

# Jammin' Dance & Fitness Schedule • Winter 2018

Jammindance.com • dance@jammindance.com

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 AM	9:00-10:00 <b>Zumba at Town Hall</b> by Kay <i>Class not held at studio. Email for more info</i>	Adapted Class! 10:30- 11:30 <b>You CAN Dance!</b> Adapted Class for <b>Adults</b> by Kay	9:00-10:00 <b>Zumba at Town Hall</b> by Kay <i>Class not held at studio. Email for more info</i>	Adapted Class! 9:30- 10:15 <b>You CAN Dance!</b> Adapted Class for <b>Adults</b> by Kay	9:00-10:00 <b>Zumba at Town Hall</b> by Kay <i>Class not held at studio. Email for more info</i>	8:30 - 9:30 <b>Zumba</b> All Levels by Neda
9:00 AM		<hr/> <b>NEW!!</b> 11:30-12:15 <b>Beg. Tap Teen/Adults</b> by Kay	<hr/> 9:30 - 11:00	<hr/>	<hr/>	9:30 - 11:00
10:00 AM		<hr/>	<hr/>	<hr/>	10:30 - 12:00 <b>Creative Kids</b> by Kay Dance, Art Tumbling, & Social - FUN!! This class is currently full	<b>New Freedom Choir</b>
10:30 AM		<hr/>	2:30 - 4:15 <b>Scottish Country Dance for Children</b> by Patsy Corrigan	<hr/>	<hr/>	<hr/>
3:00 PM	<b>NEW!!</b> 3:30 - 4:30 <b>Lyrical - Jazz Combo class!</b> Ages: 8 - up By Joellene	<hr/>	<hr/>	5:00-5:30 <b>Creative Dance</b> Youth - Ages 4- 5 by Kay	3:30 - 4:30 <b>Beginning Hip Hop</b> Youth-Ages 6-10 By Joellene	Studio is available for private and additional use, please contact for more info.  Jammin' Dance is a certified member of <b>Dance Masters of America</b> ~ Jammin' Dance is registered with <b>ASCAP SESCOAP BMI</b> Copyright Compliance
3:30 PM		<hr/>	5:30-6:30 <b>Zumba</b> Includes Toning by Kay	<hr/>	4:30 - 5:30 <b>Hip Hop</b> for Teens ,13-up by Joellene	
4:00 PM		4:30 - 5:30 <b>Intermediate Lyrical</b> for Teens, 13-up by Joellene	5:00 - 5:30 <b>Beginning Tap</b> Youth - Ages 6-8 by Kay	5:30-6:00 <b>Family ZUMBA Kids &amp; Parents!</b> 6-up ~ by Kay	5:30 - 6:30 <b>NEW!! Hip Hop - Jazz Combo</b> for Adults by Joellene  Please email studio for start date!	
4:30 PM		<hr/>	<hr/>	<hr/>	<hr/>	
5:00 PM	5:30 - 6:30 <b>PIYO</b> All Levels by Juliane	5:30-6:00 <b>Family ZUMBA Kids &amp; Parents!</b> 6-up ~ by Kay	6:00-7:00 "Jewelettes" <b>Belly Dance</b> Youth Ages 7-15 by Vahana	6:00-7:00 "Jewelettes" <b>Belly Dance</b> Youth Ages 7-15 by Vahana	7:00-9:00 <b>SWING DANCE Teen/Adults</b> by The Trainors  please email before class  <a href="mailto:placerville.swing@comcast.net">placerville.swing@comcast.net</a>	
5:30 PM	6:30-7:30 <b>Beg. Tap Teen/Adults</b> by Kay	6:00 - 6:30 Reserved for <b>Teen Tap</b> by Kay	6:30-7:30 <b>Inter. Tap Teen/Adults</b> by Kay	7:00-8:00 <b>Belly Dance</b> Teen / Adults by Vahana 8:00-9:00	7:00-9:00 <b>SWING DANCE Teen/Adults</b> by The Trainors  please email before class  <a href="mailto:placerville.swing@comcast.net">placerville.swing@comcast.net</a>	
6:00 PM	7:30-8:30 <b>Zumba</b> All Levels by Neda	6:30-7:30 <b>Belly Dance for Beginners</b> all levels welcome! Teen / Adults by Vahana	7:30-8:30 <b>Zumba</b> All Levels by Neda	7:30-8:30 <b>Jewels of the North</b> <b>Belly Dance Troupe</b> by Vahana	7:30-8:30 <b>Zumba</b> All Levels by Neda	
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## DANCE & ZUMBA INSTRUCTORS

Arco Jazz: Jamie Gallagher •

Dance, Creative Kids & Zumba classes: Kay Lenhart • [dance@jammindance.com](mailto:dance@jammindance.com)

Swing Dance classes: Dan and Sheryl Trainor • [placerville.swing@comcast.net](mailto:placerville.swing@comcast.net)

Belly Dance: Valerie Baker aka, Vahana • [dancingesquire@yahoo.com](mailto:dancingesquire@yahoo.com)

Lyrical & Hip Hop classes: Joellene Vakulich. • [vjoellene@yahoo.com](mailto:vjoellene@yahoo.com)

Modern & Contemporary classes: Tiffany Martin • [tiffanyvancamp1@gmail.com](mailto:tiffanyvancamp1@gmail.com)

Dance class Prices: 1 hr - \$47 per month / 45 min - \$42 per month / 30 min - \$37 per month / Drop In: \$15 per class  
 Zumba & Fitness Prices: \$30 per mo (1 class per wk) • \$45 per mo (2 classes per wk) • \$60 per mo Unlimited Zumba & Fitness  
 Zumba Kids: \$25 per month (with Parent \$10) • Creative Kids: \$60 per month • Swing Classes: \$10 per couple Drop-In