

## Advocacy

LifeSpan Resources represents senior citizens through membership in the Clark/Floyd, Harrison and Scott County Human Services Associations and state and national legislative networks. It also sponsors the Golden Hoosier Award, Senior Angel Tree and Senior Games of Indiana.

**(812) 948-8330**

## Health Facility Pre-Admission Screening

Mandated by state law, this program helps prevent unnecessary placement in nursing homes and other health facilities of individuals whose long-term care needs can best be met by community services in their own homes.

**(812) 948-8330**

## Scott County Outreach

LifeSpan Resources provides outreach services to individuals in Scott County. Staff can provide Options Counseling for assistance with accessing services/programs, insurance and public benefits.

**(812) 206-7974 or (888) 948-8330**

## Long Term Care Ombudsman

The Ombudsman works confidentially to resolve concerns and complaints about nursing home care, assisted living and resident rights.

**(812) 948-6428**

## Care Management

LifeSpan Resources serves as the single entry point into a variety of supportive services for frail older persons and individuals with disabilities who have multiple needs. The care manager helps identify needs and links persons with community services so they may remain in their homes.

**(812) 948-8330**

## Health Services

LifeSpan Resources provides monthly health screening and education programs at nutrition sites. Wellness programs offered include Tai Chi, Walk With Ease, Enhance Fitness and HealthRHYTHMS drumming workshops. Health education topics are also provided to homebound meal recipients.

**(812) 948-8330**

## Family Caregiver Support Program

Connects you with the right information and available community resources for your particular caregiving needs. Services include information and assistance, respite care and other supplemental services.

**(812) 948-8330**

## Legal Services

LifeSpan Resources funds a legal services program which provides legal assistance and legal education.

**(812) 948-8330**

## In-Home Services

The In-Home Services Program provides at risk older persons and persons with disabilities with an array of services designed to enable them to live independently. Eligibility varies based on funding sources utilized to pay for services. Care management, attendant care, home delivered meals, adult day services, respite care, home-maker, home health aide, transportation, minor home modifications, adaptive aids and devices, assisted living and adult foster care.

**(812) 948-8330**

## Senior Centers

Centers in each county provide crafts, games and educational programs. Senior citizens may drop in during hours indicated, Monday - Friday.

Joe Rhoads Senior Center  
123 S. Mulberry  
Corydon

9:15 a.m. - 12:45 p.m. **(812) 738-7603**

Bacala Senior Center  
69 E. Wardell St.  
Scottsburg

9:30 a.m. - 1:00 p.m.  
**(812) 206-7976 or (888) 948-8330**

Palmyra Senior Center  
1235 Greene St.  
Palmyra

9:00 a.m. - 1:00 p.m. **(812) 364-6106**



**33 State St., Third Floor**

**P.O. Box 995**

**New Albany, IN 47151-0995**

**(812) 948-8330**

**(888) 948-8330 Toll Free**

**(812) 948-0147 Fax**

**(812) 542-6895 TTY**

**(877) 641-5826 TTY Toll Free**

**www.lifespanresources.org**

## About The Agency

LifeSpan Resources provides a comprehensive network of services to persons 60 and older in Clark, Floyd, Harrison and Scott counties. Funded by federal, state and local sources, it is one of 16 Area Agencies on Aging in Indiana administered through the Family and Social Services Administration Indiana Division of Aging. Services are also available for persons of all ages with disabilities.

The agency relies heavily on volunteers to help at Nutrition Sites, perform clerical duties, assist with Senior Games, Senior Angel Tree and other programs. If you are interested in volunteer opportunities, please call **(888) 948-8330** or **(812) 948-8330**.



## Transportation

LifeSpan Resources provides transportation to and from medical appointments, hospitals, social service organizations and nutrition sites. Reservations should be made at least three to five business days in advance.

Clark & Floyd **(812) 948-9701**  
Harrison County **(888) 948-8330 (toll free)**  
Scott County **(812) 206-7978**  
or toll free at **(888) 948-8330 ext. 7978**

## Aging and Disability Resource Center

LifeSpan Resources' Aging and Disability Resource Center (ADRC) provides information and assistance to individuals needing either public or private resources, professionals seeking assistance on behalf of their clients, and individuals planning for their future long-term care needs.

LifeSpan's ADRC is designed to streamline access to long-term care and be a "one-stop shop" that helps older adults and individuals with disabilities access services. Options Counseling is available to assist individuals with making informed decisions about their service and support options.

ADRC staff can also provide information/assistance about In-Home and community services, housing, senior centers, assisted living facilities, Medicare, Medicaid, prescription drug programs, private pay respite and housekeeping, social and educational opportunities as well as many other resources. The Aging and Disability Resource Center is also the initial point of entry for In-Home services.

Clark & Floyd Counties **(812) 948-8330**  
Harrison County **(888) 948-8330**  
Scott County **(812) 206-7974 or toll free (888) 948-8330**

## Nutrition Program

LifeSpan Resources provides a hot mid-day meal Monday - Friday to senior citizens at nutrition sites in each county. Reservations should be made 24 hours ahead by calling the site.

Yellowwood Terrace  
2100 Greentree North, Clarksville  
**(812) 282-1435**

Riverview Towers  
500 W. Scribner Dr., New Albany  
**(502) 345-8699**

Joe Rhoads Senior Center  
123 S. Mulberry, Corydon  
**(812) 738-7603**

Palmyra Senior Center  
1235 Greene St., Palmyra  
**(812) 364-6106**

Bacala Senior Center  
69 E. Wardell St., Scottsburg  
**(812) 206-7976 or (888) 948-8330**

Meals To Go! home delivered meals are available on a long-term or short-term basis.

Homebound Meal choices include Regular, Diabetic, Soft Foods and Breakfast boxes. Deliveries are made weekly; boxes include 7 complete meals. Holidays and weekend meal needs are met with the weekly delivery.

All of our meals are prepared by Masterson's Catering in Louisville, KY and carefully planned by a contracted Registered Dietician to meet 1/3 of the recommended daily allowances established by the Dietary Guidelines for Americans. Meals are planned to ensure low salt, fat and sugar. A typical meal will consist of meat, vegetable, low-sugar dessert, soft whole grain bread and 1% milk.

A private pay program is also available for those who do not meet eligibility guidelines.

**(812) 948-8330**



Advocacy. Action. Answers on Aging.



LifeSpan Resources is accredited by the Alliance of Information & Referral Systems.