

Licensed to Sarnia St. Patrick's High School

Hy-Tek's Meet Manager 15/05/2008 09:26 PM

LSSAA Track and Field Championships 2008 - 13/05/2008 to 14/05/2008

Sarnia Central Athletic Complex

Results

Women 100 Meter Dash Midget

=====				
LSSAA: ! 12.50 1994 Rachel Franz, Lambton Central				
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Breeze, Morgan		North Lambto	13.3hQ	1
2 Sokol, Jennie		St Patrick's	13.5hQ	3
3 Taylor, Tori		St Christoph	13.6hQ	2
4 Hiller, Dayna		Northern Civ	13.6hQ	3
5 Ross, Kim		St. Clair SS	13.7hQ	2
6 McLachlan-Hawryluk, Bria		Northern Civ	14.0hQ	1
7 Savoie, Nicole		North Lambto	13.9hq	2
8 McGregor, Lindsay		Lambton Cent	14.1hq	1
9 Seed, Megan		Northern Civ	14.2h	3
10 Richard, Tori		St. Clair SS	14.3h	2
11 Avery, Amelia		Lambton Cent	14.3h	1
12 Stoesser, Theresa		St Patrick's	14.4h	3
13 DeLaurier, Chelsea		Lambton Cent	14.5h	2
14 Gordon, Chantalle		Sarnia Cits	14.7h	1
15 Lovell, Haleigh		Sarnia Cits	14.7h	1
16 Hayter, Sarah		St Patrick's	15.2h	3
17 Brohart, Kaitlynn		St. Clair SS	15.6h	1
18 Sercombe, Kasey		Amss	17.1h	3
-- Houle, Elizabeth		North Lambto	DQ	2

Women 100 Meter Dash Midget

=====				
LSSAA: ! 12.50 1994 Rachel Franz, Lambton Central				
Name	Year	School	Finals	
=====				
Finals				
1 Taylor, Tori		St Christoph	13.5h	
2 Ross, Kim		St. Clair SS	13.5h	
3 Sokol, Jennie		St Patrick's	13.8h	
4 Hiller, Dayna		Northern Civ	13.8h	
5 Breeze, Morgan		North Lambto	14.0h	
6 McGregor, Lindsay		Lambton Cent	14.1h	
7 Savoie, Nicole		North Lambto	14.1h	
8 McLachlan-Hawryluk, Bria		Northern Civ	14.6h	

Women 200 Meter Dash Midget

=====				
LSSAA: ! 26.00 1998 Tara Halls, St. Clair				
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Lewis, Brittany		St. Clair SS	28.07Q	2
2 Sokol, Jennie		St Patrick's	28.60Q	3
3 Breeze, Morgan		North Lambto	28.68Q	1
4 Savoie, Nicole		North Lambto	29.11Q	3
5 Taylor, Tori		St Christoph	29.30Q	1
6 Charteris, Steph		Northern Civ	29.64Q	2
7 Seed, Megan		Northern Civ	29.55q	3
7 Richard, Tori		St. Clair SS	29.55q	1
9 Moore, Megan		St. Clair SS	29.81	3
10 McLachlan-Hawryluk, Bria		Northern Civ	30.14	2

11	McGregor, Lindsay	Lambton Cent	30.17	1
12	Gordon, Chantalle	Sarnia Cits	31.19	2
13	Avery, Amelia	Lambton Cent	31.24	2
14	McDermott, Amina	St Christoph	31.93	1
15	Stoesser, Theresa	St Patrick's	32.13	3
16	Moran, Kaylyn	St Patrick's	32.23	2
17	Sercombe, Kasey	Amss	37.66	1

Women 200 Meter Dash Midget

=====				
LSSAA: ! 26.00		1998	Tara Halls, St. Clair	
Name	Year	School	Finals	
=====				

Finals

1	Lewis, Brittany	St. Clair SS	26.99	
2	Sokol, Jennie	St Patrick's	28.81	
3	Breeze, Morgan	North Lambto	28.98	
4	Taylor, Tori	St Christoph	29.31	
5	Charteris, Steph	Northern Civ	29.78	
6	Seed, Megan	Northern Civ	29.88	
7	Richard, Tori	St. Clair SS	30.55	
7	Savoie, Nicole	North Lambto	30.55	

Women 400 Meter Dash Midget

=====				
LSSAA: ! 58.10		1998	Tara Halls, St. Clair	
Name	Year	School	Finals	H#
=====				

1	Beaten, Devan	Northern Civ	1:05.0h	3
2	Sokol, Jennie	St Patrick's	1:06.0h	3
3	Fisher, Jolene	St Patrick's	1:06.1h	3
4	Lundy, Devin	Northern Civ	1:06.1h	3
5	Charteris, Steph	Northern Civ	1:06.5h	3
6	Veens, Christina	North Lambto	1:06.8h	3
7	Moore, Megan	St. Clair SS	1:08.6h	3
8	Storr, Nikki	St. Clair SS	1:10.2h	2
9	Germain, Chantelle	Lambton Cent	1:10.8h	2
10	Cassidy, Nicole	North Lambto	1:10.9h	2
11	Dobbin, Karly	Lambton Cent	1:11.5h	2
12	Bagley, Jordan	St Patrick's	1:11.6h	2
13	Price, Paige	St. Clair SS	1:11.8h	3
14	Scherrer, Janet	Sarnia Cits	1:16.2h	2
15	Vinesky, Scotia	St-Francois Xavi	1:17.0h	1
16	Sercombe, Kasey	Amss	1:29.2h	1

Women 800 Meter Run Midget

=====				
LSSAA: ! 2:13.60		2002	Aly Kohlmeier, St. Patrick'	
Name	Year	School	Finals	H#
=====				

1	Fleischer, Katie	Northern Civ	2:24.27	2
2	Parker, Sarah	Northern Civ	2:32.01	2
3	Green, Rachel	Northern Civ	2:33.93	2
4	Nelles, Kate	Sarnia Cits	2:38.83	2
5	Van Damme, Julia	Lambton Cent	2:48.24	2
6	Cassidy, Nicole	North Lambto	2:50.88	1
7	Polakovic, Kristina	St Christoph	2:52.16	2
8	Germain, Chantelle	Lambton Cent	2:53.30	1
9	Poaps, Sarah	St. Clair SS	2:54.18	2
10	Pawson, Meaghan	St. Clair SS	2:55.45	2
11	Christner, Rachel	St Christoph	2:55.99	1
12	Jackman, Danica	Lambton Cent	2:57.00	1
13	Racher, Jenna	St. Clair SS	3:11.29	1

Women 1500 Meter Run Midget

LSSAA: ! 4:38.40 2002 Aly Kohlmeier, St. Patrick'			
Name	Year	School	Finals
1 Parker, Sarah		Northern Civ	5:25.2h
2 Arthur, Nikki		Northern Civ	5:33.6h
3 Margetts, Wendy		Northern Civ	5:41.6h
4 Van Damme, Julia		Lambton Cent	5:49.3h
5 Jenniskens, Megan		Lambton Cent	5:57.9h
6 Polakovic, Kristina		St Christoph	6:00.6h
7 Germain, Chantelle		Lambton Cent	6:02.4h
8 Selman, Nicole		St Patrick's	6:20.3h
9 Christner, Rachel		St Christoph	6:23.7h
10 Poaps, Sarah		St. Clair SS	6:30.0h
11 Racher, Jenna		St. Clair SS	6:30.4h
12 Morris, Alex		St-Francois Xavi	6:40.0h
13 Pawson, Meaghan		St. Clair SS	6:53.7h

Women 3000 Meter Run Midget

LSSAA: ! 10:15.20 1999 Nikki Reckman, Lambton Christ.			
Name	Year	School	Finals
1 Arthur, Nikki		Northern Civ	11:59.1h
2 Margetts, Wendy		Northern Civ	12:07.7h
3 Van Damme, Julia		Lambton Cent	12:32.9h
4 Blyzniuk, Anna		Northern Civ	12:39.0h
5 Jenniskens, Megan		Lambton Cent	12:41.2h
6 Selman, Nicole		St Patrick's	13:43.0h
7 Poaps, Sarah		St. Clair SS	14:11.1h

Women 80 Meter Hurdles Midget

LSSAA: ! 12.20 1989 Becky Sager, Lambton Central				
Name	Year	School	Prelims	H#
Preliminaries				
1 Dam, Vanessa		Lambton Cent	13.6hQ	2
2 Leonard, Ashlen		Northern Civ	14.8hQ	1
3 Kohn, Christine		Lambton Cent	14.9hQ	2
4 McCabe, Mykayla		Sarnia Cits	15.1hQ	1
5 Wookey, Alison		St Patrick's	15.0hQ	2
6 Storr, Nikki		St. Clair SS	15.2hQ	1
7 Savoie, Nicole		North Lambto	15.2hq	2
8 Moran, Kaylyn		St Patrick's	15.3hq	2
9 Scherrer, Janet		Sarnia Cits	17.1h	1
10 Brohart, Kaitlynn		St. Clair SS	17.2h	2
11 Lovell, Haleigh		Sarnia Cits	18.6h	1

Women 80 Meter Hurdles Midget

LSSAA: ! 12.20 1989 Becky Sager, Lambton Central			
Name	Year	School	Finals
Finals			
1 Leonard, Ashlen		Northern Civ	14.4h
2 Wookey, Alison		St Patrick's	14.6h
3 Dam, Vanessa		Lambton Cent	14.9h
4 Kohn, Christine		Lambton Cent	15.1h
5 Savoie, Nicole		North Lambto	15.1h
6 Storr, Nikki		St. Clair SS	15.4h

7 McCabe, Mykayla	Sarnia Cits	15.5h
8 Moran, Kaylyn	St Patrick's	15.7h

Women 300 Meter Hurdles Midget

=====				
LSSAA: ! 46.80 1999		Ashley Morden, Lambton Central		
Name	Year	School	Finals	H#
=====				
1 Lewis, Brittany		St. Clair SS	47.7h	2
2 Veens, Christina		North Lambto	51.2h	2
3 Leonard, Ashlen		Northern Civ	52.7h	2
4 Kohn, Christine		Lambton Cent	54.4h	2
5 Lundy, Devin		Northern Civ	54.4h	2
6 Storr, Nikki		St. Clair SS	54.5h	2
7 Stoesser, Mary		St Patrick's	55.9h	1
8 Wookey, Alison		St Patrick's	56.3h	2
9 McCabe, Mykayla		Sarnia Cits	57.7h	2
10 Scherrer, Janet		Sarnia Cits	58.2h	1
11 Bagley, Jorden		St Patrick's	58.2h	1
12 Lovell, Haleigh		Sarnia Cits	58.8h	1
13 Jackman, Danica		Lambton Cent	1:00.9h	1

Women 4x100 Meter Relay Midget

=====				
LSSAA: ! 51.90 1994		Lambton Central		
School			Finals	H#
=====				
1 St. Clair S S 'A'			53.68	2
1) Richard, Tori		2) Moore, Megan		
3) Price, Paige		4) Lewis, Brittany		
2 Northern C I & V S 'A'			54.08	2
1) Charteris, Steph		2) Hiller, Dayna		
3) McLachlan-Hawryluk, Briar		4) Seed, Megan		
3 St. Patrick's H.S 'A'			54.23	2
1) Stoesser, Mary		2) Stoesser, Theresa		
3) Fisher, Jolene		4) Sokol, Jennie		
4 St. Christopher S S 'A'			54.93	2
1) Girard, Danielle		2) Stacey, Rose		
3) Taylor, Tori		4) McDermott, Amina		
5 Northern C I & V S 'B'			55.45	2
1) Beaten, Devan		2) Lundy, Devin		
3) deMelo, Emma		4) Leonard, Ashlen		
6 Lambton Central C & V I 'A'			55.90	2
1) Avery, Amelia		2) Campbell, Amanda		
3) McGregor, Lindsay		4) Kohn, Christine		
7 Sarnia CI & TS 'A'			56.13	2
1) Gordon, Chantalle		2) Lovell, Haleigh		
3) McCabe, Mykayla		4) Nelles, Kate		
8 North Lambton S S 'A'			56.82	2
1) Breeze, Morgan		2) Cassidy, Nicole		
3) Savoie, Nicole		4) Veens, Christina		
9 Lambton Central C & V I 'B'			58.40	1
1) Germain, Chantelle		2) Dam, Vanessa		
3) Jackman, Danica		4) DeLaurier, Chelsea		
10 St. Clair S S 'B'			58.99	1
1) Storr, Nikki		2) Brohart, Kaitlynn		
3) Racher, Jenna		4) Pawson, Meaghan		
11 St. Patrick's H.S 'B'			1:00.07	1
1) Moran, Kaylyn		2) Hayter, Sarah		
3) Bagley, Jorden		4) Wookey, Alison		

Women High Jump Midget

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LSSAA: ! 1.67m 2000

Lindsey DeGroot, St. Christopher

Name	Year	School	Finals
1 Fleischer, Katie		Northern Civ	1.50m
2 Ross, Kim		St. Clair SS	1.45m
3 Dam, Vanessa		Lambton Cent	J1.45m
4 Campbell, Amanda		Lambton Cent	1.40m
5 Rideout, Shannon		Northern Civ	J1.40m
6 Blysniuk, Anna		Northern Civ	1.35m
7 Nelles, Kate		Sarnia Cits	1.30m
8 Meena, Carly		St. Clair SS	J1.30m
9 Wookey, Alison		St Patrick's	J1.30m
10 Prevost, Jenna		St Christoph	J1.30m
11 Stoesser, Theresa		St Patrick's	1.25m
-- Syer, Emily		Lambton Cent	FAIL

Women Long Jump Midget

LSSAA: ! 5.09m 2000

Sarah Nelson, Northern

Name	Year	School	Finals
1 Lewis, Brittany		St. Clair SS	4.53m
4.53m 4.41m 4.50m 4.49m		FOUL PASS	
2 Stoesser, Mary		St Patrick's	4.34m
3.94m 4.26m 3.94m 3.81m		3.96m 4.34m	
3 Campbell, Amanda		Lambton Cent	4.16m
FOUL 4.16m 4.04m 3.94m		3.91m 4.14m	
4 Pawson, Meaghan		St. Clair SS	4.13m
4.13m 3.96m 3.79m 3.91m		3.82m 3.91m	
5 Richard, Tori		St. Clair SS	4.10m
3.90m 3.85m 3.80m 3.62m		4.03m 4.10m	
6 MacRae, Michelle		Lambton Cent	4.05m
4.05m 4.03m 3.57m 3.96m		3.53m 4.02m	
7 Fisher, Jolene		St Patrick's	3.99m
3.99m 3.48m PASS 3.46m		3.64m 3.68m	
8 Kohn, Christine		Lambton Cent	3.98m
PASS 3.91m 3.98m 3.76m		3.73m 3.70m	
9 Girard, Danielle		St Christoph	3.90m
3.65m 3.70m 3.90m			
10 Rideout, Shannon		Northern Civ	3.87m
3.56m 3.55m 3.87m			
11 deMelo, Emma		Northern Civ	3.83m
3.65m 3.75m 3.83m			
12 Moran, Kaylyn		St Patrick's	3.69m
3.49m 3.61m 3.69m			
13 Laframboise, Kaitlyn		St-Francois Xavi	3.58m
3.23m 3.17m 3.58m			
14 Gordon, Chantalle		Sarnia Cits	3.56m
3.56m 3.41m 3.35m			
15 Prevost, Jenna		St Christoph	3.47m
3.29m 3.47m 3.46m			
16 McLachlan-Hawryluk, Bria		Northern Civ	3.39m
3.39m 3.16m 3.09m			
17 Houle, Elizabeth		North Lambto	2.51m
2.51m PASS PASS			

Women Triple Jump Midget

LSSAA: ! 10.82m 2000

Sarah Nelson, Northern

Name	Year	School	Finals
1 Stoesser, Mary		St Patrick's	9.99m
9.54m FOUL 9.84m 9.86m		9.99m 9.72m	

2	MacRae, Michelle	Lambton Cent	9.42m
	9.10m 8.91m 8.94m 9.36m 9.32m 9.42m		
3	Ross, Kim	St. Clair SS	J9.42m
	8.97m FOUL 8.67m 8.88m 8.70m 9.42m		
4	Fisher, Jolene	St Patrick's	9.17m
	8.93m 9.17m 8.76m FOUL 8.74m 8.73m		
5	Price, Paige	St. Clair SS	9.07m
	8.93m 8.65m 8.98m 9.07m 8.95m FOUL		
6	Rideout, Shannon	Northern Civ	8.81m
	7.62m 8.45m 8.38m 8.81m 8.62m 8.56m		
7	Campbell, Amanda	Lambton Cent	8.74m
	8.53m 8.55m 8.52m 8.67m 8.44m 8.74m		
8	McCabe, Mykayla	Sarnia Cits	8.64m
	8.36m 8.64m 8.32m 8.45m FOUL 8.32m		
9	Hiller, Dayna	Northern Civ	8.25m
	8.25m 8.19m FOUL		
10	DeLaurier, Chelsea	Lambton Cent	7.71m
	7.65m FOUL 7.71m		
11	Meena, Carly	St. Clair SS	7.69m
	FOUL FOUL 7.69m		
12	Ryan, Kendra	St Christoph	7.50m
	7.50m PASS PASS		

Women Shot Put Midget

LSSAA: ! 10.85m 1989 Emily AInsworth, SCITS						
Name	Year		School		Finals	
1 Rogers, Jillian			Sarnia Cits		8.68m	
	8.43m	8.68m	8.27m	7.90m	8.44m	8.38m
2 Dobbin, Karly			Lambton Cent		8.53m	
	8.23m	8.26m	8.18m	8.16m	8.53m	8.36m
3 Girard, Danielle			St Christoph		8.39m	
	8.05m	7.82m	8.39m	7.28m	FOUL	7.66m
4 Moore, Megan			St. Clair SS		7.82m	
	7.23m	7.16m	6.65m	7.82m	7.05m	7.16m
5 Ellenor, Jessica			St Christoph		7.31m	
	6.88m	6.55m	7.31m	FOUL	7.21m	7.27m
6 Teschke, Kylie			Sarnia Cits		6.72m	
	6.31m	6.55m	6.72m	6.47m	6.15m	6.68m
7 Avery, Amelia			Lambton Cent		6.50m	
	5.67m	5.39m	6.04m	6.50m	6.37m	5.42m
8 Belanger, Brianne			Sarnia Cits		6.48m	
	6.48m	5.92m	6.47m	6.00m	FOUL	6.15m
9 McGregor, Lindsay			Lambton Cent		5.97m	
	5.47m	5.80m	5.97m			
10 Galler, Hannah			Northern Civ		5.85m	
	FOUL	5.85m	FOUL			
11 Morrow, Sarah			Northern Civ		5.07m	
	5.07m	4.69m	4.79m			

Women Discus Throw Midget

LSSAA: ! 32.70m 1998 Danielle Sabourin, St. Christopher						
Name	Year		School		Finals	
1 Dobbin, Karly			Lambton Cent		29.46m	
	28.15m	28.75m	29.46m	27.91m	24.87m	25.40m
2 Belanger, Brianne			Sarnia Cits		26.67m	
	23.25m	26.67m	FOUL	22.89m	25.50m	26.61m
3 Ellenor, Jessica			St Christoph		24.14m	
	14.98m	FOUL	23.66m	23.47m	22.55m	24.14m
4 Dam, Vanessa			Lambton Cent		23.65m	

	20.17m	23.15m	21.56m	21.01m	23.30m	23.65m	
5	Graham, Hillary			St Patrick's			22.02m
	17.70m	21.15m	21.13m	20.15m	19.90m	22.02m	
6	Charteris, Steph			Northern Civ			21.60m
	20.43m	21.60m	20.23m	17.21m	FOUL	20.63m	
7	Girard, Danielle			St Christoph			20.48m
	18.61m	18.09m	20.48m	18.08m	19.20m	16.56m	
8	Rogers, Jillian			Sarnia Cits			20.22m
	16.82m	20.22m	17.52m	17.25m	15.70m	18.34m	
9	Teschke, Kylie			Sarnia Cits			19.73m
	17.23m	19.21m	19.73m				
10	Jutzi, Jasmine			St Patrick's			16.45m
	16.45m	15.30m	14.47m				
11	Morrow, Sarah			Northern Civ			15.18m
	15.18m	FOUL	12.97m				
12	Vanos, Justine			St Patrick's			13.26m
	FOUL	13.26m	13.23m				

Women Javelin Throw Midget

LSSAA: ! 36.08m 1998 Danielle Sabourin, St. Christopher							
Name	Year School			Finals			
1	Osborne, Jessica			St Patrick's			27.34m
	24.53m	27.34m	FOUL	FOUL	FOUL	FOUL	
2	Belanger, Brianne			Sarnia Cits			26.00m
	25.42m	26.00m	25.52m	24.06m	24.50m	24.00m	
3	Nienhuis, Jacey			St Patrick's			25.32m
	FOUL	18.36m	FOUL	21.17m	21.60m	25.32m	
4	Teschke, Kylie			Sarnia Cits			23.84m
	18.02m	23.84m	20.84m	21.99m	22.50m	FOUL	
5	Price, Paige			St. Clair SS			22.77m
	18.18m	19.40m	22.19m	21.67m	21.90m	22.77m	
6	Ellenor, Jessica			St Christoph			22.70m
	20.32m	18.90m	19.31m	19.55m	22.70m	16.86m	
7	Rogers, Jillian			Sarnia Cits			22.57m
	14.76m	17.66m	22.57m	21.12m	21.46m	20.30m	
8	Allen, Jaime			St Patrick's			20.94m
	20.94m	FOUL	17.93m	PASS	PASS	18.67m	
9	Jenniskens, Lauren			Lambton Cent			14.28m
	13.50m	12.75m	14.28m				

Women 100 Meter Dash Junior

LSSAA: ! 12.00 1978			Carolyn Ellenor, Northern		
Name	Year	School	Prelims	H#	
=====					
Preliminaries					
1	Wilson, Amy	North Lambto	13.1hQ	3	
2	Reddy, Meghan	St Christoph	13.4hQ	1	
3	Prong, Kelsey	North Lambto	13.7hQ	2	
4	Peters, Bailey	Northern Civ	13.5hQ	3	
5	Griffin, Lisa	Amss	14.0hQ	2	
6	Melon, Gracie	North Lambto	14.1hQ	1	
7	Ruzik, Chelsea	Northern Civ	14.1hq	1	
8	Lisabeth, Brianne	St. Clair SS	14.2hq	3	
9	McGuire, Miranda	Lambton Cent	14.3h	2	
10	Minten, Christine	Lambton Cent	14.4h	2	
11	Picciuca, Kristin	St Christoph	14.6h	3	
12	McPhail, Lakyn	Lambton Cent	14.6h	1	
13	Spencer, Brooke	Northern Civ	14.9h	3	
14	Keck, Kayla	Amss	14.9h	3	
15	Hill, Meghan	St. Clair SS	15.0h	2	

16 Henne, Marika	Sarnia Cits	15.0h	2
17 Elliott, Jessie	Sarnia Cits	15.4h	2
18 Lawrence, Elizabeth	St. Clair SS	15.4h	1
19 Brownlee, Jennifer	Amss	16.6h	1

Women 100 Meter Dash Junior

=====			
LSSAA: ! 12.00	1978	Carolyn Ellenor, Northern	
Name	Year	School	Finals
=====			

Finals

1 Wilson, Amy	North Lambto	13.4h	
2 Reddy, Meghan	St Christoph	13.5h	
3 Prong, Kelsey	North Lambto	13.8h	
4 Peters, Bailey	Northern Civ	13.9h	
5 Ruzik, Chelsea	Northern Civ	14.3h	
6 Griffin, Lisa	Amss	14.3h	
7 Lisabeth, Brianne	St. Clair SS	14.6h	
8 Melon, Gracie	North Lambto	14.7h	

Women 200 Meter Dash Junior

=====			
LSSAA: ! 25.40	1970	Debbie Boylan, Northern	
Name	Year	School	Prelims H#
=====			

Preliminaries

1 Veens, Sarah	North Lambto	28.6hQ	2
2 Prong, Kelsey	North Lambto	28.6hQ	1
3 Makar, Nicole	St Christoph	28.9hQ	3
4 Peters, Bailey	Northern Civ	28.7hQ	2
5 Picciuca, Kristin	St Christoph	29.4hQ	1
6 Evers, Amy	St Christoph	29.9hQ	3
7 Griffin, Lisa	Amss	30.1hq	1
8 Spencer, Brooke	Northern Civ	30.5hq	2
9 VanLeerzem, Lauren	Lambton Cent	30.5h	1
10 McPhail, Lakyn	Lambton Cent	31.3h	3
11 Henne, Marika	Sarnia Cits	31.9h	2
12 Minten, Christine	Lambton Cent	32.3h	2
13 Lawrence, Elizabeth	St. Clair SS	32.6h	3
14 Keck, Kayla	Amss	32.9h	3
15 Brownlee, Jennifer	Amss	36.2h	1

Women 200 Meter Dash Junior

=====			
LSSAA: ! 25.40	1970	Debbie Boylan, Northern	
Name	Year	School	Finals
=====			

Finals

1 Peters, Bailey	Northern Civ	28.67	
2 Prong, Kelsey	North Lambto	28.77	
3 Makar, Nicole	St Christoph	29.16	
4 Veens, Sarah	North Lambto	29.17	
5 Picciuca, Kristin	St Christoph	29.56	
6 Evers, Amy	St Christoph	30.22	
7 Spencer, Brooke	Northern Civ	30.82	

Women 400 Meter Dash Junior

=====			
LSSAA: ! 57.20	1998	Jordana Whittington, St. Christopher	
Name	Year	School	Finals H#
=====			
1 Gray, Jenn	Lambton Cent	1:02.0h	2
2 Makar, Nicole	St Christoph	1:03.3h	2

3	Veens, Sarah	North Lambto	1:03.5h	2
4	Sommer, Danica	St. Clair SS	1:04.0h	2
5	Little, TJ	North Lambto	1:06.2h	2
6	Picciuca, Kristin	St Christoph	1:06.7h	1
7	Cartier, Jessica	St Christoph	1:07.7h	2
8	VanLeerzem, Lauren	Lambton Cent	1:07.9h	2
9	Dobbin, Kelsey	Lambton Cent	1:07.9h	2
10	Goldhawk, Krysta	St Patrick's	1:08.0h	1
11	Regan, Victoria	Northern Civ	1:08.4h	1
12	Gordon, Erin	North Lambto	1:11.7h	1
13	Ruzik, Chelsea	Northern Civ	1:11.7h	1

Women 800 Meter Run Junior

=====				
LSSAA: ! 2:14.00		1998	Jordana Whittington, St. Christopher	
Name	Year	School	Finals	H#
=====				
1	Gray, Jenn	Lambton Cent	2:27.74	2
2	Cartier, Jessica	St Christoph	2:31.70	2
3	Makar, Nicole	St Christoph	2:37.54	2
4	Regan, Victoria	Northern Civ	2:38.72	2
5	Dobbin, Kelsey	Lambton Cent	2:39.07	2
6	Davies, Justine	Northern Civ	2:41.02	2
7	Watts, Jade	Northern Civ	2:41.07	2
8	Clarke, Pania	St Patrick's	2:44.80	1
9	Gordon, Erin	North Lambto	2:55.48	1
10	Moore, Larissa	Lambton Cent	2:57.95	1
11	Cosford, Emily	St Patrick's	3:04.67	1
12	Goldhawk, Krysta	St Patrick's	3:05.90	1

Women 1500 Meter Run Junior

=====				
LSSAA: ! 4:33.90		2003	Aly Kohlmeier, St. Patrick'	
Name	Year	School	Finals	
=====				
1	Gray, Jenn	Lambton Cent	5:13.5h	
2	Cartier, Jessica	St Christoph	5:21.4h	
3	Devet, Vicki	St Christoph	5:23.5h	
4	Ikert, Elise	Lambton Cent	5:25.5h	
5	Davies, Justine	Northern Civ	5:30.8h	
6	Regan, Victoria	Northern Civ	5:46.0h	
7	Clarke, Pania	St Patrick's	5:46.3h	
8	Little, TJ	North Lambto	5:46.5h	
9	Smids, Meghie	Northern Civ	5:49.5h	
10	Cosford, Emily	St Patrick's	6:21.7h	

Women 3000 Meter Run Junior

=====				
LSSAA: ! 9:49.10		2001	Amy Kohlmeier, St. Patrick's	
Name	Year	School	Finals	
=====				
1	Ikert, Elise	Lambton Cent	11:36.6h	
2	Devet, Vicki	St Christoph	11:45.1h	
3	Davies, Justine	Northern Civ	11:53.0h	
4	VanGorp, Cindy	Lambton Cent	13:02.4h	
5	Stephens, Jill	Lambton Cent	13:18.2h	

Women 80 Meter Hurdles Junior

=====				
LSSAA: ! 11.70		1990	Becky Sager, Lambton Central	
Name	Year	School	Prelims	H#
=====				

Preliminaries

1	Harding, Sarah	Northern Civ	12.2hQ	1
2	Williams, Riley	St. Clair SS	12.3hQ	2
3	Wilson, Amy	North Lambto	13.3hQ	2
4	Reddy, Meghan	St Christoph	13.7hQ	1
5	Ferguson, Charlie	Lambton Cent	13.6hQ	2
6	Evers, Amy	St Christoph	13.8hQ	1
7	Helps, Sarah	Lambton Cent	14.1hq	2
8	Ferreira, Jacquie	Northern Civ	14.1hq	2
9	Ruzik, Chelsea	Northern Civ	14.9h	1
10	McPhail, Lakyn	Lambton Cent	15.5h	1
11	Lawrence, Elizabeth	St. Clair SS	16.4h	2

Women 80 Meter Hurdles Junior

=====				
LSSAA: ! 11.70 1990 Becky Sager, Lambton Central				
Name	Year	School	Finals	
=====				

Finals

1	Williams, Riley	St. Clair SS	12.3h
2	Harding, Sarah	Northern Civ	12.5h
3	Wilson, Amy	North Lambto	13.3h
4	Ferguson, Charlie	Lambton Cent	13.5h
5	Evers, Amy	St Christoph	13.6h
6	Ferreira, Jacquie	Northern Civ	14.6h
7	Helps, Sarah	Lambton Cent	14.8h
8	Reddy, Meghan	St Christoph	15.1h

Women 300 Meter Hurdles Junior

=====				
LSSAA: ! 45.30 1990 Becky Sager, Lambton Central				
Name	Year	School	Finals	H#
=====				

1	Sommer, Danica	St. Clair SS	48.6h	2
2	Williams, Riley	St. Clair SS	50.1h	2
3	Wilson, Amy	North Lambto	50.4h	2
4	Harding, Sarah	Northern Civ	50.7h	2
5	Ferguson, Charlie	Lambton Cent	51.9h	1
6	Reddy, Meghan	St Christoph	53.7h	2
7	Graham, Jenna	Northern Civ	54.6h	1
8	Evers, Amy	St Christoph	55.2h	2
9	VanKlaveren, Rebecca	Lambton Cent	55.8h	1
10	VanPraet, Paige	Lambton Cent	1:01.3h	1

Women 4x100 Meter Relay Junior

=====				
LSSAA: ! 50.40 2002 Northern C I & V S, Northern CIV				
School			Finals	H#
=====				

1	North Lambton S S 'A'	52.94	2
	1) Melon, Gracie	2) Prong, Kelsey	
	3) Veens, Sarah	4) Wilson, Amy	
2	St. Christopher S S 'A'	54.19	2
	1) Evers, Amy	2) Makar, Nicole	
	3) Picciuca, Kristin	4) Reddy, Meghan	
3	Northern C I & V S 'A'	55.59	2
	1) Fowlie, Alyssa	2) Spencer, Brooke	
	3) Ruzik, Chelsea	4) Peters, Bailey	
4	Lambton Central C & V I 'A'	55.71	2
	1) Ferguson, Charlie	2) VanLeerzem, Lauren	
	3) McPhail, Lakyn	4) Helps, Sarah	
5	Lambton Central C & V I 'B'	56.39	2
	1) VanKlaveren, Rebecca	2) Minten, Christine	
	3) DeBoer, Mindy	4) McGuire, Miranda	

6 St. Clair S S 'A'	57.03	2
1) Williams, Riley	2) Lawrence, Elizabeth	
3) Hill, Meghan	4) Sommer, Danica	
7 St. Christopher S S 'B'	57.63	1
1) Devet, Vicki	2) McEwan, Chrissy	
3) Rogers, Jenn	4) Cartier, Jessica	
8 Northern C I & V S 'B'	58.88	1
1) Epps, Mackenzie	2) Graham, Jenna	
3) Davies, Justine	4) Dally, Laura	
-- Lambton Central C & V I 'C'	DQ	1
1) Aarssen, Danielle	2) Harris, Teresa	
3) VanPraet, Paige	4) Hart, Lauren	

Women High Jump Junior

LSSAA: ! 1.70m 1999				Shannon O'Hagan, St. Patrick's	
Name	Year	School		Finals	
1 Williams, Riley		St. Clair SS		1.50m	
2 Ferguson, Carlie		Lambton Cent		1.45m	
3 Minten, Jillian		St Christoph		1.40m	
3 Dally, Laura		Northern Civ		1.40m	
5 Clark, Lindsay		St Christoph		1.35m	
6 VanKlaveren, Rebecca		Lambton Cent		J1.35m	
-- Elliott, Jessie		Sarnia Cits		NH	
-- Harris, Teresa		Lambton Cent		NH	
-- Ferreira, Jacquie		Northern Civ		NH	
-- Duncan, Meghan		Northern Civ		NH	

Women Long Jump Junior

LSSAA: ! 5.29m 2002				Sarah Nelson, Northern CIV	
Name	Year	School		Finals	
1 Harding, Sarah		Northern Civ		4.76m	
4.36m 4.68m 4.55m 4.64m		4.76m 4.66m			
2 Clark, Lindsay		St Christoph		4.33m	
4.33m FOUL 4.03m 4.13m		3.87m 3.90m			
3 Hill, Meghan		St. Clair SS		4.29m	
4.19m 4.19m 4.13m 4.29m		4.21m			
4 DeBoer, Mindy		Lambton Cent		4.20m	
FOUL 3.93m 3.95m 3.91m		4.20m 4.16m			
5 Lisabeth, Brianne		St. Clair SS		J4.20m	
4.01m 3.91m 3.99m 4.11m		4.20m 3.93m			
6 Helps, Sarah		Lambton Cent		4.19m	
4.19m 0.39m PASS					
7 Griffin, Lisa		Amss		3.93m	
3.73m 3.93m FOUL 3.75m		PASS PASS			
8 Clatworthy, Kirsten		St Patrick's		3.91m	
FOUL 3.75m 3.91m 3.85m		FOUL 3.80m			
9 Elliott, Jessie		Sarnia Cits		3.78m	
3.49m 3.78m 3.76m					
10 Henne, Marika		Sarnia Cits		3.75m	
3.48m 3.75m 3.66m					
11 Fowlie, Alyssa		Northern Civ		3.67m	
3.48m 3.59m 3.67m					
12 Aarssen, Danielle		Lambton Cent		3.40m	
FOUL 3.40m FOUL					
13 DeKort, Charlsey		Sarnia Cits		2.85m	
2.85m 2.77m 2.74m					

Women Triple Jump Junior

LSSAA: ! 11.28m 2002				Sarah Nelson, Northern CIV		
Name	Year			School	Finals	
=====						
1 Sommer, Danica				St. Clair SS		10.11m
FOUL 10.11m	9.91m	PASS	PASS	PASS	PASS	
2 Prong, Kelsey				North Lambto		9.38m
FOUL 9.37m	8.59m	9.35m	9.24m	9.38m		
3 DeBoer, Mindy				Lambton Cent		9.23m
9.15m	8.74m	8.84m	9.23m	8.89m	FOUL	
4 Helps, Sarah				Lambton Cent		9.16m
FOUL 8.77m	8.89m	8.89m	8.76m	9.16m		
5 Graham, Jenna				Northern Civ		8.97m
FOUL 8.80m	8.75m	8.76m	8.72m	8.97m		
6 Lisabeth, Brianne				St. Clair SS		8.84m
FOUL 8.55m	8.84m	8.81m	8.77m	FOUL		
7 Dally, Laura				Northern Civ		8.76m
FOUL 8.76m	8.48m	FOUL	FOUL	8.70m		
8 Clatworthy, Kirsten				St Patrick's		8.74m
FOUL FOUL	8.74m	FOUL	8.33m	8.61m		
9 Hill, Meghan				St. Clair SS		8.64m
8.50m	8.58m	8.64m				
10 Harris, Teresa				Lambton Cent		8.45m
8.45m	FOUL	8.17m				
11 Fowlie, Alyssa				Northern Civ		7.65m
FOUL 7.63m	7.65m					
12 DeVost, Jessica				St Patrick's		7.59m
FOUL FOUL	7.59m					

Women Shot Put Junior

LSSAA: ! 11.91m 2001				Ashley Camden, St. Patrick's			
Name	Year			School	Finals		
1 Athanasopoulos, Sia				St Christoph	9.93m		
9.76m	9.07m	9.56m	9.67m	9.89m	9.93m		
2 Service, Ciji				St Patrick's	9.48m		
8.83m	8.77m	9.01m	9.48m	FOUL	9.18m		
3 Miller, Jessika				Northern Civ	9.21m		
9.21m	8.69m	8.87m	FOUL	8.81m	8.95m		
4 Luker, Carrissa				Lambton Cent	8.59m		
8.59m	8.44m	7.99m	8.43m	FOUL	8.51m		
5 Cooke, Jessica				St Patrick's	8.43m		
7.98m	8.34m	8.38m	8.34m	8.43m	8.17m		
6 Ross, Taylor				Northern Civ	8.27m		
8.27m	7.83m	7.26m	FOUL	8.01m	7.73m		
7 Colbran, Kiersten				Northern Civ	7.66m		
7.66m	7.32m	FOUL	7.08m	7.33m	7.41m		
8 Bucci, Erica				St Christoph	7.52m		
6.85m	7.21m	7.52m	7.16m	6.77m	6.72m		
9 McGuire, Miranda				Lambton Cent	7.16m		
7.16m	6.78m	7.05m					
10 Clark, Kaitlyn				St Patrick's	6.88m		
6.75m	6.88m	6.69m					
11 Hart, Lauren				Lambton Cent	5.53m		
5.53m	4.53m	5.17m					
12 Karuhanga, Angela				St Christoph	5.49m		
5.49m	4.75m	5.29m					

Women Discus Throw Junior

=====					
LSSAA: ! 36.03m 2000			Danielle Sabourin, St. Christopher		
Name	Year	School	Finals		

1	Luker, Carrissa	Lambton Cent	30.64m
	20.27m 27.16m 24.46m 30.55m 30.64m FOUL		
2	Service, Ciji	St Patrick's	30.23m
	FOUL 20.09m 29.04m 29.87m 30.23m 26.88m		
3	Miller, Jessika	Northern Civ	24.92m
	24.92m 22.97m 23.77m 23.28m 21.73m FOUL		
4	Clatworthy, Kirsten	St Patrick's	24.43m
	FOUL 18.60m 24.43m 20.84m 21.43m FOUL		
5	Colbran, Kiersten	Northern Civ	22.71m
	22.06m 17.24m FOUL 22.71m 21.50m 21.65m		
6	Epps, Mackenzie	Northern Civ	21.76m
	FOUL 20.37m 18.72m 21.71m 21.76m FOUL		
7	Henry, Kelsey	St Christoph	21.70m
	21.70m 17.55m FOUL 18.82m FOUL FOUL		
8	McGuire, Miranda	Lambton Cent	21.66m
	14.32m 21.25m 21.45m 21.66m FOUL FOUL		
9	Clark, Kaitlyn	St Patrick's	18.48m
	12.38m 16.46m 18.48m FOUL FOUL FOUL		
10	Carrothers, Amanda	St Christoph	17.47m
	14.76m 17.47m 13.15m		
11	Courchesne, Katie	Lambton Cent	16.68m
	15.10m 16.68m 15.74m		
12	Simon, Rachael	Sarnia Cits	16.45m
	14.35m 16.45m 13.94m		
13	DeKort, Charlsey	Sarnia Cits	15.86m
	FOUL 14.93m 15.86m		
14	McEwan, Chrissy	St Christoph	13.22m
	13.22m FOUL 12.97m		

Women Javelin Throw Junior

LSSAA: ! 39.26m 1977 Sandra O'Connor, SCITS						
Name	Year	School	Finals			
1 Henry, Kelsey		St Christoph	33.65m			
	27.94m 32.02m 30.00m FOUL 29.08m 33.65m					
2 Graham, Jenna		Northern Civ	32.88m			
	FOUL 28.03m FOUL 26.31m 26.66m 32.88m					
3 Colbran, Kiersten		Northern Civ	30.64m			
	30.64m 26.33m 27.87m 29.25m 29.47m 29.76m					
4 Cooke, Jessica		St Patrick's	28.33m			
	28.33m 25.20m FOUL FOUL FOUL FOUL					
5 Athanasopoulos, Sia		St Christoph	24.70m			
	19.77m 17.69m 24.70m 23.71m 24.43m 24.59m					
6 Miller, Jessika		Northern Civ	21.32m			
	20.66m 19.61m 21.24m 21.10m 21.32m FOUL					
7 Luker, Carrissa		Lambton Cent	20.14m			
	20.14m FOUL FOUL FOUL FOUL					
8 Minten, Christine		Lambton Cent	20.07m			
	17.41m 18.93m 20.07m 17.55m 16.86m 17.00m					
9 DeKort, Charlsey		Sarnia Cits	17.98m			
	16.13m 17.45m 17.98m					
10 Helps, Kristina		Lambton Cent	13.93m			
	11.32m 12.89m 13.93m					
11 Hattatt, Brittany		Amss	11.95m			
	FOUL 11.95m 10.96m					
-- Petronski, Tess		St Christoph	FOUL			
	FOUL FOUL FOUL					
-- Goldhawk, Krysta		St Patrick's	FOUL			
	FOUL FOUL FOUL					

Women 100 Meter Dash Senior

LSSAA: ! 12.20 2003
LSSAA: ! 12.30 1986

Sarah Nelson, Northern CIV
Sue McPhail, St. Clair

Name	Year	School	Prelims	H#
Preliminaries				
1 Hislop, Dana		Northern Civ	13.2hQ	1
2 Brown, Charlene		Lambton Cent	13.6hQ	2
4 Straatman, Alyssa		Lambton Cent	13.3hQ	1
5 VanKlaveren, Rachel		Lambton Cent	J13.6hQ	2
5 Payne, Adrienne		Sarnia Cits	13.6hQ	2
6 Moran, Shauna		St Patrick's	14.3hQ	1
7 Harding, Paige		Northern Civ	13.7hq	2
8 Spinozzi, Jenn		St Christoph	13.8hq	2
9 Sokol, Julie		St Patrick's	13.9h	2
10 VandenEnden, Krystyn		St Patrick's	14.5h	2
11 Bradd, Alayna		St Christoph	14.6h	1
12 Flater, Candace		North Lambto	15.2h	1
13 Smythe, Ashley		Amss	16.1h	1

Women 100 Meter Dash Senior

LSSAA: ! 12.20 2003
LSSAA: ! 12.30 1986

Sarah Nelson, Northern CIV
Sue McPhail, St. Clair

Name	Year	School	Finals
Finals			
1 Hislop, Dana		Northern Civ	13.4h
2 Brown, Charlene		Lambton Cent	13.6h
3 VanKlaveren, Rachel		Lambton Cent	13.6h
4 Straatman, Alyssa		Lambton Cent	13.7h
5 Payne, Adrienne		Sarnia Cits	13.7h
6 Harding, Paige		Northern Civ	13.9h
7 Moran, Shauna		St Patrick's	14.1h
8 Spinozzi, Jenn		St Christoph	14.3h

Women 200 Meter Dash Senior

LSSAA: ! 25.90 2006

Sarah Taylor, St Christoph

Name	Year	School	Prelims	H#
Preliminaries				
1 Pickering, Marianne		St Christoph	27.66Q	2
2 Brown, Charlene		Lambton Cent	28.70Q	1
3 VanVeller, Amy		Northern Civ	29.14Q	1
4 Harding, Paige		Northern Civ	29.43Q	2
5 Sokol, Julie		St Patrick's	29.29Q	1
6 Hogan, Kelly		St Patrick's	29.87Q	2
7 Spinozzi, Jenn		St Christoph	29.77q	1
8 Moran, Shauna		St Patrick's	30.71q	1
9 Armstrong, Becky		Lambton Cent	31.23	2
10 Bradd, Alayna		St Christoph	31.67	1
11 Flater, Candace		North Lambto	33.09	2

Women 200 Meter Dash Senior

LSSAA: ! 25.90 2006

Sarah Taylor, St Christoph

Name	Year	School	Finals
Finals			
1 Pickering, Marianne		St Christoph	27.87
2 Brown, Charlene		Lambton Cent	28.57
3 VanVeller, Amy		Northern Civ	29.16
4 Sokol, Julie		St Patrick's	29.42

5	Spinozzi, Jenn	St Christoph	29.46
6	Harding, Paige	Northern Civ	29.61
7	Hogan, Kelly	St Patrick's	29.82
8	Moran, Shauna	St Patrick's	30.54

Women 400 Meter Dash Senior

=====				
LSSAA: ! 57.90		1997	Erin Brand, Lambton Central	
Name	Year	School	Finals	H#
=====				
1	Pickering, Marianne	St Christoph	59.7h	2
2	Hislop, Dana	Northern Civ	1:01.6h	2
3	Vanos, Danielle	North Lambto	1:04.0h	2
4	Dilling, Samantha	Sarnia Cits	1:06.4h	2
5	Sokol, Julie	St Patrick's	1:06.8h	2
6	Andrew, Heather	Lambton Cent	1:06.8h	2
7	VandenEnden, Krystyn	St Patrick's	1:08.5h	1
8	Hoffnagles, Courtney	Lambton Cent	1:10.6h	1
9	Hogan, Kelly	St Patrick's	1:12.5h	1
10	Burchmore, Jacqueline	Northern Civ	1:12.5h	2
11	Reidy, Samantha	St Christoph	1:24.4h	1

Women 800 Meter Run Senior

=====				
LSSAA: ! 2:11.10		1997	Erin Brand, Lambton Central	
Name	Year	School	Finals	H#
=====				
1	Cadwallader, Haley	Sarnia Cits	2:19.57	2
2	Pickering, Marianne	St Christoph	2:26.78	2
3	M'Larkey, Erin	Northern Civ	2:32.08	2
4	Gordon, Jennifer	North Lambto	2:40.57	1
5	Lundy, Courtney	St. Clair SS	2:41.30	2
6	Dilling, Samantha	Sarnia Cits	2:42.36	2
7	VandenCorput, Virgie	Lambton Cent	2:42.64	2
8	Burchmore, Jacqueline	Northern Civ	2:47.83	1
9	Wilson, Katelyn	North Lambto	2:54.33	1
10	Smith, Shawna	Lambton Cent	3:04.77	2
11	McGregor, Alexa	Lambton Cent	3:05.19	1
12	Lammers, Deanna	St Christoph	3:23.46	1
13	Reidy, Samantha	St Christoph	3:26.07	1

Women 1500 Meter Run Senior

=====				
LSSAA: ! 4:36.30		2000	Hilary Edmondson, St. Christopher	
Name	Year	School	Finals	
=====				
1	Cadwallader, Haley	Sarnia Cits	4:50.1h	
2	Christie, Val	Lambton Cent	5:05.0h	
3	M'Larkey, Erin	Northern Civ	5:06.0h	
4	Korosec, Rachel	St Christoph	5:31.0h	
5	VandenCorput, Virgie	Lambton Cent	5:41.0h	
6	Gordon, Jennifer	North Lambto	5:42.2h	
7	Dilling, Samantha	Sarnia Cits	5:46.2h	
8	Wilson, Katelyn	North Lambto	6:04.0h	
9	Burchmore, Jacqueline	Northern Civ	6:14.0h	
10	Lammers, Deanna	St Christoph	6:52.0h	

Women 3000 Meter Run Senior

=====				
LSSAA: ! 9:53.10		2000	Hilary Edmondson, St. Christopher	
Name	Year	School	Finals	
=====				
1	Christie, Val	Lambton Cent	10:44.1h	

2 M'Larkey, Erin	Northern Civ	11:14.0h
3 Lundy, Courtney	St. Clair SS	11:55.2h
4 Korosec, Rachel	St Christoph	12:07.4h
5 Smith, Shawna	Lambton Cent	13:07.8h
6 McMurphy, Jillian	Lambton Cent	14:54.0h

Women 100 Meter Hurdles Senior

=====				
LSSAA: ! 14.90 2007 Adrienne Payne, Sarnia CITS				
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Payne, Adrienne		Sarnia Cits	16.8hQ	2
2 Vanos, Danielle		North Lambto	17.5hQ	1
3 VanVeller, Amy		Northern Civ	17.4hQ	2
4 Harding, Paige		Northern Civ	18.4hQ	1
5 Andrew, Heather		Lambton Cent	17.9hQ	2
6 Thomson, Krystal		Lambton Cent	18.6hQ	1
7 Moran, Shauna		St Patrick's	19.4hq	2
8 Wright, Callie		Northern Civ	20.1hq	2
9 Lebert, Laura		Lambton Cent	25.1h	1

Women 100 Meter Hurdles Senior

=====				
LSSAA: ! 14.90 2007 Adrienne Payne, Sarnia CITS				
Name	Year	School	Finals	
=====				
Finals				
1 Payne, Adrienne		Sarnia Cits	16.6h	
2 VanVeller, Amy		Northern Civ	17.7h	
3 Vanos, Danielle		North Lambto	17.7h	
4 Harding, Paige		Northern Civ	18.2h	
5 Andrew, Heather		Lambton Cent	J18.2h	
6 Moran, Shauna		St Patrick's	19.2h	
7 Thomson, Krystal		Lambton Cent	19.8h	
8 Wright, Callie		Northern Civ	20.4h	

Women 400 Meter Hurdles Senior

=====				
LSSAA: ! 1:05.20 1992 Carrie Thompson, Lambton Central				
Name	Year	School	Finals	
=====				
1 Hislop, Dana		Northern Civ	1:07.60	
2 Vanos, Danielle		North Lambto	1:10.35	
3 Barnes, Alicia		Lambton Cent	1:16.66	
4 Andrew, Heather		Lambton Cent	1:18.25	
5 Lebert, Laura		Lambton Cent	1:46.78	

Women 1500 Meter Steeplechase Senior

=====				
LSSAA: ! 5:08.90 2005 Claire Percival, Northern				
Name	Year	School	Finals	
=====				
1 Cadwallader, Haley		Sarnia Cits	5:09.7h	
2 Fleischer, Katie		Northern Civ	5:10.7h	
3 Nelles, Kate		Sarnia Cits	5:38.8h	
4 Lundy, Courtney		St. Clair SS	5:39.0h	
5 Christie, Val		Lambton Cent	5:40.9h	
6 Korosec, Rachel		St Christoph	5:58.4h	
7 Barnes, Alicia		Lambton Cent	5:58.7h	
8 Parker, Sarah		Northern Civ	6:06.5h	
9 Crate, Ashley		Northern Civ	6:38.6h	
10 Wilson, Katelyn		North Lambto	7:10.2h	

Women 4x100 Meter Relay Senior

LSSAA: ! 50.40 2005		St. Clair S S, St. Clair SS	
School		Finals	H#
1 Northern C I & V S 'A'		52.17	2
1) Harding, Paige	2) Hislop, Dana		
3) VanVeller, Amy	4) Harding, Sarah		
2 Lambton Central C & V I 'A'		53.45	2
1) Lebert, Laura	2) Andrew, Heather		
3) Straatman, Alyssa	4) VanKlaveren, Rachel		
3 St. Patrick's H.S 'A'		53.55	2
1) Hogan, Kelly	2) VandenEnden, Krystyn		
3) Sokol, Julie	4) Moran, Shauna		
4 St. Christopher S S 'A'		54.62	2
1) Bradd, Alayna	2) McEwan, Kelsie		
3) Pickering, Marianne	4) Spinozzi, Jenn		
5 Northern C I & V S 'B'		56.82	1
1) Arnold, Amber	2) Stewart, Kenya		
3) Burchmore, Jacqueline	4) M'Larkey, Erin		
6 St. Christopher S S 'B'		58.63	1
1) Riddoch, Heather	2) Thompson, Amanda		
3) Walker, Shelby	4) Petronski, Tess		
7 Lambton Central C & V I 'C'		59.30	1
1) Bain, Jessica	2) Gladu, Gillian		
3) McFarlane, Candice	4) Walsh, Dana		
-- Lambton Central C & V I 'B'		DQ	2
1) Brown, Charlene	2) Thomson, Krystal		
3) Armstrong, Becky	4) Hoffnagles, Courtney		

Women 4x400 Meter Relay Senior

LSSAA: ! 4:01.00 1999		St. Christopher	
School		Finals	H#
1 St. Christopher S S 'A'		4:19.6h	2
1) Pickering, Marianne	2) Cartier, Jessica		
3) Makar, Nicole	4) Devet, Vicki		
2 Northern C I & V S 'A'		4:20.1h	2
1) Beaten, Devan	2) Hislop, Dana		
3) Fleischer, Katie	4) Lundy, Devin		
3 St. Clair S S 'A'		4:22.7h	2
1) Lewis, Brittany	2) Williams, Riley		
3) Moore, Megan	4) Sommer, Danica		
4 Lambton Central C & V I 'A'		4:26.4h	2
1) VanKlaveren, Rachel	2) Lebert, Laura		
3) Dobbin, Kelsey	4) Gray, Jenn		
5 North Lambton S S 'A'		4:28.8h	2
1) Vanos, Danielle	2) Veens, Christina		
3) Veens, Sarah	4) Wilson, Amy		
6 Northern C I & V S 'B'		4:32.6h	2
1) Charteris, Steph	2) Harding, Paige		
3) Harding, Sarah	4) M'Larkey, Erin		
7 St. Patrick's H.S 'A'		4:43.5h	2
1) Sokol, Julie	2) Sokol, Jennie		
3) VandenEnden, Krystyn	4) Fisher, Jolene		
8 Lambton Central C & V I 'B'		4:47.0h	1
1) VanLeerzem, Lauren	2) Kohn, Christine		
3) Hoffnagles, Courtney	4) Andrew, Heather		
9 St. Patrick's H.S 'B'		4:49.2h	1
1) Hogan, Kelly	2) Stoesser, Mary		
3) Wookey, Alison	4) Goldhawk, Krysta		

10	St. Christopher S S 'B'	4:52.4h	2
	1) Evers, Amy	2) Picciuca, Kristin	
	3) Reddy, Meghan	4) Korosec, Rachel	
11	St. Clair S S 'B'	4:58.2h	1
	1) Pawson, Meaghan	2) Price, Paige	
	3) Storr, Nikki	4) Racher, Jenna	

Women High Jump Senior

LSSAA: ! 1.73m 2001				Shannon O'Hagan, St. Patrick's	
Name	Year	School		Finals	
1 Gladu, Gillian		Lambton Cent		1.45m	
2 Thompson, Amanda		St Christoph		J1.45m	
3 LeBlanc, Rachel		St Christoph		1.40m	
4 Racher, Rachel		Lambton Cent		J1.40m	
5 VanKlaveren, Rachel		Lambton Cent		1.35m	
6 Stewart, Kenya		Northern Civ		J1.35m	

Women Long Jump Senior

LSSAA: ! 5.48m 2003				Sarah Nelson, Northern CIV	
Name	Year	School		Finals	
1 Riddoch, Heather		St Christoph		4.70m	
4.00m 4.28m 4.33m 4.45m 4.70m 4.42m					
2 Straatman, Alyssa		Lambton Cent		4.60m	
4.01m FOUL 4.60m PASS 4.14m 4.54m					
3 VanVeller, Amy		Northern Civ		4.44m	
4.44m 4.42m FOUL 4.26m 4.27m					
4 Arnold, Amber		Northern Civ		4.28m	
4.28m 4.20m FOUL 4.28m 4.15m 4.22m					
5 Armstrong, Becky		Lambton Cent		J4.28m	
4.14m 4.28m 4.27m 4.05m 3.97m 4.02m					
6 Payne, Adrienne		Sarnia Cits		4.25m	
3.90m 4.25m 4.17m 4.16m PASS PASS					
7 McEwan, Kelsie		St Christoph		4.23m	
4.17m 4.23m PASS PASS 4.10m 4.14m					
8 VandenEnden, Krystyn		St Patrick's		4.11m	
4.11m 4.04m FOUL 3.86m FOUL 3.07m					
9 Sanders, Kaitlyn		Lambton Cent		4.10m	
FOUL 4.10m 3.89m					
10 Walker, Shelby		St Christoph		4.04m	
3.84m 3.30m 4.04m					
11 Conroy, Sarah		St Patrick's		3.97m	
FOUL FOUL 3.97m					
12 Cobb, Rebecca		St Patrick's		3.94m	
3.91m 3.94m 3.82m					

Women Triple Jump Senior

LSSAA: ! 11.27m 2003				Sarah Nelson, Northern CIV	
Name	Year	School		Finals	
1 Straatman, Alyssa		Lambton Cent		9.53m	
9.49m 9.53m 9.38m 9.45m 8.91m 9.41m					
2 Conroy, Sarah		St Patrick's		J9.53m	
FOUL 9.20m 9.39m 8.99m 9.39m 9.53m					
3 Walker, Shelby		St Christoph		9.52m	
FOUL 9.19m 9.52m 8.21m 9.18m 9.48m					
4 Riddoch, Heather		St Christoph		9.49m	
9.38m 8.94m 9.04m 9.26m 9.49m 9.41m					
5 Cobb, Rebecca		St Patrick's		9.45m	

	FOUL	9.45m	FOUL	9.17m	9.28m	9.11m	
6	Arnold, Amber				Northern Civ		9.29m
	9.25m	9.27m	FOUL	9.29m	9.28m	9.21m	
7	McEwan, Kelsie				St Christoph		9.21m
	FOUL	FOUL	8.76m	FOUL	9.21m	9.16m	
8	Armstrong, Becky				Lambton Cent		8.12m
	7.71m	8.12m	7.65m	7.85m	8.02m	8.02m	
9	Thomson, Krystal				Lambton Cent		7.25m
	7.25m	PASS	PASS				
10	Stewart, Kenya				Northern Civ		6.81m
	FOUL	FOUL	6.81m				

Women Shot Put Senior

LSSAA: ! 12.48m 1985				Bonnie Brooks, SCITS			
Name	Year			School	Finals		
1 Sanders, Kaitlyn				Lambton Cent	12.08m		
10.66m	11.44m	11.23m	11.21m	12.08m	FOUL		
2 Mullen, Maggie				St Patrick's	11.78m		
11.76m	FOUL	11.78m	11.54m	FOUL	FOUL		
3 McPhail, Lacey				Lambton Cent	10.32m		
9.90m	10.03m	9.73m	10.32m	9.62m	10.13m		
4 McArdle, Aliah				St Christoph	9.17m		
9.17m	8.98m	8.30m	9.08m	9.08m	9.17m		
5 Carlton, Benett				Sarnia Cits	8.48m		
8.47m	8.41m	8.48m	8.47m	8.40m	8.30m		
6 Brown, Charlene				Lambton Cent	8.47m		
8.36m	8.25m	8.47m	8.38m	8.44m	7.59m		
7 Sayers, Chelsea				Sarnia Cits	8.31m		
7.89m	8.31m	8.03m	FOUL	8.09m	FOUL		
8 Rondinelli, Melissa				St Christoph	8.21m		
7.68m	8.21m	8.14m	7.93m	7.72m	8.10m		
9 Athanasopoulos, Katerina				St Christoph	7.10m		
6.99m	7.10m	6.60m					

Women Discus Throw Senior

=====							
LSSAA: ! 34.50m 1986				Shannon Robertson, SCITS			
Name		Year		School		Finals	
=====							
1	McPhail, Lacey			Lambton Cent			34.49m
	31.99m	33.66m	32.85m	32.46m	31.45m	34.49m	
2	Mullen, Maggie			St Patrick's			34.15m
	31.14m	33.83m	34.15m	FOUL	FOUL	FOUL	
3	Sanders, Kaitlyn			Lambton Cent			31.19m
	31.19m	FOUL	27.64m	29.10m	29.53m	26.80m	
4	Ladanchuk, Vanessa			St Christoph			24.87m
	22.35m	24.40m	22.30m	24.81m	FOUL	24.87m	
5	Jusi, Ren			St Patrick's			24.86m
	20.39m	19.92m	21.36m	21.35m	24.86m	24.59m	
6	Carlton, Benett			Sarnia Cits			22.74m
	17.84m	22.74m	18.97m	21.85m	21.65m	20.54m	
7	McGregor, Alexa			Lambton Cent			21.24m
	19.76m	19.70m	20.68m	FOUL	21.24m	19.64m	
8	Sayers, Chelsea			Sarnia Cits			20.25m
	FOUL	15.14m	20.25m	18.95m	19.00m	FOUL	
9	Bremner, Alyssa			Northern Civ			20.20m
	18.72m	19.92m	20.20m				
10	Flater, Candace			North Lambto			16.65m
	FOUL	14.82m	16.65m				
--	Holmes, Tiffany			Sarnia Cits			FOUL
	FOUL	FOUL	FOUL				

Women Javelin Throw Senior

LSSAA: ! 42.70m 1985 Bonnie Brooks, SCITS						
Name	Year		School		Finals	
1 Mullen, Maggie			St Patrick's		46.15m!	
	42.87m	41.47m	46.15m	43.84m	FOUL	44.95m
2 Humphreys, Conchita			St Patrick's		34.08m	
	34.01m	FOUL	FOUL	33.53m	31.57m	34.08m
3 Bradd, Alayna			St Christoph		27.77m	
	PASS	PASS	PASS	24.13m	24.43m	27.77m
4 Sayers, Chelsea			Sarnia Cits		27.56m	
	FOUL	24.97m	27.56m	25.71m	FOUL	FOUL
5 Jusi, Ren			St Patrick's		22.66m	
	FOUL	20.86m	19.32m	22.01m	22.66m	19.15m
6 Ladanchuk, Vanessa			St Christoph		22.35m	
	FOUL	22.18m	22.35m	FOUL	21.90m	FOUL
7 Smythe, Ashley			Amss		17.38m	
	PASS	PASS	PASS	17.38m	13.15m	16.18m
8 McMurphy, Jillian			Lambton Cent		16.42m	
	FOUL	14.27m	16.42m	FOUL	FOUL	13.30m
9 Walsh, Dana			Lambton Cent		12.71m	
	FOUL	FOUL	12.71m	FOUL	FOUL	FOUL

Women 100 Meter Dash Ambulatory

LSSAA: ! 14.90 2006 Joanna Edwards, AMSS						
Name	Year		School		Finals	
1 Edwards, Joanna			Amss		14.6h!	
2 Meyers, Samantha			Amss		17.1h	
3 Patrick, Jennifer			Amss		17.7h	
4 Dubuque, Danielle			Amss		19.8h	

Men 100 Meter Dash Midget

LSSAA: ! 11.30 1993 Steve Maheu, St. Patrick's						
Name	Year	School	Prelims	H#		
Preliminaries						
1 Young, Ryan		Northern Civ	11.9hQ	2		
2 Sullivan, Collin		St Patrick's	12.3hQ	1		
3 Acton, Joel		St Patrick's	12.5hQ	2		
4 DiPaulo, Dom		St Patrick's	12.6hQ	1		
5 Beer, Alec		Lambton Cent	12.6hQ	2		
6 Boersma, Cole		Northern Civ	12.9hQ	1		
7 Aitken, Chris		Lambton Cent	13.0hq	1		
8 Butler, Branden		Lambton Cent	13.10q	2		
9 Schallhorn, Steve		Northern Civ	13.2h	1		
10 Chrapko, John		St Christoph	13.2h	2		
11 Fulkerson, Jace		St. Clair SS	13.3h	2		
12 Cassidy, Aaron		North Lambto	13.4h	1		
13 Okutinyang, Annikan		St Christoph	13.8h	1		
14 Dew, Kaelin		North Lambto	14.2h	2		

Men 100 Meter Dash Midget

LSSAA: ! 11.30 1993				Steve Maheu, St. Patrick's			
Name		Year		School		Finals	
Finals							
1 Young, Ryan				Northern Civ		11.9h	

2	Sullivan, Collin	St Patrick's	12.1h
3	DiPaulo, Dom	St Patrick's	12.4h
4	Beer, Alec	Lambton Cent	12.4h
5	Aitken, Chris	Lambton Cent	12.7h
6	Acton, Joel	St Patrick's	12.7h
7	Butler, Branden	Lambton Cent	12.9h
8	Boersma, Cole	Northern Civ	13.0h

Men 200 Meter Dash Midget

LSSAA: ! 23.30 1986				Wendell Dennis, Northern	
Name	Year	School	Prelims	H#	
Preliminaries					
1	Annett, Tyler	Northern Civ	23.8hQ	2	
2	Young, Ryan	Northern Civ	24.3hQ	3	
3	Schallhorn, Steve	Northern Civ	25.6hQ	1	
4	DiPaulo, Dom	St Patrick's	25.1hQ	3	
5	Chrapko, John	St Christoph	26.3hQ	2	
6	Van Reenan, Ian	St. Clair SS	26.6hQ	1	
7	Cassidy, Aaron	North Lambto	25.7hq	3	
8	Villaneuva, Marcelo	St Christoph	26.2hq	3	
9	Beer, Alec	Lambton Cent	26.2h	3	
10	Aitken, Chris	Lambton Cent	26.7h	2	
11	Butler, Branden	Lambton Cent	26.7h	2	
12	Ferrera, Matt	St Patrick's	26.7h	2	
13	Fulkerson, Jace	St. Clair SS	26.9h	1	
14	Krasinkiewicz, Jeremy	St Christoph	27.1h	1	
15	Dugas, Jordan	St Patrick's	27.6h	1	
16	Dew, Kaelin	North Lambto	27.9h	1	

Men 200 Meter Dash Midget

LSSAA: ! 23.30 1986				Wendell Dennis, Northern	
Name	Year	School	Finals		
Finals					
1	Young, Ryan	Northern Civ	24.77		
2	DiPaulo, Dom	St Patrick's	25.56		
3	Schallhorn, Steve	Northern Civ	26.14		
4	Cassidy, Aaron	North Lambto	26.15		
5	Van Reenan, Ian	St. Clair SS	26.84		
6	Villaneuva, Marcelo	St Christoph	27.13		
7	Chrapko, John	St Christoph	27.14		

Men 400 Meter Dash Midget

LSSAA: ! 52.80 2006				Michael Lever, Northern CIV	
Name	Year	School	Finals	H#	
1	Annett, Tyler	Northern Civ	54.2h	2	
2	Huzevka, Brandon	Northern Civ	55.4h	2	
3	Heisler, Jordan	Lambton Cent	58.8h	2	
4	Cassidy, Aaron	North Lambto	59.9h	2	
5	Schallhorn, Steve	Northern Civ	1:00.9h	2	
6	Villaneuva, Marcelo	St Christoph	1:02.5h	2	
7	DiPaulo, Dom	St Patrick's	1:02.8h	2	
8	Blair, Carson	St Patrick's	1:04.5h	2	
9	Smith, Connor	St. Clair SS	1:04.7h	1	
10	Dugas, Jordan	St Patrick's	1:04.9h	1	
11	Dew, Kaelin	North Lambto	1:05.3h	1	
12	Greenwood, Ryan	St Christoph	1:06.00	1	
13	Carter, Conor	St Christoph	1:37.3h	1	

Men 800 Meter Run Midget

=====				
LSSAA: ! 2:03.90		2006	Michael Lever, Northern CIV	
Name	Year	School	Finals	H#
=====				
1 Huzevka, Brandon		Northern Civ	2:07.91	2
2 Hall, Matt		St Christoph	2:14.95	2
3 Villaneuva, Marcelo		St Christoph	2:16.48	1
4 Sokol, Ben		Northern Civ	2:19.47	2
5 Parker, Sean		North Lambto	2:20.66	2
6 Leckie, Spencer		St. Clair SS	2:20.96	2
7 Holley, Mike		St Christoph	2:21.25	1
8 Gordon, Michael		North Lambto	2:21.79	2
9 Saunders, Troy		Northern Civ	2:22.34	2
10 Paisley, Michael		Lambton Cent	2:23.17	1
11 Lush, Kurtis		St Patrick's	2:23.74	1
12 Smith, Connor		St. Clair SS	2:24.20	2
13 Krall, Spencer		Lambton Cent	2:27.66	1
14 Blair, Carson		St Patrick's	2:32.14	1
15 Costain, Dan		St Patrick's	2:36.77	1

Men 1500 Meter Run Midget

=====				
LSSAA: ! 4:22.10		2001	Russell Christie, Lambton Central	
Name	Year	School	Finals	
=====				
1 Huzevka, Brandon		Northern Civ	4:35.3h	
2 Hall, Matt		St Christoph	4:35.9h	
3 Holley, Mike		St Christoph	4:48.9h	
4 Gordon, Michael		North Lambto	4:49.8h	
5 Leckie, Spencer		St. Clair SS	4:51.4h	
6 Schaefer, Benji		Northern Civ	4:51.7h	
7 Saul, Kelly		Northern Civ	4:55.8h	
8 Lush, Kurtis		St Patrick's	5:05.6h	
9 Parker, Sean		North Lambto	5:07.0h	
10 Seotomans, Dylan		North Lambto	5:12.3h	
11 Krall, Spencer		Lambton Cent	5:12.7h	
12 Moran, Eric		St Patrick's	5:15.5h	
13 Hinchcliffe, Derek		Lambton Cent	5:15.7h	
14 Blais, Austin		St Patrick's	5:46.8h	
15 Wong, Matt		St Christoph	6:14.0h	

Men 3000 Meter Run Midget

=====				
LSSAA: ! 9:38.50		1986	Brian Burdett, Sarnia Central	
Name	Year	School	Finals	
=====				
1 Hall, Matt		St Christoph	10:19.2h	
2 Holley, Mike		St Christoph	10:21.8h	
3 Schaefer, Benji		Northern Civ	10:29.5h	
4 Saul, Kelly		Northern Civ	10:32.2h	
5 Doughty, Mitch		Northern Civ	10:43.4h	
6 Leckie, Spencer		St. Clair SS	10:53.8h	
7 Lush, Kurtis		St Patrick's	10:56.5h	
8 Seotomans, Dylan		North Lambto	11:30.2h	
9 Vankampen, Christian		St Christoph	11:47.2h	
10 Blais, Austin		St Patrick's	11:48.6h	

Men 100 Meter Hurdles Midget

=====				
LSSAA: ! 14.30		1993	Cam Thompson, Lambton Central	
Name	Year	School	Prelims	H#

=====

Preliminaries

1	Ravenhorst, Jon	Northern Civ	15.5hQ	2
2	Van Reenan, Ian	St. Clair SS	16.2hQ	1
3	Paisley, Michael	Lambton Cent	16.4hQ	2
4	Dalton, Devonte	Northern Civ	16.4hQ	1
5	Service, Julian	St Patrick's	16.9hQ	1
6	Ferguson, Jesse	Lambton Cent	18.6hQ	2
7	Tower, Philip	St. Clair SS	18.0hq	1
8	Greenwood, Ryan	St Christoph	19.0hq	2
9	VanVeller, Joel	Northern Civ	19.5h	1

Men 100 Meter Hurdles Midget

=====

LSSAA: ! 14.30 1993 Cam Thompson, Lambton Central

Name	Year	School	Finals
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=====

Finals

1	Ravenhorst, Jon	Northern Civ	15.6h
2	Paisley, Michael	Lambton Cent	15.9h
3	Van Reenan, Ian	St. Clair SS	16.1h
4	Dalton, Devonte	Northern Civ	16.2h
5	Tower, Philip	St. Clair SS	17.8h
6	Service, Julian	St Patrick's	18.6h
7	Greenwood, Ryan	St Christoph	19.3h
8	Ferguson, Jesse	Lambton Cent	19.3h

Men 300 Meter Hurdles Midget

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LSSAA: ! 42.70 1993 Cam Thompson, Lambton Central

Name	Year	School	Finals	H#
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=====

1	Dalton, Devonte	Northern Civ	46.83	2
2	Van Reenan, Ian	St. Clair SS	47.46	2
3	Glowa, Matt	St Patrick's	47.56	2
4	Service, Julian	St Patrick's	48.73	2
5	Costain, Dan	St Patrick's	49.88	2
6	Greenwood, Ryan	St Christoph	49.96	1
7	VanVeller, Joel	Northern Civ	50.56	1
8	Hinchcliffe, Derek	Lambton Cent	51.27	1
9	Ferguson, Jesse	Lambton Cent	52.20	2
10	Krall, Spencer	Lambton Cent	53.32	2

Men 4x100 Meter Relay Midget

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LSSAA: ! 46.60 1986 St. Patrick's

School	Finals	H#
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=====

1	Northern C I & V S 'A'	48.56	2
	1) Boersma, Cole	2) Young, Ryan	
	3) Schallhorn, Steve	4) Annett, Tyler	
2	St. Patrick's H.S 'A'	48.86	2
	1) Acton, Joel	2) Glowa, Matt	
	3) DiPaulo, Dom	4) Sullivan, Collin	
3	Lambton Central C & V I 'A'	49.38	2
	1) Beer, Alec	2) Heisler, Jordan	
	3) Aitken, Chris	4) Butler, Branden	
4	Northern C I & V S 'B'	49.68	2
	1) Elviage, Brent	2) Withers, Tyler	
	3) Ravenhorst, Jon	4) Dalton, Devonte	
5	St. Clair S S 'A'	51.49	1
	1) Tower, Philip	2) Smith, Connor	
	3) Leckie, Spencer	4) Van Reenan, Ian	

6 St. Patrick's H.S 'B'	51.61	2
1) Dugas, Jordan	2) Blair, Carson	
3) Service, Julian	4) Ferrera, Matt	
7 Lambton Central C & V I 'B'	53.50	1
1) Arseneault, Adam	2) Paisley, Michael	
3) Krall, Spencer	4) Warwick, Carter	
8 St. Patrick's H.S 'C'	57.05	1
1) Lush, Kurtis	2) Costain, Dan	
3) Harding, Jesse	4) Moran, Eric	
-- St. Christopher S S 'A'	DQ	2
1) Chrapko, John	2) Krasinkiewicz, Jeremy	
3) Moxley, Thomas	4) Villaneuva, Marcelo	

Men High Jump Midget

LSSAA: ! 1.86m 1996				Martin Kihle, St. Patrick's	
Name	Year	School		Finals	
1 Ravenhorst, Jon		Northern Civ		1.72m	
2 Dalton, Devonte		Northern Civ		1.65m	
3 Sullivan, Collin		St Patrick's		1.60m	
4 Moxley, Thomas		St Christoph		1.55m	
5 Heisler, Jordan		Lambton Cent		J1.55m	
6 Jasmin, Sam		Northern Civ		1.50m	
7 Oliver, Nic		Lambton Cent		J1.50m	
8 Pumpfrey, Kenny		Lambton Cent		1.45m	
8 Service, Julian		St Patrick's		1.45m	
8 Straatman, Brandon		St Christoph		1.45m	
11 Harding, Jesse		St Patrick's		1.40m	

Men Long Jump Midget

LSSAA: ! 6.13m 1983				Bill Robb, St. Patrick's	
Name	Year	School		Finals	
1 Withers, Tyler		Northern Civ		5.13m	
4.63m 4.71m 4.74m 4.52m 4.78m 5.13m					
2 Acton, Joel		St Patrick's		5.12m	
4.95m 4.82m 5.12m PASS 4.93m 5.07m					
3 Ferrera, Matt		St Patrick's		4.97m	
4.44m 4.56m FOUL 4.75m 4.89m 4.97m					
4 Tower, Philip		St. Clair SS		4.88m	
4.50m 4.59m 4.55m 4.50m PASS 4.88m					
5 Thompson, Brett		St Christoph		4.86m	
4.30m 4.86m 4.82m 4.66m 4.85m 4.78m					
6 Young, Ryan		Northern Civ		4.77m	
4.74m PASS PASS 4.63m 4.77m 4.63m					
7 Fulkerson, Jace		St. Clair SS		4.53m	
4.53m FOUL PASS 4.52m 0.44m FOUL					
8 Jasmin, Sam		Northern Civ		4.43m	
4.36m 4.31m 4.43m 4.29m FOUL 4.42m					
9 Moxley, Thomas		St Christoph		4.32m	
4.21m 4.20m 4.32m					

Men Triple Jump Midget

LSSAA: ! 12.78m 1997				Leron Mitchell, Northern	
Name	Year	School		Finals	
1 Annett, Tyler		Northern Civ		11.16m	
FOUL 11.16m PASS PASS PASS PASS					
2 Withers, Tyler		Northern Civ		11.07m	
11.07m 10.58m 10.59m 10.44m 10.56m PASS					

3	Parker, Sean				North Lambto	10.88m
	10.54m	10.88m	10.53m	10.56m	10.20m	10.14m
4	Tower, Philip				St. Clair SS	10.83m
	9.80m	10.21m	10.21m	10.83m	10.14m	9.89m
5	Oh, Harry				St Patrick's	10.69m
	10.02m	10.69m	10.52m	10.48m	FOUL	10.27m
6	Glowa, Matt				St Patrick's	10.37m
	10.22m	9.76m	10.05m	10.37m	9.99m	FOUL
7	Mills, Casey				Lambton Cent	10.05m
	FOUL	9.54m	10.05m	FOUL	FOUL	PASS
8	Oliver, Nic				Lambton Cent	9.79m
	9.79m	9.60m	9.51m	9.39m	9.43m	PASS

Men Shot Put Midget

=====						
LSSAA: ! 16.60m 1982			Dave Crombeen, St. Patrick's			
Name			Year	School		Finals
=====						
1	Thompson, Brett			St Christoph		13.76m
	FOUL	13.76m	FOUL	12.73m	12.72m 12.94m	
2	Boersma, Cole			Northern Civ		12.40m
	12.25m	FOUL	11.88m	12.33m	11.32m 12.40m	
3	Butler, Branden			Lambton Cent		11.27m
	9.50m	11.27m	10.92m	11.04m	10.59m 10.55m	
4	Nahmabin, Troy			Sarnia Cits		11.14m
	10.92m	11.05m	11.14m	10.73m	10.86m 11.00m	
5	Heisler, Jordan			Lambton Cent		10.41m
	9.82m	FOUL	9.79m	10.41m	10.17m 9.70m	
6	Oh, Harry			St Patrick's		9.86m
	9.77m	9.79m	9.86m	8.98m	9.29m 9.65m	
7	Hughes, Sam			St. Clair SS		9.60m
	9.48m	9.60m	9.34m	FOUL	9.26m 9.48m	
8	Szewczak, Chris			St Christoph		9.33m
	FOUL	9.33m	9.28m	9.26m	9.08m 8.95m	
9	Ross, Cody			St. Clair SS		9.26m
	7.91m	8.80m	9.26m			
10	Sokol, Ben			Northern Civ		8.90m
	8.59m	8.90m	FOUL			
11	Lumley, Dan			St. Clair SS		8.89m
	8.89m	8.32m	FOUL			
12	Pumpfrey, Kenny			Lambton Cent		8.59m
	8.59m	8.21m	8.50m			
13	Scimmi, Nate			St Patrick's		8.09m
	8.09m	8.06m	7.95m			
=====						

Men Discus Throw Midget

=====						
LSSAA: ! 47.16m 1997				Justin Farina, St. Christopher		
Name			Year	School	Finals	
=====						
1	Thompson, Brett			St Christoph		38.27m
	34.27m	30.90m	29.69m	35.67m	32.42m	38.27m
2	Nahmabin, Troy			Sarnia Cits		34.97m
	26.41m	34.97m	FOUL	FOUL	FOUL	33.40m
3	Stymest, Justin			Northern Civ		34.18m
	32.18m	32.70m	FOUL	31.20m	32.46m	34.18m
4	Hughes, Sam			St. Clair SS		31.46m
	30.00m	31.46m	29.65m	30.63m	29.10m	30.90m
5	Lumley, Dan			St. Clair SS		29.95m
	29.80m	29.95m	FOUL	26.06m	28.80m	28.94m
6	Moxley, Thomas			St Christoph		29.73m
	29.73m	28.93m	25.11m	28.05m	25.60m	FOUL
7	Babcock, Scott			Lambton Cent		29.32m

	26.95m	24.76m	29.24m	24.68m	25.98m	29.32m	
8 Boersma, Cole				Northern Civ			27.80m
	FOUL	26.26m	27.80m	26.01m	FOUL	FOUL	
9 Oh, Harry				St Patrick's			27.66m
	27.66m	25.79m	27.66m				
10 Ross, Cody				St. Clair SS			27.50m
	27.50m	23.30m	24.98m				
11 Bennett, Chris				Northern Civ			26.52m
	26.14m	FOUL	26.52m				
12 Hinchcliffe, Derek				Lambton Cent			26.51m
	26.41m	26.51m	23.63m				
13 Nicol, Kyle				Lambton Cent			25.44m
	25.19m	25.44m	24.46m				
14 Flamminio, Thomas				St Christoph			25.37m
	24.17m	25.37m	22.95m				
15 Moran, Eric				St Patrick's			23.42m
	23.42m	FOUL	FOUL				
16 Bendall, Ian				St Patrick's			17.71m
	FOUL	17.71m	FOUL				

Men Javelin Throw Midget

LSSAA: ! 61.16m 1982				Dave Crombeen, St. Patrick's			
Name				Year	School	Finals	
=====							
1	Withers, Tyler				Northern Civ		44.50m
	FOUL	38.59m	41.56m	37.39m	41.40m	44.50m	
2	Acton, Joel				St Patrick's		43.21m
	FOUL	FOUL	36.49m	43.21m	40.40m	38.70m	
3	Harding, Jesse				St Patrick's		41.43m
	32.62m	35.36m	FOUL	41.43m	FOUL	FOUL	
4	Ravenhorst, Jon				Northern Civ		39.66m
	36.72m	36.79m	33.68m	FOUL	39.66m	39.08m	
5	Sullivan, Collin				St Patrick's		38.03m
	FOUL	36.94m	37.22m	FOUL	FOUL	38.03m	
6	Paisley, Michael				Lambton Cent		35.11m
	FOUL	35.11m	33.04m	FOUL	FOUL	FOUL	
7	Jasmin, Sam				Northern Civ		33.85m
	FOUL	33.72m	28.66m	33.85m	31.80m	32.22m	
8	Gordon, Michael				North Lambto		30.79m
	25.65m	29.10m	30.79m	FOUL	FOUL	FOUL	
9	Babcock, Scott				Lambton Cent		28.80m
	23.88m	28.80m	28.61m				
10	Ferguson, Matt				Lambton Cent		27.90m
	27.90m	FOUL	FOUL				
11	Szewczak, Chris				St Christoph		25.77m
	25.77m	FOUL	24.57m				
--	Straatman, Brandon				St Christoph		FOUL
	FOUL	FOUL	FOUL				

Men 100 Meter Dash Junior

LSSAA: ! 10.80 1990			Shane Hussey, Lambton Central		
Name	Year	School	Prelims	H#	
=====					
Preliminaries					
1 Rate, Mitch		Lambton Cent	12.0hQ	1	
2 Strybos, Steven		St Christoph	12.0hQ	2	
3 MacSorley, Duncan		Lambton Cent	12.0hQ	1	
4 McPhail, Cody		Lambton Cent	12.3hQ	2	
5 Wattie, Graeme		Northern Civ	12.1hQ	1	
6 Golub, Devin		St Christoph	12.3hQ	2	
7 Garrett, Luke		St Christoph	12.2hq	1	

8	Jean, Stephane	Northern Civ	12.5hq	1
9	Helps, Mike	Sarnia Cits	12.6h	2
10	Lajoie, Adam	St-Francois Xavi	12.8h	2
11	Huebl, Ryan	Northern Civ	12.8h	2
12	Stewart, Sean	North Lambto	12.9h	2
13	Pelligrini, Dave	St Patrick's	13.5h	1

Men 100 Meter Dash Junior

=====				
LSSAA: ! 10.80	1990	Shane Hussey, Lambton Central		
Name	Year	School	Finals	
=====				

Finals

1	Strybos, Steven	St Christoph	11.7h	
2	McPhail, Cody	Lambton Cent	11.9h	
3	Golub, Devin	St Christoph	11.9h	
4	Wattie, Graeme	Northern Civ	11.9h	
5	Rate, Mitch	Lambton Cent	12.1h	
6	MacSorley, Duncan	Lambton Cent	12.2h	
7	Garrett, Luke	St Christoph	12.5h	
8	Jean, Stephane	Northern Civ	12.6h	

Men 200 Meter Dash Junior

=====				
LSSAA: ! 22.10	1996	Brian Dicker, St. Patrick's		
Name	Year	School	Prelims	H#
=====				

Preliminaries

1	Strybos, Steven	St Christoph	24.0hQ	2
2	McPhail, Cody	Lambton Cent	24.4hQ	1
3	Golub, Devin	St Christoph	24.5hQ	1
4	Lue, Greg	St Christoph	24.8hQ	2
5	MacSorley, Duncan	Lambton Cent	25.0hQ	1
6	Rate, Mitch	Lambton Cent	25.2hQ	2
7	Stewart, Sean	North Lambto	25.3hq	2
8	Huebl, Ryan	Northern Civ	26.5hq	1
9	Helps, Mike	Sarnia Cits	26.7h	2
10	VanReenan, Zach	Northern Civ	27.6h	1
11	Pelligrini, Dave	St Patrick's	29.3h	2

Men 200 Meter Dash Junior

=====				
LSSAA: ! 22.10	1996	Brian Dicker, St. Patrick's		
Name	Year	School	Finals	
=====				

Finals

1	Strybos, Steven	St Christoph	24.06	
2	McPhail, Cody	Lambton Cent	24.66	
3	Golub, Devin	St Christoph	24.73	
4	Lue, Greg	St Christoph	25.33	
5	Rate, Mitch	Lambton Cent	25.53	
6	MacSorley, Duncan	Lambton Cent	25.57	
7	Stewart, Sean	North Lambto	25.77	
8	Huebl, Ryan	Northern Civ	26.58	

Men 400 Meter Dash Junior

=====				
LSSAA: ! 49.80	1990	Dave Pettit, Lambton Central		
Name	Year	School	Finals	H#
=====				

1	Nelson, Mike	St Christoph	54.2h	2
2	Sawatzky, Adam	Northern Civ	54.6h	2
3	McDonald, Eric	St Christoph	55.2h	2

4	Golub, Devin	St Christoph	55.9h	2
5	McPhail, Cody	Lambton Cent	57.7h	2
6	Stewart, Sean	North Lambto	58.7h	2
7	Limb, Kyle	Lambton Cent	59.3h	1
8	Pitel, Tanner	Lambton Cent	1:00.7h	1
9	VanReenan, Zach	Northern Civ	1:01.0h	2
10	DiPaulo, AJ	St Patrick's	1:03.9h	1
11	Douglas, Iain	Northern Civ	1:04.2h	1
12	Arseneault, Mike	St. Clair SS	1:05.2h	1

Men 800 Meter Run Junior

=====				
LSSAA: ! 1:53.50		1994	Jay Cantin, St. Clair	
Name	Year	School	Finals	H#
=====				
1	Sawatzky, Adam	Northern Civ	2:04.84	2
2	Nelson, Mike	St Christoph	2:08.03	2
3	Spearman, Denver	St. Clair SS	2:14.59	2
4	Barnes, Derek	Northern Civ	2:15.05	2
5	Hare, Jeremy	Sarnia Cits	2:17.12	2
6	Hewlett, Tyler	Northern Civ	2:17.46	2
7	Pitel, Tanner	Lambton Cent	2:20.81	2
8	Sparks, David	Lambton Cent	2:27.78	2
9	DiPaulo, AJ	St Patrick's	2:28.74	1
10	Arseneault, Mike	St. Clair SS	2:29.29	1

Men 1500 Meter Run Junior

=====			
LSSAA: ! 4:02.60		1994	Jay Cantin, St. Clair
Name	Year	School	Finals
=====			
1	Sawatzky, Adam	Northern Civ	4:21.6h
2	Spearman, Denver	St. Clair SS	4:28.9h
3	Hewlett, Tyler	Northern Civ	4:29.4h
4	Nelson, Mike	St Christoph	4:36.3h
5	Brown, Zac	Northern Civ	4:40.7h
6	Hare, Jeremy	Sarnia Cits	4:51.9h
6	Sparks, David	Lambton Cent	4:51.9h
8	Aitken, Zac	North Lambto	4:58.5h
9	Campbell, Brandan	Lambton Cent	5:08.8h
10	Vanderheide, Brandan	Lambton Cent	5:09.2h
11	Meades, Randy	St Christoph	5:19.1h
12	Gowan, Colton	North Lambto	5:24.9h
13	Minten, Jordan	St Christoph	5:31.7h

Men 3000 Meter Run Junior

=====			
LSSAA: ! 8:55.60		1975	Peter Butler, Northern
Name	Year	School	Finals
=====			
1	Spearman, Denver	St. Clair SS	9:47.9h
2	Brown, Zac	Northern Civ	9:55.1h
3	Hewlett, Tyler	Northern Civ	10:02.9h
4	Basham, Frank	Sarnia Cits	10:13.1h
5	VanEngelen, Adam	North Lambto	10:26.1h
6	Schrijver, Tim	North Lambto	10:32.2h
7	Sparks, David	Lambton Cent	10:35.8h
8	Warner, Josh	Northern Civ	10:44.1h
9	Gowan, Colton	North Lambto	11:01.6h
10	Campbell, Brandan	Lambton Cent	11:02.6h
11	Vanderheide, Brandan	Lambton Cent	11:15.1h

Men 100 Meter Hurdles Junior

LSSAA: ! 14.30 2004 Jason McKechnie, St. Clair SS			
Name	Year	School	Finals
1 vanKlaveren, Gerrit		St. Clair SS	15.6h
2 Jean, Stephane		Northern Civ	16.0h
3 Vandenberghe, Michael		Lambton Cent	16.1h
4 Stewart, Eli		Northern Civ	16.9h
5 Butler, Marty		Lambton Cent	17.1h
6 Allen, Michael		Northern Civ	17.3h

Men 300 Meter Hurdles Junior

LSSAA: ! 40.20 1995 Cam Thompson, Lambton Central			
Name	Year	School	Finals
1 Huebl, Ryan		Northern Civ	45.40
2 vanKlaveren, Gerrit		St. Clair SS	45.94
3 Butler, Marty		Lambton Cent	46.32
4 Allen, Michael		Northern Civ	47.80
5 Stewart, Eli		Northern Civ	47.90
6 Vandenberghe, Michael		Lambton Cent	49.17
7 Campbell, Brandan		Lambton Cent	52.14

Men 4x100 Meter Relay Junior

LSSAA: ! 44.30 1990 Lambton Central			
School			Finals
1 Lambton Central C & V I 'A'			47.75
1) Limb, Kyle	2) MacSorley, Duncan		
3) Rate, Mitch	4) McPhail, Cody		
2 St. Christopher S S 'B'			48.85
1) Galipeau, Cameron	2) Nelson, Mike		
3) McDonald, Eric	4)		
3 Northern C I & V S 'A'			49.11
1) Jean, Stephane	2) Withers, Ben		
3) Huebl, Ryan	4) Wattie, Graeme		
4 Northern C I & V S 'B'			50.65
1) Lynch, Geoff	2) Allen, Michael		
3) Stewart, Eli	4) VanReenan, Zach		
5 St. Clair S S 'A'			51.83
1) vanKlaveren, Gerrit	2) Vanhooft, Adam		
3) Noppen, Jeff	4) Currie, Jake		
6 Lambton Central C & V I 'B'			52.38
1) Butler, Marty	2) Vandenberghe, Michael		
3) Dunn, Jayden	4) Molzan, Jordan		
-- St. Christopher S S 'A'			DQ
1) Garrett, Luke	2) Golub, Devin		
3) Lue, Greg	4) Strybos, Steven		

Men High Jump Junior

LSSAA: ! 2.00m 1989 Joe Tuscan, SCITS			
Name	Year	School	Finals
1 Dunn, Jayden		Lambton Cent	1.80m
2 Withers, Ben		Northern Civ	J1.80m
3 Oakes, Conner		St Patrick's	1.65m
4 Rocca, Joe		St Christoph	J1.65m
5 Molzan, Jordan		Lambton Cent	J1.65m
6 Hare, Jeremy		Sarnia Cits	1.60m
7 Fleischer, Mike		Northern Civ	1.55m

8 Cippilone, Justin	St Christoph	1.45m
-- Hewitt, Ben	St Christoph	FAIL

Men Long Jump Junior

LSSAA: ! 6.67m 1981 Larry Helwig, St. Clair						
Name	Year		School		Finals	
1 Lue, Greg			St Christoph		5.75m	
FOUL 5.60m 5.75m FOUL 5.66m FOUL						
2 Oakes, Conner			St Patrick's		5.68m	
5.38m FOUL 5.37m 5.64m 5.68m 4.85m						
3 Garrett, Luke			St Christoph		5.66m	
5.52m 5.66m 5.51m 5.56m 5.50m 5.57m						
4 Currie, Jake			St. Clair SS		5.33m	
FOUL FOUL 5.19m 5.23m 4.56m 5.33m						
5 Lajoie, Adam			St-Francois Xavi		5.10m	
4.86m 4.76m PASS 4.51m PASS 5.10m						
6 Crawford, Joe			Northern Civ		4.88m	
4.88m 4.66m 4.88m 4.77m 4.55m FOUL						
7 Molzan, Jordan			Lambton Cent		4.85m	
4.63m 4.85m 4.83m FOUL 4.38m 4.79m						
8 Hewitt, Ben			St Christoph		4.83m	
4.54m 4.83m FOUL 4.47m PASS FOUL						
9 Wattie, Graeme			Northern Civ		4.82m	
4.69m 4.82m 4.71m						
10 Garcia, Walter			St-Francois Xavi		4.70m	
4.65m 4.70m 4.28m						
11 Vandenberghe, Michael			Lambton Cent		4.44m	
4.41m 4.44m PASS						
12 Straatman, Troy			Lambton Cent		3.82m	
3.82m PASS FOUL						

Men Triple Jump Junior

LSSAA: ! 13.50m 1999 Leron Mitchell, Northern						
Name	Year		School		Finals	
1 Withers, Ben			Northern Civ		12.37m	
12.37m 12.01m 11.67m 11.88m 11.90m FOUL						
2 vanKlaveren, Gerrit			St. Clair SS		12.17m	
12.17m 11.94m 12.16m 11.71m 11.68m 12.17m						
3 Oakes, Conner			St Patrick's		11.44m	
11.44m 11.26m 11.10m 11.29m 10.79m 10.65m						
4 Dunn, Jayden			Lambton Cent		11.31m	
10.54m 10.39m 10.85m FOUL 11.31m FOUL						
5 Currie, Jake			St. Clair SS		11.29m	
11.12m FOUL 10.84m 11.12m 11.29m 11.04m						
6 Crawford, Joe			Northern Civ		11.03m	
11.03m 10.85m FOUL 10.60m 10.77m 10.42m						
7 Molzan, Jordan			Lambton Cent		10.50m	
9.91m 10.50m 10.12m 10.40m FOUL 10.39m						
-- Lynch, Geoff			Northern Civ		FOUL	
FOUL FOUL FOUL						

Men Shot Put Junior

LSSAA: ! 15.45m 1983 Dave Crombeen, St. Patrick's						
Name	Year		School		Finals	
1 Paulley, Jeff			Sarnia Cits		13.50m	
11.71m 13.50m FOUL 13.33m FOUL 13.43m						
2 Dobson, Jason			Sarnia Cits		12.74m	

	12.74m	12.22m	11.80m	11.82m	12.12m	11.70m	
3	MacSorley, Duncan					Lambton Cent	12.62m
	11.60m	FOUL	12.48m	12.46m	12.62m	12.44m	
4	Noppen, Jeff					St. Clair SS	12.47m
	12.00m	12.47m	11.82m	11.67m	12.30m	FOUL	
5	Brooks, Dave					Northern Civ	12.39m
	11.23m	11.82m	FOUL	FOUL	11.81m	12.39m	
6	Jean, Stephane					Northern Civ	11.60m
	1.02m	11.60m	FOUL	FOUL	FOUL	FOUL	
7	Winberg, Taylor					Northern Civ	11.12m
	10.99m	10.42m	11.07m	10.12m	11.12m	10.25m	
8	Currie, Jake					St. Clair SS	11.04m
	10.64m	11.04m	10.51m	10.34m	10.49m	10.39m	
9	Rate, Mitch					Lambton Cent	11.00m
	10.58m	10.28m	11.00m				
10	Garcia, Walter					St-Francois Xavi	10.89m
	9.79m	10.89m	9.90m				
11	Persichetti, Steve					St Christoph	10.61m
	10.61m	9.44m	9.72m				
12	Partington, Kevin					St-Francois Xavi	10.49m
	10.10m	10.49m	10.34m				
13	Schrijver, Tim					North Lambto	10.34m
	10.22m	8.71m	10.34m				
14	Janicek, Jake					Lambton Cent	9.48m
	9.30m	8.85m	9.48m				
15	VanEngelen, Adam					North Lambto	9.23m
	FOUL	9.23m	8.68m				
16	Durr, Aaron					St Christoph	8.67m
	8.24m	8.67m	8.30m				
--	Hodgson, Joel					St Christoph	FOUL
	FOUL	FOUL	FOUL				

Men Discus Throw Junior

LSSAA: ! 57.07m 2007 Jackson Gray, Sarnia CITS						
Name	Year		School		Finals	
1 Rocca, Joe			St Christoph		46.48m	
	46.48m	FOUL	FOUL	44.85m	FOUL	38.83m
2 Noppen, Jeff			St. Clair SS		41.24m	
	40.89m	41.24m	39.88m	39.65m	38.52m	FOUL
3 Paulley, Jeff			Sarnia Cits		38.20m	
	34.62m	36.09m	PASS	30.12m	38.20m	FOUL
4 Dobson, Jason			Sarnia Cits		38.09m	
	36.42m	34.25m	FOUL	37.91m	27.42m	38.09m
5 Crawford, Joe			Northern Civ		37.45m	
	35.24m	35.10m	25.95m	36.14m	37.45m	FOUL
6 Varsava, Nic			St Christoph		36.39m	
	FOUL	FOUL	33.58m	28.73m	34.18m	36.39m
7 Dunn, Jayden			Lambton Cent		31.92m	
	FOUL	23.18m	31.92m	FOUL	FOUL	27.47m
8 Limb, Kyle			Lambton Cent		31.53m	
	31.53m	FOUL	29.85m	30.65m	30.37m	29.60m
9 Wattie, Graeme			Northern Civ		31.34m	
	FOUL	31.34m	25.24m			
10 Beach, Corbin			Northern Civ		30.89m	
	30.89m	27.46m	30.28m			
11 Steeves, Rob			St Christoph		28.10m	
	25.82m	24.39m	28.10m			
12 Brattengeier, Steve			St Patrick's		26.23m	
	26.23m	FOUL	23.18m			
13 Partington, Kevin			St-Francois Xavi		22.79m	
	FOUL	FOUL	22.79m			

Men Javelin Throw Junior

LSSAA: ! 56.70m 1983 Dave Crombeen, St. Patrick's						
Name	Year		School		Finals	
1 Withers, Ben			Northern Civ		47.14m	
FOUL 44.34m 44.33m			47.14m 46.24m FOUL			
2 Fleischer, Mike			Northern Civ		44.18m	
44.18m 39.98m FOUL			FOUL 41.45m 41.74m			
3 Cumming, Nic			St Patrick's		43.20m	
FOUL 39.87m 38.63m			FOUL 37.51m 43.20m			
4 Dobson, Jason			Sarnia Cits		42.49m	
39.71m 37.38m FOUL			40.88m FOUL 42.49m			
5 Vanhooft, Adam			St. Clair SS		40.72m	
FOUL 37.27m 38.03m			40.72m 39.16m 39.12m			
6 Partington, Kevin			St-Francois Xavi		35.91m	
FOUL 35.87m FOUL			FOUL FOUL 35.91m			
7 Stewart, Eli			Northern Civ		31.92m	
24.28m 31.92m 25.48m			31.80m 26.45m 31.45m			
8 Golob, Jamie			St Christoph		30.23m	
28.30m 24.81m 30.23m			28.97m 28.50m 25.63m			
9 Straatman, Troy			Lambton Cent		27.39m	
27.39m FOUL 26.64m						
10 Schrijver, Tim			North Lambto		27.03m	
21.12m 25.98m 27.03m						
11 Pitel, Tanner			Lambton Cent		26.76m	
FOUL 20.27m 26.76m						
12 Janicek, Jake			Lambton Cent		26.60m	
26.21m 25.92m 26.60m						
13 Travis, Aaron			Amss		25.06m	
21.33m 25.06m 24.73m						
14 Hewitt, Ben			St Christoph		24.02m	
24.02m 23.13m 22.35m						
15 Brattengeier, Steve			St Patrick's		20.67m	
20.67m FOUL FOUL						

Men 100 Meter Dash Senior

LSSAA: ! 10.60 1994		Craig Vandeweghe, St. Patrick's		
Name	Year	School	Prelims	H#
Preliminaries				
1 Leger, Norm		St Patrick's	11.1hQ	2
2 Kiraly, Rob		Northern Civ	11.3hQ	3
3 Cicchini, Tyler		St Patrick's	11.6hQ	1
4 Cope, Dustin		St Patrick's	11.9hQ	1
5 Daley, Dwayne		Amss	12.1hQ	3
6 Babcock, Greg		Lambton Cent	12.2hQ	2
7 Young, Kodey		St. Clair SS	12.0hq	1
8 Huzevka, Mario		Lambton Cent	12.2hq	1
9 Charteris, Ryan		Northern Civ	12.3h	2
10 VandenBoer, Darcy		North Lambto	12.4h	2
11 Dease, Brock		Sarnia Cits	12.5h	3
12 Waldie, Shawn		St. Clair SS	12.5h	3
13 Johnson, Cory		Sarnia Cits	12.5h	3
14 Androschuk, Zach		St Christoph	12.6h	1
15 Pelleboer, Brenten		Lambton Cent	12.7h	1
16 Bresett, Mason		North Lambto	12.8h	3
17 Veenkamp, Ryan		Northern Civ	12.8h	2
18 Girard, Tyler		St Christoph	12.9h	2

Men 100 Meter Dash Senior

LSSAA: ! 10.60 1994 Craig Vandeweghe, St. Patrick's			
Name	Year	School	Finals
Finals			
1 Kiraly, Rob		Northern Civ	11.3h
2 Leger, Norm		St Patrick's	11.4h
3 Cicchini, Tyler		St Patrick's	11.6h
4 Cope, Dustin		St Patrick's	11.8h
5 Daley, Dwayne		Amss	12.0h
6 Babcock, Greg		Lambton Cent	J12.1h
7 Young, Kodey		St. Clair SS	J12.1h
8 Huzevka, Mario		Lambton Cent	12.3h

Men 200 Meter Dash Senior

LSSAA: ! 22.00 2006 Justin Keating, Northern CIV				
Name	Year	School	Prelims	H#
Preliminaries				
1 Kiraly, Rob		Northern Civ	24.08Q	2
2 Cicchini, Tyler		St Patrick's	24.40Q	1
3 Leger, Norm		St Patrick's	24.41Q	3
4 Lund, Luke		Northern Civ	24.72Q	2
5 Lever, Mike		Northern Civ	25.35Q	3
6 Young, Kodey		St. Clair SS	25.47Q	1
7 Zandbergen, Matt		St Patrick's	24.99q	2
8 Babcock, Greg		Lambton Cent	25.58q	3
9 Waldie, Shawn		St. Clair SS	25.59	3
10 Rogers, Owen		North Lambto	25.62	1
11 Smith-White, CJ		St. Clair SS	26.35	2
12 Androschuk, Zach		St Christoph	26.37	2
13 Huzevka, Mario		Lambton Cent	26.57	1
14 Girard, Tyler		St Christoph	26.69	2
15 Aberhart, Mike		Sarnia Cits	27.10	1
16 Bresett, Mason		North Lambto	27.81	3
17 Dell, Aaron		Amss	29.68	3

Men 200 Meter Dash Senior

LSSAA: ! 22.00 2006 Justin Keating, Northern CIV			
Name	Year	School	Finals
Finals			
1 Kiraly, Rob		Northern Civ	23.54
2 Cicchini, Tyler		St Patrick's	24.25
3 Leger, Norm		St Patrick's	24.29
4 Zandbergen, Matt		St Patrick's	24.59
5 Lund, Luke		Northern Civ	24.97
6 Young, Kodey		St. Clair SS	25.34
7 Lever, Mike		Northern Civ	26.58
8 Babcock, Greg		Lambton Cent	30.18

Men 400 Meter Dash Senior

LSSAA: ! 48.00 1988 Brian Dicker, St. Patrick's				
Name	Year	School	Finals	H#
1 Reddy, Matt		St Christoph	52.4h	3
2 Lever, Mike		Northern Civ	53.0h	3
3 Mallay, Patrick		Northern Civ	54.3h	3
4 Young, Kodey		St. Clair SS	54.8h	3
5 Dally, Jared		Northern Civ	54.8h	2

6	Coultes, Mitch	St. Clair SS	55.4h	3
7	Morden, Matt	St Christoph	56.6h	2
8	Smith, Clinton	Lambton Cent	57.8h	3
9	Waldie, Shawn	St. Clair SS	58.1h	3
10	Girard, Tyler	St Christoph	58.1h	2
11	Cope, Dustin	St Patrick's	58.9h	2
12	Aberhart, Mike	Sarnia Cits	59.4h	1
13	Lindsay, Mason	Amss	1:02.5h	1
14	Rogers, Owen	North Lambto	1:02.7h	3

Men 800 Meter Run Senior

=====				
LSSAA: ! 1:53.80		1995	Jay Cantin, St. Clair	
Name	Year	School	Finals	H#
=====				
1	Reddy, Matt	St Christoph	1:59.1h	2
2	Lever, Mike	Northern Civ	2:01.6h	2
3	Vosburg, Joel	Northern Civ	2:03.1h	2
4	Cochrane, Paul	Northern Civ	2:05.6h	2
5	Yurkewich, Aaron	St Christoph	2:09.0h	2
6	Smith, Clinton	Lambton Cent	2:10.3h	2
7	Page, Nathan	St. Clair SS	2:16.3h	2
8	Stubbs, Ben	North Lambto	2:23.3h	1
9	Carpani, Warren	St. Clair SS	2:28.6h	1
10	Rogers, Owen	North Lambto	2:28.8h	2
11	Poaps, Drew	St. Clair SS	2:29.0h	1
12	Krall, Matt	Amss	2:34.8h	1
13	Savage, Corey	St Christoph	2:35.7h	1
14	Avery, Graham	Lambton Cent	2:36.2h	1

Men 1500 Meter Run Senior

=====			
LSSAA: ! 3:51.10		1995	Jay Cantin, St. Clair
Name	Year	School	Finals
=====			
1	Bisson, Shaun	St. Clair SS	4:14.9h
2	Galler, Patrick	Northern Civ	4:16.5h
3	Vosburg, Joel	Northern Civ	4:19.2h
4	Cochrane, Paul	Northern Civ	4:19.4h
5	Yurkewich, Aaron	St Christoph	4:20.0h
6	Evers, Jack	St Christoph	4:25.2h
7	Reddy, Matt	St Christoph	4:28.0h
8	Harper, Travis	Sarnia Cits	4:48.5h
9	Belanger, Tye	Sarnia Cits	5:03.7h
10	Stubbs, Ben	North Lambto	5:07.0h
11	Poaps, Drew	St. Clair SS	5:07.2h
12	Avery, Graham	Lambton Cent	5:16.7h
13	Carpani, Warren	St. Clair SS	5:24.2h
14	Moran, Keith	St Patrick's	5:30.9h
15	Krall, Matt	Amss	5:40.6h

Men 3000 Meter Run Senior

=====			
LSSAA: ! 8:47.60		1983	Harvey MITro, St. Patrick's
Name	Year	School	Finals
=====			
1	Bisson, Shaun	St. Clair SS	9:21.3h
2	Cochrane, Paul	Northern Civ	9:24.4h
3	Evers, Jack	St Christoph	9:27.5h
4	Galler, Patrick	Northern Civ	9:39.4h
5	Page, Nathan	St. Clair SS	9:59.7h
6	Gower, Mark	St Christoph	9:59.9h
7	Mallay, Patrick	Northern Civ	10:05.3h

8	Vankampen, Nic	St Christoph	10:07.6h
9	VanLeerzem, Derek	Lambton Cent	10:38.1h
10	Avery, Graham	Lambton Cent	10:56.9h
11	Poaps, Drew	St. Clair SS	11:32.3h

Men 110 Meter Hurdles Senior

=====			
LSSAA: ! 14.80		Trevor Hall, SCITS	
Name	Year	School	Finals
=====			
1	Drouin, Derek	St Patrick's	14.6h!
2	Buchner, Chris	Northern Civ	15.3h
3	Morden, Matt	St Christoph	16.2h
4	Long, Ossie	Northern Civ	16.7h
5	Persichetti, Paul	Northern Civ	17.2h

Men 400 Meter Hurdles Senior

=====				
LSSAA: ! 54.90		1987	Mark Detailleur, Lambton Central	
Name	Year	School	Finals	H#
=====				
1	Drouin, Derek	St Patrick's	57.02	2
2	Buchner, Chris	Northern Civ	58.37	2
3	Dally, Jared	Northern Civ	1:02.49	1
3	Morden, Matt	St Christoph	1:02.49	2
5	Persichetti, Paul	Northern Civ	1:03.06	2
6	Helps, Chris	Lambton Cent	1:05.93	2
7	Aberhart, Mike	Sarnia Cits	1:10.00	1
8	VanLeerzem, Derek	Lambton Cent	1:10.88	1
9	Smith, Clinton	Lambton Cent	1:11.25	2

Men 2000 Meter Steeplechase Senior

=====			
Name	Year	School	Finals
=====			
1	Bisson, Shaun	St. Clair SS	6:36.4h
2	Yurkewich, Aaron	St Christoph	6:49.9h
3	Galler, Patrick	Northern Civ	6:53.0h
4	Page, Nathan	St. Clair SS	6:53.3h
5	Basham, Frank	Sarnia Cits	7:03.5h
6	VanEngelen, Adam	North Lambto	7:05.5h
7	Gower, Mark	St Christoph	7:05.7h
8	Helps, Chris	Lambton Cent	7:12.7h
9	VanLeerzem, Derek	Lambton Cent	7:15.9h
10	Johnson, Kelly	Northern Civ	7:16.2h
11	Vankampen, Nic	St Christoph	7:23.2h
12	Belanger, Tye	Sarnia Cits	7:26.4h
13	Sivell, Zac	Northern Civ	7:45.9h
14	Aitken, Zac	North Lambto	8:12.9h
15	Gowan, Colton	North Lambto	8:37.2h

Men 4x100 Meter Relay Senior

LSSAA: ! 43.70 1987		St. Patrick's	
School			Finals
1 St. Patrick's H.S	'A'		45.06
1) Cope, Dustin		2) Cicchini, Tyler	
3) Zandbergen, Matt		4) Leger, Norm	
2 Northern C I & V S	'A'		45.38
1) Charteris, Ryan		2) Kiraly, Rob	
3) Buchner, Chris		4) Lund, Luke	
3 St. Clair S S	'A'		46.80

1) Waldie, Shawn	2) Tamming, Ben	
3) Coultres, Mitch	4) Young, Kodey	47.75
4 Lambton Central C & V I 'A'		
1) Pelleboer, Brenten	2) Huzevka, Mario	
3) Babcock, Greg	4) Helps, Chris	47.76
5 Northern C I & V S 'B'		
1) Lever, Mike	2) Persichetti, Paul	
3) Long, Ossie	4) Sokol, Andrew	48.18
6 St. Christopher S S 'A'		
1) Androschuk, Zach	2) Girard, Tyler	
3) Rocca, Chris	4) Morden, Matt	48.93
7 North Lambton S S 'A'		
1) Bresett, Mason	2) Stewart, Sean	
3) VandenBoer, Darcy	4) Rogers, Owen	

Men 4x400 Meter Relay Senior

School	Finals	H#
1 Northern C I & V S 'A'	3:31.6h	2
1) Vosburg, Joel	2) Lever, Mike	
3) Annett, Tyler	4) Dally, Jared	
2 St. Christopher S S 'A'	3:37.7h	2
1) Reddy, Matt	2) Nelson, Mike	
3) Golub, Devin	4) Rocca, Chris	
3 Northern C I & V S 'B'	3:38.91	2
1) Buchner, Chris	2) Sawatzky, Adam	
3) Huzevka, Brandon	4) Withers, Ben	
4 St. Patrick's H.S 'A'	3:43.9h	2
1) Zandbergen, Matt	2) Leger, Norm	
3) Drouin, Derek	4) Cope, Dustin	
5 St. Clair S S 'A'	3:44.91	2
1) Coultres, Mitch	2) Bisson, Shaun	
3) Waldie, Shawn	4) Young, Kodey	
6 St. Christopher S S 'B'	3:45.9h	1
1) Girard, Tyler	2) McDonald, Eric	
3) Lue, Greg	4) Strybos, Steven	
7 St. Clair S S 'B'	3:56.0h	1
1) vanKlaveren, Gerrit	2) Spearman, Denver	
3)	4) Page, Nathan	
8 Lambton Central C & V I 'A'	3:56.1h	2
1) Helps, Chris	2) Ferguson, Jesse	
3) McPhail, Cody	4) Smith, Clinton	
9 North Lambton S S 'A'	4:02.1h	2
1) Bresett, Mason	2) Rogers, Owen	
3) Stewart, Sean	4) Stubbs, Ben	
10 Sarnia CI & TS 'A'	4:02.8h	2
1) Aberhart, Mike	2) Belanger, Tye	
3) Hare, Jeremy	4) Harper, Travis	
11 Lambton Central C & V I 'B'	4:06.4h	1
12 St. Christopher S S 'C'	4:06.6h	1
1) Vankampen, Nic	2) Yurkewich, Aaron	
3) Villaneuva, Marcelo	4) Gower, Mark	
13 North Lambton S S 'B'	4:11.6h	1
1) Gordon, Michael	2) Gowan, Colton	
3) Stewardson, Dylan	4) Cassidy, Aaron	

Men High Jump Senior

LSSAA: ! 2.06m 2006	Brad Huey, Lambton Cent	
Name	Year School	Finals
1 Drouin, Derek	St Patrick's	2.02m

2	Smith-White, CJ	St. Clair SS	1.93m
3	Verwegen, Cory	St. Clair SS	1.75m
4	Billinghurst, Cody	St. Clair SS	J1.75m
5	Lund, Luke	Northern Civ	1.70m
6	Murray, Brad	St Patrick's	J1.70m
7	Long, Ossie	Northern Civ	J1.70m
8	VanRutienberg, Jared	Lambton Cent	1.65m
9	Cook, Andrew	Amss	1.60m
10	Belanger, Tye	Sarnia Cits	J1.60m
--	MacNeill, Chad	Northern Civ	FAIL

Men Long Jump Senior

LSSAA: ! 6.89m 2005					Rob Nickels, St. Clair SS		
Name			Year	School	Finals		
1 Murray, Brad				St Patrick's	5.82m		
	5.41m	5.62m	5.82m	5.58m	5.74m	PASS	
2 Leger, Norm				St Patrick's	5.73m		
	5.53m	5.73m	PASS	PASS	PASS	PASS	
3 Daley, Dwayne				Amss	5.68m		
	5.28m	5.25m	5.68m	5.17m	5.36m	5.06m	
4 Pelleboer, Brenten				Lambton Cent	5.48m		
	FOUL	5.35m	5.40m	FOUL	5.48m	FOUL	
5 Tamming, Ben				St. Clair SS	5.44m		
	5.18m	PASS	5.44m	FOUL	5.28m	FOUL	
6 Dease, Brock				Sarnia Cits	5.38m		
	5.09m	5.21m	5.26m	5.38m	5.37m	5.30m	
7 Johnson, Cory				Sarnia Cits	J5.38m		
	4.42m	5.16m	5.38m	FOUL	4.96m	PASS	
8 Helps, Chris				Lambton Cent	5.27m		
	5.27m	4.62m	4.25m	4.94m	4.63m	5.15m	
9 Persichetti, Paul				Northern Civ	5.21m		
	FOUL	5.21m	5.17m				
10 VandenBoer, Darcy				North Lambto	5.16m		
	5.07m	4.77m	5.16m				
11 Charteris, Ryan				Northern Civ	5.03m		
	5.03m	4.57m	4.79m				
12 Sokol, Andrew				Northern Civ	5.02m		
	4.28m	5.02m	FOUL				
13 Ruffilli, Steve				St Christoph	4.64m		
	4.10m	4.64m	4.18m				
14 Cook, Andrew				Amss	4.27m		
	4.27m	FOUL	FOUL				
15 Nickels, Stephen				St. Clair SS	4.16m		
	4.16m	3.88m	FOUL				

Men Triple Jump Senior

LSSAA: ! 14.39m 2007							Kevin Honig, Northern CIV	
Name	Year		School		Finals			
1 Murray, Brad			St Patrick's		12.51m			
	12.51m	12.33m	12.35m	FOUL	PASS	PASS		
2 Pelleboer, Brenten			Lambton Cent		11.93m			
	11.26m	FOUL	11.61m	11.71m	FOUL	11.93m		
3 Lund, Luke			Northern Civ		11.91m			
	11.91m	10.52m	11.73m	11.59m	11.68m	11.65m		
4 Dease, Brock			Sarnia Cits		11.56m			
	11.17m	11.56m	11.40m	11.16m	11.19m	PASS		
5 Charteris, Ryan			Northern Civ		11.46m			
	10.95m	11.46m	10.97m	FOUL	11.21m	11.04m		
6 Clark, Ryan			St Christoph		11.43m			

11.43m	10.68m	11.28m	10.78m	FOUL	11.30m	
7 Buchner, Chris				Northern Civ		11.36m
FOUL	FOUL	11.36m	PASS	PASS	PASS	
8 Tamming, Ben				St. Clair SS		11.20m
10.63m	10.96m	10.54m	11.02m	FOUL	11.20m	
9 Nickels, Stephen				St. Clair SS		9.88m
FOUL	9.38m	9.88m				

Men Shot Put Senior

LSSAA: ! 17.60m 2005 Andy Ysebaert, Sarnia CITS						
Name	Year	School	Finals			
1 Gray, Jackson		Sarnia Cits				14.67m
13.35m	FOUL	FOUL	13.95m	14.62m	14.67m	
2 Johnson, Cory		Sarnia Cits				13.41m
11.80m	12.99m	11.59m	13.04m	12.84m	13.41m	
3 Rocca, Chris		St Christoph				13.18m
12.95m	13.09m	13.18m	FOUL	12.64m	FOUL	
4 Shuter, Brian		Sarnia Cits				13.12m
13.10m	11.29m	11.90m	12.46m	12.67m	13.12m	
5 Park, Dan		Lambton Cent				12.76m
12.34m	12.35m	12.76m	FOUL	12.71m	12.60m	
6 Perron, Leith		Northern Civ				12.58m
11.76m	12.03m	FOUL	12.58m	12.11m	11.71m	
7 Wilson, Brendan		Lambton Cent				12.12m
12.12m	11.99m	12.12m	FOUL	FOUL	FOUL	
8 Sokol, Andrew		Northern Civ				10.96m
10.96m	FOUL	FOUL	10.65m	FOUL	10.64m	
9 Clark, Alex		St Patrick's				9.84m
9.48m	9.84m	9.80m				
10 Swan, Bryan		Lambton Cent				9.73m
FOUL	9.37m	9.73m				
11 Tourigny, John		St Patrick's				9.53m
9.53m	9.44m	FOUL				
12 Fader, Ian		Northern Civ				9.39m
9.39m	8.31m	7.93m				
13 Lepine, Matt		Amss				8.96m
8.96m	8.31m	7.93m				
14 Neilson, Taylor		St Patrick's				8.85m
FOUL	FOUL	8.85m				
-- Weaver, Josh		North Lambto				FOUL
FOUL	FOUL	FOUL				

Men Discus Throw Senior

LSSAA: ! 56.81m 2002 Mike Marsh, Northern CIV						
Name	Year	School	Finals			
1 Gray, Jackson		Sarnia Cits				52.44m
44.39m	46.75m	46.15m	47.95m	49.16m	52.44m	
2 Rocca, Chris		St Christoph				40.98m
35.79m	38.92m	39.28m	36.64m	40.61m	40.98m	
3 Wilson, Brendan		Lambton Cent				39.92m
FOUL	39.87m	FOUL	39.29m	FOUL	39.92m	
4 Perron, Leith		Northern Civ				39.70m
31.87m	32.08m	36.28m	37.85m	38.43m	39.70m	
5 Canie, Kelly		St Patrick's				35.79m
26.88m	32.87m	35.79m	35.13m	35.27m	FOUL	
6 Armstrong, Adam		Northern Civ				34.00m
33.60m	26.39m	28.38m	34.00m	33.57m	FOUL	
7 Fell, Rory		Sarnia Cits				33.69m
26.61m	27.73m	32.46m	24.21m	28.24m	33.69m	

8	Garbaty, Casey	Northern Civ	32.28m
	25.59m 32.28m FOUL 26.29m 31.60m 28.95m		
9	Trim, Mike	St Patrick's	29.20m
	FOUL 29.20m 25.09m		
10	Button, Alex	St Christoph	26.45m
	22.59m 26.45m FOUL		
11	Perry, Taylor	St. Clair SS	26.25m
	FOUL 25.20m 26.25m		
12	Seabrook, Cole	Sarnia Cits	25.04m
	18.05m 18.89m 25.04m		
13	vanKlaveren, Karel	St. Clair SS	24.18m
	20.66m 23.71m 24.18m		
14	Swan, Bryan	Lambton Cent	23.95m
	22.94m FOUL 23.95m		
15	Clark, Ryan	St Christoph	22.07m
	FOUL 21.94m 22.07m		
16	Weaver, Josh	North Lambto	20.61m
	20.61m 19.55m 19.05m		

Men Javelin Throw Senior

=====						
LSSAA: ! 64.12m 1969			Rick Dowswell, Sarnia Central			
Name	Year	School	Finals			
=====						
1	Garbaty, Casey	Northern Civ				56.51m
	FOUL 53.85m 56.51m	FOUL 53.67m 53.30m				
2	Ruffilli, Steve	St Christoph				45.64m
	42.61m 45.64m 43.38m	44.76m FOUL 43.75m				
3	vanKlaveren, Karel	St. Clair SS				43.05m
	42.17m FOUL 39.46m	40.80m 40.83m 43.05m				
4	Rocca, Chris	St Christoph				39.97m
	39.52m 37.41m 36.50m	39.97m 39.65m 38.32m				
5	Stymest, Colin	Northern Civ				39.71m
	37.09m 39.71m 38.45m	37.60m 38.20m 38.44m				
6	Fell, Rory	Sarnia Cits				39.68m
	34.49m 39.68m 38.60m	34.88m FOUL 36.14m				
7	Babcock, Greg	Lambton Cent				39.39m
	34.41m 39.39m 35.05m	38.24m FOUL FOUL				
8	Perry, Taylor	St. Clair SS				38.40m
	FOUL 38.25m 38.14m	35.60m 35.94m 38.40m				
9	Acton, Kevin	St Patrick's				38.04m
	38.04m 33.40m FOUL					
10	VandenBoer, Darcy	North Lambto				36.65m
	30.43m 30.38m 36.65m					
11	Sokol, Andrew	Northern Civ				34.32m
	34.32m 32.04m FOUL					
12	Park, Dan	Lambton Cent				31.87m
	FOUL 31.87m FOUL					
13	Tourigny, John	St Patrick's				28.70m
	FOUL 28.70m FOUL					
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Men 100 Meter Dash Ambulatory

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LSSAA: ! 13.80 2007		Andrew Cook, AMSS		
Name	Year	School	Finals	H#
=====				
1 Westendorp, David		Amss	12.2h!	1
2 Cook, Andrew		Amss	13.2h!	2
3 Kelders, Brandon		Amss	13.9h	2
4 Dell, Aaron		Amss	13.9h	2
5 Obrien, Evan		Amss	14.3h	2
6 Pawson, James		Amss	14.5h	2
7 Loosemore, P. J.		St. Clair SS	14.5h	1

8 Karelsen, Kurt	Amss	14.6h	2
9 Blondin, Mitchell	Amss	17.6h	2
10 McLean, Darryl	Amss	24.1h	1

Women - Midget - Team Rankings - 15 Events Scored

1) Northern C I & V S	158	2) Lambton Central C & V I	103
3) St. Clair S S	97.50	4) St. Patrick's H.S	96
5) Sarnia CI & TS	50	6) St. Christopher S S	46
7) North Lambton S S	33.50		

Women - Junior - Team Rankings - 15 Events Scored

1) St. Christopher S S	133.50	2) Northern C I & V S	130.50
3) Lambton Central C & V I	128	4) St. Clair S S	71
4) North Lambton S S	71	6) St. Patrick's H.S	35
7) Alexander MacKenzie Second	6		

Women - Senior - Team Rankings - 17 Events Scored

1) Lambton Central C & V I	182	2) Northern C I & V S	129
3) St. Christopher S S	123	4) St. Patrick's H.S	82
5) Sarnia CI & TS	78	6) North Lambton S S	33
7) St. Clair S S	21	8) Alexander MacKenzie Secon	2

Men - Midget - Team Rankings - 15 Events Scored

1) Northern C I & V S	221	2) St. Patrick's H.S	109.33
3) St. Christopher S S	94.33	4) Lambton Central C & V I	59.33
5) St. Clair S S	59	6) North Lambton S S	28
7) Sarnia CI & TS	13		

Men - Junior - Team Rankings - 15 Events Scored

1) Northern C I & V S	173	2) St. Christopher S S	118
3) Lambton Central C & V I	110.50	4) St. Clair S S	81
5) Sarnia CI & TS	48.50	6) St. Patrick's H.S	26
7) North Lambton S S	13	8) É.S. SAINT-FRANCOIS XAVIE	7

Men - Senior - Team Rankings - 17 Events Scored

1) Northern C I & V S	210.50	2) St. Patrick's H.S	118
3) St. Christopher S S	110.50	4) St. Clair S S	97
5) Sarnia CI & TS	55	6) Lambton Central C & V I	49
7) Alexander MacKenzie Second	10	8) North Lambton S S	6

LSSAA Track and Field Championships 2008 - 13/05/2008 to 14/05/2008

Sarnia Central Athletic Complex

Team Rankings - Through Event 100

Combined Team Scores

Place	School		Points
1	Northern C I & V S	SWNO	1022
2	Lambton Central C & V I	SWLC	632.833
3	St. Christopher S S	SWST	626.333
4	St. Patrick's H.S	SWSP	464.333
5	St. Clair S S	SWSC	426.5
6	Sarnia CI & TS	SWSR	244.5
7	North Lambton S S	SWNL	184.5
8	Alexander MacKenzie Secondary	SWMK	18
9	É.S. Saint-Francois Xavier	SWSF	7