



2017 Men's J.O. National Championships Official Schedule – 4/27/17

Page 1

Tuesday, May 9, 2017

Set-up Arena

Arrival and coach's check-in at the Silver Spurs Arena 4:30pm-8:00pm

Open Training at venue 5pm-8pm (Warm-up Gym Only) *Tentative to be confirmed*

Wednesday, May 10, 2017

Arrival and coach's check-in at the Silver Spurs Arena 7:30am-5:00pm

Warm-up Gym open to all competitors (w/ coaches) 8am-5pm per schedule below.

REGIONAL PRACTICE TRAINING SCHEDULE:

Competition Gym is open for all scheduled training by Assigned Regions only

- | | | |
|----------------------|---------------------|--------------------|
| Practice Session 1 – | 8:00am – 10:30am – | Regions 7 and 8 |
| Practice Session 2 – | 10:30am – 12:45pm – | Regions 5 and 6 |
| Practice Session 3 – | 12:45pm – 2:45pm – | Regions 3 and 4 |
| Practice Session 4 – | 2:45pm – 5:00pm – | Regions 1, 2 and 9 |

Coaches MANDATORY Technical Meeting: 5:00pm-5:45pm – Silver Spurs Arena

Gymnasts assemble for Opening Ceremony at **6:45pm** in Warm-up Apparel and Athletic shoes.

Doors open for Opening Ceremony at 7pm at the arena

Opening Ceremony 7:00pm-8:00 pm

Notes:

National Team uniforms are not allowed at either training or in competition. Please advise your gymnasts.

All competitors should wear their regional competition uniforms on the first day of competition. They have the option of also wearing them during the finals competition or wearing their club uniforms.

Athletes will not be required to wear shirts during the Wednesday training sessions.

Coaches are required to be in professional attire during all training sessions as well as competition. The requirements for attire in the Rules and Policies will be enforced for both training and competition. USA Gymnastics floor managers will require coaches in violation of the policy to comply.

2017 Men's J.O. National Championships

Official Schedule – 4/27/17

Page 2

Thursday, May 11, 2017 - On-Site Training Gym will be open from: 9:00am – 6:00pm

Arena Doors open at 7:30am for Athletes and Spectators

Judges Meeting at Embassy Suites (Breakfast served) – Hospitality Room 6:30-7:30 AM

Session 1: Level 10 Prelims (15-16) & (17-18) JO Qualifiers by club – Optional Routines

8:00am – 8:20am Open stretch in warm-up gym **Flight A**
8:20am – 8:40am Open Stretch in competition gym **Flight B**
8:20am – 8:40am Timed warm-up for **Flight A** (*timed warm-up for Flight B after march-in*)
8:40am – 8:50am Session 1 – March-in
8:50am – 12:35pm Session 1 – Competition
(Judges Break: 12:35pm – 1:10pm)

Session 2: Level 10 Prelims (15-16) & (17-18) JO Qualifiers by club – Optional Routines

12:20pm – 12:40pm Open stretch in warm-up gym **Flight A**
12:40pm – 1:00pm Open Stretch in competition gym **Flight B**
12:40pm – 1:00pm Timed warm-up for **Flight A** (*timed warm-up for Flight B after march-in*)
1:00pm – 1:10pm Session 2 – March-in
1:10pm – 5:05pm Session 2 – Competition
(Judges Break: 5:05pm – 5:40pm)

*The Top 42 JO AA qualifiers in each single age year (15), (16), (17), (18) for Saturday's Finals competition will be posted following the 3rd session.

NOTE: Top 6 JO Individual Event Qualifiers not already in the Top 42 AA will advance to Finals.

Rotations will be finalized by Fri. May 12th, at 3:00pm. Scratches must be received by Friday at 12:00 pm

Session 3: Level 10 Prelims (15-16) & (17-18) JE Qualifiers by club – Optional Routines

4:55pm – 5:15pm Open stretch in warm-up gym **Flight A**
5:15pm – 5:35pm Open Stretch in competition gym **Flight B**
5:15pm – 5:35pm Timed warm-up for **Flight A** (*timed warm-up for Flight B after march-in*)
5:35pm – 5:45pm Session 3 – March-in
5:45pm – 10:00pm Session 3 – Competition

Regional Team Awards Ceremony following Session 3 - Top 3 JE Level 10 (15 - 18) Teams; Top 3 JO Level (15 – 18) Teams.

Club Team winners announced for Level 10 (15 - 18) (JE and JO combined)

NOTE: All Present must be in Competition Warm-up and Athletic Shoes or Slides to appear in award ceremonies.

*All JE competitors in this session will perform Technical Sequences on Saturday morning 1st Session.

2017 Men's J.O. National Championships
Official Schedule – 4/27/17
Page 3

Friday, May 12, 2017 - On-Site Training Gym will be open from: 9:00am – 6:00pm

Arena Doors open at 7:30am for Athletes and Spectators
Judges Meeting at Embassy Suites (Breakfast served) – Hospitality Room 6:30am - 7:30am

Session 4: Level 8 & 9 Prelims JO Qualifiers by club – Optional Routines

8:00am – 8:20am	Open stretch in warm-up gym	Flight A
8:20am – 8:40am	Open Stretch in competition gym	Flight B
8:20am – 8:40am	Timed warm-up for Flight A (<i>timed warm-up for Flight B after march-in</i>)	
8:40am – 8:50am	Session 4 – March-in	
8:50am – 12:35pm	Session 4 – Competition	

(Judges Break: 12:35pm – 1:10pm)

Session 5: Level 8 & 9 Prelims JO Qualifiers by club – Optional Routines

12:20pm – 12:40pm	Open stretch in warm-up gym	Flight A
12:40pm – 1:00pm	Open Stretch in competition gym	Flight B
12:40pm – 1:00pm	Timed warm-up for Flight A (<i>timed warm-up for Flight B after march-in</i>)	
1:00pm – 1:10pm	Session 5 – March-in	
1:10pm – 4:45pm	Session 5 – Competition	

(Judges Break: 4:45pm – 5:20pm)

*The Top 42 Level 9 JO AA qualifiers in each single age year (13), (14) for Saturday's Finals competition will be posted following the 3rd session. The Top 84 Level 8 (12) JO AA qualifiers will be posted.

NOTE: Top 6 JO Individual Event Qualifiers not already in the Top 42 AA will advance to Finals.

Rotations will be finalized by Fri. May 12, at 3:00pm. Scratches must be received by Friday at 12:00 pm

Session 6: Level 8 & 9 Prelims JE Qualifiers by club – Optional Routines

4:30pm – 4:50pm	Open stretch in warm-up gym	Flight A
4:50pm – 5:10pm	Open Stretch in competition gym	Flight B
4:50pm – 5:10pm	Timed warm-up for Flight A (<i>timed warm-up for Flight B after march-in</i>)	
5:10pm – 5:20pm	Session 6 – March-in	
5:20pm – 9:05pm	Session 6 – Competition	

Regional Team Awards Ceremony following Session 6 - Top 3 JE Teams from each level; Top 3 JO Teams from each level.

Club Team winners announced for each Level (JO and JE combined)

NOTE: All Present must be in Competition Warm-up and Athletic Shoes or Slides to appear in award ceremonies.

*All JE competitors in this session will perform Technical Sequences on Sunday morning 1st Session

2017 Men's J.O. National Championships

Official Schedule – 4/27/17

Page 4

Saturday, May 13, 2017 - On-Site Training Gym will be open from: 10:00am – 5:00pm

Arena Doors open at 8:00am for Athletes and Spectators

JOPC Meeting at 7:00am – Silver Spur Arena

Judges Meeting 6:30-7:30am Embassy Suites (Breakfast served)

Session 7: Level 10 JE All Around & Individual Event Finals – Technical Sequence

8:30am – 8:50am	Open stretch in warm-up gym	Flight A
8:50am – 9:10am	Open Stretch in competition gym	Flight B
8:50am – 9:10am	Timed warm-up for Flight A (<i>timed warm-up for Flight B after march-in</i>)	
9:10am – 9:20am	Session 7 – March-in and Competition	
9:20am – 1:35pm	Competition followed by Judges Break	
1:35pm – 2:35pm	Awards Ceremony / Judges Break	

JE All Around & Individual Event Awards Ceremony – Level 10 (15), (16), (17), (18)

Announcement of qualifiers to P&G Championships: Top 22 Level 10 (15-16); Top 14 Level 10 (17-18)

Announcement of Mandatory Meeting for Coaches & Athletes that qualify to P&G Championships

Session 8: Level 10 JO All Around & Individual Event Finals – Optional Routines

2:50pm – 3:10pm	Open stretch in warm-up gym	Flight A
3:10pm – 3:30pm	Open Stretch in competition gym	Flight B
3:10pm – 3:30pm	Timed warm-up for Flight A (<i>timed warm-up for Flight B after march-in</i>)	
3:30pm – 3:40pm	Session 8 – March-in and Competition	
3:40pm – 8:40pm	Competition	
8:40pm – 9:40pm	Awards -JO AA & Individual Events for Level 10 (15), (16), (17), (18)	

Sunday, May 14, 2017

Arena Doors open at 7:30am for Athletes and Spectators

Judges Meeting 6:30am - 7:30am Embassy Suites (Breakfast served) – Hospitality Room

Session 9: Level 8 & 9 JE All Around & Individual Event Finals – Technical Sequence

8:00am – 8:20am	Open stretch in warm-up gym	Flight A
8:20am – 8:35am	Open Stretch in competition gym	Flight B
8:20am – 8:35am	Timed warm-up for Flight A (<i>timed warm-up for Flight B after march-in</i>)	
8:35am – 8:45am	Session 9 – March-in and Competition	
8:45am – 11:50am	Competition	
11:50am – 12:55pm	Award Ceremonies / Judges Break	

JE All Around & Individual Event Awards Ceremony Level 8 (11), (12), & Level 9 (13), (14)

Announce the selection to the Junior National Team: Top 6 Level 8 (11-12); Top 10 Level 9 (13-14)

Mandatory Meeting for Coaches & Athletes that qualified to Junior National Team

Session 10: Level 8 & 9 JO All Around & Individual Event Finals – Optional Routines

1:00pm – 1:20pm	Open stretch in warm-up gym	Flight A
1:20pm – 1:40pm	Open Stretch in competition gym	Flight B
1:20pm – 1:40pm	Timed warm-up for Flight A (<i>timed warm-up for Flight B after march-in</i>)	
1:40pm – 1:50pm	Session 10 – March-in and Competition	
1:50pm – 5:30pm	Competition	
5:30pm – 6:30pm	Award Ceremonies	
	JO AA & Individual Event Awards for Level 8 (12), & Level 9 (13), (14)	