

THE FOLLOWING ALLERGY MEDICATIONS MUST BE STOPPED 7 FULL DAYS PRIOR TO SKIN TESTING:

Brompheniramine- (Bromfed, Dimetapp, Cold & Allergy, Robitussin Allergy & Cough)
Chlorpheniramine- -(Actifed Cold & Allergy, Chlor-Trimeton, Deconamine, Rondec, Singlet
Clemastine- (Tavist Allergy)
Dimenhydrinate-(Dramamine)
Diphenhydramine-(Benadryl Allergy, Nytol, Somnex)
Doxylamine (NyQuil, Alka-Seltzer Plus Night-Time Cold Medicine)

Oral Antihistamines:

Cetirizine- (Zyrtec, Wal-Zyr)
Desloratidine- (Clarinex)
Fexofenadine- (Allegra)
Hydroxyzine- (Atarax, Vistaril)
Levocetirizine- (Xyzal)
Loratadine-(Alavert, Claritin, Wal-Itin)

Acrivastine- (Semprex-D)
Carbinoxamine- (Palgic)
Cyproheptadine
Dexchlorpheniramine
Tripolidine - (Triphist)

Nasal Antihistamines (Nasal Sprays):

Azelastine nasal- (Astelin, Astepro)
Olopatadine nasal- (Patanase)

Ophthalmic Antihistamines (Eye Drops):

Epinastine Ophthalmic- (Elestat)
Emedastine Difumarate Ophthalmic- (Emadine)
Naphazoline Ophthalmic- (Naphcon, Naphcon A, Opcon A, Visine A)
Azelastine Ophthalmic- (Optivar)
Olopatadine Ophthalmic- (Pataday, Patanol)

DO NOT STOP TAKING THE FOLLOWING MEDICATIONS:

Nasal or inhaled corticosteroids
Albuterol (Ventolin, Proventil, Proventil-HFA, AccuNeb, Vospire, ProAir), Levalbuterol (Xopenex)
Combination asthma inhalers: Advair, Symbicort, etc.
Singulair

DO NOT DISCONTINUE ASTHMA MEDICATIONS! If you are not sure whether to discontinue a particular medicine, please contact our office to inquire.