



Information about programs, services and physician referrals are available by calling 1-877-THR-WELL or visiting TexasHealth.org/Kaufman.

Faith-Based System

As a faith-based health care system, Texas Health Resources is committed to providing health care with respect for each person, confidence in the gifts of medicine and reliance on the healing power of faith. We are dedicated to caring for not only the physical needs of our patients, but also the emotional and spiritual needs. Texas Health Kaufman's pastoral care staff joins with patients and family members to help address concerns of the spirit, such as hope, despair, purpose, life, death, forgiveness, fear and doubt. Texas Health Kaufman has a pastor on-site each day, and has pastors available 24/7.



850 Ed Hall Drive
Kaufman, Texas 75142

972-932-7200

Doctors on the medical staff practice independently and are not employees or agents of the hospital.

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Your Community Hospital

Services Overview



Texas Health Presbyterian Hospital Kaufman is the front door to all Texas Health Resources offers.

Minutes matter. For whatever kind of care you need, let Texas Health Kaufman be your health care resource. The caregivers at your community hospital are committed to serving you with compassion and commitment. With a wide array of services available at Texas Health Kaufman, you can be treated in a convenient, close-to-home setting. If more specialized care is what's needed, Texas Health Kaufman serves as the front door to all the expertise that the Texas Health Resources system offers. Don't spend precious minutes wondering where to go. Let Texas Health Kaufman, your community hospital, be your guide.

For more information on hospital services, call 1-877-THR-WELL or visit TexasHealth.org/Kaufman.

Emergency Department

Quality emergency care is available around the clock, seven days a week at Texas Health Kaufman. Physicians on the medical staff and other clinical personnel trained in emergency care are prepared to deal with serious injuries and illnesses. Additionally, the hospital's Intensive Care Unit (ICU) provides one-on-one personalized care for each patient and offers comfort to their families. The hospital also provides access to helicopter transport for patients requiring advanced technology.

Surgery

Surgeons on the medical staff of Texas Health Kaufman perform a wide variety of surgical procedures at the hospital, including general surgery, urology surgery, breast surgery, orthopedics and emergency surgical procedures such as appendectomies. Most surgical procedures are performed using minimally invasive techniques, which may result in shorter hospital stays and reduced recovery time. Benefits of advanced surgical procedures and minimally invasive surgery include:



- Less pain
- Less blood loss
- Fewer complications
- Less scarring
- Shorter hospital stay
- Faster return to your daily activities

Diabetes Health

The Diabetes program offers self-management plans tailored to the specific needs of each person, including programs, educational classes and support groups. Each no-cost session will include self-assessment and goal-setting to determine individual needs, as well as group visits and education by a pharmacist, clinical dietitian, certified diabetes educator and a physical therapist, among others.

For more information, or to enroll in the program, call 972-932-5252.

Outpatient Services

Texas Health Kaufman is your convenient source for diagnostic testing. Whether it's for a lab test that your physician has ordered, or perhaps an X-ray, CT scan or MRI, outpatient laboratory and radiology services you may need are conveniently located at Texas Health Kaufman.

Orthopedic Care

From injury prevention to surgical procedures, orthopedic surgeons on the medical staff offer options for musculoskeletal disorders and injuries to hips, knees, ankles, shoulders and spines, including shoulder and knee arthroscopy, rotator cuff repair, total knee arthroscopy, ACL reconstruction, carpal tunnel release, joint injections, sports medicine and more. Additionally, Texas Health Kaufman offers patients recovering from orthopedic, work or sports injuries advanced pain management treatments provided by specially trained providers.

Geriatric Care

Providing a continuum of care for seniors, Texas Health Kaufman offers specialized geriatric care to patients in the Kaufman area. Patients and families benefit from education on Alzheimer's, dementia, advanced care planning, diabetes, medication management, hip and knee replacement and more. Caregivers help families to carefully align care with the needs of their geriatric family member, and help them learn how to live the healthiest quality of life possible for them and their unique condition. disease, multiple sclerosis, spinal injury, amputation or joint replacement.

Diabetes Basics

Texas Health Presbyterian Hospital Kaufman

The Diabetes Basics offers assistance in self-management to individuals with diabetes and pre-diabetes. The program will assist participants in conducting a self-assessment and support them in setting goals to meet their individual needs.

CLASS TOPICS

In the Diabetes Basics meeting will address life priority with diabetes. The program is conducted by a Certified Diabetes Educator with input from various medical professionals including a pharmacist, clinical dietician, physical therapist and others to construct classes. The session topics include:

- discussion on diabetes
- nutrition basics
- medications
- self-testing and lab results
- exercise
- avoiding complications
- healthy coping
- problem solving

COST

The Diabetes Basics Program is free.

ADDITIONAL SUPPORT

In addition to the classes, a monthly support group meets on the third Saturday of the month from 10 to 11 a.m. in Basement Conference Room A at Texas Health Kaufman.

For additional information, feel free to call Anita Hurtado at 972-932-5252.

ENROLL

You can enroll in a class by:

- Visiting <http://TexasHealth.org/Classes> or
- Calling 1-877-THR-WELL or
- Attend class

CLASSES

The Diabetes Basics Class will be offered the Third Tuesday of each month. Classes are 9:00 a.m. to 12:00 p.m. *in Basement Conference Room A at Texas Health Kaufman, 850 Ed Hall Drive, Kaufman.*

January 16	July 17
February 20	August 21
March 20	September 18
April 17	October 16
May 15	November 20
June 19	December 18

Or The Third Saturday following the Diabetes Support Group in April and September. Classes are 11:30 a.m. to 2:30 p.m.

in Conference Room A

April 21	September 15
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