



How to be Best Friends

Talk. Hold hands. Go for walks. Dance. Pack up and go camping. Shop together. Play with kids. Play games. Work on a mutual project. Share interests. Be yourself – be honest and open. Support your mate. Plan little surprises. Go out together. Share a joke. Laugh with each other. Listen to each other. Create memories together. Put your arms around each other. Compliment often. Confide in each other. Support your loved one through good times and hard times. Be there in time of need. Leave unexpected notes of praise. Enjoy the peace and quiet of nature. Send a personal card – on no particular occasion. Develop signals that say “I love you.” Go on a “date.” Go fishing. Massage his/her shoulders after a long, tiring day. Plan a fun evening. Make time for each other. Take a walk in the city. Go on a weekend retreat. Give a hug. Go to the zoo. Take a bike ride. Walk together in the country. Say “thank you” for little kindnesses. Share your secrets. Do one “fun” event each week. Talk about your dreams. Listen to music. Sit on the front porch. Say “I love you.” Eat lunch together as often as possible. Rake leaves. Remember birthdays and anniversaries. Learn a new hobby you can both enjoy. Go to the movies. Attend sports activities. Play in the snow – make snow angels. Have a candlelight dinner. Go for an evening or afternoon drive. Spend time together without children. Plan a trip to a museum or art gallery. Take interest in your loved one’s work. Interpret suggestions with love. Take a vacation to a favorite spot.

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