

# Lyman Rowing

# Learn to Row Camp



Have you ever thought of rowing? Did you watch the Olympics and think, I want to try that? Well, now is your chance!

There is no experience necessary. Students will learn everything they need to know to become a great rower. Current middle school rowers will benefit from this program by improving their rowing skills and continuing to train in the summer months.

Open to **all** middle school girls and boys entering 6<sup>th</sup> grade through 12<sup>th</sup> grade  
no previous rowing experience required.

## Session One

**June**

(Tuesdays & Thursdays)

8:00AM-12:00PM

## Session Two

**July**

(Tuesdays & Thursdays)

8:00AM-12:00PM

- \$240.00 one month session
- \$420.00 for both sessions (That's one week free!)

For more information check out our website at [www.lymancrew.org](http://www.lymancrew.org)  
or email  
lymanrowingpresident@gmail.com



Lyman Rowing Association, 5703 Red Bug Lake Road, Suite 156, Winter Springs, FL 32708

*\*Join us for National Learn to Row Day at our boat yard,  
6058 Una Dr. Sanford on Saturday, June 3<sup>rd</sup> at 9:00AM\**