

# Mother and Daughter Circle Group



Space limited  
sign-up today!

**When:** Mondays, February 5, 12, 19, 6 from 5:00-7:15 pm.

**Dinner will be provided! (from Blue Cow!)**

Please join us for this FREE, FUN four session support group within the GIRLS CIRCLE model. The purpose of the circle is to promote a healthy and sustaining bond between mothers and daughters during the transitional years from girlhood to young womanhood.

**Who:** Girls grades 6-8 and a mother, grandma, or other special woman

**Where:** Ready Springs School Library

**Facilitators:** Sharyn Turner R.N., Nevada County Superintendent of Schools, School Health Coordinator  
Mary Jo Sweeney R.N., School Nurse, Penn Valley Union School District,

**To register please call Ready Springs School Office at 432-1118**

**Sponsors:** Nevada County Superintendent of Schools, Partners FRC, and Soroptimist International of the Sierra Foothills (SISF)

