

# October Menu

Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
<p><b>Breakfast:</b> Buttered Toast w/Fruit Spread, Sliced Apples &amp; Milk</p> <p><b>Lunch:</b> Chicken &amp; Rice, Mixed Vegetable, Tropical Fruit &amp; Milk</p> <p><b>Snack:</b> Butter Rings Cookies &amp; Water</p>	<p><b>Breakfast:</b> : Blueberry Bagel, Cream Cheese, Fresh Strawberries &amp; Milk</p> <p><b>Lunch:</b> Grilled Cheese Sandwich, Sweet Peas, Mandarin Oranges &amp; Milk</p> <p><b>Snack:</b> Strawberry Chex &amp; Grape Juice</p>	<p><b>Breakfast:</b> Breakfast Pizza, Pineapple &amp; Milk</p> <p><b>Lunch:</b> Fish Sticks, Streamed Broccoli, Sliced Apples &amp; Milk</p> <p><b>Snack:</b> Cheez-It &amp; 100% Grape Juice</p>	<p><b>Breakfast:</b> Chicken Biscuit, Tropical Fruit &amp; Milk</p> <p><b>Lunch:</b> Turkey Meatball w/Rice &amp; Gravy, Green Beans &amp; Milk</p> <p><b>Snack:</b> Graham Cracker &amp; 100% Grape Juice</p>	<p><b>Breakfast:</b> French Toast Sticks, Applesauce &amp; Milk</p> <p><b>Lunch:</b> Lasagna, Garlic Bread, Corn, Peaches &amp; Milk</p> <p><b>Snack:</b> Pretzels &amp; 100% Grape Juice</p>
Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
<p><b>Breakfast:</b> Cinnamon Toast, Tropical Fruit &amp; Milk</p> <p><b>Lunch:</b> Cheese Quesadilla, Pinto Bean, Applesauce &amp; Milk</p> <p><b>Snack:</b> Trail Mix &amp; 100% Grape Juice</p>	<p><b>Breakfast:</b> Pancake, Peaches &amp; Milk</p> <p><b>Lunch:</b> BBQ Chicken, Field Peas, Pears &amp; Milk</p> <p><b>Snack:</b> Fig Newton 100% Grape Juice</p>	<p><b>Breakfast:</b> Yogurt, Sliced Strawberry &amp; Milk</p> <p><b>Lunch:</b> Taco Salad, Sliced Apple &amp; Milk</p> <p><b>Snack:</b> Graham Cracker &amp; 100% Grape Juice</p>	<p><b>Breakfast:</b> Turkey Sausage Biscuit, Pineapple &amp; Milk</p> <p><b>Lunch:</b> Chicken Nuggets, Mashed Potatoes ,Mandarin Oranges</p> <p><b>Snack:</b> Cheez-It &amp; 100% Grape Juice</p>	<p><b>Breakfast:</b> Blueberry Muffin, Pears &amp; Milk</p> <p><b>Lunch:</b> Beef Finger, Lima Beans, Peaches &amp; Milk</p> <p><b>Snack:</b> Animal Crackers &amp; 100% Grape Juice</p>
Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
<p><b>Breakfast:</b> Blueberry Bagel, Mandarin Oranges &amp; Milk</p> <p><b>Lunch:</b> Chicken &amp; Dumplings, Sweet Peas, Pears &amp; Milk</p> <p><b>Snack:</b> Rice Krispies Treat &amp; 100% Grape Juice</p>	<p><b>Breakfast:</b> Kix Cereal, Banana &amp; Milk</p> <p><b>Lunch:</b> Macaroni &amp; Cheese, Blackeye Peas &amp; Milk</p> <p><b>Snack:</b> Goldfish Crackers &amp; 100% Grape Juice</p>	<p><b>Breakfast:</b> Cinnamon Toast, Tropical Fruit &amp; Milk</p> <p><b>Lunch:</b> Hamburger w/ Bun, Tater Tots, Pineapple &amp; Milk</p> <p><b>Snack:</b> Cheese &amp; Crackers &amp; Grape Juice</p>	<p><b>Breakfast:</b> Cheese Toast, &amp; Milk</p> <p><b>Lunch:</b> Fish Sticks, Streamed Broccoli, Sliced Apples &amp; Milk</p> <p><b>Snack:</b> Butter Ring Cookies &amp; 100% Grape Juice</p>	<p><b>Breakfast:</b> Breakfast Pizza, Peaches &amp; Milk</p> <p><b>Lunch:</b> Turkey &amp; Cheese Wrap, Corn Nuggets Pineapples &amp; Milk</p> <p><b>Snack:</b> Pretzels &amp; 100% Grape Juice</p>
Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26
<p><b>Breakfast:</b> Turkey Sausage Biscuit, Peaches &amp; Milk</p> <p><b>Lunch:</b> Cheese Quesadilla, Pinto Bean, Applesauce &amp; Milk</p> <p><b>Snack:</b> Fig Newton &amp; 100% Grape Juice</p>	<p><b>Breakfast:</b> Bagel, Cream Cheese Mandarin Oranges &amp; Milk</p> <p><b>Lunch:</b> Chicken Nuggets, Mashed Potatoes, Mandarin Oranges &amp; Milk</p> <p><b>Snack:</b> Animal Cracker &amp; 100% Grape</p>	<p><b>Breakfast:</b> French Toast Stick, Applesauce &amp; Milk</p> <p><b>Lunch:</b> Spaghetti, Salad, Pineapple &amp; Milk</p> <p><b>Snack:</b> Cheez-It &amp; 100% Grape Juice</p>	<p><b>Breakfast:</b> Yogurt, Sliced Strawberry &amp; Milk</p> <p><b>Lunch:</b> : Chicken &amp; Rice, Mixed Vegetable, Pears &amp; Milk</p> <p><b>Snack:</b> Graham Cracker, Sun butter &amp; 100% Grape Juice</p>	<p><b>Breakfast:</b> Buttered Toast w/ Jelly, Tropical Fruit &amp; Milk</p> <p><b>Lunch:</b> Grilled Cheese Sandwich, Sweet Peas, Mandarin Oranges &amp; Milk</p> <p><b>Snack:</b> Strawberry Chex Mix &amp; 100% Grape Juice</p>
Monday 29	Tuesday 30	Wednesday 31		
<p><b>Breakfast:</b> Blueberry Muffin Pears &amp; Milk</p> <p><b>Lunch:</b> Turkey &amp; Cheese Wrap, Corn Nuggets Pineapples &amp; Milk</p> <p><b>Snack:</b> Trail Mix &amp; 100% Grape Juice</p>	<p><b>Breakfast:</b> Yogurt, Sliced Strawberry &amp; Milk</p> <p><b>Lunch:</b> Beef Finger, Mix Vegetable, Pears &amp; Milk</p> <p><b>Snack:</b> Graham Cracker, Sun butter &amp; 100% Grape Juice</p>	<p><b>Breakfast:</b> Kix Cereal, Banana &amp; Milk</p> <p><b>Lunch:</b> : Cheese Pizza, Salad, Mandarin Orange &amp; Milk</p> <p><b>Snack:</b> Goldfish Crackers &amp; 100% Grape Juice</p>		