

COPING **2** CONTROL

Living positive with diabetes

- Learn how to deal with the emotional side of diabetes.
- Develop positive coping and problem-solving skills.
- Build healthy, supportive relationships.

Enroll Now!



Class Dates:

Thursday, April 11, 2019
Thursday, April 18, 2019
Thursday, April 25, 2019
11:30 AM

Class Location:

FBC PINNACLE Senior Center
5525 Hobby Road
Houston, Texas 77053

To register contact: FBC PINNACLE Senior Center at 832-471-2765

The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife.

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