award in a local school's competition to find the best drought-tolerant yard in Sacramento.

The "Beauty Without Water" contest, held by 19 students (and teacher Jed Larsen) for their design and technology class at Kit Carson Middle School, awarded four area residents for their efforts to use creativity and ingenuity in creating landscapes that are drought-friendly.



The Zeglarskis won for best overall design. Their new landscape, which reflects the principles of Zen gardening, includes many features, such as a bench, a fountain, gravel pathways, and low-voltage lighting. It also has many plants with low water requirements, such as French lavender, fescue, and heavenly bamboo.

Encouraged to alter their landscape in part by the removal of two large trees in front of their home, the Zeglarskis also took advantage of the City's River Friendly Water Conservation program.

Congratulations to the Zeglarskis—and thank you for helping make Elmhurst a beautiful place to live.

EL NIÑO IS HERE: ARE YOU READY?

Although most of us in California don't experience hurricanes or blizzards, we face our own dangers, such as floods and earthquakes. Sacramento is particularly vulnerable to floods, and this season should be a very wet one, thanks to El Niño. You can protect yourself, your family, and your property by creating an emergency supply kit.

What you need in an emergency supply kit

A basic emergency supply kit could include the following recommended items:

- ☐ Water: One gallon of water per person per day for at least three days
- ☐ Food: At least a three-day supply of non-perishable food (for example, canned food)
- ☐ A manual can opener
- ☐ A hand-crank or battery-powered radio with extra batteries
- ☐ Flashlight(s) and extra batteries
- ☐ A first-aid kit
- ☐ A whistle, in case you have to signal for help
- ☐ Dust masks (to help filter contaminated air) and plastic sheeting and duct tape (in case a shelter-in-place order is given)
- ☐ Moist towelettes, hand sanitizer, garbage bags and plastic ties for personal sanitation
- ☐ Maps of the local area
- ☐ Wrench or pliers to turn off utilities
- ☐ Cell phone(s) with chargers, an inverter, or a solar charger

Additional items you may need or want in an emergency situation:

- ☐ Prescription medications and glasses
- ☐ Infant formula and diapers (if needed)
- ☐ Pet food and extra water for your pet(s)
- ☐ Cash and/or traveler's checks
- ☐ Important family documents, such as copies of insurance policies, identification documents, and bank account records in a waterproof container
- ☐ Emergency reference material, such as a first-aid book
- ☐ A sleeping bag or warm blanket for each person
- ☐ Complete change of clothing, including a long-sleeved shirt, long pants and sturdy shoes
- ☐ Fire extinguisher
- ☐ Matches in a waterproof container
- ☐ Personal hygiene and/or feminine supplies
- ☐ Mess kits, paper cups, plates, paper towels and plastic utensils
- ☐ Paper and pencils
- ☐ Books, games, puzzles or other activities for children (and adults!)
- ☐ Household chlorine bleach and medicine dropper—When diluted, nine parts water to one part bleach, bleach can be used as a disinfectant. Or in an emergency, you can use it to treat water by using 16 drops of regular household liquid bleach per gallon of water. Do not use scented, color safe or bleaches with added cleaners.

Did the power go out?

Check to see if lights are out in neighboring homes.

If yes, then report the outage by calling **1-888-456-SMUD** (7683), or by going to **smud.org/outages** and clicking "Report an Outage."

To see current power outages, go to **<http://www.smud.org/en/outages/>**

While waiting for power to be restored, switch off all electrical appliances and lights – except for one light that SMUD crews can see from the street. That will tell them when things are back to normal, and help prevent a power surge when the neighborhood is back on-line.

Do you see a downed power line?

If you see downed power lines or hear crackling wires, stay away! Immediately call **911** or SMUD's toll-free outage line at **1-888-456-SMUD** (7683). Keep others away, and avoid contact with anything that may be touching fallen wires.

Visit
smud.org/outages
anytime for storm
preparation and
safety tips.



A MESSAGE FROM THE SACRAMENTO POLICE DEPARTMENT

Hello Elmhurst Neighbors!

As a Community Service Officer, Neighborhood Watch Coordinator, my primary message to groups such as yours and to trainings that I present, is that every citizen needs to be involved in crime prevention. I teach the ways that we can all become involved. One of my favorite trainings, "Crime Prevention through Environmental Design" (CPTED) applies to all of us because it gives us concrete ways to control our property in a way that will make us less likely to be victims of crime.



CPTED is the proper design and effective use of the built environment that can lead to a reduction in the fear and incidence of crime and an improvement in the quality of life. The goal of CPTED is to reduce opportunities for crime that may be inherent in the design or structures or in the design of neighborhoods.

There are four principles in CPTED. The following are brief descriptions of each:

Natural access control means controlling access to a site. People are physically guided through a space by the strategic design of streets, sidewalks, building entrances, and landscaping.

- Ensuring that entrances are visible, well lit, and overlooked by windows
- Clearly defining entryways and by controlling other points of access to a site
- Highlighting the main entrance
- Clearly marking public walkways and paths
- Having a comprehensive way finding system

Landscaping should not disrupt natural surveillance (or mechanical surveillance or lighting)

- When choosing landscaping, check: plant species, size, opacity
- Maintenance is essential
- 2'-6' rule (Shrubs should be no higher than 2' and all trees should be trimmed up 6' so that you are always able to view your yard and in and out your windows.

Natural Surveillance is supported by the placement of physical features, activities, and people in a way that maximizes visibility to the property and street.

- Designing landscapes that allow clear, unobstructed views of surrounding areas
- Improving visibility with lighting or transparent building materials
- Avoiding lighting that creates glare or shadows
- Avoiding the creating of entrapment areas.

Territorial reinforcement is meant to increase feelings of territorial behavior and a sense of ownership by normal users.

Territorial Reinforcement is the use of physical attributes that express ownership, such as fencing, pavement treatments, signage, and landscaping.

Maintenance allows for the continued use of a space for its intended purpose. Maintenance serves as an additional expression of ownership and prevents the reduction of visibility from landscaping overgrowth and obstructed or inoperative lighting.

I am available to present this training, so please call me to schedule at (916) 808-0813.

Barbara Falcon

Sacramento City School Board— Area Two Highlights

*By Ellen Cochrane, School Board Trustee (Area 2),
Sacramento City Unified School District*

The New Year holds much promise for Sac City, as well as many challenges. It seems that better economic times will offer a boost to the district's finances. However, the responsibilities of the district are complex and urgent and will require every new penny gained from taxes and a careful spending of resources. I consider votes on the budget to be one of the most important parts of my job.

When you contact elected officials you should hear back from them, promptly. The feeling that you're yelling down a well is thoroughly unacceptable. One simple first year goal was to respond quickly to every constituent contact, via email, letter, phone or in person. So it goes for 2016, if you need anything SCUSD related—call me at (916) 457-2725.

At the beginning of last year retired teachers faced a crisis with health care when changes were abruptly made without a board vote. Under board direction the district has returned retirees' health benefits as they were at the beginning 2015. Our retired teachers are secure.

Teachers will enter into contract negotiations this year. I support a fair raise in teachers' salaries and retention of solid health care benefits. While this raise may seem extraordinary, it will bring SCUSD teachers into parity with surrounding districts, which pay significantly higher salaries. Last year we started the school year with more than 80 unfilled credentialed positions. We cannot attract and retain new teachers unless we can compete with other districts. This spring I will participate in university visits (with district personnel) to promote the job openings in SCUSD. If you know of anyone who is interested in a teaching career, let me know!

Summer school of yore is no more, and most activity and elective courses are gone. Even credit recovery is not always available; however, SCUSD does have a bright spot. Visions 2000 Foundation's College Prep Math & Reading Academy at Sac State is committed to addressing the critical needs and interests of students in the public school system. It is a model of summer school intervention that works with and supports SCUSD. In the dearth of summer school opportunities, it's a bright light. One of my goals this year is to begin reinstating summer school programs.



Broader district endeavors include the 5 Year Strategic Plan, Local Control Spending, Restorative Justice, and contract negotiations. If you have any specific questions about these major issues feel free to contact me.

Area Two Highlights

Caleb Greenwood Elementary—Caleb continues to develop its International Baccalaureate (IB) program, which was authorized as a Primary Years Program in the spring of 2015. The school is part of the kindergarten-through-12th grade International Baccalaureate track for Kit Carson Middle School.

David Lubin Elementary—The students, teachers and parents are two years into developing a full STEAM program. Congratulations to the school.

Phoebe Hearst Elementary—This no-boundary school is gearing up for open enrollment. All parents have the ability to apply, but spaces are limited.

Tahoe Elementary—Tahoe neighborhood school is in the process of program reassessment. With a strong neighborhood association, new principal, dedicated staff and parents the New Year will bring many new ideas for the community to consider.

Theodore Judah Elementary—Ground will break for a new stick-built building this year. This is one of the first non-portable district additions in many years. The school boundary now includes McKinley Village. I advocated unsuccessfully for additional school crossing signage on Elvas Avenue at 40th street, but will continue to request the safety features.

Thomas Jefferson Elementary—Thanks to the efforts of the College Glen Neighborhood Association a McClaskey Adult School extension joined the campus. Several classes have already started!

Sutter Middle School—Known in the neighborhood as the 'pride of the city,' new leadership carries on the school tradition of rigorous core and GATE classes.

Kit Carson—The campus will undergo a major renovation in 2015. Now a 7-10th grade school, the application process for a full IB program is underway. In two academic years the school will be 7-12.

Hiram Johnson High School—In March the campus opened The Community Health Center, which will serve students and the neighborhood. The space includes examination rooms for wellness checkups and dental exams to be provided by WellSpace Health staff.

Old Marshall—This faded lady on 28th and G needs repurposing. I am opposed to selling the property. Eventually, we will need property for schools in midtown. In the meantime, I believe that the building should be renovated into subsidized apartments for teachers. The district faces a critical teacher shortage and this is one way to attract young teachers.

Warren McClaskey Adult Center—One of its unique school programs is a print shop. Any organization, or individual interested in services should stop on by to receive excellent product from proud student employees.



Don't Miss the Next General Meeting of the Elmhurst Neighborhood Association

Our next General Meeting will be held on Wednesday, **January 27, 2016**, at 6:30 p.m. at the Coloma Community Center. We are still working on setting the agenda, but we will have the latest news for our neighborhood!

If you are interested in getting involved with ENA, the General Meeting is a great place to meet current board members and ask about ways to help out. We hope to see you there!

JOIN THE ENA BOARD AND GET INTO THE NEIGHBORHOOD!

President: Amreet Sandhu
Vice President: Bonnie Hansen
Secretary: Open
Treasurer: Gordon Olson

Newsletter Editor:
Susan C. Carlson
Parents Group: Open
Events Coordinator: Open

Members:
Al Eno
Diana Lamotta
George Godfrey
Tom Cregger

Please consider joining the ENA Board. We would really value your input on how to keep our neighborhood great!

To contact the Board, please email us at ena_board@googlegroups.com or call **(971) 344-3868**.

To submit news or photos for the newsletter, please email elmhurstnews@gmail.com.

Or visit our Facebook page: www.facebook.com/ElmhurstSacto

ENA NEWSLETTER ADVERTISING RATES AND POLICIES

Are you or someone you know interested in advertising in the Elmhurst News? Examples could be realtors, churches, private schools, clubs, or local businesses.

Submitted ads must be ready for print in JPEG electronic format in the correct size, and/or be scalable to fit within the dimensions of the purchased ad space. Inappropriate, political and/or issue-advocating advertisements will not be accepted.

To place an ad, or for more information, please contact the Newsletter Editor at elmhurstnews@gmail.com.

Rates:

- **For a quarter-page ad** (3.25 in. x 4.25 in.): \$40/issue or \$150/year
- **For a half-page ad** (7 x 4.25 in.): \$80/issue or \$300/year
- **For a full-page ad** (7 x 9 in.): \$150/issue or \$600/year
- **Eighth-page ads** (1.5 by 4.25 in.) may be included at the discretion of the newsletter editor: \$25/issue
- **Free 1/8th page ads** may be provided, space-permitting, to Elmhurst's entrepreneurial youth, seniors, or disabled who seek to provide services specifically to other Elmhurst residents (babysitting, yard work, etc).