

STUD10

Recreation Classes

Class	Age	Day	Time	Status	Teacher
Combo Class	3	Tuesday	10:00 - 11:00		Jean
Combo Class	4	Tuesday	11:00 - 12:00		Jean
Combo Class	4	Tuesday	1:00 - 2:00		Jean
Combo Class	5	Tuesday	2:00 - 3:00		Jean
Combo Class	5	Wednesday	10:00 - 11:00		Jean
Combo Class	2 1/2	Wednesday	11:00 - 12:00		Jean
Combo Class	3	Wednesday	1:00 - 2:00		Jean
Combo Class	3	Wednesday	2:00 - 3:00		Jean
1/2 Hour Ballet Class	3 - 5	Monday	10:00 - 10:30		Heather
1/2 Hour Ballet Class	3 - 5	Monday	1:00 - 1:30		Heather
Tumbling (45 min)	3 - 5	Tuesday	10:00 - 10:45		Cecilee
Tumbling (45 min)	3 - 5	Tuesday	1:00 - 1:45		Cecilee
Tumbling (1 Hour)	Beg*	Friday	2:00 - 3:00		Alli
Tumbling (1 Hour)	Int*	Friday	3:00 - 4:00		Alli
Tumbling (1 Hour)	Int 2*	Friday	4:00 - 5:00		Alli
1 Hour Ballet	5 - 6	Tuesday	4:45 - 5:45		Jamie
1 Hour Ballet	7 - 8	Tuesday	5:45 - 6:45		Jamie
1 Hour Ballet	7 - 9	Tuesday	7:30 - 8:30		Heather
1 Hour Ballet	5 - 6	Wednesday	5:00 - 6:00		Heather
Hip Hop	All Ages	Thursday	4:15 - 5:00		Alli
Jazz	7 - 8	Tuesday	6:45 - 7:45		Taelor
Jazz	8 - 10	Tuesday	7:45 - 8:45		Taelor
Jazz	6 - 7	Wednesday	6:00 - 7:00		Heather
Jazz	5 - 6	Wednesday	6:00 - 7:00		Alli

*Beginning: Has difficulty performing and landing cartwheels and handstands - No former tumbling experience

*Intermediate: Can successfully execute a cartwheel and can kick into a handstand - Can hold a backbend bridge for 10 seconds

*Intermediate 2: Can do standing backbends, cartwheels both sides, handstand tip to bridge - Ready for back-handspring and

can kick into a handstand - Can hold a backbend bridge for 10 seconds
both sides, handstand tip to bridge - Ready for back-handspring and aerial prep