

West Hill Baptist Church
War Room Bible Study Week #1
Wednesday, March 20, 2019
7:00 p.m.

I. Welcome and Introductions 7:00 pm

War Room is a Lent Bible study designed to:

Teach Christians about the power of prayer

How to utilize prayer as an effective weapon for personal transformation and victorious change

CHANGE in life in critical circumstances

We want to go after the real strong holds in our lives

II. Intro Week Review 7:05 pm

a. Topics to cover

Honest Evaluation – Tough questions and real answers designed to reveal blind spots and inspire growth

Real Accountability - Maybe you have someone in your life who is willing to walk through a difficulty with you. Maybe you lack that type of friendship.

Living the Gospel – The scriptures call of sanctification. So it's not only by God's grace we are saved, but by god's grace that we are changed.

Victory Accomplished – Relying on the truth of God's word, leaning on the power of the gospel, and walking in the victory that has already been accomplished in Christ.

Impacted by Grace – It is the reality forged by the power of the Holy Spirit in our lives. This is what transformation can really be like.

b. Homework 7:10 pm

Bible

Journal

War Room

Trusted prayer partner (2-3)

III. Lets talk about Prayer 7:15 pm

a. Philippians 4:6-7 (ask someone to read)

So to get to peace you have to what? Pray

Prayer is the pathway to peace

In this troubled world, we need peace

We need peace within ourselves

Jesus is the Prince of Peace

Peace is the byproduct of a good strong prayer life

Would you agree that sometimes we have anxiety in our lives?

Though we may confess to be Christian, we sometime get anxious

To push back on those anxieties, we must pray

The word teaches us that we must ASK and then GIVE THANKS and we must balance those two

b. The balancing act Balance (exercise – Need 5 volunteers) 7:25 pm

What happens if we don't balance the two? We begin to live our lives in the deficit
The focus begins to be ASK and you eventually will pray yourself into a depression
If the only thing you ever talk about is what's not going well, then the get the feeling that nothing is going well
Praying and giving thanks is a balancing act and when we balance the two we remind ourselves that there is more that is going right than what is going wrong
That psychologically keeps you in the game and keeps your strong until you can win it.

IV. Closeness to God 7:30 pm

a. Psalm 23 (ask someone to read)

Regarding closeness to God, what does this passage mean to you?

- b. Where are we now?
- c. Where do we want to be?

V. Movie clip (Lukewarm coffee) 7:35 pm

a. Revelation 3:14-22 (ask someone to read)

Spiritually, what did Miss Clara use to help Elizabeth evaluate God's place in her life?

b. The Laodicean Church 7:40 pm

What were the people of the Church of Laodicea like?
Are we sometime like those people?

VI. Group work with prayer partner(s) 7:45 pm

Write three things that are hindering you from being on fire for God
Select the top thing in your life that can be better?
This one big thing that is keeping your from being more on fire for God
This is the thing that you need to change
The thing that you need victory over
Identify it and write it down
Something that you can measure that you are making progress
Not like "I need to get along with others better."
Like "I haven't spoken to my sister in 20 years and she lives next door."
Something specific
Like "I compulsively spend money and I cannot control my shopping and my credit is shot."
Then write your fears related to that one thing?
Ask for examples: (rejection, fear of over thinking, failure, change

a. Discussion

VII. Homework for Week #1 7:55 pm

VIII. Next meeting – Wednesday, March 27 (Real Accountability)