

## **Directions to Our Office**

**Aly Cohen, MD FACR**  
**Integrative Rheumatology Associates, P.C.**  
**The Medical Offices at Monroe**  
Renaissance Crossings  
312 Applegarth Road, Suite 110  
Monroe Twp., NJ 08831

### **From the New Jersey Turnpike/Exit 8A**

Pay toll and keep left at the fork  
Follow signs for Monroe/State Hwy 32 E/Jamesburg  
Merge onto Forsgate Dr. /Rt-32  
Continue to follow Forsgate Dr.  
Turn right at Applegarth Rd.  
Destination will be on the right.

### **From the Garden State Parkway/ Exit 100B**

Take exit 100B towards Freehold/State Hwy 33  
Continue to follow Rt-33 (18.7 miles)  
Turn right at Applegarth Rd.  
Destination will be on the left.