

Linn Grove PTO



Linn Grove Elementary Fitness Stations

Would you like to show your support for our school? We would love for you to help us add **fitness stations** to our newly refinished walking/running trail. Linn Grove raised over \$26,000 to complete our trail and now we need help adding fitness stations.

The trail is 1/5 mile and used during the day by students during PE and recess. After school, the running club uses it and it's used for Red Black Track Attack event in September. The best thing is our community also benefits from the trail. Our families love this addition to the neighborhood as it gives them somewhere safe to go with their kids and promote a healthy lifestyle. Adding fitness stations to the track also introduced some kids to equipment they may not otherwise get the chance to use.

Linn Grove PTO is accepting donations of any monetary value, now thru April 30, 2017. Donations over \$100 will have their name or business name appear on a sign by the fitness station you help fund. Each donation will receive a big THANK YOU on our website, Facebook, and school newsletter. Families and businesses can also fund an entire station if they choose.

Linn Grove Elementary, the community, and especially the students greatly appreciate it!

This is our ultimate wish list (shipping/install not included), but we will purchase what we are able to with the money raised. The stations crossed off are stations that have already been fully funded.

Parallel Bars - \$482	Push Up Bars - \$170	Triple Chinning Bar - \$825	Arm Pedal - \$1,277
Beam Jump - \$738	Dip Station - \$478	Sit Ups - \$681	Beam Step Up - \$559
Hamstring Stretch - \$245	Squat Vertical Bar - \$160	Crunch Station - \$260	Chin Up - \$442

For questions, feel free to contact one of the committee members: Mindy Walderbach (mmwalderbach@yahoo.com), Kelly Anderson (totalillumination10@gmail.com), Amy Ferin (amy.ferin@gmail.com), or Becca Louison (lemsis@aol.com), or Angie Lawrence (angielaw118@msn.com)

PLEASE PRINT the following information:

Name: _____ Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

Email Address: _____

Fitness Station Choice: _____ If applicable, name on sign: _____

Please return completed form and your donation to **Linn Grove PTO, 2301 50th Street, Marion IA 52302 by 4/30/17.**

Make checks payable to: **Linn Grove PTO.**

Your contribution is tax deductible, you may consider making a copy of this document for your records.