



FJELLHEIM 6 – 107, Sons of Norway
 1045 Ford Street
 Colorado Springs, CO 80915
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May 2012

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The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

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MEETING TIME:

Monthly business meetings held the second Wednesday of every month (except July)

7:00 PM
 Viking Hall,
 1045 Ford Street,
 Colorado Springs, CO 80915

SEND ARTICLES TO YOUR EDITOR:

Knut Lyby
 5520 Sample Way
 Colo. Spgs. CO 80919
kmlyby@q.com
 Phone: 719-536-0647

Deadline for the June 2012 issue is: Sunday, April 20
Note new date!



17th of MAY FEST 2012

SUNDAY, May 20th
12:30 to 3pm
At Fjellheim Lodge

\$5 per person, \$10 per family

Great Food: Hot Dogs, Hamburgers, and all the "trimmins"

Games/prizes for the kids

Come and Share Your 17th of May Experiences

Guests Are Invited

Reservations by May 15th.
Call Millie Sullivan, 597-0381

PRESIDENT'S MESSAGE

I'd like to start off this months President's message by recognizing Sissel Disbrow for the awesome job She did on the Frokost. This year's function was one of the most successful we have had. I also noticed many new faces helping out. This is very encouraging. We had so many members help with food prep right on through to the cleanup. All of you should feel very proud! Did you notice our guest visitors from the Denver lodges? They were very impressed.

I hope you are all coming to the May meeting. Dean Tollefson our cultural director has a very interesting program lined up. Look for more info in this Flammen.

Our 17th of May fest is going to be fun. Please spread the word. Guests are more than welcome. And bring the kids or grandkids. Again, see info in this Flammen.

The book club is taking off too! There are some very interesting Norwegian authors out there. One of Jo Nesbø's books "The Snowman" is going to be made into a feature length movie. We will read this book as our next undertaking.

Fraternaly,
 Paul Wiig,
 President, Fjellheim Lodge
 6 – 107 Sons of Norway



MAY 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Game and Card Social - 12:30 PM, Viking Hall, Ginny Johnson, 495-0253	2 Norwegian Language Class - 7:00 PM	3	4 Knut Erik Jensen Concert - 7 PM, Winter Park, Storfjell Lodge	5 Knut Erik Jensen Concert - 1 PM, Trollheim Lodge
6	7 Board Meeting - 9:30 AM, Viking Hall	8	9 Book Club - 5 PM. Lodge Meeting - 7:00 PM, Viking Hall. Visit from Finish Consul.	10	11	12 Spring Work Party - 9 AM, Viking Hall.
13	14	16	16 Norwegian Language Class - 7:00 PM	17 Ladies Luncheon - 11:30 AM, Marigold Café, June Peterson. (599-3235)	18	19 Rosemaling 9 AM to 1 PM. BJ (540-2737) or Sissel (264-0955)
20 17 Mai Fest - 12:30 - 3 PM, Viking Hall FLAMMEN DEADLINE	21	22	23 Norwegian Language Class - 7:00 PM	24	25	26 Rosemaling 9 AM to 1 PM. BJ (540-2737) or Sissel (264-0955)
27	28	29	30 Norwegian Language Class - 7:00 PM	31 Convention bag-stuffing with Lyle - 9:00 AM, Viking Hall		June 2 Breakfast Social - 9 -10:30 am, Viking Hall. Millie Sullivan (597-0381)

FROM YOUR FBC

Sometimes the hardest part about having money is taking care of it. Time matters when it comes to variables and risk with your hard earned dollars. When you are young (and usually have less money) you may be able to afford some risk. Time is on your side to weather fluctuations in the markets and economy.

As you get closer to retirement, consider shifting to safer and more conservative places for your assets. A volatile market could damage your savings just when you are ready to use your money. Once you are into retirement, you want to be sure that you don't outlive your assets and can still live comfortably.

Maybe you want to leave a legacy after you are gone as well. Sons of Norway can help find the right road for you to travel through life's financial journey. We can show you the way to find guarantees and safety with your money and help make modifications as your journey changes.

Larue Hanson, FBC
2523 Shalimar Dr.
Colorado Springs, Colo. 80915-1030
Office # 719-599-8546
Cell # 719-237-7314
Lhanson1@a.com



"DISCOVER YOUR INNER TROLL"

Don't miss out on the District Six

FOLK ART EXHIBITION AND COMPETITION

District Six Lodge Meeting & Convention
June 6-9, 2012 in Mesa, AZ

For information and entry form see
www.sofn6.com/convention/2012/index.html
or ask your lodge president

**REMEMBER THERE IS NO
NEWSLETTER IN JULY**

MAY BIRTHDAYS



- 1 Duane Bakken
- 2 Marilyn M Keck
- 5 Carroll O Sorensen
- 6 Nancy Marie Allen
- 8 Gwendolyn W Becker
- 9 Lois E Halvorson
- 16 Jack Anderson
- 20 James E Hansen
- 20 Steven Roy Hermanson
- 22 Russell M Eacker
- 24 Susan M Foust
- 25 Chris C Beahler
- 30 Dorothy L Hanson
- 30 Candance E Lesoing

HERITAGE AND YOUTH

- 9 Ethan Coltrin
- 15 Elijah Dvorak
- 17 Juliannah Gavin
- 26 Nicole Berge

GRATULERER MED DAGEN!

GAME AND CARD SOCIAL

May social will be May 1st at 12:30 PM at the Lodge. Join us for a potluck followed by cards and games. Everyone is welcome for an afternoon of good food, fellowship and fun.

Any questions call Ginny Johnson at 495-0253.



DINE OUT

There is no Dine Out in May due to the Memorial Day Holiday.

June 24th we are going to Juniper Valley Restaurant. We will leave the Albertson's parking lot (South Nevada) at 1 pm with reservation for 1:30 pm. More information will be posted in the next newsletter.



LADIES LUNCHEON

Ladies Luncheon Thursday, May 17, 11:30 am. We will meet at Marigold Café at 4605 Centennial Blvd. Call June at 599-3235 for reservations.

MAY HERITAGE MEETING

HIGH EDUCATIONAL SUCCESS: FINLAND STYLE: WED. 9 MAY, 7 PM

From the Finland Consulate in Denver, Consul Juha Makikalli will be speaking to our question of how Finland has realized such a high rate of success in child and youth education. He will discuss their established conditions resulting in this high achievement. Questions to follow.

All are welcome to join us on **Wednesday 9 May, 7 P.M.** at Viking Hall; hosted by the Sons of Norway **1045 Ford St.** (located off East Galley). Free, but reservations requested: Reception follows; cash bar.

Call Dean Tollefson at 473-1110 for reservations by May 7 please.

BOOK CLUB MEETING

The next book club meeting is on Wednesday, May 9 at 5:00pm at the lodge. All SoN members are welcome. We will review Per Petterson's *Out Stealing Horses*. We talked about it at the last meeting but fourteen members are reading the book this month. Our thanks to PPLD for supplying 13 copies of the book in a book club kit.

Next month, we will read Jo Nesbø's *The Snowman*. This book is not for the faint-hearted but it is a first class mystery.

MAY BREAKFAST SOCIAL IN JUNE

The May breakfast will be in June. We crazy Norwegians getting outside the box. The next breakfast will be at 9:00am until 10:30 on **Saturday, June 2**. A wonderful egg and sausage casserole will be served along with bacon, juice, and coffee. All for \$8.00 (\$5.00 for kids). Call Millie Sullivan at 597-0381 if you plan to attend.

VIKING SISTERS

Ladies, come and join us. The Viking Sisters are going to start meeting quarterly instead of every month. Our next meeting will be on June 7th at 1 PM at the Lodge. Hope to see you there. *Betty McIntyre*

NORWEGIAN CLASS

If anyone is interested in a beginner Norwegian class call Pat Staubo at 719 359-2570.

KEEP THE DATES - 2012

May 20:

Fjellheim 17. Mai Celebration

June 6 -9:

District 6 Convention, Mesa, AZ

June 23-24:

Scandinavian Festival, Estes Park

July 6:

Fjellheim Sky Sox Game

September 16:

Fjellheim Anniversary Celebration

October 27:

Fjellheim Viking Breakfast and Bazaar

November 10:

Fjellheim Lutefisk and Meatball Dinner

December 1:

Fjellheim Christmas Tea

December 16:

Fjellheim Julebord
Dates Subject to Change



ROSEMALING CLASSES

Rosemaling classes are scheduled as follows for May:

May 19, Saturday morning, from 9:00-1:00

May 26, Saturday morning, from 9:00-1:00

We meet at Viking Hall. If you are interested in joining us, please call Sissel at 540-2737 or BJ at 264-0955.

Thanks! Sissel and Bj



SPRING WORK PARTY

Our Spring work party is set for May 12 at 9:00 am. We would like to complete the following.

1. Pick up trash.
2. Trim trees.
3. Repair picnic table & steps.
4. Secure down spout guards.
5. Re-paint front stoop.
6. Repair mop sink leg.
7. Check all tables and chairs.
8. Check all light fixtures & time clock.
9. Check roof, roof top units & filters.
10. Clean cooler coils, beer cooler coil & freezer coil.
11. Check the black top for any bad cracks.

Sure hope we have a nice day. Thanks for the help in advance.

Swede



NEW MEMBERS

We have **211** members as of April 10, 2012.

New members include:

Owen Byram
Tristan Byram
Adelle Steinseifer
Kerstin Courter
Steven Hermanson
Karen Nielson
Cynthia Ritz
Julianne Williams

Welcome to our Lodge!

We hope to see you at many of our upcoming functions and events.

SKY SOX GAME FOR OUR MEMBERS



Get ready for the annual Sons of Norway Baseball Night at the Sky Sox stadium and watch the Sky Sox take on the Reno Aces. Enjoy a great game at an excellent location and remember there will be fireworks after the game.

The date is Friday, July 6th. Cost is members \$15 adult, \$10 child and Non-Members is \$24 adult and \$15 child. Dinner starts at 6 pm and game starts at 7:05 pm. The venue is the five-level outdoor party area, located down the first base line & directly above the Sky Sox pitchers' bullpen.

The menu is an all you can eat buffet of: BBQ pulled pork, fried chicken, hamburgers, hotdogs, baked beans, macaroni salad, potato salad, chips, cookies and Pepsi products. A full service private cash bar is provided, and private restrooms (no lines). Free parking is provided if you are paid by June 15th.

Contact Kerry Hefta at 719-266-9429 and khefta@comcast.net. Please have your payments by June 15th so I can send you your parking pass and to ensure your tickets.

My mailing address is: Kerry Hefta, 3783 Acreview Drive, Colorado Springs CO, 80918

ATTENTION ALL FJELLHEIM MEMBERS

As many of you know, Robin our club manager is leaving at the end of this month. Her husband has orders and they will be going to Omaha. We owe her a great big Thank you for Her dedication to the Lodge.

So, Lets all chip in and give Her a going-away present. You can send checks to me, Paul Wiig, 1546 East Owen Circle, CS, CO 80915. Make them out to Fjellheim Lodge, S/N. We will also be taking a free will donation at the May meeting.

Thank you!
Paul Wiig
President

FMC

The Trustees did the Lodge inventory on 3-22. A name change for signature cards was done on 3-29 at Wells Fargo.

On 3-20 Jerry Johnson, Paul Wiig, Michael Johaneson and myself met to revise the Managers Agreement. Robin knows and will train someone that may replace her.

To meet the current plumbing code we had to install new valves before and after the water meter. The pressure regulator was moved and a new backflow preventer was installed. Thanks Jerry and Chuck for coordinating this. Because of this work and some other bills \$2,000.00 was approved for transfer to FMC.

Swede

FROKOST THANKS

Mange tusen takk to all of the Frokost volunteers. We held another successful Frokost thanks to all of you. Our reservations totaled 261 and our profit was over \$3300.00!! Without the help of all of you, our Frokost would not be held. Many of you donated food and decorations, but most of all, you gave of your time. You prepared food at home and at the Lodge, you came to the Lodge two days prior to the event to offer assistance, and then stayed and cleaned up after the party!

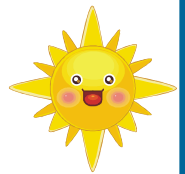
I say this to my fellow members and friends: You are the greatest!! We all do these events to preserve our heritage and culture, for the love of our Lodge, and to honor our parents and friends who came to America to start a new life. It is with great appreciation that I personally thank each and everyone of you for your Outstanding participation.

Sissel Disbrow



THE SUNNY CORNER

Happy May Day! Do you remember when we were kids and used to dance around the May pole? And the May Day baskets!!! They were small homemade baskets, frilly, colorful, and filled with candy and stuff. We would knock ever so lightly or ring the doorbell and then **run**hoping for somewhat of a head start and hoping the recipient wouldn't be fast enough to catch us. After all, what 5 year old wanted to be kissed? Ewwwwwwwwwwwwww.....



To all who have birthdays and anniversaries in May, we wish a Happy Birthday and Happy Anniversary. For all the Mom's out there, *Happy Mother's Day!* enjoy your special day. Also, we will celebrate **Syttende Mai** this month so bring your kids and grandkids to the lodge on May 20 to learn about our heritage, play games, participate in a parade, and eat!!!! See you then.

Cathy Berg-Maines has been ill and was in the hospital for a short time. She is feeling better so please keep a good thought as she continues to recover.

As for other Sunshine news, I have not heard anything so if you know of news happening in our member's lives, please let me know.

The last event in May is **Memorial Day**. It was formally known as Decoration Day and commemorates all men and women who have died in military service for the United States. Many people visit cemeteries and memorials on Memorial Day and it is traditionally seen as the start of the summer season. Blessed be our Soldiers, Sailors, Marines, and Airmen/women who have given all in the line of duty and service to our country.

Thought for the month: **May the hinges of our friendship never grow rusty.**

Regards,
Karen Ravnaas,
Sunshine Director, 390-0621

SURPRISING DISCOVERIES AT THE BIRTHPLACE OF NORWAY'S CONSTITUTION



Norway's historic manor house and site of the May 17, 1814 signing of the constitution was just recently the site of a few remarkable new discoveries.

In an effort to restore Eidsvollsbygningen and its grounds to their original appearance for bicentennial festivities in 2014, the Norwegian government is funding an extensive NOK 361 million renovation of the site. Renovations ground to a halt in February when workers uncovered a well and beautifully laid brick floor while digging in the building's cellar. Conservationists and archaeologists have dated the flooring back to 1770, when the current building was constructed on the site of home destroyed by fire. Further digging in the

cellar has also revealed an original natural stone floor, believed to belong to the previous home in 1686. Other items discovered include stone benches and shelves. "Until now, this cellar was used for storage, and this 'inner file' pops up. These discoveries offer a good picture of how life was for those working in the house during constitutional deliberations. Servants ran over these floors, in and out, with food and drink for the Eidsvoll men," said Erik Jondell, director of the organization in charge of the building.

Included in the village of Eidsvoll Verk, the area was originally part of Eidsvoll Iron Works in the early 1600s. In approximately 1770, the iron works' current owner Carsten Anker built Eidsvollsbygningen to be one of the country's most modern and luxurious private residences, modeling it after French and Danish architecture. In 1823, Eidsvollsbygningen and Eidsvoll Verk were sold at auction. Less than 15 years later, the house was declared Norway's first national monument and eventually purchased by the state in 1851.

To learn more about Eidsvollsbygningen or to tour the house virtually, visit www.eidsvoll1814.no/ A digital museum of many of the house's historical items can also be viewed at <http://digitaltmuseum.no/info/owners/EM>

The Knut Experience



Saturday
May 5, 2012
1:00 p.m.

Concert & Light Buffet

Tickets: \$14.00

RSVP by April 28

Trollheim Lodge

6610 West 14th
Lakewood, CO

performed by *Knut Erik Jensen*

To RSVP: Fill out the form below and send with a **SELF-ADDRESSED & STAMPED ENVELOPE** to Barb Hessel, 953 S. Holland Street, Lakewood, CO, 80226 or call at (303)989-4496.

RSVP by:
April 28

Make checks payable to:

Sons Of Norway

Name _____ Phone _____

Address _____

City/State/Zip _____



The Knut Experience
Saturday, May 5, 2012

Tickets @ \$14 _____ Total Enclosed \$ _____

Trollheim has the honor of hosting Knut Erik Jensen on the Denver leg of his US Tour. The Knut Experience will include classical piano, accordion and vocals.

Knut Erik, born in Norway and now living in California, broke the mold for musical diversity. Join us for a classical program with some originality.

Contact Barb Hessel for tickets.

KNUT ERIK JENSEN CONCERT – WINTER PARK

Should anyone be in the Winter Park area, Knut Erik Jensen is performing at Church of the Eternal Hills, at 7:00 on Friday evening, May 4th.

No charge, donations accepted. Storffjell #6-169 is hosting.

EDVARD MUNCH'S "THE SCREAM" TO BE AUCTIONED

One of the most recognizable works of art in the world, "The Scream," will be available at auction on May 2nd at Sotheby's. Experts anticipate that the sale of the piece could net more than \$80 million, placing the artwork among some of the most expensive ever sold.

Munch created four versions of the piece, each using different techniques. The piece to be sold, a pastel drawing on cardboard created in 1895, is the only of the four which is privately owned and the sale will mark the first time that it will go on public display in London and New York. The artwork also has a few other marked differences that distinguish it from its counterparts: it is the most colorful of the four; the only version in which one of the background figures is turned toward the cityscape; and it is the only version whose original frame was hand-painted by Munch to include his poem detailing the inspiration for the piece.

Seller--Norwegian businessman and member of the Olsen shipping family--Petter Olsen grew up with many of Munch's works in his family home in Oslo. Olsen's father, Thomas, was a friend, neighbor and patron of the artist and was able to hide his collection of Munch works in a barn during the duration of the German occupation. Thomas was also instrumental in rescuing 74 of Munch's works from probable destruction after they were removed from German museums for being declared "degenerate." Noted among those works were Munch's "The Sick Child" and "The Tree of Life."

With such a rich family history of support for Munch's work, Olsen plans to use the proceeds from the sale to create a new museum, art center and hotel on his estate in Hvitsten, Norway. Olsen also hopes to restore Munch's home and studio in the area.



SCANDINAVIAN MIDSUMMER FESTIVAL

Bond Park, Estes Park

June 23-24, 2012
9:30-5 Sat
9:30-4 Sun

The festival is less than two months away! This means we at Vesterheim Lodge are looking for volunteers. You can help out in many ways. There should be something fun for everyone to do. All volunteer time is in shifts so there will be lots of time to enjoy the festival.

The Carol and Gary Gorsuch are heading the **Lefse Demonstration** tent. Anyone who would like to help demonstrate lefse making please get in touch with them at 303-443-3380.

Ann Hinmann is in charge of our **Crafts Demonstration** tent. If you have a Scandinavian craft you would like to demonstrate or teach give her a call at 303-684-0987.

Lynne Anderson would like help in the **Silent Auction** booth. She is also accepting Scandinavian items in good condition to add to the inventory. If you can help, her number is 303-652-3263.

We need help for **Set-Up** all day on Friday June 22, and **Tear-Down** on Sunday from 4-6. This requires some strong hands and also some not-so-strong. Call Erik Peters at 720-524-6929.

If you would like to help **Laying Out the vendor booths** Friday morning give Cathy Allen a call at 303-449-9596, or Erik Peters.

Jenn Wolf from Fjelldalen is in charge of the **Entertainment and Opening Ceremonies**. She may be looking for folks to help with **Children's Activities**. If interested call her at 1-702-265-2128 or email ibuwolf@yahoo.com.

Everyone has done a terrific job in the past. Let's make this one just as good. The more volunteers we get, the easier the jobs become!

Cathy Allen



2012 OFFICERS

Board of Directors

President	Paul Wiig 596-6159 prwiig@msn.com
Vice-President	Michael Johaneson 303-663-3251 mjohaneson@gmail.com
Counselor	Björg Mapstone 264-0955
Secretary	Marilyn Keck 465-2444
Asst. Secretary	Virginia Nelson 640-9340
Treasurer	Laurance Moe 260-9490
Membership Secretary	(position open)

Program Directors

Social Coordinator	Betty McIntyre 635-5294
Cultural Coordinator	Dean Tollefson 473-1110
Host & Hostess	Dorothy Hanson 599-8546
	Ginny Johnson 495-0253
Sunshine	Karen Ravnaas 390-0621
Youth	(position open)
Sports	Kerry Hefta 266-9429
Foundation	Ruth Wiig 596-6159

Language Teacher

Pat Staubo 359-2570
patvoice@comcast.net

Support Officers

Greeters	Ken Halvorson 632-6003
	Owen Bergland 576-1396
Marshalls	Ole and Joan Bakken 632-3892
Editor	Knut Lyby 536-0647
Musician	Sonja Gund 473-9588
Publicity	Eunice Bluhm 495-2029
Historian	Virginia Nelson 640-9340
Photographer	LaRue Hanson 599-8546
Librarian	Sonja Gund 473-9588

Viking Sisters

President	Betty McIntyre 635-5294
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Fiellheim Management Corporation (FMC)

Directors	Chuck Sullivan (2012) 597-0381
	Doug Haug (2012) 632-4284
	Swede Knutson (2012) 473-3297
	Owen Bergland (2013) 576-1396
	George Gund (2014) 473-9588
	Agnes Barilovich 574-5653
Trustees	Rodger Erickson (2013) 597-2196
	Jerry Johnson (2014) 495-0253
	Terry Mapstone (2014) 264-0955

Committees/Special Activities

Auditors	Dean Tollefson 473-1110
	June Peterson 599-3235
	Millie Sullivan 597-0381
Finance Chairman	Michael Johaneson 303-663-3251
Adopt-a-School	(position open)
Tubfrim	Sara Berge 495-2134
Volunteer Hours	Cleo Allgood 598-1982
Field Representative	LaRue Hanson 599-8546

Colorado Zone 8 Director

Crystal Sundet 720-283-8592
(crystobel@hotmail.com)

District 6 President

Lyle Berge 720-470-4961
(bergenorsk@comcast.net)

ALL PHONE NUMBERS HAVE 719 PREFIX UNLESS
OTHERWISE IS NOTED

Sons of Norway
Monthly Newsletter
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Colorado Springs, CO 80915



Please cut stamp for Tubfrim

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This newsletter is generously sponsored by the following:

2523 Shalimar Dr.
Colorado Springs, CO 80915-1030



**SONS OF
NORWAY**

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Financial Benefits Counselor

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Cell: (719) 237-7314
Email: lhanson1@q.com

www.sonsofnorway.com



Patty Gooding
(719) 550-1206

2905 NORTH MURRAY, COLORADO SPRINGS, CO 80917
TUESDAY-FRIDAY 8:00-6:00 SATURDAY 7:00-2:00

YOUR AD HERE

We accept business card size ads for a minimal fee.

11 issues:
\$40 per year for members
\$80 for non-members

The money will help off-set the printing and mailing cost for the newsletter.