

Community Providers – Region VI

THERAPY SERVICES (Telehealth Jamestown/Valley City Area)

Facility/Therapist	Services	Contact	Insurance
Abound Counseling/Lutheran Social Services	Individuals Families	1-800-985-7942	All Insurances & Sliding fee scale
Jamestown Counseling Center	Individuals, Couples, Families **Current Clients Only**	701-952-7400	All Insurances, except Medicare
Hart Counseling	Individuals, Families behavioral Court Ordered Evals Domestic Violence Education Group – Court Ordered Anger Management Assessments **Case by Case**	701-952-8277	All Insurances
Addiction & Counseling Services	Individuals, Families behavioral Court Ordered Evals Domestic Violence Education Group – Court Ordered Anger Management Assessments	701-252-5398	All Insurances
Jessie Fuher, MS, LPCC, LMFT	Individuals 12+ **Starting End of April**	701-252-9838	BCBS, Sanford Health Plan
Prairie Counseling	Individuals, Families, Marital	701-252-8939	Most Insurances
Sanford Health	Individuals and Testing **Current Clients Only**	701-251-6000	All Insurances
Valley Christian Counseling Center Dorothy Russell, LPC & Amy Tahrn, LPCC	Christian Counseling Ages 2+, TF-CBT	701-232-6224	Most Insurances and Private Pay
Sisson Counseling Services	Individuals 12+, Life Transitions, Depression/Anxiety, High Performers/People Pleasers	701-595-5789	BCBS, Sanford, MA
St. Thomas Counseling Center	ADHD, Guardianship, and Cognitive testing. Individuals, Addiction	701-952-7555	BCBS, Sanford, MA

THERAPY SERVICES (Telehealth Surrounding Areas)

Facility/Therapist	Services	Contact	Insurance
Catholic Charities	Individuals, Martial, Families	701-235-4457	Most Insurances & Sliding fee scale

	*Children Age 2+		
The Kid's Therapy Center	*Children under 6* Some providers see adults TF-CBT	701-751-0384	BCBS, Sanford, MA
Sanford Health	Diagnostics	701-845-6180	All except MA
Inspire Counseling	Individual, group, couples, Counseling 10+	701-840-1924 www.inspirecounselingnd.com	Self-pay, MA, BCBS, and Sanford Health Plan

SUBSTANCE USE TREATMENT (Telehealth)

Facility/Therapist	Service	Contact	Insurance
Addiction & Counseling Services	Individuals, Families behavioral Court Ordered Evals Domestic Violence Education Group – Court Ordered Anger Management Assessments	701-252-5398	All Insurances
St. Thomas Counseling Center	ADHD, Guardianship, and Cognitive testing. Individuals, Addiction	701-952-7555	BCBS, Sanford, MA

THERAPY SERVICES (Jamestown area)

Facility/Therapist	Services	Location	Contact	Insurance
Abound Counseling/Lutheran Social Services	Individuals Families	Jamestown - Legacy Center Valley City *Telehealth*	1-800-985-7942	All Insurances & Sliding fee scale
Addiction & Counseling Services	Individuals, Families behavioral Court Ordered Evals Domestic Violence Education Group – Court Ordered Anger Management Assessments	Jamestown	701-252-5398	All Insurances
Hart Counseling	Individuals, Family, Marital, VAPS, EAP, Anger Management	Wells, Foster, Griggs, Stutsman, Logan, LaMoure, McIntosh, Dickey	Jamestown 701-952-8277	All insurances
Jamestown Counseling Center	Individuals, Couples, Families	Jamestown	701-952-7400	All Insurances, except Medicare
Prairie Counseling	Individuals, Families, Marital	Jamestown	701-252-8939	Most Insurances
Sanford Health	Individuals and Testing	Jamestown, Carrington, and Cooperstown	701-251-6000	All insurances

Sisson Counseling Services	Individuals 12+, Life Transitions, Depression/Anxiety, High Performers/People Pleasers	Jamestown	701-595-5789	BCBS, Sanford, MA
Valley Christian Counseling Center	Christian Counseling Ages 2+, TF-CBT	Jamestown	701-232-6224	Most Insurances and Private Pay
Jessie Fuher, MS, LPCC, LMFT	Individuals 12+	Jamestown, Carrington, Valley City	701-252-9838	BCBS, Sanford Health Plan
University of Jamestown	University of Jamestown students and employees	Jamestown	701-659-0834	Certain number of sessions free for UJ students

Psychology

St. Thomas Counseling Center	ADHD, Guardianship, and Cognitive testing	Jamestown	701-952-7555	BCBS, Sanford, MA
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OTHER THERAPY SERVICES (Surrounding Area)

Facility/Therapist	Services	Location	Contact	Insurance
Advance in Recovery	Mental health and addiction services. All ages	Carrington	701-645-1032	BCBS, Sanford, Medicaid
Sheyenne Valley Counseling Center	Individuals, couples, families	Lisbon	701-683-5086	Private pay or EAP only
The Kid's Therapy Center	*Children under 6* Some providers see adults TF-CBT	Bismarck	701-751-0384	BCBS, Sanford, MA

SUBSTANCE USE TREATMENT

Facility/Counselor	Services	Location	Contact	Insurance
Addiction & Counseling	CD Evals, Family, Marital, DUI Evals Level 0.5 - Addiction Seminar Level 1 – Aftercare Level 2.1 – IOP	Jamestown	701-252-5398	BCBS, Sanford, MA Sanford-Expansion No sliding fee
Advance in Recovery Megan Busch, LPCC, LMAC	Evals Level 0.5 - Education Level 1 – Aftercare MIP Classes * Minors	Carrington	701-645-1032 advanceinrecovery@gmail.com	BCBS, Sanford, Medicaid Private Pay

Recovery Choice Counseling	Evals Level 1 – Aftercare Level 2.1 – IOP	Jamestown	701-320-7657	Cash only Evaluations
St. Thomas Counseling Center	Evals Level 1 – Aftercare Level 2.1 – IOP	Jamestown	701-952-7555	BCBS, Sanford, MA *Voucher program
Kristie Spooner, LAC	*2nd Chances, Better Choices Class (MIP Class for Minors)*	Jamestown	701-367-7532	
ND Quit Line Free tobacco cessation service 1-800-QUIT-NOW				

Medically Assisted Treatment (Methadone/Buprenorphine Treatment Locations)

Facility/Provider	Location	Contact
Heartview Foundation OTP	Bismarck	701-222-0386
Community Medical Services	Fargo	701-404-1100
Community Medical Services	Minot	701-858-1801
Central Clinic	Carrington	701-652-2651
City County Health	Valley City	701-271-3344

MEDICATION SERVICES

Facility	Location	Contact	Insurance
CHI St. Alexius – Archway Clinic	Bismarck	701-530-7300	All Insurances
Essentia Health	Jamestown	701-253-5300	All Insurance
Prairie St. Johns	Fargo	1-877-333-9565	All Insurances
Red River Behavioral Health	Grand Forks	1-866-772-2500	All Insurances
Sanford – Bismarck	Bismarck	701-234-2000	All Insurances
Sanford – Fargo	Fargo	701-234-2000	All Insurances
Sanford Clinic – Jamestown	Jamestown	701-251-6000	All Insurances
CHI St. Alexius	Carrington	701-652-2515	All Insurances

MISCELLANEOUS INFORMATION AND SERVICES – Jamestown Area

Agency	Services	Contact
Central Valley Health District	Public Health	701-252-8130 122 2 nd St. NW Jamestown
Community Action	Food basket, other services	701-252-1821, 1411 12th Ave NE, Jamestown
Freedom Resource Center	“Provide services that increase independence for people with disabilities.”	701-252-4693 300 2nd Ave NE #226, Jamestown
James River Senior Center	Meals on Wheels, Loan Closet-loan out walkers, wheel chairs, canes, toilet risers,	701-252-2882, 419 5th St NE, Jamestown

	meals at center daily outreach worker, groups, transit	
Journey Behavioral Solutions, LLC	Assist individuals with developmental disabilities Autism Services	701-320-0253, 429 2 nd St. SW Suite 205, Jamestown
Protection & Advocacy	Advocates for rights of people with disabilities	701.253.3295 Jamestown
Safe Shelter	Domestic violence assistance and Evaluations	701-251-2300
Salvation Army	Food basket, other services	701-252-0290, 320 1st Ave N, Jamestown
Buffalo Bridges Social Services	SNAPS, Medicaid, LiHEAP, Daycare, etc....	701-952-6850, 116 1st St E, Jamestown
Firm Foundations	Sober Living Environment based on 12 Steps	701-659-3207 FirmFoundationsSoberLiving@gmail.com PO Box 712 Jamestown
Great Plains Housing Authority	Dickey, Sargent, Foster, Logan, Wells, and Stutsman Counties	701.252.1098

Crisis Lines

FirstLink Dial 2-1-1 or 701-235-7335 Emotional support & referral info Suicide Lifeline: 1-800-273-TALK	Crisis Text Line “741741” Free. Anonymous. Discreet.	South Central Crisis Line 701-253-6304 24/7 crisis services
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Valley City Area

Facility/Therapist	Services	Location	Contact	Insurance
Abound Counseling/Lutheran Social Services	Individuals Families	Valley City *Telehealth*	1-800-985-7942	All Insurances & Sliding fee scale
Family Healthcare	Medical	1 day a week Valley City	701-251-3344	All Insurances, Sliding Fee
Sanford Health	Diagnostics, Telehealth	Valley City *Telehealth*	701-845-6180	All except MA
Inspire Counseling	Individual, group, couples, Counseling 10+	Valley City	701-840-1924 www.inspirecounselingnd.com	Self-pay, MA, BCBS, and Sanford Health Plan
Valley City State University	Enrolled VCSU students, staff and families of staff	Valley City	701-845-7424 www.vcsu.edu/counseling/	Free for VCSU students, staff, faculty, and families of staff and faculty

Valley Christian Counseling Center - Valley City	Ages 15+, Individuals, Couples	Valley City	701-232-6224	Most Insurances and Private Pay
Sanford Health	Diagnostics, Telehealth	Valley City, *Telehealth*	701-845-6180	All except MA
Catholic Charities	Individuals, Marital, Families *Children Age 2+	Valley City	701-235-4457	Most Insurances Sliding fee scale
Dorothy Russell, LPC & LAC	Court ordered DUI and only MIP Classes, Anger Management	Valley City	Dorothy @701-840-7266	Private Pay only
Jessie Fuher, MS, LPCC, LMFT	Individuals 12+	Valley City	701-252-9838	BCBS, Sanford Health Plan

Valley City Psychiatric Services:

Provider	Services	Location	Contact	Insurance
Becky Kuss, NP	Age 14+ Thursdays 8:30am – 4:30pm *Needs Referral*	Sanford Valley City	701-952-8277	All Insurances
Dr. Mark Tsibulsky	Age 6+ Fridays 10:00am – 12:00pm via *Telemed* Self-Referrals ok	Sanford Valley City	701-952-8277	All Insurances
Dr. Ron Burd	Age 18+ Thursday 8:30am-5:00pm via *Telemed* Self- Referrals ok	Sanford Valley City	701-952-8277	All Insurances

Valley City Medically Assisted Treatment:

City County Health Brittany Michels, PA	Wednesday 9:00 am – 4:00 pm	415 2nd Ave NE #1 Valley City, ND 58072	701-271-3344	
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