

Race Date  
July 02, 2016

Red White Blue  
Run and Pump 2016

**Run and Pump**

Females

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u># of Reps</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	CJ HILLIARD	28	469	25:43.2	49	4:05.0	21:38.2
2	BRITNI HAMMOND	27	116	23:29.9	19	1:35.0	21:54.9
3	JENNIFER KNAPP	50	470	24:10.8	25	2:05.0	22:05.8
4	HEIDI MILLER	29	242	23:13.3	4	0:20.0	22:53.3
5	CATHLEEN HOFFMAN	32	198	24:18.8	5	0:25.0	23:53.8
6	PAMELA SAUCEDO	38	474	30:08.7	27	2:15.0	27:53.7
7	AMANDA COLON	25	840	30:28.2	12	1:00.0	29:28.2
8	BETTY WALTHALL	45	475	31:44.4	12	1:00.0	30:44.4
9	SHARON MILLER	45	472	34:09.1	15	1:15.0	32:54.1
10	TERISA PEARCE	49	473	39:12.0	10	0:50.0	38:22.0

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Males

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1	LARRY ANDERSON	44	468	19:24.3	23	1:55.0	17:29.3
2	CASEY ZIMMERMAN	19	476	19:12.9	12	1:00.0	18:12.9
3	ELI BOTTIGLIERO	00	844	19:37.7	3	0:15.0	19:22.7
4	JOE LAWRENCE	61	471	23:58.5	7	0:35.0	23:23.5
5	RYAN DODD	29	65	24:54.3	14	1:10.0	23:44.3
6	BRYAN STIEGMAN	26	822	39:11.1	37	3:05.0	36:06.1