



**Marcé of North America (MONA) 2019 Conference**  
**4<sup>th</sup> Biennial Conference on Perinatal Mental Health**

*Understanding Needs, Expanding Reach Through Translational Science and Personalized Care*

# Schedule

*– subject to change – as of 6/24/19*

## Thursday, October 24, 2019

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### Pre-conference Skill-Building Workshops (Additional Fee)

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#### Morning Workshops

9:00am to 12:00pm - **Caring for Women Using Substances – A Focus on Cannabis and Opioids during the Prenatal and Post-pregnancy Period**

Margaret Howard (Chair), Hendree Jones, Connie Guille

9:00am to 12:00pm - **Trauma-Informed Care in the Perinatal Period**

Cheryl Beck (Chair), Maria Muzik, Helen Kim

#### Afternoon Workshops

1:00pm to 5:00pm - **Obstetric Psychopharmacology**

Katherine Wisner (Chair), Crystal Clark, Catherine Stika

1:00pm to 5:00pm - **Introduction to Buprenorphine Assisted Treatment of Opioid Use Disorder: Special Consideration for Perinatal Women**

Anupriya Gogne (Chair)

1:00pm to 5:00pm - **Perinatal Program Development and Implementation**

Sonia Murdock (Chair), Shannon Erisman and Margaret Howard (*Day Program*),

Mary Kimmel and Samantha Meltzer-Brody (*Perinatal Mood and Anxiety Disorders Program/In-patient Unit & Outpatient Clinics*),

Lisa Segre (*Listening Visits*), and Simone Vigod (*Virtual Care*)

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## CONFERENCE PROGRAM

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### Friday, October 25, 2019

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7:00am – 8:00am **Junior Faculty Mentor-Mentee Meeting**

8:00am–8:15am **Welcome!**

Samantha Meltzer-Brody, MD, President, MONA

Katherine Wisner, MD, MS, Immediate Past President and Founder, MONA

Lisa Segre, PhD, President, Marcé International Society for Perinatal Mental Health

8:15am – 9:45am **Plenary Lectures**

*Ian Jones, MD*

**Back to the Future - Postpartum Psychosis: Historical Anachronism or the Future of Maternal Mental Health**

*Alison Stuebe, MD*

**Establishing the 4<sup>th</sup> Trimester**



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**Friday, October 25, 2019 - continued**

9:45am - 10:15am Refreshment Break

10:15am – 11:45am **Concurrent Sessions**

Concurrent 1A	Concurrent 1B	Concurrent 1C	Concurrent 1D	Concurrent 1E
<p>Symposium:  <b>Changing the Course of Perinatal Depression: Adoption and Scalability of Evidence-Based Preventive Interventions</b>  <i>Huynh-Nhu Le, Caron Zlotnick, Darius Tandon, Alicia Diebold, Jessica Johnson, Ma. Asunción Lara</i></p>	<p>Symposium:  <b>Implementing the National Curriculum in Reproductive Psychiatry</b>  <i>Lauren Osborne, Sarah Nagle-Yang, Lucy Hutner, Lisa Catapano</i></p>	<p>Symposium  <b>Psychosis during Pregnancy and the Postpartum Period: From Causes to Acute and Longer-Term Treatment</b>  <i>Lee Cohen, Marlene Freeman, Veerle Bergink, Catherine Birndorf</i></p>	<p>Oral Presentations (6):</p> <ul style="list-style-type: none"> <li>• <b>Sleep During Pregnancy Predicts Transdiagnostic Symptoms Associated with Postpartum Depression</b> <i>Jessica Obeysekare</i></li> <li>• <b>Use of Text Messaging for Postpartum Depression Screening and Information Provision</b> <i>Ariel Dalfen</i></li> <li>• <b>Feasibility of Model Adaptations and Implementation of a Perinatal Psychiatric Teleconsultation Program</b> <i>Christina Wichman</i></li> <li>• <b>Outpatient Follow-Up After Mental Health Emergency Department Visits in the Postpartum Period</b> <i>Lucy Barker</i></li> <li>• <b>Maternal Depression in Latinas and Child Socioemotional and Cognitive Development: A Systematic Review</b> <i>Rebecca Harris</i></li> <li>• <b>Unique Mental Health Needs of Transmen</b> <i>Nancy Selix</i></li> </ul>	<p>1E1: Symposium:  <b>Integration of Substance Use Disorders Treatment in Obstetrics Care</b>  <i>Constance Guille, Marley Doyle, Julia Frew, Susan Karabell, Leena Mittal</i></p> <p>1E2: Symposium:  <b>Opioid Addiction: Models of Care for Moms and Babies</b>  <i>Margaret Howard, Kaylin Klie, Anupriya Gogne, Adam Czynski</i></p>



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**Friday, October 25, 2019 - continued**

11:45am – 12:30pm **Poster Viewing with Authors**

12:30pm - 1:15pm **Lunch**

1:30pm - 3:00pm **Concurrent Sessions**

Concurrent 2A	Concurrent 2B	Concurrent 2C	Concurrent 2D	Concurrent 2E
<p>Symposium:  <b>"Hasta la Revolucion Siempre"- Updates from the Genetics Revolution in Maternal Mental Health</b>  <i>Arianna Di Florio, Ian Jones, Jennifer Payne, Anna Bauer, Jerry Guintivano</i></p>	<p>Symposium  <b>Using Qualitative Research to Bring Visibility to Invisible Phenomena in Perinatal Mental Health</b>  <i>Cheryl Beck, Carrie Eaton, Michele McKelvey</i></p>	<p>Symposium  <b>Using Functional Magnetic Resonance Imaging to Unveil Features of Perinatal Depression</b>  <i>Sandraluz Lara-Cinisomo, James E. Swain, Jackie Gollan, Heidemarie Laurent, Pilyoung Kim</i></p>	<p>2D1: Symposium  <b>Keep Calm and Carry On: Management of Complex Perinatal Cases on Inpatient Medical and Psychiatric Units</b>  <i>Madeleine Fersh, Amanda Tinkelman, Sarah Reinstein, Jessica Cosgrove, Alina Cote, Kalli Feldman</i></p> <p>2D2: Symposium  <b>Don't Worry Alone: Provider Discussion on the Clinical Management of Challenging Peripartum Cases</b>  <i>Katherine Moore, Elaine Stageberg, Ajeng Puspitasari, Hannah Betcher, Amanda Benarroch</i></p>	<p>Oral Presentations (6)</p> <ul style="list-style-type: none"> <li>• <b>Perinatal Anxiety Symptoms in Mexican Women: Rate and Predictors</b> <i>Janeth Juarez Padilla</i></li> <li>• <b>Racial/Ethnic Differences in Treatment Initiation for New Episodes of Depression during Pregnancy</b> <i>Lyndsay Avalalos</i></li> <li>• <b>Application of the Developmental Origins of Health and Disease Model to Reducing Health Disparities for Black American women and Infants via Docosahexaenoic Acid (DHA)supplementation</b> <i>Kathryn Keenan</i></li> <li>• <b>Discrimination Exposure and DNA Methylation in Latina Mothers</b> <i>Hudson Santos</i></li> <li>• <b>Severe Postpartum Depression and Infant Bonding in Association with Traumatic Events</b> <i>Dalia Hernandez-Medina</i></li> <li>• <b>Cesarean Delivery is a Risk Factor for Immediate Postpartum Depressive Symptoms</b> <i>Sarah Smithson</i></li> </ul>

3:00pm - 3:30pm **Refreshment Break**



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**Friday, October 25, 2019 - continued**

3:30pm – 5:00pm **Concurrent Sessions**

Concurrent 3A	Concurrent 3B	Concurrent 3C	Concurrent 3D	Concurrent 3E
<p>Symposium  <b>Improving Parental Psychosocial Functioning in the Neonatal Intensive Care Unit</b>  <i>Pamela Geller, Alexa Bonacquisti, Chavis Patterson, Ariana Albanese, Jennifer Barkin, Casey Hoffman, Wanjiku Njoroge</i></p>	<p>Workshop  <b>A Publishing Playbook: Preparation, Pitfalls, Perseverance and Pulling it Off!</b>  <i>Katherine Wisner, Marlene Freeman</i></p>	<p>Symposium  <b>Global Innovations in Screening and Treatment of Perinatal Depression and Anxiety</b>  <i>Daisy Radha Singla, Richard Silver, Mwawi Ngoma, Cindy-Lee Dennis, Samantha Meltzer-Brody</i></p>	<p>3D1: Symposium  <b>Implementation of Perinatal Collaborative Care: Moving from Efficacy to Effectiveness</b>  <i>Jackie Gollan, Emily Miller</i></p> <p>3D2: Symposium  <b>Collaborative Behavioral Health Services to Optimize Outcomes for Moms and Families</b>  <i>Camille Hoffman, Galena Rhoades, Sara Mazzoni, Leisha Andersen,</i></p>	<p>Oral Presentations (6)</p> <ul style="list-style-type: none"> <li>• <b>Transcranial Direct Current Stimulation (tDCS) for Depression in Pregnancy: A Pilot Randomized Controlled Trial</b> <i>Simone Vigod</i></li> <li>• <b>Maternal Prescribed Opioid Analgesic Use During Pregnancy and Risk for Adverse Birth Outcomes in Offspring: A Population-based Study</b> <i>Ayesha Sujan</i></li> <li>• <b>The International Progress of PPD ACT, an App-based Postpartum Depression Genetic Study</b> <i>Jerry Guintivano</i></li> <li>• <b>Vulnerable Captivity and the Meaning of the Experience of Antepartum Bed Rest: Beyond Postpartum</b> <i>Gwendelyn Orozco</i></li> <li>• <b>Quantifying the Cost of Perinatal Mood and Anxiety Disorders in United States</b> <i>Kara Zivin</i></li> <li>• <b>Childbirth-related PTSD and Maternal Bonding impairment: Applying a Biopsychological Approach</b> <i>Sharon Dekel</i></li> </ul>



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## Friday, October 25, 2019 - *continued*

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- 5:00pm – 5:15pm      Session Transition
- 5:15pm – 5:45pm      **Innovation Awards in Maternal Mental Health-**
- 5:45pm – 6:30pm      **Plenary Lecture**  
*Neill Epperson, MD*  
**The Enduring Impact of Childhood Adversity: Observations at Reproductive Transitions**
- 6:30pm - 7:30pm      **Welcome Reception at the Friday Center** (*heavy hors d'oeuvres*)

## Saturday, October 26, 2019

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- 7:00am – 8:00am      **Junior Faculty Mentor-Mentee Meeting**
- 8:00am – 9:30am      **Travel Awardee Recognition**  
*Samantha Meltzer-Brody, MD*
- Plenary Lectures**  
*Hendree Jones, PhD*  
**Substance Dependence in Perinatal Women**
- Krista Huybrechts, PhD*  
**Using Big Data to Inform Big Decisions Regarding Psychiatric Medication Use in Pregnancy**
- 9:30am - 10:00am      Refreshment Break





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**Saturday, October 26, 2019 - continued**

10:00am – 11:30am **Concurrent Sessions**

Concurrent 4A	Concurrent 4B	Concurrent 4C	Concurrent 4D	Concurrent 4E
<p>Symposium</p> <p><b>The Brain, Immunity and Behavior: Implications for Perinatal Health</b></p> <p><i>Lauren Osborne, Benedetta Leuner, Mary Kimmel, Lisa Christian</i></p>	<p>Symposium</p> <p><b>Increasing Access to Perinatal Mental Health Care Across the US: Policy, Programs &amp; Peer Networks</b></p> <p><i>Nancy Byatt, Tiffany Moore Simas, Mary Kimmel, Margaret Howard</i></p>	<p>4C1: Symposium</p> <p><b>Dialectical Behavior Therapy for the Perinatal Period: Model Development Across Four Academic Centers</b></p> <p><i>Maria Muzik, Tiffany Hopkins, Katie Bresky, Natalie Burns, Sharron Hollamby, Shannon Erisman</i></p> <p>4C2: Symposium</p> <p><b>Novel Psychotherapy Approaches for Perinatal Mood and Anxiety Disorders</b></p> <p><i>Alexa Bonacquisti, Crystal Schiller, Erin Richardson, Paul Geiger, Tiffany Hopkins, Matthew Cohen, Donald Baucom</i></p>	<p>Oral Presentations (6)</p> <ul style="list-style-type: none"> <li>• <b>Dose-effect Of Maternal Serotonin Reuptake Inhibitor Use During Pregnancy on Birth Outcomes</b> <i>Nina Molenaar</i></li> <li>• <b>"We Need to Have Patience with Ourselves, We Just Had a Baby:" A Qualitative Investigation of Body Image Among Women with Postpartum Depression</b> <i>Tamara Nelson</i></li> <li>• <b>Prenatal Discrimination and Racism Predict Postpartum Mood in an Urban Sample of Young Mothers</b> <i>Alison Hipwell</i></li> <li>• <b>Psychosocial Care for Minority Parents in the NICU: A Historical Review</b> <i>Alison Hartman</i></li> <li>• <b>Maternal Post-traumatic Stress Following Childbirth: The Importance of Symptom Stability and Maternal Feelings of Bonding in Predicting Impairment in the Observed Mother-Infant Interaction</b> <i>Inbal Shlomi</i></li> <li>• <b>Maternal Childhood Maltreatment, Lifestyle Factors, and Immune Activation During Pregnancy</b> <i>Clare McCormack</i></li> </ul>	<p>Oral Presentations (6)</p> <ul style="list-style-type: none"> <li>• <b>Understanding Maternal Adjustment to Pregnancy</b> <i>Jessica Latack</i></li> <li>• <b>Maternal Pregnancy-Related Distress and Sensitive Caregiving During the Transition to Motherhood</b> <i>Pamela Scorza</i></li> <li>• <b>Outcomes of Maternal Stress as Evaluated by the Perceived Stress Scale</b> <i>Anne Porter</i></li> <li>• <b>National Initiatives to Build Frontline Provider Capacity to Address Perinatal Mental Health and Substance Use Disorders</b> <i>Tiffany Moore Simas</i></li> <li>• <b>Improving Access to Perinatal Mental Health in Rural Communities: How to Assess Needs and Implement a Solution</b> <i>Marley Doyle</i></li> <li>• <b>Longitudinal Remote Consultation to Support Engagement Strategies in Perinatal Collaborative Care</b> <i>Amritha Bhat</i></li> </ul>



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**Saturday, October 26, 2019 - continued**

- 11:30am – 12:15pm **Poster Viewing with Authors**
- 12:15pm - 1:00pm **Lunch**
- 1:00pm – 2:30pm **Concurrent Sessions**

Concurrent 5A	Concurrent 5B	Concurrent 5C	Concurrent 5D	Concurrent 5E
<p>Symposium  <b>Barriers and Innovations in Implementation of Integrated Perinatal Mental Health Services to Underserved Women</b>  <i>Ellen Poleshuck, Catherine Monk, Ellen Tourtelot, Shannon Lenze</i></p>	<p>Symposium  <b>From Bench to Bedside: Neurosteroids in the Treatment of Postpartum Depression-- A Review of Animal Studies, Clinical Trials and a Panel Discussion</b>  <i>Jamie Maguire, Kristina Deligiannidis, Samantha Meltzer-Brody, Connie Guille, Cynthia Epperson</i></p>	<p>5C1: Symposium  <b>Clinical and Research Advances in Maternal Mental Health of Women Veterans</b>  <i>Geetha Shivakumar, Aimee Kroll-Desrosiers, Carolyn Morrow</i></p> <p>5C2: Symposium  <b>Using Technology to Prevent and Treat Perinatal Depression</b>  <i>Sandraluz Lara-Cinisomo, Andrea Ramirez, Lyndsay A. Avalos, Alinne Z. Barrera, Darius Tandon</i></p>	<p>5D1: Symposium  <b>Antidepressants in Pregnancy: Concerns and Controversies</b>  <i>Veerle Bergink, Xiaoqin Liu, Nina Molenaar, Anna Rommel, Lindsay Standeven</i></p>	<p>Oral Presentations (6)</p> <ul style="list-style-type: none"> <li>• <b>Severe Postpartum Mood and Anxiety Disorders Across Time and Culture: Guide for Future Research and Care</b> <i>Mary Kimmel</i></li> <li>• <b>The Early Relational Health Screener: A Pilot Study of Evaluating the Impact of a Mother-Child Relational Health Intervention Delivered on an Inpatient Perinatal Psychiatry Unit</b> <i>Amanda Sanders</i></li> <li>• <b>The Role of Antenatal and Postnatal Maternal Bonding in Infant Development</b> <i>Genevieve Le Bas</i></li> <li>• <b>Person Centered Counselling for Maternal Depression Delivered by Non-specialists: A Meta-Analysis</b> <i>Jennifer McCabe</i></li> <li>• <b>Development and Validation of the Practice Readiness to Evaluate and address Perinatal Depression (PREPD) Assessment</b> <i>Grace Masters</i></li> <li>• <b>Expanding Access to Depression Treatment in Kenya Through Automated Psychological Support</b> <i>Eric Green</i></li> </ul>



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**Saturday, October 26, 2019 - continued**

2:30pm – 3:00pm Refreshment Break

3:00pm – 4:30pm **Concurrent Sessions**

Concurrent 6A	Concurrent 6B	Concurrent 6C	Concurrent 6D	Concurrent 6E
<p>Symposium:  <b>Lithium and Breastfeeding Recommendations: Perspectives on Best Practices</b>  <i>Crystal Clark, Veerle Bergink, Debra Bogen, Simone Vigod</i></p>	<p>Symposium  <b>Implementation of Mom Power (MP), A Brief Attachment Based Parenting and Mental Health Intervention for Trauma Survivor Mothers and their Children Across Urban and Rural Settings</b>  <i>Maria Muzik, Katherine Rosenblum, Sarah Nagle-Yang, Diana Morelen, Rebecca Vivrette</i></p>	<p>Symposium  <b>Philanthropy: A Partner in Advancing C.A.R.E. for Perinatal Mood and Anxiety Disorders</b>  <i>Nancy Byatt, Rebecca Alderfer, Stephanie Teleki, Becca Graves</i></p>	<p>Oral Presentations (6)</p> <ul style="list-style-type: none"> <li>• <b>Effects of Higher Maternal Choline Levels on Prenatal Marijuana’s Impact on Offspring</b> <i>Camille Hoffman</i></li> <li>• <b>Women’s Reasons for Prenatal Cannabis Use and Motives and Experiences with Discontinuation</b> <i>Cynthia Battle</i></li> <li>• <b>Differential Effects of Critically-Timed Sleep and Light Therapy for Pregnancy vs. Postpartum Depression</b> <i>Barbara Parry</i></li> <li>• <b>Pharmacokinetics of Lithium During Lactation</b> <i>Maria Luisa Imaz</i></li> <li>• <b>Does Antenatal Benzodiazepine Use Affect Delivery Outcomes? A Systematic Review and Meta-analysis</b> <i>Sophie Grigoriadis</i></li> <li>• <b>Reproductive Psychiatry in U.S. Academic Medical Centers: A Survey of Current Practices &amp; Needs</b> <i>Joy Moel</i></li> </ul>	<p>Oral Presentations (6)</p> <ul style="list-style-type: none"> <li>• <b>Improving Perinatal Depression Outcomes with Mobile Technology</b> <i>Shannon Lenze</i></li> <li>• <b>The Lived Experience of Perinatal Depression and Pain during the Third Trimester of Pregnancy</b> <i>Julie Vignato</i></li> <li>• <b>Trauma-Informed Care in a Patient-Centered Medical Home for Young Mothers and their Babies: Implementation and Outcomes</b> <i>Bethany Ashby</i></li> <li>• <b>Acculturation and Changing Relationships Between Social Support, Sociocultural Stressors and Depressive Symptoms in Pregnant Women of Mexican Descent</b> <i>Kimberly D’Anna</i></li> <li>• <b>A Relational Approach to Treatment of Postpartum Depression and Mother-Infant Relationships in the Context of Maternal Trauma History</b> <i>Roseanne Clark</i></li> <li>• <b>Perinatal Mental Health in Brazil: The Feasibility of Mood Disorders Screening During Pregnancy in a High-Risk Maternity</b> <i>Fernanda Schier de Fraga</i></li> </ul>





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## **Saturday, October 26, 2019 - continued**

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- 4:30pm – 4:45pm      Session Transition
- 4:45pm – 5:30pm      **Plenary Lecture**  
*Jodi Pawluski, PhD*  
**Plasticity in the Parental Brain: Implications for Perinatal Mental Illness and Its Treatment**
- 6:30pm                **Conference Dinner** – Southern Style BBQ & Blue Grass Band at Carolina Inn  
*(additional ticket purchase)*

## **Sunday, October 27, 2019**

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- 8:00am – 9:30am      **Plenary Lectures**  
*Ruby Mendenhall PhD*  
**Hidden America: Centering Black Mothers' Voices Regarding the Effects of Gun Violence on Their Mental and Physical Health**
- Ma. Asunción Lara*  
**The Influence of Social and Cultural Factors in Perinatal Depression in Mexico: Relevance for Latinas in the U.S.**
- 9:30am - 10:00am      Refreshment Break
- 10:00am – 10:45am      **Plenary Lecture**  
*Katie Watson JD*  
**Reproductive Justice and Structural Competency: Moving Medicine from Sensitivity to Advocacy**
- 10:45am – 11:00am      Session Transition



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**Sunday, October 27, 2019 - continued**

11:00am – 12:30pm **Concurrent Sessions**

Concurrent 7A	Concurrent 7B	Concurrent 7C	Concurrent 7D
<p>Symposium  <b>The Microbiome: At the Intersection of Mother-Infant Mental Health</b>  <i>Mary Kimmel,                      Tamar Gur,                      Liisa Hantsoo,                      Beatriz Penalver                      Bernabe</i></p>	<p>Symposium  <b>Short- and Long-Term Consequences of Severe Postpartum Mental Disorders: Recent Epidemiologic Evidence Based on Danish Population Registers</b>  <i>Trine Munk-Olsen,                      Xiaolin Liu,                      Benedicte Johannsen,                      Katja Ingstrup</i></p>	<p>Symposium  <b>Complementary Health Practices to Treat and Prevent Perinatal Mental Health Conditions</b>  <i>Cynthia Battle,                      Patricia Kinser,                      Nafisa Reza,                      Anne Porter,                      Camille Hoffman</i></p>	<p>Oral Presentations (6)</p> <ul style="list-style-type: none"> <li>• <b>"Who Says We Don't Belong?" A Protocol to include Postpartum Disorders as Formal Diagnoses in the DSM</b> <i>Margaret Spinelli</i></li> <li>• <b>A Pilot Feasibility Study of Using App-Based Ecological Momentary Assessment and a Wearable Tracking Device to Enhance the Clinical Care and Management of Postpartum Depression</b> <i>Holly Krohn</i></li> <li>• <b>Establishing Preliminary Severity Ranges for Scores on the Edinburgh Postnatal Depression Scale</b> <i>Jennifer McCabe</i></li> <li>• <b>The Role of Napping and Sleep Disturbance in the Onset of Antenatal Depression: Objective vs. Subjective Findings</b> <i>Sanam (Sammy) Dhaliwal</i></li> <li>• <b>Neural and Affective Effects of Reproductive Steroid Manipulation in Reproductive-Related Mood Disorders</b> <i>Crystal Schiller</i></li> <li>• <b>Assessing the Specificity of Perinatal Anxiety to the Neural Correlates of Infant Face Processing</b> <i>Helena Rutherford</i></li> </ul>

12:30pm

**Closing Remarks**

Samantha Meltzer-Brody, MD, President, MONA  
 Crystal Clark, MD, President-elect, MONA  
 Lisa Segre, PhD, President, Marcé International Society for Perinatal Mental Health

**Drawing for three FREE registrations for the Marcé 2020 International Meeting!**  
***Must be present to win!***

1:00pm

**Conference Adjourned**