



Houghs Neck BULLETIN



1956 **60 YEARS** 2016
SERVING HOUGHS NECK

US POSTAGE
PAID
BOSTON MA
PERMIT # 59319



1193 Sea Street ~ Houghs Neck, MA 02169

OFFICIAL PUBLICATION OF THE HOUGHS NECK COMMUNITY COUNCIL, INC. © 2016

SEPTEMBER 2016 VOLUME 60 ISSUE 1

Presidents Message: Wow where did the summer go? It was a hot one, As September arrives the Houghs Neck Community Council is celebrating the 60th year of publishing the Houghs Neck Bulletin. As space permits we hope to reprint some of the interesting happenings from the past 60 years. There are digital copies of the past few years available for viewing on our web site houghsneck.org. Our 12th Annual ChowdaFest will be held on Saturday, Sept. 10th from 2 - 6PM at the Maritime Center on Bay View Ave. I want to thank the Pre-sale crew for sitting under the green tent for two warm August afternoons at the corner of Rockland and Sea Streets. They sold a few T-shirts and a lot of tickets, thanks again. The Community Council E-Board will begin planning the balance of our events schedule at our monthly meetings, we meet at the Community Center 1193 Sea Street on the first Tuesday of the month at 6:pm to place the labels on the Bulletin and when finished we have the E-Board Meetings. We are always looking for interested members of the community to come help. The only commitment is to attend the meetings and if available assist with the events that interest you. October 23rd we will hold our Annual Good Neighbor Banquet. Congratulations to Russell Patten, Nancy Jacobs, Jerry Mullen, and Jeff & Jeff Jr. Crispo. Please see the ad form to place an ad honoring the recipients. The Fall Harvest Fest will also be held in late October at Brill Field. Details for that event will be published in next months Bulletin. September also means that the children are back in school, please be extra careful and watch for the children walking to and from school, waiting for the bus and when they get off the busses. They are the future and we want them safe. See you at ChowdaFest.

Dave DiBona

12th Annual Houghs Neck Chowdafest & Reunion

**Sample Chowda from area restaurants
& individuals ~ Vote on you favorite**

Saturday, September 10, 2016 ~ Houghs Neck Maritime Center
Bay View Ave. ~ At the Public Landing ~ 2:00pm - 6:00pm

Also featuring

Bake Sale

Sponsored by the Houghs Neck Congregational Church,
Proceeds to benefit the homeless children in the Quincy Public Schools.
To donate baked goods contact Gayle at 617-773-6522
or gaylemackay@comcast.net.

Burgers, Hot Dogs, Soda & Water

Sponsored by the Boy Scout Troop 6 Proceeds to benefit the troops activities

**Hough Many Scoops ~ Quincy Saves Energy
Houghs Neck Merchandise & Chowdafest T-shirts**

will be on sale at Chowdafest

Good Neighbor's

Russell Patten ~ Good Neighbor

Nancy Jacobs ~ Community Service

Jerry Mullen ~ Distinguished Senior

Jeff and Jeff Jr. Crispo Hero's

Banquet Program Booklet

The Houghs Neck Community Council will hold their annual Good Neighbor Honor Awards Night on Sunday, October 23, 2016 at 5:00pm. We are producing a Program Booklet, with advertising The proceeds from the ads will go toward offsetting the expenses of the Awards Night and other Community Council activities. What better way to assist our community to advertise in our booklet, You will become a part of the evening, through your assistance in recognizing the best part of the Houghs Neck Community, our Good Neighbors. The names of the awards winners are published included in this Bulletin, If you wish to recognize any of the winners, you may do so in your ad, but please congratulate them all if you can.

The cost of the ads are as follows.

Full Page 8" X 5" \$50.00 Half Page 4" X 5" \$35.00

Quarter Page (Business Card) 2" X 5" \$25.00

Booster (Mr & Mrs. Name only) 1 Line \$ 2.00

(1 Name only) 1 Line \$ 1.00

I wish to place an ad in the 2016 Honor Awards Night Program Booklet, for the Houghs Neck Community Council.

The size ad I wish to place is a:

- Full page Half page Quarter page
 Mr. & Mrs. Name Booster One Name Booster

Ad Copy: Please type/print clearly or attach to this letter, A Copy Ready ad if possible. No proofs will be available prior to printing:

Booster Copy : Please type or print clearly:

Mr. & Mrs. Name: _____ \$2.00

Name Only: _____ \$1.00

For further Information contact, Eileen 479-4107 or hncbulletin@yahoo.com
Make Check Payable to: Houghs Neck Community Council.

Hurry because the deadline for the ads to be submitted is October 12, 2016.

All ads must be submitted to E & T Printing 367 Billings Road, Wollaston, MA 02170. Tickets to the event are also available for \$15.00.

Houghs Neck Community Council presents the

12th Annual Houghs Neck Chowdafest & Reunion

Saturday, Sept. 10, 2-6PM

Houghs Neck Maritime Center
Bay View Ave @ the Public Landing

Vote for Houghs Necks Best Chowda
Best Restaurant ~ Best Home Made



ALSO FEATURING



Cash Bar

Houghs Neck Congregational Church sponsored
BAKE SALE to benefit Quincy Public Schools

ChowdaFest T-Shirts and HN Merchandise

An Information table for the
QUINCY SAVES ENERGY program

Boy Scout Troop 6
Burgers ~ Hot Dogs ~ Soda ~ Water

HOUGH MANY SCOOP'S

For additional info check out our
web site www.houghsneck.org and on facebook
or use one of the emails listed above

ChowdaFest Tix \$5.00 per person

Gifts to the Houghs Neck Community Council Scholarship Fund

*In Loving Memory
of our Dear Friend
Gloria
September 5th
3rd Anniversary
Love Dawley*

*In Memory of
Larry O'Connor
from
Margie & Janet Short*

*In Memory of
Tom Boussy
from
Ed & Clare Barrett*

*In Memory of
Jean Beaumont
from
The Beaumont Family*

*In Memory of
Dorothy Beaumont
from
Dick & Ann Beaumont*

*In Memory of
Maurice Carbonneau
from
Gay Carbonneau*

*In Memory of
Thomas J. Grenham
Rest in Peace
from
Jack and Ellen Walsh*

*In Honor of
Our Sister
Ronna Davis
On her September Birthday
Love Kathy & Dave DiBona*

*In Memory of
Norma Mellyn
from
Jim & Betty Baldwin*

*In Memory of
Patricia Jean O'Rourke
from
Laura & Jean O'Rourke*

*In Memory of
Margie Reynolds
from
Richard Reynolds*

*In Memory of
Joe & Dot Gill
from
Jerry & Wendy Connors*

Our Sympathy and Condolences are extended to the friends & families of:

Lillian (Shea) Harvey Helfrich passed on August 21st at age 96. A lifelong Houghs Neck resident, she was the wife of the late Albert J. Harvey and the late Alfred G. Helfrich. Mother of Albert Harvey, Marie Hunsinger, Alfred Helfrich Jr., Maureen Elliott, Kathleen Helfrich and Ellen Helfrich. She also had many grandchildren, great-grandchildren, nieces and nephews. Donations may be made to the Quincy Animal Shelter, 30 Broad St., Quincy, MA 02169.

Patrick T. Halloran, passed on August 22nd. He was a laborer for the Tunnel Workers, Local Union 88 for 25 years. He enjoyed watching sports, especially the Boston Bruins. Patrick's main passion was spending time at sporting events with his son and just simply being a dad. Father of Justin Halloran. Son of Karen Valentino and her partner Winston Mignott and the late Francis Halloran. Friend and former husband of Corrina Halloran. Donations may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

Thomas H. Boussy died August 2nd. Tom, originally from Dorchester, spent his adult years in the Houghs Neck. He got his master's degree in Education from

Wayne State University and taught in the Boston School System. He was a high school hockey coach and spent 40 years as a football referee. In addition, he was a softball umpire in and around Boston most recently serving as the commissioner of the Boston Teachers League and the Boston Hotel League. Husband of 53 years to Barbara Boussy and father of Mark, Michael, Thomas, Christian and Karen Boussy. Grandfather of 12 and brother of Paul Boussy, Marie McLaughlin, Dick Boussy and Bobby Boussy. Donations may be made to the National Temporal Bone Registry, 243 Charles Street, Boston, MA 02114 or to Caring for Cure, In Care of Lunder 9 & 10, 55 Fruit Street, Boston, MA. 02114.

Thomas J. Grenham passed on August 21st at 71 years old. Husband of Susan (St. George), father of Tommy. Brother of Bob and Carol. Born and raised in HN he was the oldest son of Ann and Tom Grenham. Predeceased by brothers Larry, Paul and David. Serving in the US Air Force he flew C-130 as a navigator, travelling the world and serving in Vietnam, Thailand, Desert Storm/ Desert Shield. Retired as Lt. Col in 2003. He moved to O'Fallon Illinois and back to the cape after retiring. Buried at Bourne Cemetery.

THE HOUGHS NECK BULLETIN

Official Publication of the Houghs Neck Community Council Inc.

NEWS -
Published -
Address -

From the Pump to the Willows
Twelve issues per year

THE HOUGHS NECK BULLETIN

1193 Sea Street Quincy MA 02169

Email hnccbulletin@yahoo.com

WEB Site www.houghsneck.org

VOLUNTEER STAFF

HNCC PRESIDENT	David DiBona 617-471-9179
ADVERTISING	Eileen Timcoe 617-479-4107
EDITOR	Tom Timcoe 617-481-9153
COMMUNITY AFFAIRS	Cynthia Lewis 617-376-1385
SCHOLARSHIP COMMITTEE Chairman	David DiBona 617-471-9179
COMMUNITY CENTER	Cynthia Lewis 617-376-1385
MEMBERSHIP	Helen Kelly
DISTRIBUTION	US POSTAL SERVICE
Annual Subscription -	Free to all Houghs Neck Residents
	<i>10.00 per year for each address outside Houghs Neck</i>

Memorial or Honorary Donations

The In Honor Of or Memorials printed in the Bulletin each month are from your neighbors who give a donation. They may recognize a loved ones birthday, anniversary, wedding, birth, passing, letting a friend know you are thinking of them or any occasion. All donations are given to the Houghs Neck Scholarship Fund. On June 16th the Scholarship committee will present \$8300.00 to 3 High School Seniors and 8 College Students continuing there education. Since June, 1964 they have presented \$231,795 to brightest students from Houghs Neck. You may honor a loved one or friend by placing a memorial or in honor of, with a donation. Please send a request to David DiBona 45 Turner Street, Quincy MA 02169.

The scholarship committee also has for sale the "Houghs Neck History" book for \$10.00. Available at E & T Ceramics or by calling 617-479-4107.

The future of Houghs Neck thank's you in Advance for your Generosity.

Houghs Neck Community Council

Executive Committee

President	Dave DiBona
Vice President	Kathy Pavidis
Treasurer	Eileen Timcoe
Recording Secretary	Alda Lyons
Corresponding Secretary	Brian Laroche

Board Members:

Kathy DiBona	Amy DiBona	Helen Kelley
Patt McCone	Aaron Cavin	James Shea
Tom Timcoe	Jim McCarthy	Zoe Antonopoulos

There are open seats if you are interested.

email hnccbulletin@yahoo.com for additional information

Birthdays. Anniversaries. My favorite flower. He never forgot anything.



Including making his funeral arrangements ahead of time. I'm thankful that he took care of the details in advance and saved me the added anxiety of having to make dozens of decisions at a difficult time. And because he paid for his services in advance, my family was not left with a financial burden, but with peace of mind knowing his wishes will be honored.

The professionals of Deware Funeral Home took care of all of the details and helped us plan a fitting tribute to a life well lived.

Call us today to set up an appointment with a counselor and to receive your FREE copy of our Funeral Planning Guide.



DignityMemorial.com

Deware Funeral Home
576 Hancock Street
Quincy, MA 02170
(617) 472-1137

A Service Family Affiliate of AFFS and Service Corporation International,
492 Rock Street, Fall River, MA 02720, (508) 676-2454.



Neighbor News

smegs-legs run

10-8-2016

SAVE THE DATE

Saturday, October 8, 2016.

Beautiful, oceanside run route and fun time honoring LTJG Chris Smeglin
www.smegs-legs.org



The 8th annual Smegs-Legs 5 Mile Run is a relatively flat, scenic loop that swings through the area of Houghs Neck, Quincy with beautiful ocean and marsh views along the route. There are 3 water stops. The course is USATF certified. Finishing times by Spilter Race Systems. New 2 Mile Run for Grades 5-8 students only! For those who don't wish to run, there is a 2 mile walk.

Free t-shirts to first 300 participants. There will be pre and post-race refreshments, and many fun raffles. Race proceeds benefit 3 local charities.

Event details and schedule

The Smegs-Legs 5 Mile Run and the 2 Mile Walk begin at 9:00 AM from the Broad Meadows Middle School in Quincy.

For grades 5-8 students only there will be a 2 mile run!

Registration opens at 7:30 am. Race starts at 9:00 am.

Race events end at 12:00pm.

Free parking on school grounds. Bring extra money for multiple raffles

Scholarship Notes

I would like to thank you for awarding me the book award scholarship this year. I am very grateful for your generosity. This will be very useful as I start my senior year at Curry College. Again, thank you for this award. *Erin Healy*

Thank you for selecting me as a recipient for the HNCC Scholarship. I apologize for being unable to attend the ceremony as I was taking a summer class at night. This book award helped with tuition for the summer course and will cover the costs of textbooks. Once again, I thank you all for being so generous and supportive of my education.

Krista Laforest



HOUGHS NECK COMMUNITY CENTER
1193 Sea Street, Quincy, Ma
Tel. 617-376-1385
Cynthia Lewis, Director

SEPTEMBER 2016

Adult Programs

SEASIDE CAFÉ serves a really good homemade Hot Lunch to older citizens. Monday & Wednesday at 11:30. \$3.00 Coffee and pastry served at 11-11:30
00000000

Scrabble Monday & Wednesdays @ noon
Bingo every Wednesday 12:30-3pm. 25 cents a card. We serve great refreshment & coffee

Blood Pressure Clinic Free Every 2nd & 4th Thursday 9:30-11am.

Paint Night Wed. September 28th 7-9pm Adult Painting program supporting our youth programs see us on FB

Book Group Thurs. September 8th @ 7pm All welcome Book : A MAN CALLED OVE!

AA Program Every Saturday 3-5pm. This meeting is for women only

New Program

Mobile Food Pantry

Every Wednesday 3 - 4pm
A free food program, please arrive by 3pm for free bag of food pass the word
All Welcome

Kid's Programs

Kids In The Kitchen	Wednesday Sept. 7th 3-5
Make It, Take It	Monday Sept 12th 3-5pm
Wii/Just Dance	Wednesday Sept 14th 3-5pm
Crazy Painting	Monday Sept. 19th 3-5pm
Free Playgroup	Tuesday Sept 20 th 10am
Make It, Take It	Wednesday Sept. 21st 3-5pm
Movie Night	Friday Sept 23rd 3-5pm
Jewelry & More	Monday Sept.26th 3-5pm
Painting	Wednesday Sept. 28 3-5pm
Sewing	Monday October 3rd 3-5/6pm
Wacky Wednesday	Wednesday October 5th 3-5
Movie Night	Friday October 7th 3-5pm
Make It, Take It	Monday October 10th 3-5pm
Wii/resort	Wednesday Oct 12th 3-5pm

Youth Program

Kids in the Kitchen Sept 7th 3-5 Bread Baking A social cooking class encouraging trying new foods. \$4

Kids Make and Take it Monday Sept 12th 3-5pm Exciting, fun approach to creating & socials. "Make it Take it" Craft projects STEM & more . Drop off \$3.

Free Tuesdays 12-2pm Starting September 13th A free fun "Y" youth program.

Wii Fun Wed. September 14th 3-5pm. age 5 +FREE

Kids Painting Monday September 19th We will paint on real canvas your choice of subjects 3-5pm. age 5 + \$4

Free Child's Playgroup Sept 20th Tuesday 10am

Toy and book give away Drop in with an adult This playgroup includes Social, snack and a exciting craft

Kids Make and Take it Wednesday Sept 21st 3-5pm Exciting, fun approach to creating & socials. "Make it Take it" Craft projects STEM & more . Drop off \$3.

Movie & Legos Friday September 23rd 3-5pm

This is a Drop off for Ages 5+. \$3. Movies are rated G / PG

Jewelry Making Monday September 26th 3-5

Creative jewelry making lots of new beads \$3. Snacks

Kids Painting Wednesday Sept. 28th 3-5pm. Paint on real canvas your choice of subjects 3-5pm. age 5+ \$4

Kids Crazy Sewing Mon. October 3rd 3-5/6pm

Make your own project on a sewing machine. Age 6 + \$4

Wacky Wednesday Oct. 5th 3-5 free

Lego & Movie Friday October 7th 3-5pm

All movies are rated G & PG Ages 5+ \$3. snacks provided

Kids Make and Take it October 10th 3-5 pm

Exciting, fun approach to creating & socials. "Make it Take it" Craft projects STEM & more . Drop off \$3.

Wii Fun Wednesday 12th 3-5pm. age 5 + free

STEM Make it Take it

A cooperative, integrated, craft & STEM program, Make & Take crafts for 5-10 year olds read ,write, music, art.

Adult Paint Night

September 28th 7pm - 9pm
Explore experiment & exchange ideas in an informal paint party. Step by step instruction. RSVP Preferred
All Supplies provided \$10.
This program supports our Youth programs.
See our painting on HNCC FB
Refreshments Served

The Houghs Neck Community Center operates under the direction of the Houghs Neck Community Council, Inc. Funded with a Community Development Block Grant through the City of Quincy Planning Department

PLEASE SUPPORT OUR ADVERTISERS ~ THEY SUPPORT US
October, 2016 Deadline is September 22 - 2016

Piano Lessons
Experienced Teacher ~ All Ages ~ 617-481-9153 ~ 617-479-4107



FREE DELIVERY
orders over \$7.00

TIME OUT PIZZA & GRILL
524 Sea Street, Quincy MA
OPEN Mon ~ Sat, 11am ~ 10pm / Sun, Noon ~ 9pm
PIZZA, CALZONES, SANDWICHES, SUBS PASTA, SEAFOOD, SALADS & DINNERS
For Fast Service & Delivery Please Call:
(617) 479-2300
www.timeoutpizzaandgrill.com



FREE DELIVERY
orders over \$7.00

<p>Coupon #1 2 Large Cheese Pizzas \$15.99 Toppings Extra <small>Must Mention Coupon when ordering.</small> Limited Time Offer</p>	<p>Coupon #2 2.00 Off Any Order of \$18.00 or more <small>Cannot be combined with any other offers or coupons. Credit Cards are not accepted with this coupon</small> <small>Must Mention Coupon when ordering.</small> Limited Time Offer</p>	<p>Coupon #3 2 Fish & Chips Dinners \$16.99 5 Pieces Haddock, French Fries, Coleslaw & Tarter Sauce <small>Must Mention Coupon when ordering.</small> Limited Time Offer</p>	<p>Coupon #4 Super Seafood Platter \$20.99 Haddock, Shrimp, Clam Strips, Scallops, Onion Rings <small>Must Mention Coupon when ordering.</small> Limited Time Offer</p>
---	--	---	--



HOUGHS NECK CONGREGATIONAL CHURCH

Interim Pastor. FELIX CARRION

Sunday Service 10:00am

Fellowship Coffee Hour following Service

310 Manet Avenue ~ 617-479-8778 www.hncong.org

Welcome to Houghs Neck Congregational Church

When Houghs Neck Congregational Church gathers for worship every Sunday at 10:00 a.m., we feel profound gratitude for our community of faith. We feel thankful that we can come together to worship, to sing, to pray and to embrace and care for one another in the love of Jesus Christ. We know that we have a spiritual home that is welcoming and friendly and affirming of all of people. This is why I would like to tell you more about the Church I have the joy and privilege of serving.

Our worship seeks to be uplifting and joyful; with the Choir singing beautiful music led by our gifted Choir Director and Organist, Steve Reed. The sermons that are preached are for the purpose of building up each one who is a part of the Church and all who are guests. God's word is meant to be an instrument of divine blessing for all people. We believe in sharing the love of God instead of stoking fear. We believe in God's goodness instead of old ideas about an angry and stern God. For God is a loving and caring Divine Parent who wants the very best for everyone.

The Children Are the Church of Today at Houghs Neck Congregational Church. We don't say that they are the children of the Church of tomorrow because they are already the children of the Church; they are already as much a part of our congregation as anyone else. As a congregation we are dedicated to loving and supporting their spiritual upbringing and formation. When talking about the Sunday School,

the Superintendent, Jaime Gordon, put it this way: "Our Sunday School is a wonderful program where our children can go to have fun while learning about God and the Word of God. For our children, we are building a foundation that is based on God's love. Sunday School is a place where our children can feel comfortable to ask questions and form ideas and thoughts about how their faith is growing. This is where our children will grow and show they are the church of today."

On September 11, our new Sunday School year begins with four classes ranging between the grades of Pre K/Kindergarten - Eighth. During the Sunday School year, the children start out in the worship service and then proceed to their classes after the Pastor offers to them the "Children's Sermon". With the Pastor seated on the steps of the altar, the children gather for a message that is always rooted in love, gratitude and respect for them. We teach them as much as they teach us. Our Sunday School

program is open to all children. We seek to welcome all children like Jesus did.

Our Relationship to the Larger Houghs Neck Community is precious to us as a Church. We believe that God has placed our congregation here to be a blessing to our community. We seek to put in practice the wonderful legacy of those who founded our Church over 120 years ago. Each year we want to make vital our relationship with our community. Here are ways we seek to do this.

The Seaside Sisters meet the third Tuesday of each month from September through May. The club has three principles which guide their programs and activities: 1) Support the children of the Church and community, 2) Promote the fellowship and sociability among its members and others in the community, and 3) Share in the financial and spiritual support of the Church. Annual dues are \$20 and guests are welcome to attend all programs. Throughout its history, the Seaside Sisters have made many donations to organizations that provide resources and support for children, offered many wonderful events, educational forums, and parties for its members and community, and supported the special projects of both the Church and community. Programs are held in Fellowship Hall on the lower level of the Church at 310 Manet Avenue.

Cub Scout Pack 6 is the oldest continuously run pack in Quincy. Pack 6 and Dens meet every Wednesday from 6:30-7:30 p.m. Boy Scout Troop 6 has been serving the youth and community of Houghs Neck and Quincy since 1930. It meets every Monday night from 7:00-8:30 p.m. Both groups meet in the Rev. M. Alicia Corea Fellowship Hall of Houghs Neck Congregational Church. Our congregation treasures this relationship and we give thanks for the many leaders who year after year give so much to serve the boys of our community.

This year we'll be there again at the Community Council's "Chowdafest" (September 10) hosting our bake sale to raise funds

for the McKinney-Vento Homeless Assistance Program which supports the homeless children of the Quincy Public Schools. On September 30, our well-known "Lobster and Fish Dinner" will take place. On November 4&5, the Church's Fair will offer wonderful crafts, cakes, sugar and spices, bling, raffle prizes for children and adults, delicious foods, and much more. Other community events such as the Chili Cook-off, Princess Tea and the Strawberry Festival complete the year's programs.

Houghs Neck Congregational Church partners closely with Interfaith Social Services (ISS) throughout the year, collecting and delivering groceries to their Food Pantry each week, donating children's gifts at Christmas and Easter to support their many families in need. Church members including many children participate in the ISS Walk & Run each April to support their many programs.

The children of the Houghs Neck Congregational Church Sunday School have grown a substantial vegetable garden on church property for the past two years and all the produce is donated to the ISS

Food Pantry to help provide fresh vegetables to those of the community in need.

We truly value our relationship with the Houghs Neck community.

Our Hope and Prayer

We invite you to learn more about our Church, to come and worship with us, and to participate in the blessings of our congregation. The most important thing is to be rooted in the spiritual life and in a spiritual community.

May God fill your life with love, peace and joy! May God wonderfully bless you wherever your spiritual journey leads!

Seaside Sisters

(name change coming)

Tuesday, September 20, 2016
Canning 101

Did you ever want to learn to make homemade jam? It is really quite easy and so yummy. Come to our hands-on session on September 20, at 7:00 and take home a jar of jam. Everyone who is interested is welcome to attend. As always, you do not need to be a member of the club or of the church to attend our programs which are open to the public. Programs are held in Fellowship Hall on the lower level of the church at 310 Manet Avenue. Members will have a brief business meeting at 6:30 prior to the program.

Houghs Neck Community Council Membership Drive

Our membership year runs Sept. 1 through Aug. 31 We have the lowest Family dues in the city and offer so much more for \$5.00 per Family, Including Free Childrens events, and the HN Bulletin beginning it's 60th year of publication. (\$10.00 per address outside of Houghs Neck) *see the form on the back page.*



My Dear Houghs Neck Neighbors,

Please contact me and allow me to assist you if you would like to buy or sell a Houghs Neck home.

Thank you, Juile Berberan




JULIE BERBERAN

REALTOR®
CELL 617-283-2994
julieberberan@aol.com

617-283-2994 • RedDoor-RE.com

Bernies General Store

Milk ~ Papers ~ Greeting Cards ~ Groceries ~ Fired Foods ~ Subs ~ Deli ~ Lottery

FEATURING GREEN MOUNTAIN COFFEE



FRESH MUFFINS

Open 7 days ~ 6AM to 10PM
School's are open



Watch out for our children

COOK TO ORDER BREAKFAST SANDWICHES

STARTING AT **\$3.00**

ON WHITE OR WHEAT BREAD

Now Offering Free Food Delivery in Houghs Neck Area ONLY

Take Out Orders Call: 617-479-7441

1149 Sea Street ~ Houghs Neck



HOLY TRINITY PARISH

Fr. Bob Carr: Pastor

MASS SCHEDULE

frbobcarr02169@gmail.com

Sat. 4:30pm MBS & 6:00pm OLGC ~ Sun. 8:30am MBS & 10:30am OLGC
 www.holytrinityquincy.com ~ facebook: holytrinity quincy
 Office Hours Mon-Tues: 9:30 am-7:00 pm, Wed-Thurs: 9:30 am-12:00 pm
 Friday office is CLOSED Saturday and Sunday by appointment

LADY'S SODALITY

Lady's Sodality Meets the first Sat. of the Month after the 9:00am Mass at Our Lady of Good Counsel church hall. Andrea Sault is the Prefect, for more information contact her at sault46@aol.com

HOLY NAME SOCIETY

Next meeting will be held after the 8:30 Mass on Sept. 18th. In the St. Thomas Aquinas Hall. We will be discussing the maintenance and other projects around the parish. All confirmed male members of the parish are invited to join this group.

PARISH NEWS

The Parish Nurses program will sponsor the Monthly Blood Pressure clinic in September date to be announced. Stop by and have your Blood Pressure checked. Certified Nurses will check you pressure and let you know how you are doing. This is a free service of the Parish Nurses and is open to all.

Religious Education (website) www.holytrinityquincy.org
 Registration for the 2016-2017 Religious Education Program is underway for all Grades. Forms and information are available on the new website at www.holytrinityquincy.org and will also be at the back of both Churches. Registration forms and the \$50 per child fee is due by September 1st to guarantee class placement and supplies. Contact Brian Kirby with any questions at htpreled@gmail.com. *Brian Kirby Coordinator of Faith Formation*



HOUGHS NECK GARDEN CLUB

The Houghs Neck Garden Club ended the 2015-16 garden club year with a Tenth Anniversary Celebration held on June 18th at Nut Island. The setting was appropriate as the Club itself grew out of the involvement by neighbors in the transformation of the Nut Island park. This was a free event to which members of the community were invited and it was very well attended. We were blessed with glorious weather and in addition to refreshments, boutique and raffle, attendees enjoyed a variety of activities including tours of the park with a master gardener, talks on historical happenings at Nut Island, and even tours of the Nut Island facility itself.

Although exceptionally hot weather stalled outdoor activity during much of the summer, the HNGC was very active in the spring and early summer planting and maintaining various public sites in the neighborhood. Club members also participated in Cleaner Greener Quincy in the spring and on June 11th the Club held a free Pruning Workshop conducted by arborist Jen Kettell at Leo Kelly Park to which the Houghs Neck community was invited.

Looking ahead, on October 5th, the Club's first speaker for the fall, Thomas Mickey, will speak

on "America's Romance with the English Garden." Mickey, who has been a garden columnist for the Quincy Patriot Ledger, is a Master Gardener and Professor Emeritus of Communication Studies at Bridgewater State University, and is a graduate of the Landscape Institute at the Boston Architectural College.

The meeting will be held in the MWRA Community Room at Nut Island, 2nd floor, 149 Sea Street, starting at 7pm with refreshments and a brief business meeting followed by the program at 7:30pm. New members are welcome!

The Club is a member of the Garden Club Federation of Massachusetts.

For more information about the Club go to: <http://hngc123.wix.com/houghsneckgardenclub/>.

Houghs Neck Chowdafest

Annual Bake Sale at the Chowdafest - Sept. 10

The Houghs Neck Congregational Church will continue our traditional of hosting a bake sale at the Chowdafest to benefit a worthy cause. This year we will once again focus our attention on the homeless children in the Quincy Public Schools. The program to support these students is the McKinney-Vento Homeless Assistance Program which can be found at this link: <http://quincypublicschools.com/qpsinfo/download/district/support-services/Brochure%20-%20Homeless%20Assistance.pdf>. All money raised at the bake sale will be donated to this program in the Quincy Public Schools. The program assists with school supplies, food, clothing, pre and after school programs, tutoring, mentoring, transportation and other services. We welcome donations of baked goods at the Chowdafest and items may be dropped off after noon. Cookies should be packaged 6 to a bag and brownies or squares, 4 to a bag. Anything with nuts or peanut butter should be clearly marked. There will also be a can for donations of cash or checks (made payable to Quincy Public Schools). Please participate in all of the fun at the Chowdafest and stop by the Bake Table to make a purchase or donation to support our homeless children. Thank you and looking forward to seeing you there.

TROOP 6 will sell food at the Chowdafest

Troop 6 Boys Scouts will be selling Hot Dogs, Burgers, Soda and Water at the ChowdaFest. The troop has participated in ChowdaFest for many years and the proceeds of their sales benefit the troop. Troop 6 has grown to be one to the larger troops in the area, largely because of the many events the boys participate in. Rob Gordon Scout Master and his many adult volunteers take the troop camping, hiking, snowboarding/skiing, they participate in many community events. The troop members have assisted with the Annual Cleaner Greener Quincy, they painted the roller hockey rink and helped build the Playground at Brill Field. The troop and Pack 6 Cub Scouts are holding Registration nights in September. For the Cub Scouts see the ad on page 8, the Boy Scouts meet every Monday at the Houghs Neck Congregational Church on Manet Ave.

Hough Many Scoops at Chowdafest

The twelfth annual ChowdaFest and Reunion being held at the HN Maritime Center on Bay View Ave will feature Hough Many Scoops serving Ice Cream during the event. The Funds raised will be given to a community charity, In 2015 the funds raised were donated to the Houghs Neck Community Council Scholarship Fund to create a permanent scholarship in the memory of Paul & Claire McCloskey: Stop by and enjoy a refreshing Ice Cream.

If you want your home

SOLD

Call Red Door



222 Sea Street
Quincy, MA

617-553-1880 • RedDoor-RE.com

K&R AUTO BODY

We work With EVERY Insurance Company

Rental Car Assistance
 Collision Repair • Brakes • Struts
 Exhaust Systems • A/C Service
 Towing • Lock Out Service



Office: 617-471-8999
 Fax: 617-471-7999
 Cell: 617-999-4374



Mechanical Specialists
 Appraiser's Lic #006154
 krautobody@icloud.com

1200 SEA ST, QUINCY | kandrautobody.com

YOU'RE LOOKING AT THIS,

SO ARE 2000 OTHER FAMILIES EVERY MONTH

ADVERTISE IN THE HOUGHS NECK BULLETIN
 HNCCBULLETIN@YAHOO.COM
 OR CALL: 617-479-4107



City of Quincy
 OFFICE OF THE CITY COUNCIL
 MARGARET E. LAFOREST
 Ward One Councilor
 1305 Hancock St... Quincy, MA 02169
 617-376-1351 (office) ~ 617-471-1806 (home) www.MargaretLaforest.com

Over the summer, the City has been doing sewer rehabilitation along Sea Street, with many vehicle detours near the Willows. We anticipate this project being completed in the next two weeks. The City has been utilizing low interest MWRA loans and grants to improve our water and sewer infrastructure and Ward One has been the beneficiary of many of the projects.

I will be hosting a community meeting on Thursday, September 22, 2016 at 6:30pm, at the Houghs Neck Maritime Center, 137 Bay View Avenue, to review and discuss a proposal from K&R Auto Body, 1200 Sea Street to increase their hours of operation, increase the number of vehicles allowed and update their business license to include towing, on street loading and offloading to allow for delivery of parts and supplies, and permission to display a sign on the property that is seen from both sides of Sea Street. Located in a Business B zone, an automotive use has operated at this address for decades. The applicant has requested an opportunity to present his proposal to the neighbors before submitting to the License Board for approval. The Business Owner, Brandon Bergstrom, who grew up and lives in Houghs Neck, took over the business from his father Ken and partner Ray Mitchell. He has worked to improve the conditions of the property and wants to bring this successful business to the next level while being respectful of the Residence A zone his business abuts. The City has received complaints regarding work occurring after hours and tow truck parking. Brandon has acknowledged and been responsive to these matters. The community meeting is the first step in the process. This proposal requires

approval from the Licensing Board and is scheduled for hearing on Tuesday, September 27, 2016 at 4:00pm at Old City Hall, 1305 Hancock Street, First Floor Meeting Room. This is a public hearing and anyone can attend to express their support or opposition to the proposal. If you cannot attend the meeting, you can send a letter by mail to the City Clerk, Nicole Crispo, 1305 Hancock Street, Quincy, MA 02169 or by email ncrispo@quincyma.gov

Chronic blighted properties is an issue that I have spent a lot of time working on with our Inspectional Services Department. It's unfortunate that owners neglect their properties and are a detriment to the entire neighborhood. Fines have been issued, some are in the court system (foreclosures, estate issues, etc). We have even brought the Attorney General's Office to visit the worst properties in the city as they have the authority to take them into receivership. In Houghs Neck, the Attorney General's Office has taken interest in 54 Spring Street and 45 Shennen Street. 54 Spring was sold two years ago and the owner knew the blighted conditions when purchasing, yet barely mows the lawn and has shown no progress. A few houses on that block are under construction and this eyesore has had a negative impact on all who live near it as it's been in dilapidated condition for 10+ years. 45 Shennen Street bought the property two years ago and while the property was blighted, the new owner submitted plans to the Zoning Board of Appeals and were granted a variance to tear down and construct two new homes on the lot. However, the owner did not act on the variance and it has expired. They have refiled for Zoning

Approval. I have advised the owner, Zoning Chairman Marty Aikens, and Inspectional Services director Duca, that I am opposed to the variance without a sign of good faith in having the current structure demolished. This case has been continued all summer. I met with the owner, his architect and realtor, and finally they have mowed the lawn, the utilities are being disconnected and demolition is supposedly imminent. The next zoning board meeting is Tuesday, September 13th at 7:15pm in the first floor meeting room of Old City Hall. As of now, we are uncertain if this matter will be heard or it will be continued.

The Maritime Center project was awarded another grant of \$225,000. This funding is for engineering, design, and permitting for a new building. We have not yet begun this phase of the project but will be reaching out to stakeholder groups this fall to get an understanding of what the community needs and wants for utilization in this public building. We have filed the necessary permitting for the boat ramp. We expect the agencies reviewing the permits to take a few months before granting. Once the permit phase is complete, the boat ramp construction will be put out to bid, most likely in the winter/early spring. When we have a construction contract, I will have a community meeting specific to boat ramp construction so everyone understands what to expect. We anticipate construction occurring in the spring of 2017 and the new ramp open for boating season in May 2017. I look forward to seeing everyone at the Chowdafest. It's community events and the efforts of the Houghs Neck Community Council that contribute to Houghs Neck being such a great place to live. I hope the good weather continues so I can get a few more days out on the water. Best regards,

Margaret



City Of Quincy

Office of the Mayor

QUINCY SAVES ENEGRY to have information table at CHOWDAFEST

The City of Quincy has been selected by National Grid, to participate in the 2016 Energy Efficiency Community Initiative. The Community Initiative encourages Quincy residents to implement energy saving measures such as no-cost home energy assessments, air sealing, and insulation at their homes. Quincy is launching a city wide year-long program called Quincy Saves Energy to help Quincy reach the goals set by the Community Initiative. Implementing energy efficiency measures will help Quincy residents save on their energy bills. One goal within the Initiative is for Quincy residents to complete 701 Mass Save™ Home Energy Assessments by the end of 2016. The City of Quincy is partnering with HomeWorks Energy and the nonprofit Home Energy Efficiency Team to achieve our goals. The Mass Save no-cost Home Energy Assessment, discounted weatherization, and 0% interest HEAT Loans help residents live more sustainably, comfortably, and affordably. Additionally, Quincy stands to win an award and receive more than \$41,000 from National Grid if it achieves all of the initiative's goals. We value the role your organization has in Quincy. I would appreciate your help as we work to spread the word about the Mass Save program by allowing representatives from HomeWorks Energy to set up a Quincy Saves Energy resource table inside your organization to connect with your clients and offer them the opportunity to participate. I hope you will support this initiative and help Quincy residents save energy - and money!

Thank you in advance for your support!

Sincerely,
 Thomas P Koch
 Mayor

Let everyone know Your Business Advertise in the Houghs Neck Bulletin hncbulletin@yahoo.com or call: 617-479-4107 Internet Advertising The Bulletin and your ads can be found at no additional cost at www.houghsneck.org

MASSACHUSETTS

VEHICLE CHECK
 Cleaner Air • Safer Roads

J.F. AUTO CARE, INC.
 895 SEA STREET
 QUINCY MA 02169
617-328-7102



OVER 25 YEARS OF SERVICE
 IN HOUGHS NECK
 FOREIGN AND DOMESTIC
 CARS AND LIGHT TRUCKS

\$ 5.00 OFF
OIL CHANGE
LUBE & FILTER
 J.F. AUTO CARE
 COUPON # 010115



- ~ BRAKES ~ EXHAUST ~ TUNE-UPS ~ MASS INSPECTIONS ~
 - ~ OIL AND TRANSMISSION FLUID CHANGES ~ STEERING AND SUSPENTION ~
 - ~ COOLANT SYSTEM FLUSHES ~ EMISSIONS REPAIRS ~ A.C. REPAIRS ~
- MON ~ FRI 8:00 - 5:00

FREE SHUTTLE WITHIN HOUGHS NECK * GERMANTOWN * ADAMS SHORE * MERRYMOUNT
 JOHN FEIST - MANAGER / ASE CERTIFIED MECHANIC



ACCOUNTING
 INSURANCE
 INCOME TAX PREPARATION
 ELECTRONIC FILING SERVICE
 NOTARY

DAILEY TAX AND INSURANCE INC.
MAUREEN GIBBONS
 PRESIDENT

526 Sea Street
 Quincy, MA 02169

Bus: 617-472-8100
 Fax: 617-472-8131

www.daileytaxandinsurance.com
 m.gibbons@daileytaxandinsurance.com



FREE ESTIMATES
 ALL TYPES - REPAIRS
 FULLY INSURED

MIKE MAFERA
617-694-4169



Jim Riley

Riley Construction
 Commercial & Residential Roofing all Phases
 Windows and Gutters

Quincy, MA 02169
 (617) 472-3335
 rileyconstruction@live.com

Licensed & Fully Insured
 Mass Reg #138824
 Free Estimates



The Commonwealth of Massachusetts
TACKEY CHAN
 State Representative ~ 2nd Norfolk District,
 State House, Room 26, Boston MA 02133
 Tel. 617-722-2080
 Tackey.Chan@mahouse.gov



I hope you had a safe and enjoyable Labor Day weekend. August is a slow month in the Legislature with less than a dozen public hearings and executive sessions by legislative committees. In July, I received well past a thousand individual emails, United States postal service mailings, social media messages, and phone calls from constituents supporting or opposing legislation. This does not include the many organizations advocating their positions and other constituent service requests. Even now, I am averaging 50 emails daily, including on weekends, from many different organizations. If you have a constituent service issue, especially a time sensitive one, please send an email and telephone my office. Also, please do not include sensitive information over email such as social security numbers, bank accounts, or insurance company accounts, unless my office requests it. Like all government agencies, the state is on the receiving end of regular cyberattacks. I have one aide, Maeve Kidney, and we read and listen to all forms of communications that come to my office.

The Governor signed into law several major pieces of legislation that will impact many of us. The comprehensive energy procurement legislation will expand our energy portfolio to include more renewable power. The economic stimulus bill will promote greater business innovation in the state. Equal pay establishes a fair method to ensure that all persons regardless of gender are able to be compensated fairly for the same work. Transportation Network Companies, such as Uber

and Lyft, will be subject to state oversight and regulation. These laws were signed in August and will take months before they are implemented. I will provide a greater summary of each of these laws in the coming months, starting with the energy procurement legislation below.

Massachusetts is the largest consumer of electrical power in New England. We consume just under 50% of all electricity that is generated or transported into New England. The Massachusetts population has grown at a rate of 3.8% over the last five years, and continues to increase. Pilgrim Nuclear Power Plant is planned to shut down in 2019, which represents approximately 8% of all Massachusetts generated electricity. At least two other Massachusetts electrical generators, one located in the northeast and the other in the southeast are contemplating shutting down sometime after 2020. Siting and developing a new natural gas facility that generates electricity in Massachusetts is extremely difficult.

Chapter 188 of the Acts of 2016 establishes a regulatory process where the Department of Public Utilities provides oversight for Massachusetts utility companies' purchase of 1,200 megawatts of hydroelectric power and 1,600 megawatts of wind generated electrical power. There is a competitive bidding process based on who has the lowest rate and who has the highest commitment to delivery to determine which hydroelectric and wind generator companies will provide power to the Commonwealth. There is a proposal to construct large scale windmills on Block Island off the cost of

Rhode Island, which if completed will be the first large offshore wind generation facility in the United States. If our timing is correct, new renewable electrical power will be available when other Massachusetts electrical generators shutdown. The legislation also regulates Property Accessed Clean Energy (PACE) programs and allows them to provide loans to property owners to make clean energy improvements. This same program was successfully implemented in California. The law makes greater investment in our existing small hydroelectric facilities. It explores and fosters the development of new fuel cells as well as waste to energy and anaerobic electric generation technologies. The Department of Energy Resources is required to establish policies to encourage the development of electrical energy storage technology. Currently, over \$800 million a year, funded by your electric bills, is spent on energy efficiency programs. We are leading the nation on energy efficiency programs, and this new legislation will increase our momentum in promoting renewable power sources.

Federal, State and County elections are this year. The primary date is Thursday, September 8th. This election cycle will be the first time Massachusetts will implement early voting. I met with the City Clerk, Nicole Crispo, to discuss the implementation process. Once the plan is finalized, the dates, times and locations will be made available to the public. The last day to register to vote for the November 8th election is on October 19th. Information on registering to vote is on the Secretary of State's website at <http://www.sec.state.ma.us/ele/eleifv/howreg.htm> or you can contact my office and I can have a form sent to you.

Tackey

MANET COMMUNITY HEALTH CENTER SELECTED TO PARTICIPATE IN NEW NATIONAL INITIATIVE TO PREVENT HEART ATTACKS AND STROKES

Manet Community Health Center (Manet) has been selected by the Centers for Medicare & Medicaid Services (CMS) as one of 516 awardees in 47 states, Puerto Rico, and the District of Columbia to help reduce the risk of heart attacks and strokes among millions of Medicare fee-for-service beneficiaries. Health care practitioners, such as Manet, participating in the Million Hearts® Cardiovascular Disease Risk Reduction Model will work to decrease cardiovascular disease risk by assessing an individual patient's risk for heart attack or stroke and applying prevention interventions.

"This is an exceptional opportunity for us to help our patients reduce their risk for cardiovascular disease," said Tomide Oyelakin, MBBS, MPH, CPHQ, Manet's Senior Director, Performance Improvement. "Manet's participation in the Million Hearts® intervention group will improve our ability to determine an individual's risk for a heart attack or stroke and support our efforts to work with patients to identify the optimal lifestyle, wellness and pharmacological approaches to reduce their risk of having a heart attack or stroke."

According to the Centers for Disease Control and Prevention (CDC), heart disease is the leading cause of death and a major contributor to disability in the United States. One in three deaths is caused by heart attacks and strokes, resulting in over \$300 billion of health care costs each year. *Continued pg 8*

FLAVIN & FLAVIN REALTY

Complete Real Estate Service Since 1925

Free Opinion of Value
 ~
 Committed to Property Ownership
 ~
 Offering Seller & Buyer Representation

SOLD

a century of connecting people with homes

Flavin & Flavin
 1085 Hancock St. Quincy Center
 Visit: www.flavinandflavin.com **617-479-1000**

BACK TO SCHOOL

Quincy Checker Cab

Quincy's Newest Cab Company

"Now You Have A Choice"

617-955-1167

Any Ride From Quincy To Logan \$35.00 Plus Toll

"Call Ahead Service For Any Pick-up ~ No Matter How Small"

**OPEN
24
HOURS**

**365
DAY A
YEAR**

We strive to pick-up customers in 12 minutes or less!

Mention; Houghs Neck Bulletin ~ Save \$1.00 off your fare

E & T Ceramics

Adult Ceramic Classes ~ Year Round

Make it Yourself ~ Make it for Yourself ~ Give it as a Gift.

Time to start thinking about Fall & Christmas
Join a class today and make it yourself.

AVON PRODUCTS
 Avon Representative for over 35 years
 367 Billings Road ~ Wollaston MA
617-479-4107
etceramicshop.com ~ etimcoe@yahoo.com
 Hours Mon ~ Fri 9-2 ~ Mon & Wed Evenings 7-9

The Bag Lady and More

Purses, Totes, Kids Bags
 Character Pillows, Pillow Cases
 Fleece Blankets & Pillows
 Children's Cloth Books
 Flannel Blankets

Marge Colton

mcolton1@verizon.net

First Class

Commercial & Residential

Plumbing & Heating corp.

"Everybody Deserves First Class"

David A. DiBona, President
 Master Lic #12946 ■ Plumbing Corp. #2832
 toll free: 877-36-FIRST ■ cell: 617-590-2359
Dave@FirstClassPlumbingHeating.com
 FirstClassPlumbingHeating.com
 20 Jewett Street, Quincy, MA 02169



QUINCY Cub Scout Pack 6

Serving the Youth of Quincy for over 75 Years!

Announces the Registration for the 2016-2017 Cub Scouting season. Enrollment is open for all boys from the Kindergarten to Fifth Grade

Brian Laroche, Cubmaster
pack6quincy@gmail.com
(617) 786-1637

Registration Dates: September 7 & 14, 6 to 9pm, 310 Manet Ave
HN Congregational Church - Registration Fee is \$100.00

* Cost of 1 year of program is included which covers Boys Life Magazine, den meetings, pinewood derby, bicycle rodeo, Adventure Card which provides unlimited access to the New England Adventure Base camp in Milton, award / rank patches and monthly pack gatherings. Registration does not include uniform shirt, standard uniform patches, neckerchief, slide and cost of extra-curricular activities such as outings to Six Flags, Battleship Cove, Overnight to Museum of Science, Overnight to Pawtucket Red Sox and other such activities. Opportunities to earn some of these outings for free or at a reduced rate will be given through the annual Popcorn Fundraiser.

Meetings are held at:
The Houghs Neck Congregational Church - 310 Manet Ave
Lion Cubs first Monday of each month from 6:30 to 7:30pm (starts in Nov)
Cub Scouts on Wednesday Nights from 6:30 to 7:30pm (starts 9/21)

While the programs for each of the following groups change from year to year, below is a sample of some of the activities that were completed last year.

Lion Cubs (Kindergarten)

- Group Activities
- Intro into Cub Scouts

Tiger Cubs (Grade 1)

- Pinewood Derby
- Rain Gutter Regatta
- QATV Tour
- Hiking / Outdoor activities
- Go See It activities
- Den Activities

Cub Scouts (Grades 2-3)

- Den Activities
- Pinewood Derby
- Rain Gutter Regatta
- Citizenship
- Themed Monthly Group meetings.
- 6 Flags Overnight Campout
- Blue Hills Camping & Hiking.

Webelos (Grades 4-5)

- Camping at Scout Camps
- Hiking in the Blue Hills
- Council Camporee
- SOAR – Scouting adventure along the Charles River, Columbus Day weekend
- Pinewood Derby
- Pack meetings (Derby, Regatta, etc.)
- Museum of Science Overnight
- Battleship Cove
- Overnight adventures



HOUSE CLEANING

by H.N. homeowner

free est. ~ limited openings

20+ years experience

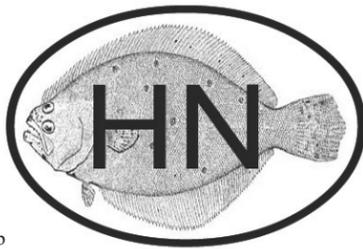
Also doing chores, repairs, painting etc.

Joe Keenen 617-773-1084



2016-17 Membership

- | | | |
|---------------------------------|-----------------------------------|-------------------------------|
| Martin Aikens | Patt & John McCone | Beyond the Willows |
| Sandra Alty | Donna & John McCourt | Bob Allan |
| Anthony Andronico | Richard McDermott | Dick & Ann Beaumont |
| Mark & Kate Baldwin | James & Elba McDonald | Jon & Sara Belmont |
| Jim & Betty Baldwin | Claire McDonough | Pat Beston |
| Ed & Clare Barrett | Richard McDonough | Joe & Eileen Chase |
| Beaumont Family | Tom & Kathy McIntyre | Mike & Cyndy Cotter |
| Julie & Bill Berberan | Betty McLean | Sheena & William Curley |
| Connie Boudreau | Heather & Chris McPartlin | Harold Darrow |
| Susan & Kevin Boudreau | Howard & Mary McQuinn | Robert Donald |
| Barbara Boussy | Arthur & Leona Mellyn | Bethanie Donovan |
| Bob & Clemmie Brill | Doris Menz | Debbie Favorito |
| Frederick Caramanica | Jack & Eileen Menz | Ed Ferguson |
| Gay Carbonneau | Hank & Edie Miller | Maureen & Joe Gibbons |
| Casey Chamberlain | Jean Miller | Barbara Goldrick |
| Eileen Chase | Tony & Betty Mina | Bill & Ellen Goodchild |
| Conklin Family | Jacqueline Mina | John Hacunda, Sr. |
| Jerry & Wendy Connors | Veronica Mormino | Joseph Halletky |
| Jean Conso | Charles & Sally Murphy | Shirley Harrington |
| Debra Conso | Lois Murphy | Ann Henshaw |
| James & Jean Conso | William & Jean Murphy | Chris Hurley |
| Maureen Corbo | Steve & Ginny Nemeskal | Laura & Dale Janis |
| Jeff & Marcia Craig | Aimee Newell | Veva & Eric Johnson |
| Jim & Nancy Cross | Gerard & Patti Nichols | Dick & Janet Kelley |
| Veva Darrow | Jack & Peggy Nigro | Ed & Pierette Kelly |
| Vic & Gayle Davidson | Jon & Kristal Noel | Larry Levasseur |
| Jim & Alice Deady | Vincent & Rita Norton | Edward & Hope Love |
| Maura Doherty & Stephen Delano | David Nielson & Paul O'Brien | Bev & Russ Marcellus |
| Paul & Joyce Donald | Peg O'Connor | Sarah & John Mattes |
| Hank & Joanne Dondero | Steven & Nicole O'Hare | Marjorie McAllister |
| Lisa & Charles Donnelly | Laura & Jeff O'Rourke | Steve & Maureen McCann Marden |
| Frank & Kathy Doyle | Harry & Bette Olson & Girls | Richard McDermott |
| Lynn & Bob Doyle | Sarah Onofri | Carole McDonough |
| Connie & Gail Driscoll | Sarah Paez | Warren Meehan |
| Jeanne & Robert Flaherty | Deb & Chuck Parrish | Douglas Menz |
| PJ & Julie Foley | Russell & Donna Patten | Helen & Toni Mina |
| Rhonda Gaura | Danielle Pillian & Mark Sahatjian | Tom & Jeanne O'Connor |
| Elaine & Michael Gibbons | Jim & Mary Provenzano | Shirley Pearson |
| Art & Joan Giordani | Armando & Jan Ramos | Rev. Peter Preble |
| Marty & Paula Gordon | Paula & Joe Renzi | Rick & Lauren Praetsch |
| Rob & Jaime Gordon | Richard Reynolds | Kenneth & Janet Reynolds |
| Evie & Al Gustafson | Jeanne & Jayne Reynolds | Val Robertson |
| Bob & Marybeth Hardiman | William & Claire Richardson | Samantha Shaw |
| Healy Family | Bill & Margaret Rimovitz | Janet & Margie Short |
| John & Roberta Hurley | Warren Ruska | Donna Stevens & Matt |
| Valerie Jackson & Sue Bartlett | Sherry Ryan | Mr. & Mrs. Don Stroup |
| Bob & Lucy Jordan | Kathy & Dave Shaw | Shirley & Arthur Tobin |
| Bernadette Kelly | Judy Smith | Al Trotman |
| Helen Kelly | David & Susan Smith | Mary Ann Whitney |
| John Kelly & Nancy Sullivan | Paul & Lorraine Squatrito | Lois Zulauf |
| Cathy & Bill Kennedy | Mike & Lisa Sullivan | |
| Carol & Harold Kimball | Dave & Marilyn Taylor | |
| John King | Eileen & Tom Timcoe | |
| John & MaryAnn Kohut | Sheila Tordoff | |
| Fred & Janice Kussman | David & Kathleen Wahlstrom | |
| Patricia Kussman & Therese Dunn | Laurel Wainwright | |
| Janet Lewis | James & Janet Walker | |
| Manning Family | Jack & Ellen Walsh | |
| Rita Marsden | Patricia Ward | |
| Doris & Donald Marshall | Carol Lee Wilson | |
| Ashely Martin | Elizabeth Wilson | |
| Elaine Martin | Sheila Wojdakowski & Arthur Webb | |
| Paul & Linda McAteer | | |



Share you special times Send your birth, engagement, wedding, graduation announcements, to: hncbulletin@yahoo.com

Houghs Neck Merchandise Order Form

Wood Buildings		Houghs Neck Sites Design	
Atherton Hough School	\$15.00	Journal	\$ 8.00
Harvey's Wharf	\$15.00	Note Caddy/Pad & Pencil	\$ 7.00
Houghs Neck Cong. Church	\$15.00	Magnet	\$ 3.00
Houghs Neck Fire Station	\$15.00	Houghs Neck Quilt	\$49.95
Great Hill School	\$15.00	Houghs Neck Can Koozie's	\$ 3.00
Great Hill Towers	\$15.00	Houghs Neck History Book	\$10.00
Most Blessed Sacrament Church	\$15.00	Bumper Stickers	
Quincy Yacht Club	\$15.00	Large "I ♥ Houghs Neck"	\$ 1.00
Louis Cafe	\$15.00	Small "I ♥ HN"	\$ 2.00
Pillow and Tote Bags		Oval "Flounder HN"	\$ 2.00
Most Blessed Sacrament Pillow	\$19.95	NECKA	\$ 2.00
Most Blessed Sacrament Tote	\$19.95	Flounder Note Cards	\$ 5.00
Houghs Neck Cong. Church Tote	\$19.95	Old Time Note Cards	\$ 5.00
Shipping for orders beyond Houghs Neck add \$3.00 per item except for stickers add \$1.00 \$ _____			
Donation's: Playground Fund \$ _____ Rainbow Fund \$ _____ Holiday Fund \$ _____			
Donation to the Scholarship fund: In memory of: _____ \$ _____			

Membership Year Sept 1, 2016 ~ August 31, 2017

HNCC Membership Per Family \$ 5.00 _____ **Beyond Houghs Neck Per Address \$ 10.00** _____
Name: _____ HNCC Membership Per Family \$ 5.00 _____

Address: _____ **Check total \$** _____

City: _____ ST: _____ Zip: _____ Email: _____

Gift Membership for: _____ \$ 5.00 _____

Make Checks Payable to: Houghs Neck Community Council, Inc.
Mail to: Helen Kelly 16 Madeleine St Quincy MA 02169

MANET Currently, health care practitioners are paid to screen for blood pressure, cholesterol, or other risk factors individually. In testing a new approach, practitioners participating in the Million Hearts® Cardiovascular Disease Risk Reduction Model's intervention group will use a data-driven, widely accepted predictive modeling approach to generate personalized risk scores and develop specific plans in partnership with patients to reduce the risk of having a heart attack or stroke. Accepted applicants were randomly assigned to either the intervention or control group in accordance with the model's randomized control design.

"Our health care system historically often emphasized acute care over preventive care," said Dr. Patrick Conway, CMS Acting Principal Deputy Administrator and Chief Medical Officer. "This initiative will enhance patient-centered care and give practitioners the resources to invest the time and staff to address and manage patients who are at high risk for heart attacks and strokes."

For additional information about the Million Hearts® Cardiovascular Risk Reduction Model, including a fact sheet and a list of participants, please visit: <https://innovation.cms.gov/initiatives/Million-Hearts-CVDRRM/>.