

**Morrow County Services for Older Citizens**  
**41 West Center Street, Mount Gilead, OH 43338**  
**Phone 419-946-4191 Fax 419-946-1037**  
**DECEMBER 2019 MENU**



**MENU (SUBJECT TO CHANGE)**

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Leg Peas & Onions Carrots Peaches Roll Milk	3 Pt Roast Mashed Potatoes Succotash Pears & Blueberries Bread Milk	4 Manicotti w/Sauce Italian Blend Veggies Green Beans Pineapple Garlic Bread Milk	5 Ham & Swiss Bun Vegetable Soup Cucumber Salad Apricots Milk	6 Beef Stroganoff Broccoli Corn Mandarin Oranges Cookie Milk
9 Salisbury Steak Mashed Potatoes Brussel Sprouts Cinnamon Apple Crisp Bread Milk	10 Chicken Meatballs /w Marinara Sauce Hot Dog Bun Green Beans Strawberries Milk	11 Roast Beef Mashed Potatoes Corn Fruit Cocktail Roll Milk	12 Pulled Chicken Bun Broccoli Cheddar Soup Sliced Beets Peaches Milk	13 Sweet & Sour Chicken Egg Noodles Cooked Carrots Sliced Apples Fruit Mix Mini Sandies Milk
16 Meatloaf Mashed Potatoes Brussel Sprouts Fruit Cocktail Roll Milk	17 Chicken Breast Mashed Sweet Potatoes Cooked Spinach Pears Muffin Milk	18 Ham & Turkey Sandwich Potato Rounds Peas & Carrots Fruit Mix Milk	19 Sloppy Joe Bun Potato Soup Carrot Raisin Salad Fruit Cocktail Milk	20 Chicken Alfredo Broccoli Cooked Carrots Malibu Mix Fruit Milk
23 Turkey Breast Green Beans Mashed Potatoes Mandarin Oranges Bread Milk	24 Deli Meal	25 Closed in Observation of Christmas	26 Closed in Observation of Christmas	27 Hungarian Goulash Broccoli Corn Pineapple Roll Gingerbread Cookie Milk
30 Chicken Patty Bun California Blend Veggies Red Skin Potatoes Strawberries Milk	31 Deli Meal			Menu ingredient information may be obtained by contacting the Senior Center Nutrition Department 419-946-4191

**From the Nutrition Department:**

Just a few reminders about our meal programs.

1. If you receive home delivered meals and are not going to be home for some reason, please call and cancel your meal. We cannot leave the meal if you are not going to be home. We also cannot leave the meal with anyone else. The meals are ordered at 1:30 the day before, so please cancel. If you signed up for lunch or an evening meal at the Senior Center please call and cancel your meal if you cannot come in.
2. We will try to deliver meals as long as the weather permits. Keep in mind if your driver feels as though they cannot get in your drive or up to your house, they may decide not to deliver your meal. We do not want to put anyone in harm trying to deliver a meal in the bad weather.
3. Please keep in mind we accept donations for your meals. We do not charge for the meals, but the meals are not free. If you can, we appreciate anything you can contribute towards the meal programs.

Thank you, if you have any questions please give us a call at the center.