

W.I.A.A. REGIONAL CHAMPIONSHIPS

WHO: Varsity
WHEN: Monday, May 20, 2024
WHERE: Franklin High School
TEAMS: Franklin, Greendale, Greenfield, Milw. Hamilton, Milw. Bay View, Milw. Pulaski, Milw. Reagan, South Milwaukee.
TIME: 3:45 p.m. – Field Events
4:30 p.m. – Running Events

BUS LEAVES: 2:15 pm **BUS RETURNS:** 9:00 pm

ORDER OF EVENTS: on back

MEET PROCEDURES: Upon arrival, run 4 x 50/100.
Warm-up with teammates in same events.
Know when you compete - check order of events.
Make sure you have all of your equipment.
Be sure to show support for your teammates.
Make sure you stretch after your final event.
Report any injuries to a coach immediately.
Be prepared to sub for an injured teammate.
After last event, everyone runs 4 x 50/100.

EATING PROCEDURES: Eat a good breakfast & lunch.
Bring fruit to eat at the meet.
The concession stand will be open during the meet.

CLEAN – UP: Make sure you collect all of your equipment
Hold equipment for a teammate who is competing.
Make sure you clean up our area before we leave

ADMISSION: \$6.00 – for everyone. Must purchase online
My.hometownticketing.com

**YOU MUST GIVE EVERYTHING TO MAKE YOUR LIFE AS BEAUTIFUL
AS THE DREAMS THAT DANCE IN YOUR IMAGINATION!!!**

WIAA Regional - 2024

Order of Events:

4:30 p.m. Running Events:

1600 m. Coed Wheelchair
4 x 800 m. Relay - Girls
4 x 800 m. Relay - Boys
100 m. Dash Prelims - Girls
100 m. Dash Prelims - Boys
100 m. High Hurdles Prelims - Girls
110 m. High Hurdles Prelims - Boys

15 minutes Break

100 m. High Hurdles - Girls
110 m. High Hurdles - Boys
100 m. Dash – Coed Wheelchair
100 m. Dash – Girls
100 m. Dash – Boys
1600 m. Run – Girls
1600 m. Run – Boys
4 X 200 m. Relay – Girls
4 X 200 m. Relay – Boys
400 m. Dash – Coed Wheelchair
400 m. Dash – Girls
400 m. Dash – Boys
4 X 100 m. Relay – Girls
4 X 100 m. Relay – Boys
300 m. Low Hurdles – Girls
300 m. Intermediate Hurdles – Boys
800 m. Run – Girls
800 m. Run – Boys
800 m. Run – Coed Wheelchair
200 m. Dash – Girls
200 m. Dash – Boys
3200 m. Run – Girls
3200 m. Run – Boys
4 X 400 m. Relay – Girls
4 X 400 m. Relay – Boys

3:45 p.m. Field Events:

Long Jump -

Girls first then Boys

Triple Jump -

Boys first then Girls

Discus – Boys first, then Girls

Shot Put – Girls first, then Boys

High Jump – Girls first, then Boys

Pole Vault – Boys first, then Girls