

A CHILD'S FUTURE EARLY LEARNING CENTER

COVID-19 PARENT INFORMATION AND RESOURCES

A Child's Future Early Learning Center

Parent COVID-19 Information and Resources

Dear Parents and Guardians:

We would like to thank each one of you that continue to support us during this time. Your child/ren's safety, health and well-being is our utmost concern. We would like to take a moment to update you on our newest policies and procedures that have been put in place here at A Child's Future Early Learning Center in regards to COVID-19.

- During drop off and pick up we strongly recommend all parents, students and staff remain 6 feet apart whenever feasible.
- It is recommended that the same parent drop off or pick up the child every day if possible.
- Please use the hand sanitizing station before ringing the bell each time.
- Individuals with serious underlying medical conditions should not drop off or pick up children because they are at greater risk.
- Hand hygiene stations are set up at the entrance of the building with hand sanitizer that is more than 60% alcohol.
- All soft toys and furnishings that cannot be properly disinfected on a regular basis have been removed from classrooms.
- Highly trafficked areas are sanitized and disinfected regularly
- If you have recently had exposure to a person with COVID-19. Please let us know.
 - A potential exposure means being in a household or having close contact within 6 feet of an individual with a confirmed or suspected COVID-19 case for at least 15 minutes during the cases infectious period.
 - Infections period includes 2 days before onset of symptoms until the end of isolation.
- Staff Health and Safety Policy: Staff are required to take daily temp checks upon arrival and will stay home if any of the following occur:
 - Temperature greater than 100.4
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache

- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting or Diarrhea
- Children Health and Safety Policy:
 - Student Drop off
 - A designated door person will meet you at the door and take your child/ren's temperature, collect them and their belonging and assist them to wash their hands properly to start their day.
 - If your child has had any of these symptoms in the past 12 hours they are required to stay home, inform Amy or Morgan of any symptoms, contact your Primary Care Physician and update our facility about your child's health.
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting or Diarrhea
 - Student Pick Up
 - A designated person will bring your child/ren to the door upon pick up.
 - If the children are outside their belongings will be with them for pick up from the playground.

If you have any questions or concerns, please feel free to contact Amy or Morgan.

Dealing with a confirmed COVID-19 Case and Exposure at A Child's Future Early Learning Center

For confirmed positive COVID-19 cases:

If a child is in care when the test results are confirmed positive, the child should be isolated until the appropriate party arrives to pick them up.

Follow the "Discontinuing at home isolation" guidance below for timelines on returning to the childcare setting.

We will close for a 48-hour period following any confirmed positive COVID-19 cases of children or staff members in attendance so we can clean and disinfect the facility properly.

Morgan or Amy will inform parents if there is a suspected outbreak of COVID-19. ACFELC will report any positive COVID-19 cases to the Department of Health and to Pennsylvania Department of Human Services.

Amy or Morgan will contact each staff member directly to inform them of any positive COVID-19 cases.

Exposure is defined as being within 6 feet of the individual who tests positive for COVID-19 for a period of 15 minutes or more. It also means coming into direct contact with droplets from a COVID-19 positive individual. Persons who test positive are considered infectious 48 hours before the onset of symptoms are considered infectious 2 days after exposure (if known) or starting 2 days before test date (if exposure is unknown).

If a staff person household member or a child is exposed to an individual who tests positive for COVID-19

- It is strongly recommended and highly encouraged that they self-quarantine for a period of 14 days based on the CDC guidance.
- If a child becomes ill at the facility Amy or Morgan will notify the child's parents as soon as possible.
- Morgan or Amy will inform parents if there is a suspected outbreak of COVID-19. ACFELC will report any positive COVID-19 cases to the Department of Health and to Pennsylvania Department of Human Services.
- Amy or Morgan will contact each staff member directly to inform them of any suspected COVID-19 cases.

Discontinuing at home Isolation:

There are different strategies for discontinuing home isolation. Options include a symptom-based or test-based strategy. If you choose to get tested follow the test-based strategy. If you choose not to, follow the symptom-based strategy.

1. Symptom-based strategy:

Individuals with COVID-19 who have symptoms and were directed to care for themselves at home may discontinue isolation under the following conditions:

- at least 3 days have passed since recovery defined as resolution of fever without the use of fever reducing medications and improvement in respiratory symptoms.
- At least 10 days have passed since symptoms have first appeared.

2. Test-based strategy:

Individuals who have COVID-19 and were directed to care for themselves at home may discontinue isolation under the following conditions:

- Resolution of fever without the use of fever reducing medications
- Improvement in respiratory symptoms
- Negative COVID-19 test results from at least 2 consecutive respiratory specimens collected 24 hours or more apart. (total of 2 negative specimens.)

For persons who tested positive but have (NOT) had COVID-19 Symptoms in home isolation.

1. Time-based strategy:

Persons with laboratory confirmed COVID-19 who have not had any symptoms and were directed to care for themselves at home may discontinue at home isolation under the following condition:

- At least 10 days have passed since the date of their first positive COVID-19 diagnostic test assuming they have not subsequently developed symptoms since their positive test.

If they develop symptoms, then the symptom-based, or test-based strategy should be used.

1. Test-Based Strategy:

Persons with laboratory-confirmed COVID-19 who have not had any symptoms and were directed to care for themselves at home may discontinue isolation under the following conditions:

- At least 10 days have passed since the date of their first positive COVID-19 diagnostic test assuming they have not subsequently developed symptoms since their positive test.

If they develop symptoms, then the symptom-based or test-based strategy should be used.

2. Test-Based Strategy:

Persons with laboratory-confirmed COVID-19 who have not had any symptoms and were directed to care for themselves at home may discontinue isolation under the following conditions:

- Negative COVID-19 results from at least two consecutive respiratory specimens collected 24 hours or more apart (total of two negative specimens).

The symptom-based, time-based, and test-based strategies may result in different timeframes for discontinuation of isolation post-recovery. Any individual who becomes ill should contact their medical provider for advice or testing. For any individual who has been exposed to COVID-19 as described above, or who tests positive for COVID-19, follow the information outlined above.



The EPA (Environmental Protection Agency) recently published a revised and updated list of disinfectants and cleaners that can be used in the effort to prevent the spread of SARS-CoV-2, or Coronavirus disease 2019 (COVID-19). This list includes *Sol-U-Guard Botanical® Disinfectant* only from Melaleuca.

COVID-19 is caused by the SARS-CoV-2 virus. *Sol-U-Guard Botanical Disinfectant* kills similar viruses, and therefore can be used against SARS-CoV-2 virus when used in accordance with the directions for use against rhinovirus and poliovirus on hard, non-porous surfaces (see back label for more details). Refer to the CDC website at www.cdc.gov/COVID-19/2019-ncov for additional information.

Sol-U-Guard Botanical Disinfectant uses natural and proven ingredients such as thyme oil and citric acid rather than harsh chemicals like chlorine bleach and quaternary disinfectants. You can protect your family against invading viruses and from the dangers of poisons too. With *Sol-U-Guard Botanical Disinfectant* you don't have to compromise the safety of your family for the effectiveness you need.

Melaleuca has taken great measure to ensure that this patent-protected formula will be available for you, your family, and potential customers to purchase through these difficult times. *Sol-U-Guard Botanical Disinfectant* kills 99.9% of viruses, including the coronavirus, **when used as directed**. Now that's worth sharing.

Stop Germs! Wash Your Hands.

When?

- After using the bathroom
- Before, during, and after preparing food
- Before eating food
- Before and after caring for someone at home who is sick with vomiting or diarrhea
- After changing diapers or cleaning up a child who has used the toilet
- After blowing your nose, coughing, or sneezing
- After touching an animal, animal feed, or animal waste
- After handling pet food or pet treats
- After touching garbage



How?



Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.



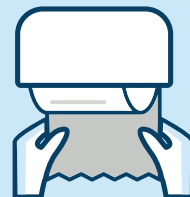
Lather your hands by rubbing them together with the soap. Be sure to lather the backs of your hands, between your fingers, and under your nails.



Scrub your hands for at least 20 seconds. Need a timer? Hum the “Happy Birthday” song from beginning to end twice.



Rinse hands well under clean, running water.



Dry hands using a clean towel or air dry them.

Keeping hands clean is one of the most important things we can do to stop the spread of germs and stay healthy.

LIFE IS BETTER WITH

CLEAN HANDS



www.cdc.gov/handwashing

This material was developed by CDC. The Life is Better with Clean Hands Campaign is made possible by a partnership between the CDC Foundation, GOJO, and Staples. HHS/CDC does not endorse commercial products, services, or companies.



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Routine Schedule for Cleaning, Sanitizing, and Disinfecting

Areas	Before Each Use	After Each Use	Daily (At the End of the Day)	Weekly	Monthly	Comments
Food Areas						
• Food preparation surfaces	Clean, Sanitize	Clean, Sanitize				Use a sanitizer safe for food contact
• Eating utensils & dishes		Clean, Sanitize				If washing the dishes and utensils by hand, use a sanitizer safe for food contact as the final step in the process; Use of an automated dishwasher will sanitize
• Tables & highchair trays	Clean, Sanitize	Clean, Sanitize				
• Countertops		Clean	Clean, Sanitize			Use a sanitizer safe for food contact
• Food preparation appliances		Clean	Clean, Sanitize			
• Mixed use tables	Clean, Sanitize					Before serving food
• Refrigerator					Clean	
Child Care Areas						
• Plastic mouthed toys		Clean	Clean, Sanitize			
• Pacifiers		Clean	Clean, Sanitize			Reserve for use by only one child; Use dishwasher or boil for one minute
• Hats			Clean			Clean after each use if head lice present
• Door & cabinet handles			Clean, Disinfect			

• Floors			Clean			Sweep or vacuum, then damp mop, (consider micro fiber damp mop to pick up most particles)
• Machine washable cloth toys				Clean		Laundry
• Dress-up clothes				Clean		Laundry
• Play activity centers				Clean		
• Drinking Fountains			Clean, Disinfect			
• Computer keyboards		Clean, Sanitize				Use sanitizing wipes, do not use spray
• Phone receivers			Clean			
Toilet & Diapering Areas						
• Changing tables		Clean, Disinfect				Clean with detergent, rinse, disinfect
• Potty chairs		Clean, Disinfect				
• Handwashing sinks & faucets			Clean, Disinfect			
• Countertops			Clean, Disinfect			
• Toilets			Clean, Disinfect			
• Diaper pails			Clean, Disinfect			
• Floors			Clean, Disinfect			Damp mop with a floor cleaner/ disinfectant
Sleeping Areas						
• Bed sheets & pillow cases				Clean		Clean before use by another child
• Cribs, cots, & mats				Clean		Clean before use by another child
• Blankets					Clean	