# Chapter 42

# Salt and Light

## BIBLE

The apostles said to the Lord, "Increase our faith."<sup>1</sup> As they traveled east, they found a plain in the land of Shinar, and they lived there.<sup>2</sup>

The fourth poured out his bowl on the sun, and it was given to him to scorch men with fire.<sup>3</sup>

He said, "Bring me a new jar, and put salt in it." They brought it to him.<sup>4</sup> "Can that which has no flavor be eaten without salt? Or is there any taste in the white of an egg? <sup>5</sup>

"You are the salt of the earth, but if the salt has lost its flavor, with what will it be salted? It is then good for nothing, but to be cast out and trodden under the feet of men.<sup>6</sup>

"Let your speech always be with grace, seasoned with salt, that you may know how you ought to answer each one.<sup>7</sup>

"Even so, let your light shine before men; that they may see your good works, and glorify your Father who is in heaven.<sup>8</sup> You are the light of the world. A city located on a hill can't be hidden.<sup>9</sup> Be therefore imitators of God, as beloved children."<sup>10</sup>

### COMMENTARY

- Luke 17:5 [*The "apostles" are the Beatles*]
- <sup>2</sup> Genesis 11:2 In February 1968, The Beatles traveled east to India where they attended a Transcendental Meditation training session taught by the Maharishi. As a result, they helped to increase the popularity of Eastern spirituality and meditation practice in the West. Author Phillip Goldberg in *American Veda* called their trip "the most momentous spiritual retreat since Jesus spent those forty days in the wilderness."
- <sup>3</sup> Revelation 16:8 ["*The fourth" is Ringo, the "fourth angel"*]
- <sup>4</sup> 2 Kings 2:20
- <sup>5</sup> Job 6:6
- <sup>6</sup> Matthew 5:13 Salt gives flavor and enhances everything it comes into contact with.
- <sup>7</sup> Colossians 4:6
- <sup>8</sup> Matthew 5:16 When we are in alignment, the Universe is free to express itself through us. This is where our real power comes from. It is also our purpose for existing.
- <sup>9</sup> Matthew 5:14
- <sup>10</sup> Ephesians 5:1 Ramana Maharshi: "Your own Self-Realization is the greatest service you can render the world."

#### BIBLE

He said to them, "Is the lamp brought to be put under a basket or under a bed? Isn't it put on a stand?<sup>11</sup> Arise, shine; for your light has come, and the glory of Yahweh is risen on you.<sup>12</sup>

"Then your light shall break forth as the morning, and your healing shall spring forth speedily; and your righteousness shall go before you; the glory of Yahweh shall be your rear guard.<sup>13</sup>

"Finally, brothers, rejoice. Be perfected, be comforted, be of the same mind, live in peace, and the God of love and peace will be with you.<sup>14</sup> If iniquity is in your hand, put it far away. Don't let unrighteousness dwell in your tents.<sup>15</sup>

"Mercy to you and peace and love be multiplied."<sup>16</sup>

He lifted up his eyes and looked, and saw that three men stood opposite him. When he saw them, he ran to meet them from the tent door, and bowed himself to the earth,<sup>17</sup> saying: "We give you thanks, Lord God, the Almighty, the one who is and who was; because you have taken your great power, and reigned.<sup>18</sup>

"To God our Savior, who alone is wise, be glory and majesty, dominion and power, both now and forever. Amen."<sup>19</sup>

#### COMMENTARY

- <sup>11</sup> Mark 4:21 (Chinese proverb) "Better to light a candle than to curse the darkness."
- <sup>12</sup> **Isaiah 60:1** Johann Wolfgang von Goethe: "Someday perhaps the inner light will shine forth from us, and then we'll need no other light."
- <sup>13</sup> Isaiah 58:8
- <sup>14</sup> 2 Corinthians 13:11 Ringo's most popular solo single "It Don't Come Easy" was released in April 1971. In it, he reminds us that although "it don't come easy," "we will make it work out better" if we will only "come together," "use a little love," and "remember peace."
- <sup>15</sup> Job 11:14 After years of hard partying, Ringo has been sober since 1986. Ringo: "That's all that alcohol and drugs do, they cut off your emotions in the end."
- <sup>16</sup> Jude 1:2 "Peace and love!" has become Ringo's public mantra in recent years.
- <sup>17</sup> Genesis 18:2
- <sup>18</sup> Revelation 11:17
- <sup>19</sup> Jude 1:25 Ringo, in a 2010 Interview with the *LA Times*: "I feel the older I get, the more I'm learning to handle life. Being on this quest for a long time, it's all about finding yourself...For me, God is in my life. I don't hide from that ...I think the search has been on since the '60s. I stepped off the path there for many years and found my way [back] onto it, thank God."