Gardens of Rice Creek
Spend the morning on a guided tour of local home garden called "The Gardens of Rice Creek." You will enjoy a tour of rock gardens, dwarf conifers, and a rare plant nursery. You’ll also have time to purchase plants or supplies for your own gardens as well. **Registration is required.**
**Free!** Meet at 1315 66th Ave NE, Fridley, MN 55432.

**Date #1** - September 16  
**Time:** 10:00am - 12:00pm

**Date #2** - September 23  
**Time:** 10:00am - 12:00pm

Women’s Fall Kayaking
Join us for a fun, adventurous fall day down the St. Croix River. Participants will meet at Interstate Park near Taylors Falls. Transportation is not provided. You’ll need a Minnesota State Parks pass for entry. The one-way trip begins below the falls and ends at the Osceola landing. Kayaks and life jackets are provided.

**Date:** Monday, October 5  
**Time:** 12:30pm - 3:00pm

**Fee:** $37  
**Registration deadline:** September 25

Minneapolis Institute of Art
Meet us at the Minneapolis Institute of Art for a leisurely stroll among the many exhibits. Transportation is not provided, and registration is strictly limited to 10 participants. We will meet at the main entrance, and you will be free to explore the exhibits as you choose! We will visit during the “Seniors Only” hours. Please register!

**Date:** Thursday, October 8  
**Time:** 10am - 12pm

**Fee:** FREE  
**Registration deadline:** October 1

Sculpture Garden
Meet us at the Minneapolis Sculpture Garden (next to the Walker Art Center) for a relaxing stroll among the art. The group size is limited to 15 people, and each person will drive themselves there. Take a selfie next to the famous spoon and discover some new pieces you’ve never seen before! It will be a great outdoor day with friends.

**Date:** Tuesday, October 13  
**Time:** 9am - 11am

**Fee:** FREE  
**Registration deadline:** October 5
Enrichment Classes for Seniors

Facebook for Seniors
Join our resident Facebook expert for a comprehensive class on how to use Facebook. The class covers setting up your profile, sharing, posting pictures, email security, spam, Facebook chat, unfollowing, and unfriending. There is plenty of time for questions and answers. You will also receive a Facebook handbook to use on your own after attending the class. You'll be ready to use Facebook with ease after attending this class!
Wednesday, Sep. 30 / 10:00am - 11:00am / FREE
Class at SLP City Hall. Register by: September 28

Uber and Lyft for Seniors
Have you ever considered ridesharing, but you're too scared to try? Come meet with Spring Lake Park's Recreation Supervisor, Jessica, as she teaches you all about Uber, Lyft, and Ridesharing applications. Jessica has been a rideshare DRIVER for over 4 years and she has given over 1,000 strangers rides! She will teach you how to use the app and teach you everything you need to know about rideshare applications and use.
Tuesday, October 20 / 10:00am - 11:00am / $10
Class at Spring Lake Park City Hall. Register by: October 16

Genealogy Classes
These classes are taught by Cathi Weber. She started NorthStar Genealogy to help others with their research and to teach classes. She is President of the Anoka County Genealogical Society. In her genealogy quest she has traveled to libraries, archives and cemeteries in 10 states as she has researched.
Genealogy Family Tree Software - Thursday, Oct 22
Church & Cemetery Records - Thursday, Oct. 29
Each course is $15, or take both for $25. 10am - 11am.
Class at Spring Lake Park City Hall. Register by: 3 days in advance.

Preparing for Retirement
This workshop will help you maximize and enjoy your retirement savings. Saving money for retirement is only half the challenge. How you take your money out is as important as how you save it. Learn the importance of creating a personalized income distribution strategy, available options to provide a guaranteed income for life, and growing assets for near- and long-term gain. Instructor: Kevin Schwartz, Thrivent Financial.
Tuesday, October 27 / 6:30pm - 7:30pm / FREE
Class at Spring Lake Park City Hall. Register by: October 23

Doug Ohman Photography
Doug Ohman is a popular speaker, historian, and entertaining storyteller. He is also an expert photographer with deep roots in Minnesota. In each workshop, Doug will share photos and stories as you enjoy pastries, fruit, coffee, and fellowship. Each workshop is from 9:00am-11:00am at SLP City Hall.
Fee: $6 per person Register early!
Historic Churches of Minnesota - Wednesday, Oct. 7
Heart of the Farm - Wednesday, Dec. 2

Register online at www.slprec.org or call 763-792-7201
Kansas City Blues & BBQ

April 19 - 24, 2021

From world-famous BBQ joints to smooth jazz clubs, from grand museums to a rich baseball history, the "Paris of the Plains" has it all! Join us for a discovery of all the hidden gems. This trip includes historic museum tours, famous barbeque joints, and jazz club visits.

What's included? Deluxe motor coach transportation, 5 breakfasts, 1 lunch, and 2 dinners, baggage handling for 1 bag, accommodations, all shows, and a professional Spring Lake Park tour guide.

Insurance: Spring Lake Park has purchased the Group Protection Plan from Travel Insured International (TII) on behalf of all participants.

What's the cost? Single occupancy is $1,599 - Double occupancy is $1,199 - Triple occupancy is $1,099. A $100 deposit is due at time of registration.

When is the final payment due? February 5, 2021 Call us at 763-792-7201 to be mailed a full itinerary!

Lake Superior Circle Tour

June 20 - 25, 2021

Join us on a spectacular trip of a lifetime! You’ll see waterfalls, stunning scenery, and take a guided tour of Thunder Bay. There are so many fantastic sights around the lake in both the US and in Canada, and we’ll see quite a few! Passport or Passport Card is required.

What's included? Deluxe motor coach transportation, 5 breakfasts, 1 lunch, and 2 dinners, baggage handling for 1 bag, accommodations, all shows, and a professional Spring Lake Park tour guide.

Insurance: Spring Lake Park has purchased the Group Protection Plan from Travel Insured International (TII) on behalf of all participants.

What's the cost? Single occupancy is $1,799 - Double occupancy is $1,399 - Triple occupancy is $1,299. A $100 deposit is due at time of registration.

When is the final payment due? April 7, 2021 Call us at 763-792-7201 to be mailed a full itinerary!
How do I register for a program?

In Person Registration
To register for a program in person, please visit our office at 1301 81st Avenue NE, Spring Lake Park, anytime between 8:00am and 4:30pm, Monday - Friday. We accept cash, check, and credit cards. An “after hours” drop box is located in the City Hall foyer and is open 24/7.

Online registration
To register online, visit our website at slprec.org and click the “registration” tab. Payment is due at time of registration. If you need help setting up an account, please give us a call.

Over the phone
Call us at 763-792-7201 anytime between 8:00am and 4:30pm, Monday - Friday, and we’ll register you for the events you’d like to attend. We accept credit cards over the phone.

Via USPS Mail
To register via mail, please completely fill out the “Registration Form” below and mail it along with a check to: 1301 81st Avenue, Spring Lake Park, MN 55432.

Participant Name: _______________________________ Phone Number: ____________________
Address: __________________________ City: __________________ State: ____ ZIP: ______
Program / Event Name (#1): ____________________________ Program Date: ______
Program / Event Name (#2): ____________________________ Program Date: ______
Email address: ____________________________ Questions? Please call 763-792-7201

Return with check payment to: SLP Recreation, 1301 81st Ave NE, Spring Lake Park, MN 55432