Linn-Mar Girls Wrestling Practice and Competition Calendar

■ August	August September 2023 October 1							
Sun	Mon	Tue	Wed	Thu	Fri	Sat		
					1	2		
3	4	5	6	7	8	9		
10	44 Cirl's Open Room 6:15pm	12 Open Room- 4pm	13 HoCo Parade	14 Open Room-4pm	15	16		
17	18 Girl's Open Room 6:15pm	19 Open Room- 4pm	20	24 Open Room-4pm HS Parent Conferences	22	23		
24	25 No School	26 Open Room- 4pm	27	28 Open Room 4pm	29	30		

	eptember October 2023 November ▶							
Sun	Mon	Tue	Wed	Thu	Fri	Sat		
1	Girl's Open Room 6:15pm	3 Open Room- 4pm		5 Open Room- 4pm	6	7		
8	9 Girl's Open Room 6:15pm	10 Open Room- 4pm Body Fat Testing begins	11	12 Open Room- 4pm	13	14		
15	16 Cirl's Open Room 6:15pm	17 Early Release Open Room- 2pm	18	19 Early Release Open Room- 2pm	20	21		
22		24 Open Room- 4pm	25 Girl's Parent night mtg 6:30 pm HS Lower Commons End Q1	26 No School Poster Picture 12:00-2:00 pm	27 No School	28		
29	30 1st Day of Practice -Girls 4pm-WR Room	31 4pm-Practice-WR Room						

✓ October	November 2023 December 3							
Sun	Mon	Tue	Wed	Thu	Fri	Sat		
			4 pm Practice WR Room	2 4pm Practice WR Room Parent Social - 3 rd	3 4 pm Practice-WR Room	4 8am Practice WR Room		
5	6 4pm-Practice WR Room	7 4pm Practice WR Room	8 4pm Practice WR Room	Base Brewery 9 4pm- Practice WR Room Set mats up in Aux Cym	10 4pm- Practice-WR room	44 8am Practice WR Room Pictures 10am		
12	43 4pm-Practice-Aux Gym JV@ Indee Mee bus 4:00 pmt	14 4pm- Practice-Aux Gym	45 4pm- Practice-Aux Gym	16 4pm- Practice-Aux Gym	17 4pm- Practice Aux Gym	18 Independence Invite 9:00 am		
19	20 4 pm Practice-Aux Gym	21 4pm Practice Aux Cym Mats need to be put up	Ne School 10 am Practice- WR Room BKB Practice 8:30-10am(Aux)	23 No School No Practice	24 No School 2 pm Practice WR Room Set up mats in main gym	25 LM Women's Dual Tourney 10am		
26	27 4 pm Practice-Aux Gym	28 4pm Practice Aux Cym	29 4pm Practice Aux Gym	30 Dennybreek 12pm Varsity bus 8:15am				

■ November		Dec	ember 20	023		January ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					4 Donnybrook 10am Varsity bus 6:30am JV practice 4:00-5:30 pm	2 @ Donnybrook Tableworkers
3	4 JV @ Williamsburg Invite 4:00 pm bus 1:30 pm 4 pm Varsity Practice-Aux Gym	5 4pm- Practice-Aux Cym	6 4pm- Practice-Aux Cym	vs. Waterloo West	8 4pm- Practice-Aux Gym Mats need to be put up	Williamsburg duals 10 am bus 7:30 am 10 am JV practice-WR Room-canceled Game in Aux Gym @Noon
10	11 Kennedy Invite 4 pm bus 2:45pm Game in Aux Gym @ 6pm	12 4pm- Practice-Aux Gym	4pm- Practice-Aux Gym Mats need to be put up	10am bus 6:30am	4pm- practice-Aux Gym/WR Room? Mats need to be put up	16 Prairie Tourney V/JV-10am Bus-6:15am Games in Aux Gym @ 9/10:30am
17 LMWC Developmental Tourney 10-4	18 IC liberty Invite 5:00pm Bus 2:30pm Game in Aux Gym @ 6pm	19 4pm- Practice-Aux Gym	20 4pm- Practice-Aux Gym	21 4pm- Practice-Aux Gym	22 2 Hour Early Out No Practice	23 No Practice-Gyms closed for Xmas Break
24	25 No School No Practice-Gyms closed for Xmas Break	26 No School No Practice-Gyms closed for Xmas Break	27 No School 2 pm Practice WR Room	No School 10 am Practice-	29 No School 10 am Practice- WR Room	30 10 am Practice-WR Room
31						

January 2024 February ▶							
Sun		Tue 2	Wed 3 4pm- Practice-Aux Gym	Thu 4	Fri 5 4pm- Practice-Aux Gym	Sat 6	
7 LMWC Tourney Work 8-12 OR Work 12-4	l ractice-Aux Gym	9 Finals Period 1-4 OR Block 1-2 4pm- Practice-Aux Gym	10 ½ Day Finals Periods 5-6 OR Block 3 4pm-Practice-Aux Gym		12 No School Ankeny HS Duals 4:00pm bus 1:30pm Mats need to be put up Supernova Set Up-7pm	13 No Practice Supernova	
14	15 No School 4 pm- Practice-Aux Gym	16 4pm- Practice-Aux Gym	17 4pm- Practice-Aux Gym	18 4pm- Practice-WR Room	4pm- Practice-Aux Gym Mats need to be put up & away for season	MVC @ Prairie 10am bus 7:00am	
21	22 CRANDIC JV tourney @LMHS	23 4pm- Practice-WR Room	24 4pm- Practice-WR Room		26 Regional @ Alliant Powerhouse	27	
28	29 4 pm- Practice-WR Room Game in Aux Gym @ 6pm	30 4pm- Practice-WR Room	31 4 pm- Practice-WR Room				

▼ January February 2024 March ▶								
Sun	Mon	Tue	Wed	Thu 1 State@ Xtream	Fri 2 State@ Xtream	Sat 3		
				TBD	TBD			