

SHAPE UP

It's SUMMER!



Sports and Fitness

Healthways
Silver Sneakers
Fitness Program

- **Unlimited Group Exercise Classes**
- **Free Personal Training Session w/Membership**
- **Workouts-On-Demand - Choose from 200+ Workouts**
- **Extensive Cardio, Selectorized & Free Weight Equipment**
- **Friendly & Knowledgeable Trainers**
- **Nutrition Programs**



\$99
for
99 Days

Annual Commitment For New Members
Expires 8/4/16.



**Located in Wyomissing at the VF Outlets
on 3rd floor of the Blue Building**

www.DownUnderFit.com • 610-376-0909