

**Need
to
Heal,
right?**



**Get
the
Care
Kit!**

Body Piercing Aftercare:

Always wash hands thoroughly prior to touching your new piercing. This is the most commonly missed step in the after-care process. Wash piercing 2x per day using antimicrobial soap, rotate the jewelry while cleaning, rinse. Using the antimicrobial soap is the best time to get off anything that looks crusty or hazy. Clean piercing 2x per day using the piercing care solution. Apply solution using a cotton swab. Clean jewelry, rotate, repeat. Do not rinse, let the product dry. Apply sea salt spray 2x per day, rotate the jewelry, repeat. If used near eyes, spray on a cotton ball, then apply. Allow each product to work 30-45 minutes between each step. Jewelry can be changed in 6-8 weeks however it will likely take about 6 full months to completely heal.

Micro Dermal Piercing Aftercare:

Keep tightly bandaged for 3 full days after the initial piercing, changing the bandage one time per day to air out the area and clean the dermal piercing. Remove bandage carefully, and do not rotate the jewelry (Use the same general care as regular body piercings, except do not rotate the jewelry). The jewelry can be changed by your piercer in approx. 8-10 weeks, do not change the head yourself, this can disrupt the piercings.

Oral Piercing Aftercare:

After eating, snacking, or drinking anything other than water, rinse with antiseptic mouthwash. Suck on ice chips for 48 hours, and drink 8-10 glasses of cold water per day to help reduce swelling. Brush the tongue with a toothbrush, push up on the bottom with the thumb of freshly washed hands, brush the top ball and bar. Repeat for bottom ball and bar. The tongue takes 2 weeks to one month to heal. No smoking for a minimum of 2 weeks. We suggest sea salt spray to help accelerate the healing time. It is necessary to downsize your barbell after 2 weeks.

Tattoo Aftercare:

Always wash hands thoroughly prior to touching your new tattoo. Only touch your tattoo when you are taking care of it. Remove bandage after 1 hour, or when you get home (don't re-bandage). Wash the tattoo using the palm of your hand and antimicrobial soap and warm water, rinse, pat dry with a clean, soft towel. Repeat 2x per day. Wait 30-40 minutes and let the tattoo dry out (so that moisture is not trapped in the new tattoo). Apply a very fine coat of Neosporin, Bacitracin or Vaseline 5-7x per day (not shiny, barely visible and barely able to feel it). Dab a small amount of ointment around the tattoo, and then rub it in. Do not let the showerhead pound on the new tattoo. Do not submerge the tattoo, no bathtub, no swimming, etc. After the scab comes off, you will get a dry flakiness; continue with the Neosporin, Bacitracin or Vaseline. Your tattoo will be completely healed in approximately one month. Before one month the tattoo may appear to be healed on the surface, but it is not healed underneath the surface. Be diligent for great results.