## (Food for thought: Gospel Matthew 17: 1-9) **"Transformed and Transfigured"**



Reality is earthbound and everyday. The readings today keep us hopeful, but sober. There are no quick fixes, no guaranteed remedies for the doldrums and the struggles, just the ongoing reminder that our faith is in the One who walked our path, all the way down the mountain to death. But His fidelity to God's way, even unto death, was crowned by God's raising Him from death. His way is our way and His Spirit is our Spirit the Spirit of fidelity to discipleship, the Spirit of trust as we walk down the mountain.

The Transfiguration showed the disciples that beneath the everyday appearance of Jesus, the divine dwelt. So it is in our lives now - most likely a long way from any mountain-top epiphany.

We too have been transfigured and today we are challenged to transform our lives to let the glory of God guide us and shine through us... to focus on God along the rough road of the our daily lives... knowing that God is near, that He understands our pain, and that He will sustain us and carry us through.



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