

# ***Psychiatric & Psychological Associates of Durham, PLLC***

Serving Our Community For Over 40 Years

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## **CHILD & ADOLESCENT INTAKE INFORMATION FORM**

Name of Child: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

School: \_\_\_\_\_ Grade: \_\_\_\_\_ Today's Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

- Who referred you to our practice? \_\_\_\_\_
- What are the current concerns / problems? (Please list and describe in order of importance)
  - 1.
  - 2.
  - 3.
- When did you first become aware of these problems?
- What do you think are the causes of these problems?
- How have you attempted to deal with these problems?
- Have you and/or your child/adolescent participated in any previous treatment to address these problems?

<u>Agency</u>	<u>Doctor/Therapist</u>	<u>Dates of Treatment</u>	<u>Was it helpful?</u>
1.			Y / N
2.			Y / N
3.			Y / N

# FAMILY HISTORY

Mother's Name: \_\_\_\_\_  
 Age: \_\_\_\_ Phone: (H) \_\_\_\_\_  
 Phone: (W) \_\_\_\_\_

Relationship: (circle) Biological / Adoptive  
 Step-parent  
 Guardian

Father's Name: \_\_\_\_\_  
 Age: \_\_\_\_ Phone: (H) \_\_\_\_\_  
 Phone: (W) \_\_\_\_\_

Relationship: (circle) Biological / Adoptive  
 Step-parent  
 Guardian

Parent's marital status: (circle) Married \_\_\_\_\_ years  
 Separated \_\_\_\_\_ years  
 Divorced \_\_\_\_\_ years  
 Never married \_\_\_\_\_ years  
 Widowed \_\_\_\_\_ years

	<u>Name</u>	<u>Age</u>	<u>Relationship</u>
Other adults living in the home: Relative(s)	_____		
Others(s)	_____		

	<u>Name</u>	<u>Age</u>	<u>Relationship</u>
Children / Adolescents living in the home:			
Sibling / Relative:	_____		
Sibling / Relative:	_____		
Sibling / Relative:	_____		
Sibling / Relative:	_____		
Sibling / Relative:	_____		
Other / Non-Relative:	_____		

- Describe the quality of the relationship the child / adolescent has with his/her family members: (circle)

Mother: \_\_\_\_\_ Excellent / Good / Fair / Poor / Describe \_\_\_\_\_

Father: \_\_\_\_\_ Excellent / Good / Fair / Poor / Describe \_\_\_\_\_

Sibling: \_\_\_\_\_ Excellent / Good / Fair / Poor / Describe \_\_\_\_\_

Sibling: \_\_\_\_\_ Excellent / Good / Fair / Poor / Describe \_\_\_\_\_

Sibling: \_\_\_\_\_ Excellent / Good / Fair / Poor / Describe \_\_\_\_\_

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Sibling: \_\_\_\_\_ Excellent / Good / Fair / Poor / Describe \_\_\_\_\_

Sibling: \_\_\_\_\_ Excellent / Good / Fair / Poor / Describe \_\_\_\_\_

- Place a check  $\checkmark$  mark beside each significant problem for each family member

Siblings' Names Here

**PROBLEM**

Mother    Father

\_\_\_\_\_

PROBLEM	<u>Mother</u>	<u>Father</u>	_____	_____	_____	_____	_____
Problems with attention or hyperactivity as a child							
Learning Disabilities							
Aggressive, oppositional or defiant behavior as a child							
Antisocial behavior as an adult (assaults, thefts, arrests etc.)							
Depressive Disorder							
Bipolar Disorder (Manic-Depressive)							
Suicidal thoughts or behaviors							
Anxiety Disorder							
Psychosis / Thinking Disorder (Schizophrenia, SchizoAffective)							
Eating Disorder							
Alcohol Abuse - Dependence							
Substance Abuse - Dependence							
Victim of verbal abuse							
Victim of physical abuse							
Victim of sexual abuse							
Other (please specify)							

## DEVELOPMENTAL HISTORY

- Pregnancy (please ✓ check )

- Birth Schedule / Weight:  Full Term Baby  Premature \_\_\_\_\_ weeks  \_\_\_\_\_ lbs. (birth weight)
- Delivery was:  Normal  Breech  Caesarian  Induced  Forceps
- Condition at birth  Normal  Jaundice / Yellow  Blue  Other \_\_\_\_\_
- Fetal distress  No  Yes \_\_\_\_\_
- Mother on medications:  No  Yes \_\_\_\_\_
- Tobacco, alcohol, drugs:  No  Yes \_\_\_\_\_
- Labor complications:  No  Yes \_\_\_\_\_
- Infant health problems:  No  Yes \_\_\_\_\_

- Infant health and development (please ✓ check )

- Early feeding problems:  No  Yes \_\_\_\_\_
- Colicky:  No  Yes \_\_\_\_\_
- Sleeping difficulties:  No  Yes \_\_\_\_\_
- Eating difficulties:  No  Yes \_\_\_\_\_
- Illness / Health problems:  No  Yes \_\_\_\_\_
- Alert and responsive:  No  Yes \_\_\_\_\_
- Overall Activity level:  low  moderate (average)  high (very active)
- Easy / Difficult baby?:  easy  average  challenging  very difficult
- Developmental Milestones:
  - ◆ Speech  early  normal  late Spoken Language \_\_\_\_\_
  - ◆ Motor  early  normal  late
  - slow  quick  coordinated  awkward
  - restless  hyperactive
  - ◆ Toilet trained
    - Bowel  early  normal  late \_\_\_\_\_
    - Bladder  early  normal  late \_\_\_\_\_

## MEDICAL HISTORY

- Child / Adolescent overall health history (please ✓ check )

- Overall health has been:  very good  good  fair  poor  very poor
- Hearing:  very good  good  fair  poor  very poor
- Vision:  very good  good  fair  poor  very poor
- Gross motor coordination:  very good  good  fair  poor  very poor
- Fine motor coordination:  very good  good  fair  poor  very poor
- Sleeping difficulties:  No  Yes \_\_\_\_\_
- Eating difficulties:  No  Yes \_\_\_\_\_
- Chronic health problems:  No  Yes \_\_\_\_\_
- Hospitalizations:  No  Yes \_\_\_\_\_
- Past medications:  No  Yes \_\_\_\_\_
- Current medications:  No  Yes \_\_\_\_\_
- Chemical use:
  - Alcohol  No  Yes \_\_\_\_\_
  - Cigarettes  No  Yes \_\_\_\_\_
  - Drugs / Chemicals  No  Yes \_\_\_\_\_
- Illnesses / Injuries:
  - Mumps  Chicken Pox  Whooping cough
  - Measles  Pneumonia  Scarlet fever
  - Encephalitis  Lead poisoning  Chronic ear infections
  - Seizures  High fevers  Dehydration
  - Broken bones  Severe lacerations  Severe bruises
  - Head injury with loss of consciousness  Eye injury

# SCHOOL HISTORY

Grade Level                  Performance / Grades                  Subject Difficulty                  Emotional / Behavioral Difficulty

Preschool / Daycare			
Kindergarten			
Grades 1 - 3			
Grades 4 - 5			
Grades 6 - 8			
Grades 9 - 12			

- Has your child repeated any grades?       No                   Yes \_\_\_\_\_
- Has your child attended summer school?       No                   Yes \_\_\_\_\_
- Diagnosed specific learning disabilities       No                   Yes \_\_\_\_\_
- Special education / 504 plan / IEP               No                   Yes \_\_\_\_\_
- Speech or language therapy                       No                   Yes \_\_\_\_\_
- Occupational therapy                               No                   Yes \_\_\_\_\_
- Gifted programming                                 No                   Yes \_\_\_\_\_
- Detention, ISS, Suspension, Expulsion       No                   Yes \_\_\_\_\_

- Strongest academic subjects: \_\_\_\_\_
- Weakest academic subjects: \_\_\_\_\_

## SOCIAL / EMOTIONAL DEVELOPMENT

1. Does your child play or get along well with peers?  Yes  No \_\_\_\_\_
2. Does your child get along well with teachers?  Yes  No \_\_\_\_\_
3. Does your child show affection easily?  Yes  No \_\_\_\_\_
4. Does your child have best friend(s)?  Yes  No \_\_\_\_\_
5. Are your child's friends typically:  the same age  younger  older ... than your child
6. Who is your child closest to? \_\_\_\_\_
7. Is your child sexually active?  No  Yes  Don't know
8. Has your child ever witnessed violence?  No  Yes \_\_\_\_\_
9. Has your child ever suffered abuse?
  - Emotional abuse  No  Yes \_\_\_\_\_
  - Physical abuse  No  Yes \_\_\_\_\_
  - Sexual abuse  No  Yes \_\_\_\_\_
10. What are your child's individual strengths? \_\_\_\_\_  
\_\_\_\_\_
11. What your child's interests / hobbies? \_\_\_\_\_  
\_\_\_\_\_

## SYMPTOM CHECKLIST

(Place a check  mark in the appropriate box)

### Inattention

	Not at all	Just a little	Pretty much	Very much
• Fails to give close attention to details or makes careless mistakes in schoolwork, work or other activities				
• Difficulty sustaining attention in tasks or play activities				
• Does not seem to listen when spoken to directly				
• Does not follow through on instructions and fails to finish school work, chores, or duties in the workplace (not due to oppositional behavior)				
• Difficulty organizing tasks and activities				
• Avoids, dislikes, or is reluctant to engage in tasks that require sustained mental effort, such as school or homework				
• Loses things necessary for tasks or activities, such as toys, books, tools				
• Easily distracted by extraneous stimuli				
• Forgetful in daily activities				

### Hyperactivity & Impulsivity

	Not at all	Just a little	Pretty much	Very much
• Fidgets with hands or feet or squirms in seat				
• Leaves seat in classroom or in other situations where inappropriate				
• Runs about or climbs excessively inappropriately or excessive restlessness				
• Difficulty playing or engaging in leisure activities quietly				
• Is "on the go" or acts as if "driven by a motor"				
• Talks excessively				
• Blurts out answers before questions have been completed				
• Difficulty awaiting turn				
• Interrupts or intrudes on others conversations or activities				

(Place a check ✓ mark in the appropriate box)

**Disruptive Behaviors**

	Not at all	Just a little	Pretty much	Very much
• Loses Temper				
• Argues with adults				
• Actively defies or refuses adult requests or rules				
• Deliberately does things that annoy other people				
• Blames others for own mistakes				
• Is touchy or easily annoyed by others				
• Is angry or resentful				
• Is spiteful or vindictive				
• Swears or uses obscene language				
• Bullies, threatens, or intimidates others				
• Initiates physical fights				
• Has used a weapon that can cause harm				
• Has been physically cruel to people or animals				
• Has stolen while confronting a victim				
• Has forced someone else into sexual activity				
• Has deliberately engaged in fire setting				
• Has deliberately destroyed others' property				
• Lies to obtain favors or to avoid obligations				

**Mood and Anxiety**

	Not at all	Just a little	Pretty much	Very much
• Depressed or irritable mood most of the day, nearly every day				
• Diminished interest or pleasure in all, or almost all, activities, most of the day, nearly every day				
• Significant weight loss or weight gain (or) decrease or increase in appetite nearly every day				
• Difficulty sleeping or oversleeping nearly every day				
• Fatigue or loss of energy nearly every day				
• Feelings of worthlessness (or) excessive or inappropriate guilt nearly every day				
• Recurrent thoughts of death, recurrent suicidal thoughts, or a suicide attempt or specific plan for suicide				
• Explosive temper or marked mood swings with little provocation				
• Excessive anxiety or worry				
• Recurrent distressing recollections or dreams of a traumatic event				
• Brief periods of intense fear or discomfort, with increased heart rate, sweating, trembling, shortness of breath, dizziness, or fear of losing control				
• Excessive anxiety concerning separation from home or major attachment figures				
• Persistent fear of one or more social or performance situations in which the person is exposed to unfamiliar people or possible scrutiny by others				

**Other Symptoms**

	Not at all	Just a little	Pretty much	Very much
• Motor or vocal tics				
• Little or no interest in peers				
• Initiates or terminates social interactions inappropriately				
• Excessive reactions to changes in routines				
• Bizarre ideas (or) hallucinations				
• Relentless pursuit of a thin body, despite hunger and threat of starvation				
• Periods of binge eating and / or purging food				

