



# Warming Trends in Spring Haircolor

Named "Best of LA" For His Non-Ammonia Haircoloring  
Celebrity Stylist & Founder of Nelson j Salon in Beverly Hills

## Master Colorist Nelson Chan

Offers Clients Hollywood Style, Glamour & Sexy Hair Color

**With** the transition of spring to summer, women love to lighten their hair BUT "lighter" is not for everyone. If your goal is to appear more youthful and refreshed here are some HOT Hollywood Tips.

### Colorful Ideas For Your 20's

Not battling age offers more choices in hair color. For spring...**ombre haircolor** continues to reigns supreme, but is less dramatic than last year. Go light on the ends, but not dark on the roots. Thanks to **Christina Aguilera** pastel hair can be your greatest wardrobe accessory. Be cautious, however, it takes just minutes to destroy hair, but several days to fix it.

### In Your 30's... The Look Should Be Natural

Keep it simple and stay close to your natural shade, like **Jennifer Lopez**. I use warm chestnut browns and golden medium blonds. Bright colors fade fast and require too much maintenance, especially reds. All women above 30 should focus on enhancing their natural beauty.

### 40 And Above: What To Avoid

Ash colors, specifically ash blonds looked amazing in your 20s, but it's time to move on. Ash colors have cool undertones and can look almost gray. Use warmer tones for a more youthful look—they make complexions come alive. Try a blond shade with warm, golden undertones like **Naomi Watts** or warm red or brunette shade like **Kristin Davis**. Tell your stylist you want a warm shade, or if you dye your hair at home avoid anything labeled ASH.

### Common Mistakes

#### In Your 50s

Most common: going too dark or too light. I see women coloring their hair black or very dark brown. Covering gray hair with black or any dark color looks unnatural as if a black halo has been pasted at the hairline. Instead, add highlights or use a color remover on the dark, then switch to a light brown. Women also tend to go too blond—another mistake. Too light adds years to your face because it makes you look pale and unnatural. Bleaching also causes hair damage. For a youthful tone apply a medium golden blond gloss. Problem fixed in 10 minutes. Brassy colors are mistakes that happen when you try to go lighter than your natural dark and cover gray hair. Try two new formulas: one for gray hair which contains more pigment; and one for dark hair which contains ash tones.



before



after

### Save Time & Money On Hair Color Maintenance

The best TIP to keep roots from showing too quickly is color your hair close to its natural color. It doesn't mean you can't have fun...you can still get gorgeous and sexy highlights, but when you have a lot of gray, color gray with a lighter shade, and then add highlights around the front. Roots won't grow out as fast. At my salon, we do quick and easy "root retouching" to cover gray in 15 minutes using a new technology from Japan. Also partial highlights address the issue of re-growth in 15 minutes.

### Should I Let My Hair Go All Gray?

If you are going to do this, I advise you start the process with as flawless skin as possible. Gray hair definitely will age you. Second, make certain your gray hair is silky, smooth, shiny and very healthy. Third, make

certain your hairstylist knows how to choose a flattering style for your shape face. Hair must remain in healthy condition, as gray hair is often coarse, frizzy and dry. Part of your regular hair care routine must include awesome moisturizing treatments which involve gloss and hydration, which is routine at my salon for those who opt for the glamorous look of natural gray. ●

**"Be true to yourself, but let your hair style and color be an expression of your inner fantasies."**

— Nelson Chan

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