

November 2019

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|---|--|--|---|--|-----|
| | | | | | 1 | 2 |
| | | | | | AM Snack: Leftovers Lunch: Leftovers PM Snack: Leftovers | |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| | AM Snack: Graham Crackers Lunch: Waffles, scrambled eggs PM Snack: String cheese | AM Snack: Apple slices Lunch: Hot ham & cheese, broccoli PM Snack: Pretzels | AM Snack: PB Toast Lunch: Bean burritos, zucchini PM Snack: Pears | AM Snack: Bagels w/ cream cheese Lunch: Turkey sandwiches, raisins PM Snack: Teddy grahams | AM Snack: Oranges Lunch: Tater tot casserole, carrots PM Snack: Pudding | |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| | AM Snack: Granola bars Lunch: Beefy macaroni & cheese, green beans PM Snack: Celery w/ peanut butter | AM Snack: Yogurt Lunch: PBJ w/ cheese sticks PM Snack: Bananas | AM Snack: Muffins Lunch: Pizza rolls, cucumber PM Snack: Peaches | AM Snack: Applesauce Lunch: Meatballs w/ buttered rice PM Snack: Carrots | AM Snack: Leftovers Lunch: Leftovers PM Snack: Leftovers | |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| | AM Snack: Blueberries Lunch: Vegetable beef mashed potatoes PM Snack: Yogurt | AM Snack: Jelly toast Lunch: Ham sandwiches, cottage cheese PM Snack: Popsicles | AM Snack: Apple slices Lunch: Taquitos, tortilla chips PM Snack: Veggies w/ ranch | AM Snack: Oranges Lunch: French toast, sausage PM Snack: Trail mix | AM Snack: Raisins Lunch: Chili, cornbread PM Snack: Yogurt | |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| | AM Snack: Granola bars Lunch: PBJ, apple slices PM Snack: Pretzels | AM Snack: Graham crackers Lunch: Clam chowder, oyster crackers PM Snack: Applesauce | AM Snack: Bananas Lunch: Chicken ala king, green beans PM Snack: Cheez its | THANKSGIVING DAY – PELC CLOSED | ½ DAY FLEX CLOSURE Available via sign up only! | |