

MONDAY

9:15 - 10:15 AM	Ease Into Yoga	Kathy
6:15 - 7:45 PM	Yoga II, Intermediate	Stella
6:00 - 7:00 PM	Tap Dance @ Van Gogh	Lori

TUESDAY

9:15 - 10:15 AM	Beginning Kundalini	Diana
12:00 - 1:00 PM	Yoga/Pilates Mixed Class	Mary
4:30 - 5:30 PM	Mindful Panda Kids Yoga	Bunny
5:45 - 6:45 PM	Yoga I, Beginner	Stella
7:00 - 9:00 PM	Gate City Dojo	Sensei

WEDNESDAY

9:15 - 10:15 AM	Ease Into Yoga	Kathy
12:00 - 1:00 PM	Yoga I/II, Beg/Int.	Stella
5:15 - 6:15 PM	All Levels of Yoga	Ethan
6:20 - 7:20 PM	Zumba	Earl
7:30 - 8:30 PM	Ballroom Dance	Lori

THURSDAY

5:15 - 6:15 PM	Stress Less Yoga	Lori
7:00 - 9:00 PM	Gate City Dojo	Sensei

FRIDAY

5:15 - 6:30 PM	Vinyasa Flow Yoga Series	Julie
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SATURDAY

Workshops/Events

SUNDAY

10:00 - 11:00 AM	Choreographed Yoga	Bunny
3:00 - 4:15 PM	Yin Yoga	Lori